October 2019 Senior News



BELLEVUE SENIOR Community Center

Golden opportunities await a new day! 109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041 Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am - 7:30 pm



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Supported by the Eastern Nebraska Office on Aging

Hello People!

It's GO time! Let's work together to make this the most successful fundraiser we have ever had! Here's a little Q & A.....

Q- Where does the money go from the fundraiser?A- 100% of what we raise stays at our senior center!

Q- What does the money buy?

A- It goes in our general fund. This provides money for all the food, decorations and entertainment at parties, insurance and upkeep of our bus, all the 'extras' for meals – garlic, butter, spices, whip cream, cherries etc. Our coffee mugs, plates, and lots of the kitchen pots and pans are from money we raised. We also have purchased dining room chairs, living room set, pool table, and the bingo machine. The list goes on.

Let's do this!!!

Cheers! Kathy and Dawn TEAMWORK coming together is a beginning keeping together is progress working together is success

- Henry Ford



Partnerships with City of Bellevue and Bellevue Public Schools

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Page 7: BSCC Thursday Evening Menu Treat Your Tummy! Our pancake breakfast will be sure to fill you up! Sit down with a stack on Wednesday, October 16th at 9:00 am. Breakfast is only \$3.00.

Don't' be "Sour"Kraut! Be ready to eat, drink and have a "Beer-y" good time at our annual Oktoberfest! You'll want to be here on **Tuesday, October 22nd at 10:00 am.** We will have some of your favorite German snacks and beer! *Wayne Miller* will be singing and playing his accordion for us.

Broom Parking Only – All others will be Toad! Our parking lot fills up quick for our Spooktacular Halloween COSTUME party! Dress to impress our

judges! There will be lots of yummy snacks to sink your fangs into! Come sit for a spell and have a Fab –BOO- lous time! The fun begins on **Thursday, October 31st, 10:00 am.**

Football Fridays! Remember – each week we ask you to support for your favorite team! Show your pride every Friday – hats, shirts, socks, sweatshirts or whatever you have. Make it fun! We will see what team has the most support. **Nursing Students** The Methodist nursing students will be back to visit with you and to do a health presentation for you. Please note the time has changed to an earlier time. They will be here **Thursday, October 10th at 9:00 am to visit** and will have a **health presentation at 10:00 am**.

Thursday Night Dinner We will not be having our Thursday night dinner 2 nights this month. October 10th is the night before the fundraiser and we hope everyone comes out to support the center with dinner, drinks and our basket drawings! We will not have dinner on Halloween night so you can pass out candy to the little trick or treaters who come to your house!

Family Fare We finally received our \$1000.00 check for turning in 150,000 points on your Family Fare receipts! Since November 13, 2019 is our 30th anniversary at this location, we are planning on using it for a celebration! Mark your calendar for Wednesday, November 13th !

Are you a Shower Singer? If so, we need your voice! Our Senior Singers are getting ready to get back in the swing of things! Call the office if you are interested. They would sing on Monday or Wednesday mornings.

Tired of asking your kids or grandkids to help you with your computer? Barry Branson has offered his help while you are at the center. Please let us know if you are interested in a class. You would need to bring in our own tablet or IPad. He would love to help you with YOUR concerns. He will not have a set teaching agenda, he wants to work with you and your individual needs. If you are interested, we will set up a time in November on a Tuesday or Thursday afternoon around 1:00 pm.



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October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:00 Tai Chi 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting/Drawing 11:00 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts

Special Activities for October

Monday	Tuesday	Wednesday	Thursday	Friday
	1 1:00 Greeting Card Class	2	3	4
				Football Friday
7 1:00 Bridge Group	8 10:30 – Casino Trip	9	10 9:00 – Nursing Students 10:30- Bingo Bucks	11 10:00 Book Club
	1:00 Greeting Card class		No Thursday Dinner	Fundraising Dinner Football Friday
14 Closed for Columbus Day Holiday	15 1:00 Greeting Card Class	16 9:00 – Pancake Breakfast	17 10:30 – Senior Advisory Forum	18 Football Friday
21	22 10:00 Party PARTY PARTY BEER, FOOD & MUSIC 1:00 Greeting Card Class	23 9:30 – Nebraska City Trip	24 10:00 - Pokeno 12:30- Senior Care Clinic	25 Football Friday
28	29 1:00 Greeting Card Class	30	31 10:00 Halloween Party	

