



Golden opportunities await a new day!

BELLEVUE SENIOR

Community Center

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm



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Hello People!

We are very thankful to have the support of our seniors, our community, our sponsors, our board members and ENOA for this year's fundraiser. Every year we raise the bar for our goal so we can continue to have activities, events, entertainment, snacks and all the goodies you love.

We have a wonderful group of seniors who volunteer many hours getting gift cards from businesses, wrapping and labeling baskets, and working at the event. Many of groups have put together baskets to be raffled off. The fundraiser is successful because of the hard work and dedication of so many !

Thank you so much!
Kathy and Dawn

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant
Manager

**THE CENTER IS CLOSED MONDAY OCT. 20TH
WE ARE ATTENDING AN ENOA RETREAT!**



MARK YOUR CALENDAR!

Medicare Open Enrollment Event. Volunteers Assisting Seniors will be here on Tues. November 18th. Call 402-444-6717 to make your appointment, no walk-ins.



BOO Bingo It's a few tricks and lots of treats! You'll want to carve out some time for this fang-tastic afternoon. The early witch gets the broom – and best parking. Sign up for lunch at noon and stay for bingo at **1:00 pm on Monday, Oct. 13th**

Flip Flip Hooray! It's Pancake Day! No matter how we stack them, you're gonna love them! Fluffy and hot, drizzled with butter and syrup, Yum! Your tummy will thank you for signing up by Oct. 21st. We will serve breakfast at **9:00 am on Thursday, Oct. 23rd**.



Safe Banking for Seniors! More scary than Halloween, scammers are out there trying to gain your trust and steal your money. Amanda with Interstate Banking will present at **11:00 on Wed. October 22nd**

Chair Volleyball with LaVista Senior Center! They will be back on **Monday, Oct. 6th at 1:00 pm!** Come join the fun or even just come to watch and cheer both teams on!



It's a HOWL-o-ween Party! Ready for a SPOOK-tac-u-lar time? Join the fun and you can eat, drink and be SCARY. We know you'll have a GHOUL time. Wear a costume or Halloween shirt. BROOMSTICK parking only so come early and stay for lunch on **Friday, Oct. 31st at 10:30**. Billy Troy will be our entertainer! Reserve you spot by Oct. 28th.

IT'S FUNDRAISER TIME!

ICE CREAM SOCIAL
SUNDAY, OCTOBER 5th
1:00 pm to 4:00 pm

Only \$10.00



The countdown begins !!! Help us make this the BEST Fundraiser EVER!! How? **Asking a business to be a sponsor** is the easiest way to support the center. Sponsorships are \$150, \$250, \$500 or \$1000. Their company logo will be on our website, the November newsletter and on every table on a table tent for one year. Plus they earn free tickets to the event.

Donations of cash are always accepted and much appreciated 😊

New ideas, gift cards and other items for **gift baskets** are needed. If you have a group – such as card players, tai chi, book club, exercise etc ask them to contribute to a themed basket. Here is just a few ideas: Spa Day , Pet Care, Automotive, Game Night, Halloween, Christmas, Wine etc. Please bring them in as soon as possible.

Most importantly come to the event. Bring you family, friends, neighbors and show off the center. Let them see where you come every week. For \$10 you can have ice cream, cookies, a slice of pie, and drinks. The tickets for the baskets are \$1.00 each or 6 for \$5.00. Stop in now - our baskets are on display, and you can buy your tickets!!!





October Birthdays



- 1- Rosemary Stiverson
- 2- Steve Janousek
- 3- Georgia Cook & Barb Bair
- 4- Mary Ann Hagen & Thane Baker
- 5- Maggi Hall
- 6- Alice Ferris & Geri Coufal
- 6- Bonnie Oddo
- 7- Ralph Haden
- 8- Donna Renner
- 9- Jim Nabors
- 10 – Jane Dreyfus & Ron Stiverson
- 10- Irene Simpson
- 11- Jim Reardon & Teresa Jones
- 13- Peggy Brown
- 14- Jan Austin & Rita Gifford
- 15- Wayne Lainof
- 16- Harold Holoun
- 18- Pat Dolezal
- 19- Linda Marco
- 20- Jerry Woods & Carolyn Conrath
- 22- Susan Keller
- 23 – Hugo Curitti & Jan Bazar
- 29 – Rayi Romero
- 31- Kathie Bickerstaff



Make a Gnome for your Home! Make this a-DOOR-able hanger to greet your company! Call ahead so we have enough supplies. Class is on **Tuesday, Oct. 14th from 9:30 – 11:00am.** Cost will be under \$5.00



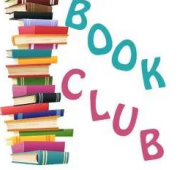
Reminder: If you are planning on lunch, please call us at 402-293-3041 by noon on the business day before. Lunches are a suggested contribution of \$5.00

Elaine Hoemann was our August winner! She won \$232.00 so the center took in \$232.00! Thank you so much!



