October 2019 Senior News



# BELLEVUE SENIOR Community Center

Golden opportunities await a new day! 109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041 Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am - 7:30 pm



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Kathy Van Den Top, ENOA, Manager

Dawn Jaixen ENOA, Assistant Manager

Al McGinness Program Aide

Supported by the Eastern Nebraska Office on Aging

### Hello People!

It's GO time! Let's work together to make this the most successful fundraiser we have ever had! Here's a little Q & A.....

Q- Where does the money go from the fundraiser?A- 100% of what we raise stays at our senior center!

Q- What does the money buy?

A- It goes in our general fund. This provides money for all the food, decorations and entertainment at parties, insurance and upkeep of our bus, all the 'extras' for meals – garlic, butter, spices, whip cream, cherries etc. Our coffee mugs, plates, and lots of the kitchen pots and pans are from money we raised. We also have purchased dining room chairs, living room set, pool table, and the bingo machine. The list goes on.

## Let's do this!!!

Cheers! Kathy and Dawn TEAMWORK coming together is a beginning keeping together is progress working together is success

- Henry Ford



Partnerships with City of Bellevue and Bellevue Public Schools

IN THIS ISSUE:

## Page 2: BSCC Activity Descriptions

Page 3: BSCC Activity Calendar

Page 4: October Birthdays

Page 5: Community News

Page 6: BSCC Lunch Menu

Page 7: BSCC Thursday Evening Menu Treat Your Tummy! Our pancake breakfast will be sure to fill you up! Sit down with a stack on Wednesday, October 16<sup>th</sup> at 9:00 am. Breakfast is only \$3.00.

**Don't' be "Sour"Kraut!** Be ready to eat, drink and have a "Beer-y" good time at our annual Oktoberfest! You'll want to be here on **Tuesday, October 22<sup>nd</sup> at 10:00 am.** We will have some of your favorite German snacks and beer! *Wayne Miller* will be singing and playing his accordion for us.

Broom Parking Only – All others will be Toad! Our parking lot fills up quick for our Spooktacular Halloween COSTUME party! Dress to impress our

judges! There will be lots of yummy snacks to sink your fangs into! Come sit for a spell and have a Fab –BOO- lous time! The fun begins on **Thursday, October 31<sup>st</sup>, 10:00 am.** 

**Football Fridays!** Remember – each week we ask you to support for your favorite team! Show your pride every Friday – hats, shirts, socks, sweatshirts or whatever you have. Make it fun! We will see what team has the most support. **Nursing Students** The Methodist nursing students will be back to visit with you and to do a health presentation for you. Please note the time has changed to an earlier time. They will be here **Thursday, October 10<sup>th</sup> at 9:00 am to visit** and will have a **health presentation at 10:00 am**.

**Thursday Night Dinner** We will not be having our Thursday night dinner 2 nights this month. October 10<sup>th</sup> is the night before the fundraiser and we hope everyone comes out to support the center with dinner, drinks and our basket drawings! We will not have dinner on Halloween night so you can pass out candy to the little trick or treaters who come to your house!

**Family Fare** We finally received our \$1000.00 check for turning in 150,000 points on your Family Fare receipts! Since November 13, 2019 is our 30<sup>th</sup> anniversary at this location, we are planning on using it for a celebration! Mark your calendar for Wednesday, November 13<sup>th</sup> !

Are you a Shower Singer? If so, we need your voice! Our Senior Singers are getting ready to get back in the swing of things! Call the office if you are interested. They would sing on Monday or Wednesday mornings.

Tired of asking your kids or grandkids to help you with your computer? Barry Branson has offered his help while you are at the center. Please let us know if you are interested in a class. You would need to bring in our own tablet or IPad. He would love to help you with YOUR concerns. He will not have a set teaching agenda, he wants to work with you and your individual needs. If you are interested, we will set up a time in November on a Tuesday or Thursday afternoon around 1:00 pm.



