



# BELLEVUE SENIOR Community Center



*Golden opportunities await a  
new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm

## BOARD OF DIRECTORS

Lauren Kesteloot  
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Vice President

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Paula Deitering  
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Voting Member

Jamie Moore  
Voting Member

Hello People!

It's the final count down to our biggest fundraiser of the year! It takes lots of planning and preparation to make it a success and we are depending on you to help make it the best ever!

Our center is very unique. We have so many helpful hands, generous seniors and local businesses that support us. We have a board of directors to oversee the finances of the center, ENOA to support our meal program and staff, and the city of Bellevue to maintain our building.

Let's work hard the next couple of weeks to put the fun in fundraiser and then sit back and celebrate our success!

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## CENTER STAFF

Kathy Van Den Top,  
ENOA, Manager

Dawn Jaixen  
ENOA, Assistant  
Manager

Cheers!

Kathy and Dawn



## **Fundraiser Update !!**



Our fundraiser is right around the corner!  
**Let's reach our goal of \$17,000!**



**What can you do to help in the final weeks?** Well here's the scoop:

Sell tickets to your family, friends and neighbors in advance. Check out all our beautiful baskets and buy your raffle tickets early. You can start putting your tickets in the basket bins now. We have some amazing baskets that you would love to win! Of course, we will be selling our cal-cutta tickets too. The lucky winner will split the pot with the senior center. And did we mention there will be ICE CREAM ?? This year will be an ice cream social event and we are hosting it here so you can show your family and friends all we have to offer.

**Did you know..... All proceeds from the Fundraiser stay at the center!** The money raised will go towards our monthly parties for food and entertainment. If you have lunch with us, you'll notice the little extras such as adding butter, garlic or olive oil to spruce up the meals. When there is whip cream, cherries and sprinkles added to a dessert, that too is from funds raised. Our coffee machine, coffee and popcorn is all purchased by us, through your support.

**We also take donations of cash.** We can even give you a receipt for your income taxes if you like. Just like all other non-profit organizations, COVID still has an affect on our center. Supplies are in demand and costs have gone up. We still want to be able to provide the same quality of food, entertainment and activities for you to enjoy. We hope that you consider contributing to YOUR center.

**A BIG THANK YOU!** We'd like to thank our volunteers who have worked so hard getting ready for the fundraiser. Priscilla, Jean C., Sue C., and Rilla for making the beautiful baskets, our board members who worked on getting sponsorships, our front desk receptionists who sold tickets / basket raffles tickets and to those who dropped off cash donations.



# What's happening at the Center

## Vampires aren't the only one interested in your blood!

The nursing students will be here **Wednesday, Oct. 5<sup>th</sup> from 11:30 – 2:00** to visit and do blood pressure checks. Stop by and see them! They enjoy visiting with you.



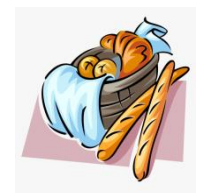
**Flapjacks, Pancakes or Hotcakes** — Whatever you call them, we got them! Light and fluffy, stacked high with butter and syrup ..... yummy ! It's worth waking up early for. Start your day off right by joining us for breakfast on **Thursday, October 20<sup>th</sup> at 9:00 am**. Our monthly senior advisory meeting will follow at 10:30 so plan to attend. You will need to reserve your breakfast by Tuesday, October 18<sup>th</sup>.

**Eat, Drink and Be Scary!** There is something **BREWING** at the center.... A **SPOOK-tacular Halloween Costume Party !!** So join us if you **DARE** for a real **GHOUL** time. You'll be **GOBLIN** up treats that you can really sink your **FANGS** into. Come sit for a **SPELL** and have a **Fab-BOO-lous** time. Joyce Torchia returns to entertain at **10:30 am on Monday, October 31<sup>st</sup>**. It is **GRAVELY** important to reserve a spot at the party and lunch by 11:00 am on Thursday Oct. 27<sup>th</sup>.