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes Nursing Students Tues. Mornings	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 .25 BINGO Nursing Students Friday Mornings

Activities for the Month of October

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
It's the last week before the fundraiser! Buy your tickets!		1 Did you buy basket tickets yet??	2	3 
6 1:00 Chair V-Ball 	7 	8 October Birthdays- Cake served w/Lunch 	9 9:30 Bingo 	10 10:00 am 
13 BOO! BINGO 	14 9:30- 11:00 	15	16 10:30 Senior Advisory 	17 
20 7:00 pm Alzheimer's meeting CLOSED !!!	21	22 11:00 Safe Banking 	23  10:30 Hillcrest Bingo	24
27	28 	29	30	31 10:30 Party 

OCTOBER HOT MENU

		Wednesday 10/1/2025	Thursday 10/2/2025	Friday 10/3/2025
		All Beef Chili Dog with Shredded Cheese on WG Hot Dog Bun	Sweet & Sour Chicken Breast Broccoli	WG Spaghetti & Meat Sauce
		Diced Potatoes	Brown Rice Pilaf	Mixed Greens Side Salad
		Corn	Cinnamon Raisin Bread/Marg	Dressing PC
		Sliced Peaches & Strawberries 1% or Skim Milk	Fresh Orange Fortune Cookie 1% or Skim Milk	Zucchini & Tomatoes WG Breadstick/Marg Honey Glazed Pineapple 1% or Skim Milk
Monday 10/6/2025	Tuesday 10/7/2025	Wednesday 10/8/2025	Thursday 10/9/2025	Friday 10/10/2025
Chicken Breast w/ Cordon Bleu Sauce	BBQ Meatballs	Sliced Roast Beef & Gravy	Potato Crunch Fish Filet	World Egg Day
Whipped Potatoes	Potato Medley	Mashed Potatoes	Garlic & Butter Diced Reds	Western Omelet in
Diced Beets	California Blend Vegetables	Honey Glazed Carrots	Country Blend Vegetables	Cheese Sauce
WG Dinner Roll/Marg	WG Petite Roll/Marg	WG Dinner Roll/Marg	Marble Rye Bread/Marg	Potatoes O'Brien
Diced Peaches	Fudge Round	Decorated Birthday Cake	Fruit Mix	Blueberry Muffin
1% or Skim Milk	or Diet Cookies	or Plain Cake Square	Tartar Sauce PC	Cinnamon Applesauce
	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
Monday 10/13/2025	Tuesday 10/14/2025	Wednesday 10/15/2025	Thursday 10/16/2025	Friday 10/17/2025
Oven Fried Chicken Breast with Country Gravy	Cheese Ravioli in Creamy Pesto Sauce	National Mushroom Day	Meatloaf with Brown Gravy	National Pasta Day
Mashed Potatoes	Stewed Tomatoes	Chicken Marsala	Whipped Potatoes	Beefy Mac Casserole
Diced Carrots	Mixed Greens Salad/Dress	Scalloped Potatoes	Mixed Vegetables	w/ WG Pasta
WG Dinner Roll/Marg	Vienna Bread Slice/Marg	Brussels Sprouts	Honey Wheat Bread/Marg	Corn
Fresh Apple	Cinnamon Pears	100% Whole Wheat Bread/Marg	Tropical Fruit Mix	Diced Carrots
1% or Skim Milk	1% or Skim Milk	Chocolate Chip Cookie	1% or Skim Milk	WG Breadstick/Marg
		or Diet Cookies		Fruit Mix
		1% or Skim Milk		1% or Skim Milk
Monday 10/20/2025	Tuesday 10/21/2025	Wednesday 10/22/2025	Thursday 10/23/2025	Friday 10/24/2025
THE CENTER IS CLOSED	Swedish Meatballs	BBQ Chicken Breast	10 Grain Fish Filet	Salisbury Steak
	Diced Baby Red Potatoes	on WG Hamburger Bun	Diced Sweet Potatoes	with Brown Gravy
WE WILL BE ATTENDING	Stewed Tomatoes	BBQ Baked Beans	Chuckwagon Corn	Ranch Whipped Potatoes
	WG Dinner Roll/Marg	Cauliflower	WG Dinner Roll/Marg	Green Beans
AN ENOA RETREAT	Sliced Peaches	Rice Krispy Treat	Choc. Chocolate Chip Muffin	WG Dinner Roll/Marg
	1% or Skim Milk	or Diet Cookies	Tartar Sauce PC	Applesauce
		1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
Monday 10/27/2025	Tuesday 10/28/2025	Wednesday 10/29/2025	Thursday 10/30/2025	Friday 10/31/2025
Sliced Turkey with Gravy	National Chocolate Day	Pot Roast	Cheeseburger on	Chicken Breast with
Mashed Potatoes	Pulled Pork Taco	with Brown Gravy	WG Hamburger Bun	Creamy Bacon Ranch Sauce
Cornbread Stuffing	Shred Cheese, Shred Lett.	Diced Baby Red Potatoes	American Cheese Slice	Diced Sweet Potatoes
WG Petite Roll/Marg	Diced Tomato & Onion	Honey Roasted Baby Carrots	w/ Lettuce, Tomato, Onion	Green Beans
Oatmeal Cream Pie	Fiesta Bean Trio	WG Dinner Roll/Marg	& Sliced Pickles	WG Breadstick/Marg
or Diet Cookies	8" Flour Tortilla Shell	Fruit Cocktail	Steakhouse Potato Salad	Pumpkin Cheesecake Fluff
1% or Skim Milk	Choc. or Diet Pudding	1% or Skim Milk	Strawberries & Mandarins	or Diet Pudding
	1% or Skim Milk		1% or Skim Milk	1% or Skim Milk

