

Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30- Singers 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:15 Tai Chi 1:00 Bingo 1:00 Poker 1:00 Mahjong	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting / Drawing 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts 1:00 Parkinson's Class

Special Activities for October

Monday	Tuesday	Wednesday	Thursday	Friday
1 12:00 Bridge Group No Exercise Class Today	2 9:30 – Trip to Cloisters on the Platte – Round 2 	3 10:00 - 1:00 Flu Shots 11:15 – Health Presentation	4 10:00 - 1:00 Flu Shots	5 Football Friday
8 Center Closed 	9	10	11 10:00 – 12:00 Methodist Students 10:30 Bingo Bucks	12 Football Friday 10:00 Book Club FUNDRAISER DINNER 
15 7:00 Alzheimers' Support Group	16	17 8:30 – Trip to Winna Vegas- Sloan IA 	18 10:30- Senior Advisory Forum 12:30 –Senior Care Clinic	19 Football Friday 10:00 Oktoberfest 
22	23	24 9:00 – French Toast Breakfast 	25 10:00 - Pokeno	26 Football Friday
29	30	31 10:00 Halloween Costume Party 	Drawing will be held on the 31 st at lunch time 	