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1-Rosemary Stiverson 2-Steve Janousek & Lynda Fife 3- Georgia Cook, Barb Bair 4- Mary Ann Hagen, Bob Felthousen & Jonathon Jones 5-Maggi Hall 6-Dean Paulsen, Alice Ferris & Katherine Swanson 7-Suzanne Saint 8-Charles Dutton 9- Jimmy Nabors & Bud Miller 10-Jane Dreyfus, Linda Altic, Richard Davidson & Irene Simpson 11- James Reardon, Teresa Jones, Carolyn Sikula & Susie Davern 12- JD Kerr 13- Kevin Crowe, Berneice Anderson & Jackie Hittblonner 14-Jan Austin & Rita Gifford 15- Wayne Lainof 16- Harold Holoun & John Dominski 17- Don Evers 18- Maureen Elahanty, Pat Dolezal, Maureen Delahanty, Sue Kangery & Bonnie Kral 19- Linda Marco 20-James Meister, Jerry Woods, Dorothy Rasmussen, Carolyn Conrath & Bill Clark 22- Susan Keller 23- Hugo Curitti & Jan Bazar 24- Sheila Orr 26- Eleanor Sutej & Marlene Terwilleger 27- Howard Mattix, Janet Crowe & Debra Dohse 28-Rich Kral, Kathy Siebenborn & Merlene Miller 31- Bonnie Younk & Kathie Bickerstaff

Winner Winner! Bonnie Younk was our lucky cal-cutta winner! She won the biggest 50-50 drawing that we have ever had! She took \$541 to the bank! A whopping \$541.00 went to the center. Thank you to everyone who bought a ticket!

The Wheels on the Bus go round and round

Let's head south and go to <u>Nebraska City!</u> The leaves will be turning and this should be a beautiful trip! We will be stopping at Union City and Kimmel Orchard for apples and shopping, and then lunch at Apple Barrel! Reserve your seat for **Wednesday, October 23rd at 9:30 am.**

Feeling Lucky ? Try your hand at the <u>Prairie Flower Casino!</u> Every Tuesday they have specials for the 55+ club. Who knows? This could be your lucky day! You may come home a big winner! We will leave the center on **Tuesday, October 8th at 10:30 am.** They have specials on points, games and menu items. We will leave the casino around 2:00 pm so you have time to enjoy lunch while you are there.

Each trip is \$5.00 for the bus. You are on your own for lunch, shopping or gambling. Sign ups to reserve your spot on the bus start on October 1.



2019 Lasagna Dinner Fundraiser! Friday, October 11th



It will be here before you know it!

This is It! Our biggest fundraiser of the year is here! Have you bought your dinner ticket yet? They are \$10 in advance and \$12 at the door. Tell your family, friends and neighbors about our dinner and all that the fundraiser money does for our center. Word of mouth is the best way to invite others to our dinner.

Have you considered being a sponsor? It is a great way to support the center. We have different levels of sponsorship starting at \$150.00. A sponsorship can be a group of friends, church group, a business organization, or any group that meets at the center.

We always accept cash donations as well gift cards. We have a wonderful display of beautiful baskets to be raffled. You can start buying your raffle tickets now. It is helpful to use address labels to put on the tickets- especially if you purchase a lot!

The doors open at 4:00 pm with a cash bar. The center will receive \$1.00 from the sale of each glass of beer, wine or cocktail. We hope you come thirsty ☺ Dinner will be served from 5:00 pm – 7:00 pm. We will start raffling the baskets at 6:30 pm

Our goal is make \$16,000! We need you to make it happen! Buy your dinner tickets and raffle tickets in advance!