**Road Trip Time!** Enjoy the tranquil beauty of the gardens along the Platte River and take in the amazing Stations of Cross statues. We will start taking reservations for the *first 14 who sign up after October 3<sup>rd</sup>*. The cost is \$15 for admissions and gas. We will leave the center at **9:30 am on Wednesday, October 26<sup>th</sup>**. The outside path is approximately 1 mile long. Please dress accordingly. You will stop for lunch afterwards which is not included in the price.

**Panera Bread is Back !** We will have our bread and bagel donations back on every Friday morning. Stop in and take some home.



**BOO BINGO!** Witches, Ghosts, Goblins, Pumpkins.....Who knows what you will find on your Bingo Card! Sign up by Monday the 17<sup>th</sup> to play **Boo Bingo** and stay for lunch on **Tuesday October the 18<sup>th</sup> at 11:00 am**.

# OCTOBER BIRTHDAYS














- 2- Steve Janousek
- 3- Georgia Cook & Bar Bair
- 4- Mary Ann Hagen & Thane Baker
- 4-Jonathon Jones & Kathy Kibbler
- 5- Maggi Hall
- 6- Dean Paulsen & Bonnie Oddo
- 9- Jim Nabors
- 10- Jane Dreyfus & Irene Simpson
- 11- Jim Reardon & Teresa Jones
- 14- Jan Austin & Rita Gifford
- 15- Wayne Lainof
- 16- Harold Holoun
- 18- Maureen Elahanty and Bonnie Kral
- 18- Pat Dolezal & Maureen Delahanty
- 10- Linda Marco
- 20 – Jerry Woods & Carolyn Conrath
- 20- Dorothy Rasmussen
- 23 – Hugo Curitti & Jan Bazar
- 28- Rich Kral
- 31 – Kathie Bickerstaff





Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – Billiards 8:30 Chair Volleyball 9:00 Needle Crafters 9:30- 3:00 –Ceramics 10:15 – Tai Chi 12:45 – Hand & Foot 12:30- Poker 1:00–Bingo & Mahjong	8:00 – Billiards 9:30- Painting 10:00 - Exercise 12:15 -Bridge Groups 12:45- Dominoes 1:00- Arts and Crafts	8:00 – Billiards 8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:45 – Hand & Foot 1:00 – Bingo	8:00 - Billiards 8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 - Dominoes 1:00 Euchre	8:00 – Billiards 8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 - Exercise 12:30 – Skip Bo 1:00 – Bingo 1:00- Pitch (new) 1:00 Arts and Crafts

## Activities for the Month of **OCTOBER**

Monday	Tuesday	Wednesday	Thursday	Friday
3  Did you buy your basket tickets?	4 National Cinnamon Roll Day  	5 11:30 -2:00 Nursing Students  	6  Hurry in for last minute tickets!!	7 team shirt spirit  <b>CENTER CLOSING AT 2:00 TO PREPARE FOR FUNDRAISER</b>
10	11	12 October Birthday cake with Lunch  	13 10:30 Bingo Bucks  National M&M Day 	14 10:00 Book Club  
17 7:00 pm Alzheimer's Support Meeting	18 11:00 BOO BINGO  	19	20  10:30 Senior Advisory Meeting	21 National Wear Pink Day  
24 Bring a friend to Lunch  	25	26 Cloisters on the Platte  	27 10:30 Bingo Bucks  	28 Team Shirt Spirit  
31  				

