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Bellevue Senior Community Center Menu

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
,	3	4	5	6
Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors	HOT MEAL: Salisbury Steak & Mushroom Gravy, Potato Medley, Carrot Coins, Dinner Roll <u>DELI:</u> Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato, Potato Salad <u>DESSERT:</u> Fresh Orange	HOT MEAL: Chicken Piccata, Brown Rice Pilaf, Winter Blend, Marble Bread Slice <u>DELI:</u> Roast Beef Chef Salad, Diced Egg, American & Grape Tomatoes over Romaine Blend Salad, Fruit Punch, Crackers <u>DESSERT:</u> Butterscotch Pudding	HOT MEAL: BBQ Meatballs, Macaroni & Cheese, Mixed Vegetable, Wheat Bread <u>DELI:</u> Ham & American Cheese on Bread w/ Lettuce & Tomato, Carrot Raisin Salad <u>DESSERT:</u> Fruit Cocktail	HOT MEAL: Grilled Chicken Sandwich on Hamburger Bun w/ Leaf Lettuce, Pickles & Sliced Tomatoes, BBQ Baked Beans, Potato Salad DELI: Classic Chef Salad, Ham, Turkey, Diced Egg, American & Grape Tomatoes, Fruit Punch, Breadstick DESSERT: Sliced Peaches
9 <u>HOT MEAL</u> : Chicken Fried Rice, Oriental Blend Vegetables, Eggroll, Fortune Cookie, Cinnamon Raisin Bread <u>DELI</u> : Ham Chef Salad, Diced Ham, Diced Egg, American & Grape Tomatoes over Romaine Blend Salad, Fruit Punch, Crackers DESSERT: Fresh Orange	10 <u>HOT MEAL</u> : Beef and Bean Burrito, Chef Mike's Cheese Sauce. Chuck Wagon Corn, Mexican Bean Salad. WG Tortilla Chips <u>DELI</u> : Creamy Cheese Tortellini over Romaine Blend Salad. Grape Tomatoes & Black Olives, Housemade Croutons <u>DESSERT</u> : Sliced Pears	11 <u>HOT MEAL</u> : Oven Fried Chicken Breast, Mashed Potatoes & Gravy, Green Beans, Dinner Roll <u>DELI</u> : Ham & Swiss on Vienna Bread w/ Lettuce & Tomato, Pea Salad <u>DESSERT</u> : Birthday Cake	12 <u>HOT MEAL</u> : Classic Cheeseburger on Hamburger Bun w/ Leaf Lettuce, Pickles, Sliced Tomatoes & Onion, Coleslaw <u>DELI</u> : Classic Chef Salad, Ham, Turkey, Diced Egg, American & Grape Tomatoes, Apple Juice, Breadstick <u>DESSERT</u> : Sugar Cookie	13 <u>HOT MEAL</u> : Spaghetti & Meatballs, Romaine Blend Salad, Italian Blend Vegetables, Breadstick <u>DELI</u> : Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato, Broccoli Salad <u>DESSERT</u> : Cinnamon Applesauce
16 <u>HOT MEAL</u> : Sliced Roast Beef & Gravy, Garlic Parmesan Mashed Potatoes, Diced Beets, Heavy Hearth Roll <u>DELI</u> : Tuna Salad on Bread w/ Lettuce & Tomato, Marinated Vegetable Salad <u>DESSERT</u> : Chocolate Chip Cookie	17 <u>HOT MEAL</u> : All Beef Chicago Dog Jumbo Frank, Sliced Tomato, Pickle Spear, Diced Onion on a Hotdog Bun, Tater Tots <u>DELI</u> : Deli chicken & Cheddar on Vienna Bread w/ Lettuce & Tomato, Pea Salad <u>DESSERT</u> : Strawberry Applesauce	18 <u>HOT MEAL</u> : Pork Fritter with Gravy, Baked Potato/Sour Cream, Green Peas, Dinner Roll <u>DELI</u> : Roast Beef Chef Salad, Diced Egg, American & Grape Tomatoes over Romaine Blend Salad, Grape Juice, Crackers <u>DESSERT</u> : Vanilla Pudding	19 <u>HOT MEAL</u> : Cheesy Broccoli Chicken Breast, Brown Rice Pilaf, Honey Roasted Baby Carrots, Dinner Roll <u>DELI</u> : Italian Sandwich, Turkey, Ham, Pepperoni, Swiss American Cheese, Red Onions, Pepperoncinis on Vienna Bread, Sweet Potato Salad <u>DESSERT</u> : Tropical Fruit Mix	20 <u>HOT MEAL</u> : Cod Loin in Manhattan Red Sauce, Garlic Roasted Baby Reds, Brussels Sprouts, Rye Bread <u>DELI</u> : Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato, Three Bean Salad DESSERT: Frosted Brownie
23 <u>HOT MEAL</u> : BBQ Pork Sandwich on Kaiser Bun, Scalloped Potatoes, Broccoli Salad <u>DELI</u> : Chicken Caesar Salad w/ Caesar Dressing & House Made Croutons over Romaine Blend Salad, Grape Juice <u>DESSERT</u> : Diced Pears	24 <u>HOT MEAL</u> : Chicken Marsala, Potato Medley, Zucchini & Tomatoes, Honey Wheat Bread <u>DELI</u> : Philly Cheesesteak Salad, Roast Beef, Peppers, Onions, Shred Cheese over Romaine Blend Salad, Grape Juice, Crackers <u>DESSERT</u> : Pineapple Tidbits	25 <u>HOT MEAL</u> : Soft Shell Beef Taco, Taco Meat, Shred Lettuce, Diced Tomato, Shred Cheese, Seasoned Potato Rounds, Tortilla Shell, Sour Cream/Taco Sauce <u>DELI</u> : BLT Supreme Salad, Diced Turkey, Chopped Bacon, Diced Tomato & Shred Cheese over Romaine Blend, Crackers, Vegetable Juice <u>DESSERT</u> : Strawberry Shortcake	26 <u>HOT MEAL</u> : 10 Grain Fish, Tartar Sauce, Corn O'Brien, Green Beans, Dinner Roll <u>DELI</u> : Chicken Salad on Croissant w/ Lettuce & Tomato, Sweet Potato Salad <u>DESSERT</u> : Plum Halves	27 HOT MEAL: Mini Turkey Corn Dogs, Cheesy Hashbrowns, Peas, Bread DELI: Black and Bleu Salad, Roast Beef, Blue Cheese, Caramelized Red Onion, Romaine Lettuce Blend, Crackers & Apple Juice DESSERT: Cherry Vanilla Yogurt
30 HOT MEAL: Diced Turkey & Gravy over Mashed Potatoes, Corn, Sourdough Dinner Roll DELI: Ham Salad on Marble Bread w/ Lettuce & Tomato, Cowboy Caviar DESSERT: Cinnamon Apple Slices	SEPTE	MBER	GO BI	G RED"