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Bellevue Senior Community Center Menu

October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors	1 <u>HOT MEAL</u> : Meatloaf & Gravy, Roasted Whole Baby Reds, Broccoli, Cornbread <u>DELI</u> : Sliced Turkey & American Cheese on ½ Ciabatta Bun w/ Lettuce & Tomato, Salad <u>DESSERT</u> : Pear Slices	2 HOT MEAL: Oven Fried Chicken Breast, Whipped Potatoes & Chicken Gravy, Green Beans, Vienna Bread DELI: Creamy Crab & Baby Shrimp Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Banana Muffin Square	3 HOT MEAL: Italian Goulash with Elbow Noodles, Italian Blend Vegetables, Romaine Blend Salad, Italian Dinner Roll DELI: Chicken Salad on Croissant w/ Lettuce & Tomato, Coleslaw DESSERT: Diced Peaches	4 <u>HOT MEAL</u> : Chicken Cordon Bleu with Swiss Mornay Sauce, Rosemary Diced Potatoes, California Blend Vegetables, Wheat Berry Roll <u>DELI</u> : Reuben Salad, Sliced Corned Beef, Sauerkraut & 1000 Island over Romaine Blend, House Made Rye Croutons <u>DESSERT</u> : Oatmeal Raisin Cookie
7 <u>HOT MEAL</u> : Baked Cod Loin in Sweet Basil Sauce, Baked Sweet Potatoes, Zucchini & Tomatoes, Dinner Roll <u>DELL</u> : Roast Beef & Swiss on Kaiser Bun w/ Lettuce & Tomato, Pea Salad <u>DESSERT</u> : Tropical Fruit Mix	8 <u>HOT MEAL</u> : BBQ Meatballs, Potato Medley, Mixed Vegetable, Pettie Roll <u>DELI</u> : Creamy Cheese Tortellini over Romaine Blend Salad. Grape Tomatoes & Black Olives, Housemade Croutons <u>DESSERT</u> : Fresh Orange	9 HOT MEAL: Sliced Roast Beef & Gravy, Mashed Potatoes, Honey Glazed Carrots, Rye Bread DELI: Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato, Three Bean Salad DESSERT: Birthday Cake	10 <u>HOT MEAL</u> : Sweet & Sour Chicken Breast, Oriental Blend Vegetables, Egg Roll, Fortune Cookie, Cinnamon Raisin Bread <u>DELI</u> : Ham & American Cheese on Bread w/ Lettuce & Tomato, Carrot Raisin Salad <u>DESSERT</u> : Tapioca Pudding	11 <u>HOT MEAL</u> : All Beef Chili Dog w/ Cheese on a Hotdog Bun, Steak Fries, Corn <u>DELI</u> : Classic Chef Salad, Ham, Turkey, Diced Egg, American & Grape Tomatoes, Fruit Punch, Crackers <u>DESSERT</u> : Pineapple & Strawberries
14 Columbus Day Center Closed	15 <u>HOT MEAL</u> : Oven Roasted Pork Loin w/ Pork Gravy, Baked Sweet Potato, Brussel Sprouts, Dinner Roll <u>DELI</u> : Roast Beef Chef Salad, Diced Egg, American & Grape Tomatoes over Romaine Blend Salad, Fruit Punch, Breadstick <u>DESSERT</u> : Peanut Butter Cookie	16 <u>HOT MEAL</u> : Breakfast for Lunch Hearty Country Gravy w/ Sausage over a Jumbo Biscuit, Breakfast Potatoes, Orange Juice <u>DELI</u> : Italian Herb Chicken Salad on Croissant w/ Lettuce & Tomato, Broccoli Salad <u>DESSERT</u> : Fresh Banana	17 <u>HOT MEAL</u> : Seafood Chowder Garlic & Butter Diced Reds, California Blend Vegetables, Rye Bread <u>DELI</u> : Three Meat Sandwich, Turkey, Ham, Roast Beef, American Cheese on Vienna Bread, Herb Roasted Potato Salad DESSERT: Fruit Crisp	18 <u>HOT MEAL</u> : Hamburger Patty w/ Garlic Mushroom Gravy, Scalloped Potatoes, Peas & Pearl Onions, Wheat Bread <u>DELI</u> : Ham Salad on Rye Bread w/ Lettuce & Tomato, Cowboy Caviar <u>DESSERT</u> : Mandarin Oranges