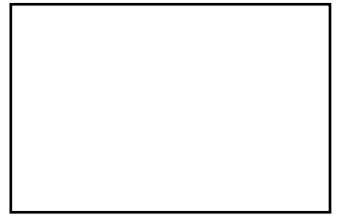
# OCTOBER HOT MENU

Monday 10/3/2022	Tuesday 10/4/2022	Wednesday 10/5/2022	Thursday 10/6/2022	Friday 10/7/2022
Potato Crunch Fish Filet* Baked Sweet Potato Zucchini & Tomatoes* WG Dinner Roll/Marg Tropical Fruit Mix	BBQ Meatballs Potato Medley Mixed Vegetables* WG Petite Roll/Marg Fresh Orange	Breakfast for Lunch! Western Omelet* w/ Cheese Sauce Cinnamon Roll Breakfast Potatoes Fresh Banana 100% Orange Juice Cup	Sweet & Sour Chicken Breast Rice Pilaf Cauliflower* Fortune Cookie Cinnamon Raisin Brea's/Marg Tapioca Pudding	All Beef Chili Dog w/ Cheese on WG Hot Dog Bun Seasoned Potato Wedges* Corn* Pineapple & Strawberries
Monday 10/10/2022	Tuesday 10/11/2022	Wednesday 10/12/2022	Thursday 10/13/2022	Friday 10/14/2022
Chicken Cordon Bleu w/ Swiss Mornay Sauce Whipped Potatoes Green Beans* Hearth Roll/Margarine Peaches	Oven Roasted Pork Chop w/ Pork Gravy Baked Sweet Potato Brussels Sprouts* 100%Whole Wheat Bread/Marg Peanut Butter Cookie	Sliced Roast Beef & Gravy Mashed Potatoes Honey Glazed Carrots Rye Bread/Marg Decorated Birthday Cake	Seafood Chowder Garlic & Butter Diced Reds Winter Blend Veggies* Wheatberry Roll/Marg Fruit Mix	Hamburger Patty with Garlic Mushroom Gravy Scalloped Potatoes Peas & Pearl Onions* Sourdough Roll/Marg Mandarin Oranges
Monday 10/17/2022	Tuesday 10/18/2022	Wednesday 10/19/2022	Thursday 10/20/2022	Friday 10/21/2022
Orange Chicken Stir Fry with WG Spaghetti Pasta Peas & Carrots Broccoli* Fortune Cookie Strawberry Yogurt Cup	Beef Ravioli in Marinara Sauce Mixed Greens Salad/Dress Italian Blend Vegetables* WG Breadstick/Marg Cinnamon Applesauce	10-Grain Fish Filet* Cheesy Whipped Potatoes Green Beans* WG Dinner Roll/Marg Fruited Gelatin or Fruited Diet Gelatin Tartar Sauce PC	Taco Joe* Sandwich with Shredded Lettuce & Shredded Cheese on a WG Hamburger Bun Seasoned Potato Wedges* Chuckwagon Corn* Sliced Apricots	Chicken Breast & Chicken Gravy Whipped Potatoes California Blend Veggies* Honey Wheat Bread/Marg Chocolate Brownie
Monday 10/24/2022	Tuesday 10/25/2022	Wednesday 10/26/2022	Thursday 10/27/2022	Friday 10/28/2022
Chicken Fried Steak* & Gravy Garlic Mashed Potatoes Country Blend Vegetables* Vienna Bread Slice/Marg Fresh Orange	Swedish Meatballs Baked Potato/Sour Cream Stewed Tomatoes WG Dinner Roll/Marg Pear Slices	BBQ Chicken Breast on WG Hamburger Bun BBQ Baked Beans Broccoli Fudge Round	Italian Goulash with WG Elbow Noodles Italian Blend Vegetables* Mixed Greens Salad/Dress Vienna Bread Slice/Marg Diced Peaches	Salisbury Steak with Brown Gravy Loaded Mashed Potatoes Green Beans* WG Dinner Roll/Marg Applesauce
Monday 10/31/2022				
BBQ Meatballs Potato Medley Mixed Vegetables* WG Dinner Roll/Marg Pumpkin Fluff or Diet Cookies  <i>Happy Halloween</i>			All lunches are served with 1% or skim milk and a smile	Suggested contribution for lunch is \$4.25

