



BELLEVUE SENIOR Community Center



*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am – 7:30 pm

BOARD OF DIRECTORS

Ralph Gladbach
President

Lauren Kesteloot
Vice President

Shirley Tingley
Secretary

Joe Gamerl
Treasurer

Paula Deitering
Voting Member

Lisa Summer
Voting Member

Mary Jo Hopfensperger
Voting Member

Dorene Narofsky
Voting Member

CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
*ENOA, Assistant
Manager*

Al McGinness
Program Aide

Hello People!

We are entering our 5th month of the center being closed. We are as anxious as everyone else to reopen. ENOA is working on a plan so that when we do reopen, we can keep everyone as safe as possible. We would not want to open for a few weeks, and then have to close again if someone becomes sick. We thank you for your patience! We all want the same thing – to open the center and resume the meals and fun times that we have.

Until then, continue to reach out to your friends. A phone call, a text or email will brighten their day. Practice social distancing around a patio table with a few friends. Order carry out from one of the many restaurants that have supported our fundraiser in the past. Track your steps – either as a Fitbit or an app on your phone to keep you physically fit. Do word games – puzzles, searches Sudoku, to sharpen your mind.

We hope to see you soon ! Until then, take care of yourself! We miss you !

Take Care !
Kathy and Dawn

IN THIS ISSUE:

Page 2:

Fundraiser info
and jokes

Page 3:

Cell phone
Scavenger Hunt

Page 4:

Activity
Calendar

Pages 5:

August
Birthdays

Page 6:

Grab and Go
Menu

Page 7:

Just for Fun

BELIEVE in BELLEVUE

• AN INSPIRED DAY OF GIVING! •

AUGUST 4

www.BelieveInBellevue.org

Type it in just
like this! →

We have the opportunity for another online fundraiser for our center! Please follow the above link to donate. Just click the “discover non profit” and scroll to find the Bellevue Senior Center. Donating is easy and your generous donation is greatly appreciated! Tell your friends and family ! We have not been receiving our monthly 50/50 winnings so your contribution is much needed! Please spread the word!



A few Corona Virus Jokes to get you through the day!



- I hope they give us two weeks' notice before sending us back out into the real world. I think we'll all need the time to become ourselves again. And by "ourselves", I mean lose 10 pounds, cut our hair, and get used to not drinking at 9:00 a.m.
- New monthly budget: Gas \$0, Entertainment \$0, Clothes \$0, Groceries \$2,799.
- Breaking News: Wearing a mask inside your home is now highly recommended. Not so much to stop COVID-19, but to stop eating
- Not to brag, but I haven't been late to anything in over 12 weeks.
- People keep asking: "Is coronavirus REALLY all that serious?" Listen y'all, the churches and casinos closed. When heaven and hell agree on the same thing, it's probably pretty bad!
- I never would have imagined I would go up to a bank teller wearing a mask and ask for money.





Here's some things to hunt for with your grandkids, friends of neighbors. For a FUN twist – use your phone to take a picture of what you find in your neighborhood. Come to the center and show us what you saw. We will have a prize for the first 10 people to come show us they completed the list.
























1. A squirrel
2. A birds nest
3. A hummingbird
4. A child on a bike
5. A convertible car – any style
6. A kid playing in a pool or sprinkler
7. A picture of a friend wearing their mask
8. Your favorite beverage
9. A bottle of sun screen
10. A rabbit
11. Flowers in your yard or neighborhood
12. A flowering bush
13. A vegetable garden
14. A motorcycle
15. A sunrise or a sunset
16. An interesting looking cloud
17. Ice Cream – cone, bowl, in a shake....
18. Kids playing outside
19. An unusual rock
20. A selfie of YOU !



