September 2020



BELLEVUE SENIOR Community Center

Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041 Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am - 7:30 pm



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Kathy Van Den Top, ENOA, Manager

Dawn Jaixen ENOA, Assistant Manager Hello People!

Wow! It's crazy to think that it's been almost 6 months since our doors were open. We know how important the center is to everyone and we are hoping the doors will be open soon. When that time does come we will have guidelines to follow to keep you safe.

We still are offering our grab and go lunches. **It's quick and simple and helps support the center.** Just call us the day before by noon if you want a meal and then drive up to the side alley door between 11:45 -12:15 and we will bring it to your car. It's that simple! Even if you have never had lunch here before you can still participate.

We hope you are being safe and also that you are reaching out to your friends and family. Everyone could use a little extra love these days! A phone call goes a long way!

> Take Care ! Kathy and Dawn

IN THIS ISSUE:

Page 2: Side notes

Page 3: Husker Facts

Page 4: Activity calander

Pages 5: September birthdays

Page 6: Grab and Go Menu

Page 7: Just for Fun

Supported by the Eastern Nebraska Office on Aging **ENOA** Partnerships with City of Bellevue and Bellevue Public Schools

www.bellevueseniorcommunitycenter.com

Winner Winner Chicken Dinner!

Our camera scavenger hunt winner was Joann Barron! She won a **\$10.00 gift certificate to Chic –Fil –A.** Thank you for playing along!



We will be passing out Pastries on Tuesdays from 9:00 am – 10:00 am and Cookies on Wednesdays from 2:30 pm – 3:00 pm.



Calling all knitters!



We have had a big donation of yarn – all sorted in totes by color! We will have a table set up outside in the front of the center so you can come pick up some yarn to take home. Please bring some bags to fill up and take home. It's not to early to start knitting hats and scarves for our winter drive as well. Please spread the word! We will be outside Tuesday, **September 15th from 1:00 pm – 3:00 pm**. Our rain date will be Wednesday, September 16th from 1:00 pm – 3:00 pm. Spread the word!

A senior citizen drove his brand new Corvette convertible out of the dealership.

Taking off down the road, he floored it to 80 mph, enjoying the wind blowing through what little gray hair he had left. Amazing, he thought as he flew down I-94, pushing the pedal even more. Looking in his rear view mirror, he saw a state trooper behind him, lights flashing and siren blaring. He floored it to 100 mph, then 110, then 120. Suddenly he thought, What am I doing? I'm too old for this, and pulled over to await the trooper's arrival.

Pulling in behind him, the trooper walked up to the Corvette, looked at his watch, and said, "Sir, my shift ends in 30 minutes. Today is Friday. If you can give me a reason for speeding that I've never heard before, I'll let you go."

The old gentleman paused. Then he said, "Years ago, my wife ran off with a state trooper. I thought you were bringing her back."

"Have a great day" said the trooper.





Missing Husker Football? Here's some Fun Facts



Nebraska has had three(3) Heisman Trophy winners in their history- Johnny Rogers(1972), Mike Rosier(1983) and Eric Couch (2001).

Tommy Fraizer scored more touch downs in the air than on the ground? 43 thrown vs 36 ran.

Nebraska has claimed Five(5) National Championships- 1970,1971,1994,1995 and 1997.

The Cornhuskers have played in 53 bowl games in their long history. They hold a negative 26-27 post season record in those games.

Nebraska football came to prominance with the hiring of Tom Osborne in 1973. While here Osborne accumulated a 255-49-3 record. He was Nebraska's longest tenured coach. Osborne Teams won the National Championships in 1994 and 1995, going undefeated 25-0 during that period, being unbeaten and untied.

Nebraska posted a 60–3–0 record between 1993–97 to end Osborne's tenure at Nebraska. That is why he is remembered so well by their fans and alumni!