Page 3

October 2019

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| 9:00 Chair Volleyball<br>9:00 Billiards<br>9:30 Ceramics all day<br>9:30 Needle Crafters<br>11:00 Exercise Class<br>12:45 Hand & Foot<br>1:00 Mahjong<br>1:00 Bingo/Poker | 9:00 Billiards<br>9:30 Painting<br>12:30 Duplicate Bridge<br>12:15 Bridge Game-2<br>1:00 Dominoes<br>1:00 Arts & Crafts<br>Class | 9:00 Chair Volleyball<br>9:00 Billiards<br>9:00 Painting Group<br>9:00 Hand and Foot<br>11:00 Tai Chi<br>1:00 Bingo<br>1:00 Poker | 8:00 Woodcarvers<br>8:30 Panera<br>9:00 Billiards<br>10:00 Bridge Game 2<br>12:30 Bridge Game 1<br>1:00 Bunco/Euchre<br>1:00 Quilters | 9:00 Chair Volleyball<br>9:00 Billiards/Panera<br>9:30 Painting/Drawing<br>11:00 Tai Chi<br>12:30 Pinochle<br>1:00 Bingo<br>1:00 Art and Crafts |

## **Special Activities for October**

| Monday                                   | Tuesday   | Wednesday                       | Thursday  | Friday                                   |
|--|---|---------------------------------|---|--|
|  | 1<br>1:00 Greeting Card Class   | 2                               | 3   | 4  |
|  |   |                                 |   | Football Friday                          |
| 7<br>1:00 Bridge Group                   | 8<br>10:30 – Casino Trip  | 9                               | 10<br>9:00 – Nursing Students<br>10:30- Bingo Bucks | 11<br>10:00 Book Club                    |
|  | 1:00 Greeting Card class  |                                 | No Thursday Dinner                                  | Fundraising<br>Dinner<br>Football Friday |
| 14<br>Closed<br>for Columbus Day Holiday | 15<br>1:00 Greeting Card Class  | 16<br>9:00 – Pancake Breakfast  | 17<br>10:30 – Senior Advisory<br>Forum              | 18<br>Football Friday                    |
| 21                                       | 22 <b>10:00 Party</b><br>PARTY<br>PARTY<br>BEER, FOOD & MUSIC<br>1:00 Greeting Card Class | 23<br>9:30 – Nebraska City Trip | 24<br>10:00 - Pokeno<br>12:30- Senior Care Clinic   | 25<br>Football Friday                    |
| 28                                       | 29<br>1:00 Greeting Card Class  | 30                              | 31<br>10:00 Halloween Party                         |  |

### Page 4

**1-Rosemary Stiverson** 2-Steve Janousek & Lynda Fife 3- Georgia Cook, Barb Bair 4- Mary Ann Hagen, Bob Felthousen & Jonathon Jones 5-Maggi Hall 6-Dean Paulsen, Alice Ferris & Katherine Swanson 7-Suzanne Saint 8-Charles Dutton 9- Jimmy Nabors & Bud Miller 10-Jane Dreyfus, Linda Altic, Richard Davidson & Irene Simpson 11- James Reardon, Teresa Jones, Carolyn Sikula & Susie Davern 12- JD Kerr 13- Kevin Crowe, Berneice Anderson & Jackie Hittblonner 14-Jan Austin & Rita Gifford 15- Wayne Lainof 16- Harold Holoun & John Dominski 17- Don Evers 18- Maureen Elahanty, Pat Dolezal, Maureen Delahanty, Sue Kangery & Bonnie Kral 19- Linda Marco 20-James Meister, Jerry Woods, Dorothy Rasmussen, Carolyn Conrath & Bill Clark 22- Susan Keller 23- Hugo Curitti & Jan Bazar 24- Sheila Orr 26- Eleanor Sutej & Marlene Terwilleger 27- Howard Mattix, Janet Crowe & Debra Dohse 28-Rich Kral, Kathy Siebenborn & Merlene Miller 31- Bonnie Younk & Kathie Bickerstaff

**Winner Winner!** Bonnie Younk was our lucky cal-cutta winner! She won the biggest 50-50 drawing that we have ever had! She took \$541 to the bank! A whopping \$541.00 went to the center. Thank you to everyone who bought a ticket!