Daily Activities - maybe

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards/ Donut 9:30 Ceramics all day 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:00 Tai Chi 12:00 Skip Bo 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting / Drawing 11:00 Tai Chi 12:00 Skip Bo 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts

These are actual National Days to Celebrate

Monday	Tuesday	Wednesday	Thursday	Friday
3 Watermelon Day 	4 Chocolate chip cookie Day 	5 Underwear day 	6 Wiggle your Toes Day 	7 Beer Day 
10 Lazy Day 	11 Son & Daughter Day 	12 Middle Child Day 	13 International Left-handers Day 	14 Creamsicle Day 
17 Thrift Shop Day 	18 Daffodil Day 	19 Potato Day 	20 Mosquito Day 	21 NATIONAL SENIOR CITIZEN'S DAY 
24 Vesuvius day 	25 Kiss and Make up Day 	26 Happy National Dog Day 	27 Global Forgiveness Day 	28 Race your Mouse Day 
31E Eat Outside Day 	Every Tuesday drive up for a pastry from 9:00am - 10:00 am 	Every Wednesday drive up for a cookie from 2:30 pm -3:00pm 		

1. Betsy Gotch & Ron Hagen
3. Shirley Dorman & Andy Foray
4. Richard Webber
6. Stanley Peterson & Dale Culver
7. Debbie Sandstedt
10. JoElla Woolery
12. Carroll Holz & Steve Chaney
- 13, Marie Aaron
- 14, Nancy Scheet
16. Bill Dreyfus, Yvonne Knoblauch & Marylou Hegarty
17. Howard James, Lobo Simon, & Sharon Kirk
18. Margot Wood
19. Daryl Baker
21. Carol Roubinek
- 22 Mary Jo Schiefeibein, Kay Culver, Jacqueline Stott & Karen Jensen
23. Joe Gamerl & Dan Horton
24. Pat Gentry
26. Clara Janousek & Pat Cox
27. Priscilla Wells, Rose Coy & Chuck Meader
28. Anna Gleason
29. Carolyn Bonner & Dolores Holubar
30. Sue Sharman & Vivian Lloyd
31. George Rasmussen



GRAB AND GO LUNCHES!

Call by noon the day before you would like lunch.

Pick-up in the alley between 11:45 am and 12:15 pm

	Tuesday	Wednesday	Thursday	Friday
8/3/2020	8/4/2020	8/5/2020	8/6/2020	8/7/2020
WG Spaghetti & Meatballs	Hamburger Patty	Chicken Piccata	Oven Fried Chicken Breast	Salisbury Steak &
Italian Blend Veggies	Seasoned Potato Wedges	Brown Rice Pilaf	Mashed Potatoes & Gravy	Mushroom Gravy
Cinnamon Applesauce	Corn	Cauliflower	Broccoli	Potato Medley
Romaine Blend Salad	Lettuce & Tomato	Marble Bread Slice/Marg	WG Dinner Roll/Marg	Carrot Coins
WG Breadstick	Sugar Cookie	Butterscotch Pudding	Diced Peaches	WG Dinner Roll/Marg
Dressing PC	1% Milk	1% Milk	1% Milk	Strawberries & Pineapple
1% Milk				1% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
8/10/2020	8/11/2020	8/12/2020	8/13/2020	8/14/2020
Chicken Fried Rice	Meatloaf /Tomato Gravy	Sliced Roast Beef &	Cod Loin in Manhattan	Grilled Chicken Sandwich
Oriental Blend Vegetables	Cheesy Whip Potatoes	Gravy	Red Sauce	Mixed Vegetable
Diced Carrots	Peas	Garlic Parm Mash Potatoes	Garlic Roasted Baby Reds	Sliced Peaches
Cinn. Raisin Bread/Marg	WG Petite Dinner Roll/Marg	Diced Beets	Brussels Sprouts	WG Hamburger Bun
Fresh Orange	Cherry Vanilla Yogurt	WG Bread Slice/Marg	Rye Bread Slice/Marg	Potato Salad
1% Milk	1% Milk	Plain Cake Square	Frosted Brownie	1% Milk
		1% Milk	1% Milk	
Monday	Tuesday	Wednesday	Thursday	Friday
8/17/2020	8/18/2020	8/19/2020	8/20/2020	8/21/2020
Pork Fritter & Gravy	Cheesy Broccoli Chicken	Tuna Salad	Meatballs & Gravy	Italian Casserole
1/2 Baked Potato	Breast	Lettuce & Tomato	Mashed Potatoes	Green Peas
Corn	Brown Rice Pilaf	Marinated Vegetable Salad	Zucchini & Tomatoes	Cauliflower
WG Dinner Roll/Marg	Honey Roasted Baby	WG Bread (2slices)	Honey Wheat Bread/Marg	Italian Dinner Roll/Marg
Tropical Fruit Mix	Carrots	Strawberry Applesauce	Chocolate Chip Cookie	Ambrosia Salad
Sour Cream PC	WG Dinner Roll/Marg	1% Milk	1% Milk	1% Milk
1% Milk	Strawberry Delight			
	1% Milk	Cold Menu		
Monday	Tuesday	Wednesday	Thursday	Friday
8/24/2020	8/25/2020	8/26/2020	8/27/2020	8/28/2020
10 Grain Fish	Taco Meat	BBQ Pork Sandwich	Diced Turkey & Gravy	Pork Chop with
Corn O'Brien	Chuckwagon Potatoes	Scalloped Potatoes	Mashed Potatoes	Pineapple Salsa
Green Beans	Cinnamon Apple Slices	Broccoli	Green Peas	Diced Sweet Potatoes
WG Bread Stick/Margarine	Cheese,Tomato,Lettuce	WG Hamburger Bun	Vienna Bread/Marg	Cali Blend Vegetables
Vanilla Pudding	8" Flour Tortilla	Pineapple Tidbits	Mandarin Oranges	WG Petite Roll/Marg
Tartar Sauce	Taco Sauce PC	1% Milk	1% Milk	Plain Cake Square
1% Milk	1% Milk			1% Milk
Monday				
8/31/2020				
Asian Beef & Rice Cass				
Oriental Blend Vegetables				
WG Egg Roll				
Cinn. Raisin Bread/Marg				
Lemon Blueberry				
Muffin Square				
1% Milk				