As of 9–23–2017, Memorial stadium home of Nebraska, has had a record of 357 consecutive sell-outs. The stadium is referred to by their fans as "The Sea of Red", their colors being crimson and cream.

Even though the Huskers officially began in 1890, they didn't have a coach to lead them until three years later in 1893. The salary? Between \$300-\$500. Luckily that salary also included room and board. Scott Frost makes 5 Million dollars a year!



Page 3

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards/ Donut 9:30 Ceramics all day 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:00 Tai Chi 12:00 Skip Bo 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting / Drawing 11:00 Tai Chi 12:00 Skip Bo 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts

These are actual National Days to Celebrate

Monday	Tuesday	Wednesday	Thursday	Friday
	Pastries 9-10 am	Cookies-2:30-3pm		
	1 Cherry Popover Day	2 WWII	3 Skyscraper Day	4 Newspaper Carrier Day
7	8	9 Teddy Bear Day	10	We Remember
the day off!	Pardon Day Pardon Day WWW.PARDON.NET		Swap Ideas Day	9-101
14	15	16	17	18
Crème filled donut	Hat Day	Collect Rocks	Apple Dumpling Day	Cheeseburger Day
day	Yarn pickup 1-3	THE REAL		
21	22	23	24	25
International Peace	Elephant Appreciation	Checkers Day	Cherry Jubilee Day	Comic Book Day
Day PEACE	000			
28	29	30		Join our Grab and Go
Good Neighbor Day	Confucius day	Mud Pack Day		Lunch Program! Call us before noon
I 🔶 MY NEIGHBORS		CONT.		to order for the next day! 402-293-3041

- 1.Cindy Reyer & Van Adams
- 2. Joanne Gerard & Nadine Charvat
- 3. Christine Ellwein & Ed Cruise
- 4. Marta Nieves
- 6. Jean Volsicka
- 8. Maria Lewis
- 9. Jim Fay, Carole Obrecht & Linda Baker
- 10 Beth Pettit & Terri Jordan
- 11. Mary Hughey & Wayne Heffner
- 12. Bob Glover & Trish Iacopini
- 13. Linda Lee
- 14. Alberta Webber
- 17. Colleen Jeck & Roger Stubbs
- 18. Cindy Nichols
- 20. Ken Johns
- 22. Jean Willis
- 23. JoAnn Lloyd, Bonnie Fowler, Carol Clark
- 23. Betty Douglas, Vivian Marumoto & Eric Ryks
- 25. Carol Roger, Phil Cork & Gary Honeywell
- 26. Barb Manthey, Kay Hoelting & Sheila Putnam
- 27. Patricia Newman
- 28. Linda Ethridge & Sherri Bomer
- 29. Barbara Muhs, Marion Sell & Peter Garth
- 30. Paul Hartnett



GRAB AND GO LUNCHES! Call by noon the day before you would like lunch. Pick-up in the alley between 11:45 am and 12:15 pm