## The Wheels on the Bus go round and round ......

Let's head south and go to <u>Nebraska City!</u> The leaves will be turning and this should be a beautiful trip! We will be stopping at Union City and Kimmel Orchard for apples and shopping, and then lunch at Apple Barrel! Reserve your seat for **Wednesday, October 23<sup>rd</sup> at 9:30 am.** 

**Feeling Lucky ?** Try your hand at the <u>Prairie Flower Casino!</u> Every Tuesday they have specials for the 55+ club. Who knows? This could be your lucky day! You may come home a big winner! We will leave the center on **Tuesday, October 8<sup>th</sup> at 10:30 am.** They have specials on points, games and menu items. We will leave the casino around 2:00 pm so you have time to enjoy lunch while you are there.

Each trip is \$5.00 for the bus. You are on your own for lunch, shopping or gambling. Sign ups to reserve your spot on the bus start on October 1.



# 2019 Lasagna Dinner Fundraiser! Friday, October 11th



# It will be here before you know it!

This is It! Our biggest fundraiser of the year is here! Have you bought your dinner ticket yet? They are \$10 in advance and \$12 at the door. Tell your family, friends and neighbors about our dinner and all that the fundraiser money does for our center. Word of mouth is the best way to invite others to our dinner.

Have you considered being a sponsor? It is a great way to support the center. We have different levels of sponsorship starting at \$150.00. A sponsorship can be a group of friends, church group, a business organization, or any group that meets at the center.

We always accept cash donations as well gift cards. We have a wonderful display of beautiful baskets to be raffled. You can start buying your raffle tickets now. It is helpful to use address labels to put on the tickets- especially if you purchase a lot!

The doors open at 4:00 pm with a cash bar. The center will receive \$1.00 from the sale of each glass of beer, wine or cocktail. We hope you come thirsty ☺ Dinner will be served from 5:00 pm – 7:00 pm. We will start raffling the baskets at 6:30 pm

Our goal is make \$16,000! We need you to make it happen! Buy your dinner tickets and raffle tickets in advance!