Menus subject to change

Final 5/8/2020

For as long as we are closed in August

We will serving Panera pastries to you! We will be out front between 9:00 am - 10:00 am on every Tuesday in August! One per person.

Who wants cookies? Cruise by every Wednesday afternoon between 2:30 pm – 3:00 pm for a delicious cookie! One per person!

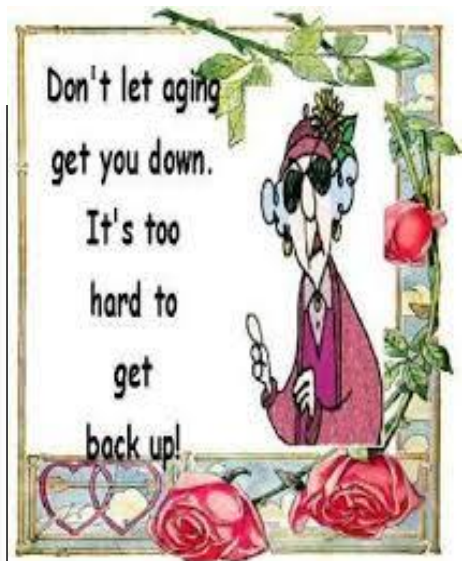


Just for fun !

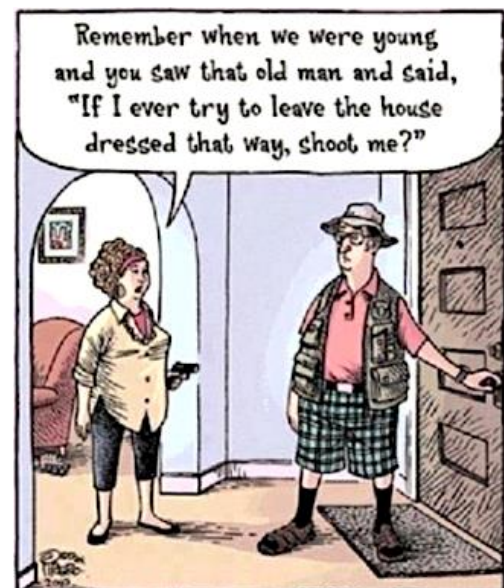


Seniors Texting Code

ATD: At the doctors
BFF: Best friend fell
BTW: Bring the wheelchair
BYOT: Bring Your own teeth
FWIW: Forgot where I was
GGPBL: Gotta go pacemaker battery low
GHA: Got heartburn again
IMHO: Is my hearing aid on
LMDO: Laughing my dentures out
OMMR: On my massage recliner
OMSG: Oh my! Sorry, Gas
ROFLACGU: Rolling on floor laughing and Can't get up
TTYL: Talk to you louder



Crabby Road 6-23-12



Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2021.