21 <u>HOT MEAL</u> : Orange Chicken Stir Fry w/ Spaghetti Pasta, Peas & Carrots, Egg Roll Fortune Cookie <u>DELL</u> : Italian Sandwich, Turkey, Ham, Pepperoni, Cheese Peppers & Red Onions on Vienna Bread, Sweet Pepper Coleslaw <u>DESSERT</u> : Strawberry Yogurt Cup	22 <u>HOT MEAL</u> : Beef Ravioli in a Marinara Sauce, Romaine Blend Salad, Italian Blend Vegetables, Breadstick <u>DELI</u> : Chicken Caesar Salad w/ Caesar Dressing & House Made Croutons over Romaine Blend Salad, Orange Juice <u>DESSERT</u> : Cinnamon Applesauce	23 <u>HOT MEAL</u> : 10 Grain Fish, Augratin Potatoes, Broccoli, Dinner Roll w/ Tartar Sauce <u>DELL</u> : Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato, Peas Salad <u>DESSERT</u> : Fruited Gelatin	24 <u>HOT MEAL</u> : Taco Joe Cheese Sandwich w/ Shredded Lettuce on a Hamburger Bun, Potato Ole's, Chuck Wagon Corn <u>DELL</u> : Classic Chef Salad, Ham, Turkey, Diced Egg, American & Grape Tomatoes, Fruit Punch. Crackers <u>DESSERT</u> : Sliced Apricots	25 <u>HOT MEAL</u> : Chicken Breast & Chicken Gravy, Whipped Potatoes, Green Beans, Honey Wheat Bread <u>DELI</u> : BLT Supreme Salad, Diced Turkey, Chopped Bacon, Diced Tomato & Shred Cheese over Romaine Blend, Crackers, Vegetable Juice <u>DESSERT</u> : Frosted Brownie
28 <u>HOT MEAL</u> : Chicken Fried Steak & Gravy, Garlic Mashed Potatoes, Country Blend Vegetables, Vienna Bread <u>DELL</u> : Chicken Pasta Salad, Three Bean Salad, Tomato Wedges, Breadstick <u>DESSERT</u> : Mandarin Oranges	29 <u>HOT MEAL</u> : Swedish Meatballs, Baked Potato, Stewed Tomatoes, Dinner Roll <u>DELI</u> : Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato, Three Bean Salad <u>DESSERT</u> : Pear Slices	30 <u>HOT MEAL</u> : BBQ Chicken Breast on a Hamburger Bun, BBQ Baked Beans, Potato Salad <u>DELL</u> : Classic Chef Salad, Ham & Swiss Cheese, Diced Egg, Grape Tomatoes, Orange Juice, Crackers <u>DESSERT</u> : Strawberry Applesauce	31 <u>HOT MEAL</u> : Ghostly Salisbury Steak & Gruesome Gravy, Loaded Mashed Potatoes, Graveyard Green Beans, Dinner Roll <u>DELI</u> : Cobb Salad with Bacon, Diced Egg, Chicken, Ham, Blue Cheese over Romaine Blend Salad, Apple Juice, Crackers <u>DESSERT</u> : Pumpkin Muffin Square	Happy Halloween

Dinner Meal Every Thursday at 5:30 pm

Come join us for good food and great conversation every Thursday night at 5:30 pm. Skim or 1% milk, tea, water, and coffee are available for every meal. For those over 60 there is a suggested contribution of \$5.00.



October 3, 2019

Pork Fritter with Gravy Scalloped Potatoes, Green Beans, Dinner Roll and Pecan Pie





October 10, 2019

No Dinner Tonight



October 17, 2019

Soft Shell Taco with Lettuce, Tomato, Sour Cream, Hot Sauce, Refried Beans and Ambrosia





October 24, 2019

Fried Chicken, Mashed Potatoes and Gravy, Corn, Biscuit and a Surprise Dessert



October 31, 2019

NO Dinner Tonight **HAPPY HALLOWEEN**



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to ONLY \$2.00 a month!

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2018.