**** These meals may contain the following allergens: Peanuts, Tree Nuts, Seafood, Shellfish, Soy, Eggs, Milk, Wheat, and Sesame Seeds****

OCTOBER DELI MENU

October Trivia Question: What is the meaning behind “trick-or-treat”?

The custom of trick-or-treating has its roots in the medieval practice of “souling,” where children and the poor would go door-to-door offering prayers for the dead in exchange for food. Over time, this evolved into the modern-day practice of children dressing up in costumes and asking for candy.

October Trivia Question: What is the meaning behind “trick-or-treat”? The custom of trick-or-treating has its roots in the medieval practice of “souling,” where children and the poor would go door-to-door offering prayers for the dead in exchange for food. Over time, this evolved into the modern-day practice of children dressing up in costumes and asking for candy.		Wednesday 10/1/2025	Thursday 10/2/2025	Friday 10/3/2025
		Classic Chef Salad Ham, Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Sliced Peaches & Strawberries 1% or Skim Milk	Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Fresh Orange 1% or Skim Milk	Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Fresh Orange 1% or Skim Milk
				
Monday 10/6/2025	Tuesday 10/7/2025	Wednesday 10/8/2025	Thursday 10/9/2025	Friday 10/10/2025
Egg Salad on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Diced Peaches 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice WG Breadstick Fudge Round or Diet Cookie 1% or Skim Milk	Italian Herb Chicken Salad on Croissant w/ Lettuce & Tomato Broccoli Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Three Meat Hoagie w/ Ham, Pepperoni & Roast Beef on WG Hoagie Bun w/ Lettuce & Tomato Potato Salad Fruit Mix 1% or Skim Milk	Sliced Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Cowboy Caviar Cinnamon Applesauce 1% or Skim Milk
				
Monday 10/13/2025	Tuesday 10/14/2025	Wednesday 10/15/2025	Thursday 10/16/2025	Friday 10/17/2025
Oven Fried Chicken Breast with Country Gravy Mashed Potatoes Diced Carrots WG Dinner Roll/Marg Fresh Apple 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing Parm. Cheese & Croutons over Mixed Greens Salad Crackers(2pk) 100% Orange Juice Cinnamon Pears 1% or Skim Milk	Ham & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Tropical Fruit Mix 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks)/Vegetable Juice Fruit Mix 1% or Skim Milk
Monday 10/20/2025	Tuesday 10/21/2025	Wednesday 10/22/2025	Thursday 10/23/2025	Friday 10/24/2025
THE CENTER IS CLOSED WE WILL BE ATTENDING AN ENOA RETREAT	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Potato Salad Sliced Peaches 1% or Skim Milk	Ham Chef Salad Ham & Swiss Cheese Egg & Grape Tomatoes over Mixed Greens Salad 100% Orange Juice Crackers(2pks) Rice Krispy or Diet Cookie 1% or Skim Milk	Cobb Salad with Bacon, Ham, Diced Egg, Chicken, & Bleu Cheese Crumbles over Mixed Greens Salad 100% Apple Juice Crackers(2pkg) Cinnamon Pears 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad Crackers(2pk) 100% Grape Juice Applesauce 1% or Skim Milk
Monday 10/27/2025	Tuesday 10/28/2025	Wednesday 10/29/2025	Thursday 10/30/2025	Friday 10/31/2025
Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Coleslaw Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	National Chocolate Day Roast Beef & Cheddar on Kaiser Bun w/ Lettuce & Tomato Potato Salad Chocolate Pudding or Diet Pudding 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar Fruit Cocktail 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Strawberries & Mandarins 1% or Skim Milk	Chicken Breast with Creamy Bacon Ranch Sauce Diced Sweet Potatoes Green Beans WG Breadstick/Marg Pumpkin Cheesecake Fluff or Diet Pudding 1% or Skim Milk
				
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Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2026