Page 6

### Bellevue Senior Community Center Menu

### October 2019

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
| Please call before noon to<br>tell us if you would like to<br>have lunch here the next<br>day.<br>Suggested contribution for<br>lunch is \$4.00 for seniors   | 1<br><u>HOT MEAL</u> : Meatloaf & Gravy,<br>Roasted Whole Baby Reds,<br>Broccoli, Cornbread<br><u>DELI</u> : Sliced Turkey & American<br>Cheese on ½ Ciabatta Bun w/<br>Lettuce & Tomato, Salad<br><u>DESSERT</u> : Pear Slices  | 2<br>HOT MEAL: Oven Fried Chicken<br>Breast, Whipped Potatoes &<br>Chicken Gravy, Green Beans,<br>Vienna Bread<br>DELI: Creamy Crab & Baby<br>Shrimp Macaroni Salad on<br>Romaine Blend Salad, Tomato<br>Wedges, Crackers<br>DESSERT: Banana Muffin Square                         | 3<br>HOT MEAL: Italian Goulash with<br>Elbow Noodles, Italian Blend<br>Vegetables, Romaine Blend Salad,<br>Italian Dinner Roll<br>DELI: Chicken Salad on Croissant<br>w/ Lettuce & Tomato, Coleslaw<br>DESSERT: Diced Peaches   | 4<br><u>HOT MEAL</u> : Chicken Cordon<br>Bleu with Swiss Mornay Sauce,<br>Rosemary Diced Potatoes,<br>California Blend Vegetables,<br>Wheat Berry Roll<br><u>DELI</u> : Reuben Salad, Sliced<br>Corned Beef, Sauerkraut &<br>1000 Island over Romaine<br>Blend, House Made Rye<br>Croutons<br><u>DESSERT</u> : Oatmeal Raisin<br>Cookie |
| 7<br><u>HOT MEAL</u> : Baked Cod Loin<br>in Sweet Basil Sauce,<br>Baked Sweet Potatoes,<br>Zucchini & Tomatoes,<br>Dinner Roll<br><u>DELL</u> : Roast Beef & Swiss on<br>Kaiser Bun w/ Lettuce &<br>Tomato, Pea Salad<br><u>DESSERT</u> : Tropical Fruit Mix  | 8<br><u>HOT MEAL</u> : BBQ Meatballs,<br>Potato Medley, Mixed<br>Vegetable, Pettie Roll<br><u>DELI</u> : Creamy Cheese Tortellini<br>over Romaine Blend Salad.<br>Grape Tomatoes & Black<br>Olives, Housemade Croutons<br><u>DESSERT</u> : Fresh Orange  | 9<br>HOT MEAL: Sliced Roast Beef &<br>Gravy, Mashed Potatoes,<br>Honey Glazed Carrots, Rye<br>Bread<br>DELI: Turkey & Cheddar on<br>Vienna Bread w/ Lettuce &<br>Tomato, Three Bean Salad<br>DESSERT: Birthday Cake  | 10<br><u>HOT MEAL</u> : Sweet & Sour Chicken<br>Breast, Oriental Blend<br>Vegetables, Egg Roll, Fortune<br>Cookie, Cinnamon Raisin Bread<br><u>DELI</u> : Ham & American Cheese on<br>Bread w/ Lettuce & Tomato,<br>Carrot Raisin Salad<br><u>DESSERT</u> : Tapioca Pudding   | 11<br><u>HOT MEAL</u> : All Beef Chili Dog<br>w/ Cheese on a Hotdog<br>Bun, Steak Fries, Corn<br><u>DELI</u> : Classic Chef Salad, Ham,<br>Turkey, Diced Egg,<br>American & Grape<br>Tomatoes, Fruit Punch,<br>Crackers<br><u>DESSERT</u> : Pineapple &<br>Strawberries   |
| 14<br>Columbus Day<br>Center Closed   | 15<br><u>HOT MEAL</u> : Oven Roasted Pork<br>Loin w/ Pork Gravy, Baked<br>Sweet Potato, Brussel Sprouts,<br>Dinner Roll<br><u>DELI</u> : Roast Beef Chef Salad,<br>Diced Egg, American & Grape<br>Tomatoes over Romaine Blend<br>Salad, Fruit Punch, Breadstick<br><u>DESSERT</u> : Peanut Butter Cookie | 16<br><u>HOT MEAL</u> : Breakfast for Lunch<br>Hearty Country Gravy w/<br>Sausage over a Jumbo Biscuit,<br>Breakfast Potatoes, Orange<br>Juice<br><u>DELI</u> : Italian Herb Chicken Salad<br>on Croissant w/ Lettuce &<br>Tomato, Broccoli Salad<br><u>DESSERT</u> : Fresh Banana | 17<br><u>HOT MEAL</u> : Seafood Chowder<br>Garlic & Butter Diced Reds,<br>California Blend Vegetables, Rye<br>Bread<br><u>DELI</u> : Three Meat Sandwich,<br>Turkey, Ham, Roast Beef,<br>American Cheese on Vienna<br>Bread, Herb Roasted Potato<br>Salad<br>DESSERT: Fruit Crisp                                     | 18<br><u>HOT MEAL</u> : Hamburger Patty<br>w/ Garlic Mushroom Gravy,<br>Scalloped Potatoes, Peas &<br>Pearl Onions, Wheat Bread<br><u>DELI</u> : Ham Salad on Rye Bread<br>w/ Lettuce & Tomato,<br>Cowboy Caviar<br><u>DESSERT</u> : Mandarin Oranges   |