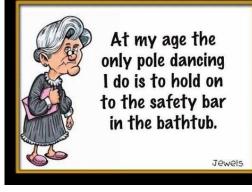
	Tuesday	Wednesday	Thursday	Friday
	9/1/2020	9/2/2020	9/3/2020	9/4/2020
DRIVE -THRU	Salisbury Steak & Mushroom Gravy Diced Baby Reds Carrot Coins WG Dinner Roll/Marg	Chicken Piccata Brown Rice Pilaf Winter Blend Veggies Marble Bread Slice/Marg Butterscotch Pudding	BBQ Meatballs Macaroni & Cheese Mixed Vegetables 100% Wheat Bread/Marg Fruit Cocktail	Grilled Chicken Sandwic BBQ Baked Beans Sliced Peaches WG Hamburger Bun Potato Salad
	Sliced Pears 1% Milk	1% Milk	1% Milk	1% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
9/7/2020	9/8/2020 WG Beef & Bean Burrito	9/9/2020 Oven Fried Chicken Breast	9/10/2020	9/11/2020
			Hamburger Patty	WG Spaghetti & Meatball
Closed – No lunches	w/ Cheese Sauce	Mashed Potatoes & Gravy	Potato Medley	Italian Blend Veggies
	Chuckwagon Corn	Green Beans	Cabbage & Carrots	Cinnamon Applesauce
	Brown Rice Pilaf	WG Bread Slice/Marg	Lettuce & Tomato	Romaine Salad
LABOR	WG Breadstick/Marg	Plain Cake Square	Sugar Cookie	WG Breadstick/Marg
inning generation (elements	Fresh Orange 1% Milk	1% Milk	C WG Hamburger Bun 1% Milk	Dressing PC 1% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
9/14/2020	9/15/2020	9/16/2020	9/17/2020	9/18/2020
Sliced Roast Beef &	All Beef Jumbo Frank	Pork Fritter & Gravy	Cheesy Broccoli Chicken	Cod Loin in Manhattan
Gravy	Seasoned Potato Wedges	1/2 Baked Potato	Breast	Red Sauce
Garlic Parm Mash Potatoes	Diced Carrots	Green Peas	Brown Rice Pilaf	Garlic Roasted Baby Red
Diced Beets	WG Hot Dog Bun	WG Dinner Roll/Marg	Honey Roasted Baby	Brussels Sprouts
WG Breadstick/Marg	Strawberry Applesauce	Tropical Fruit Mix	Carrots	Rye Bread/Marg
Chocolate Chip Cookie	1% or Skim Milk	Sour Cream PC	WG Dinner Roll/Marg	Frosted Brownie
1% Milk		1% Milk	Vanilla Pudding 1% Milk	1% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
9/21/2020	9/22/2020	9/23/2020	9/24/2020	9/25/2020
BBQ Pork Sandwich	Chicken Marsala	Taco Meat	10 Grain Fish	Swiss Steak in Gravy
Scalloped Potatoes	Potato Medley	Seasoned Potato Wedges	Twiced Baked Mashed Pot.	Cheesy Hashbrowns
Broccoli	Zucchini & Tomatoes	Broccoli	Green Beans	Peas
WG Hamburger Bun	Honey Wheat Bread/Marg	Cheese,Tomato,Lettuce	WG Dinner Roll/Marg	WG Bread Slice/Marg
Diced Pears	Pineapple Tidbits	8" Flour Tortilla	Apricot Halves	Cherry Vanilla Yogurt
1% Milk	1% Milk	Plain Cake Square 1% Milk	Tartar Sauce PC 1% Milk	1% Milk
Monday	Tuesday	Wednesday		
9/28/2020	9/29/2020	9/30/2020		
Diced Turkey & Gravy	Meatloaf with Tomato	Cheeseburger Macaroni		
Mashed Potatoes	Gravy	with WG Elbow Noodles	Therefore	
Mixed Vegetables	1/2 Baked Potato	Broccoli	Thank you for	supporting
Vienna Bread/Marg	Corn	Mediterranean Veggies	the contar by	narticinating
Cinnamon Apple Slices	100% Wheat Bread/Marg	WG Breadstick/Marg	the center by	participating
1% Milk	Strawberry Delight	Fruit Cocktail	in our lunch	program!!
	Sour Cream PC	1% Milk		L. 0
	1% Milk			

Just for fun !

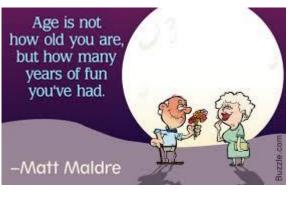
A big time celebrity was doing a benefit at a senior citizens home. He went up to one of the elderly ladies, sat down and said do you know who I am? She said, "No, but if you went to the front desk. They'll tell you" By ..Norm Crosby















"The trouble with today's generation is that they can't stand on their own two feet."



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to ONLY \$2.00 a month!

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2021.