# OCTOBER DELI MENU

Monday 10/3/2022	Tuesday 10/4/2022	Wednesday 10/5/2022	Thursday 10/6/2022	Friday 10/7/2022
<b>Roast Beef &amp; Swiss on Kaiser Bun w/ Lettuce &amp; Tomato Pea Salad Tropical Fruit Mix</b>  <b>Monday 10/10/2022</b>	<b>Creamy Cheese Tortellini over Mixed Greens Salad Grape Tomatoes &amp; Black Olives Croutons Fresh Orange</b>  <b>Tuesday 10/11/2022</b>	<b>Turkey &amp; Cheddar on Vienna Bread w/ Lettuce &amp; Tomato Three Bean Salad Fresh Banana</b>  <b>Wednesday 10/12/2022</b>	<b>Ham &amp; American Cheese on WG Bread w/ Lettuce &amp; Tomato Carrot Raisin Salad Tapioca Pudding</b>  <b>Thursday 10/13/2022</b>	<b>Classic Chef Salad Ham, Turkey, Diced Egg American &amp; Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Pineapple &amp; Strawberries</b>  <b>Friday 10/14/2022</b>
<b>Roast Beef Chef Salad Roast Beef, Diced Egg American &amp; Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch WG Breadstick Peaches</b>  <b>Monday 10/17/2022</b>	<b>Classic Chef Salad Ham, Turkey, Diced Egg American &amp; Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch WG Breadstick Peanut Butter</b>  <b>Tuesday 10/18/2022</b>	<b>Italian Herb Chicken Salad on Croissant w/ Lettuce &amp; Tomato Broccoli Salad Decorated Birthday Cake or Plain Cake Square</b>  <b>Wednesday 10/19/2022</b>	<b>Three Meat Sandwich Turkey, Ham, Roast Beef &amp; American Cheese on Vienna Bread Herb Roasted Potato Salad Fruit Mix</b>  <b>Thursday 10/20/2022</b>	<b>Ham Salad on Rye Bread w/ Lettuce &amp; Tomato Cowboy Caviar Mandarin Oranges</b>  <b>Friday 10/21/2022</b>
<b>Italian Sandwich Turkey, Ham, Pepperoni Cheese, Peppers &amp; Red Onions on Vienna Bread Coleslaw Strawberry Yogurt Cup</b>  <b>Monday 10/24/2022</b>	<b>Chicken Caesar Salad w/ Caesar Dressing Parm. Cheese &amp; Croutons over Mixed Greens Salad Crackers(2pk) 100% Orange Juice Cinnamon Applesauce</b>  <b>Tuesday 10/25/2022</b>	<b>Roast Beef &amp; Cheddar on Vienna Bread w/ Lettuce &amp; Tomato Pea Salad Fruited Gelatin</b>  <b>Wednesday 10/26/2022</b>	<b>Classic Chef Salad Ham, Turkey, Diced Egg American &amp; Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Sliced Apricots</b>  <b>Thursday 10/27/2022</b>	<b>BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato &amp; Shred Cheese over Mixed Greens Salad Crackers(2pks) Vegetable Juice Choc. Brownie</b>  <b>Friday 10/28/2022</b>
<b>Chicken Pasta Salad Three Bean Salad Tomato Wedges WG Breadstick Fresh Orange</b>	<b>Sliced Turkey &amp; American Cheese on Hamburger Bun w/ Lettuce &amp; Tomato Potato Salad Pear Slices</b>	<b>Classic Chef Salad Ham &amp; Swiss Cheese Egg &amp; Grape Tomatoes over Mixed Greens Salad 100% Orange Juice Crackers(2pks)</b>	<b>Cobb Salad with Bacon Diced Egg, Chicken &amp; Ham with Bleu Cheese Crumbles over Mixed Greens Salad 100% Apple Juice Crackers(2pkg)</b>	<b>Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese &amp; Grape Tomatoes over Mixed Greens Salad Crackers(2pk) 100% Grape Juice</b>
<b>Monday 10/31/2022</b>				
<b>BBQ Meatballs Potato Medley Mixed Vegetables* WG Dinner Roll/Marg Pumpkin Fluff or Diet Cookies Happy Halloween</b>			<b>All lunches served with 1% or skim milk and a smile</b>	<b>Suggested Contribution of \$4.25 for lunches</b>

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2023.*