













Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 .25 BINGO Football Fridays!

Activities for the Month of OCTOBER

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
Mummy Mondays! Wear spooky shirts every Mon.	1	2	3	4 1:00 Art Class Football Friday! The fundraiser is this Sunday !
7 	8 10:00 -11:00 Flu Shot 	9	10 10:30 – Bingo Bucks 11:30 – Speaker on Medicare changes	11 10:00 Book Club 1:00 Art Class Football Friday 
14 	15	16 1:00 Singo Bingo 	17 Appointment Only !!! 402-444-6617  10:30 – Senior Advisory	18 1:00 Art Class 19 Football Friday 
21 7:00 Alzheimer's Support Group 	22 9:00 Breakfast Pizza 	23	24	25 1:00 Art Class Football Friday 
28 	29	30	31 10:30 Party 	BUY YOUR TICKETS THIS MONTH !! 