| 21<br><u>HOT MEAL</u> : Orange Chicken<br>Stir Fry w/ Spaghetti<br>Pasta, Peas & Carrots, Egg<br>Roll Fortune Cookie<br><u>DELL</u> : Italian Sandwich,<br>Turkey, Ham, Pepperoni,<br>Cheese Peppers & Red<br>Onions on Vienna Bread,<br>Sweet Pepper Coleslaw<br><u>DESSERT</u> : Strawberry Yogurt<br>Cup | 22<br><u>HOT MEAL</u> : Beef Ravioli in a<br>Marinara Sauce, Romaine<br>Blend Salad, Italian Blend<br>Vegetables, Breadstick<br><u>DELI</u> : Chicken Caesar Salad w/<br>Caesar Dressing & House<br>Made Croutons over Romaine<br>Blend Salad, Orange Juice<br><u>DESSERT</u> : Cinnamon Applesauce      | 23<br><u>HOT MEAL</u> : 10 Grain Fish,<br>Augratin Potatoes, Broccoli,<br>Dinner Roll w/ Tartar Sauce<br><u>DELL</u> : Roast Beef & Cheddar on<br>Vienna Bread w/ Lettuce &<br>Tomato, Peas Salad<br><u>DESSERT</u> : Fruited Gelatin  | 24<br><u>HOT MEAL</u> : Taco Joe Cheese<br>Sandwich w/ Shredded Lettuce<br>on a Hamburger Bun, Potato<br>Ole's, Chuck Wagon Corn<br><u>DELL</u> : Classic Chef Salad, Ham,<br>Turkey, Diced Egg, American &<br>Grape Tomatoes, Fruit Punch.<br>Crackers<br><u>DESSERT</u> : Sliced Apricots                           | 25<br><u>HOT MEAL</u> : Chicken Breast &<br>Chicken Gravy, Whipped<br>Potatoes, Green Beans,<br>Honey Wheat Bread<br><u>DELI</u> : BLT Supreme Salad, Diced<br>Turkey, Chopped Bacon,<br>Diced Tomato & Shred<br>Cheese over Romaine Blend,<br>Crackers, Vegetable Juice<br><u>DESSERT</u> : Frosted Brownie                            |
| 28<br><u>HOT MEAL</u> : Chicken Fried<br>Steak & Gravy, Garlic<br>Mashed Potatoes, Country<br>Blend Vegetables, Vienna<br>Bread<br><u>DELL</u> : Chicken Pasta Salad,<br>Three Bean Salad, Tomato<br>Wedges, Breadstick<br><u>DESSERT</u> : Mandarin Oranges  | 29<br><u>HOT MEAL</u> : Swedish Meatballs,<br>Baked Potato, Stewed Tomatoes,<br>Dinner Roll<br><u>DELI</u> : Sliced Turkey & American<br>Cheese on Hamburger Bun w/<br>Lettuce & Tomato, Three Bean<br>Salad<br><u>DESSERT</u> : Pear Slices   | 30<br><u>HOT MEAL</u> : BBQ Chicken Breast<br>on a Hamburger Bun, BBQ Baked<br>Beans, Potato Salad<br><u>DELL</u> : Classic Chef Salad, Ham &<br>Swiss Cheese, Diced Egg, Grape<br>Tomatoes, Orange Juice,<br>Crackers<br><u>DESSERT</u> : Strawberry<br>Applesauce                | 31<br><u>HOT MEAL</u> : Ghostly Salisbury Steak<br>& Gruesome Gravy, Loaded<br>Mashed Potatoes, Graveyard Green<br>Beans, Dinner Roll<br><u>DELI</u> : Cobb Salad with Bacon, Diced<br>Egg, Chicken, Ham, Blue Cheese<br>over Romaine Blend Salad, Apple<br>Juice, Crackers<br><u>DESSERT</u> : Pumpkin Muffin Square | Happy<br>Halloween  |

## Dinner Meal Every Thursday at 5:30 pm

Come join us for good food and great conversation every Thursday night at 5:30 pm. Skim or 1% milk, tea, water, and coffee are available for every meal. For those over 60 there is a suggested contribution of \$5.00.



## October 3, 2019

Pork Fritter with Gravy Scalloped Potatoes, Green Beans, Dinner Roll and Pecan Pie





October 10, 2019

No Dinner Tonight



# October 17, 2019

Soft Shell Taco with Lettuce, Tomato, Sour Cream, Hot Sauce, Refried Beans and Ambrosia





## October 24, 2019

Fried Chicken, Mashed Potatoes and Gravy, Corn, Biscuit and a Surprise Dessert



## October 31, 2019

NO Dinner Tonight **HAPPY HALLOWEEN** 



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to ONLY \$2.00 a month!

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2018.