

Golden opportunities await a new day!

BELLEVUE SENIOR Community Center

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041 Mon. Tues. Wed. Fri. 8:00 am - 4:00pm



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Kathy Van Den Top, ENOA, Manager

Dawn Jaixen ENOA, Assistant Manager **Happy Fall Y'all!!!** The air is getting a little more crisp in the mornings but beautiful during the days. Time to take advantage of so many events during this time of the year.

We have lots of fun events going on at the Senior Center this month. Don't miss them!

Check out the **beautiful baskets** being displayed for our fundraiser. You can purchase raffle tickets from October 4th-October 21^{st.}

The **"Sip and See"** is scheduled for October 21st, 2:00 p.m.-6:00 p.m. for your family and friends who may not be able to make it sooner.

Hot breakfast will be October 27th, at 9:00 a.m.

We will be handing out **Halloween treats** to all of our seniors on Friday, October 29, from 12:30 p.m.-1:00 p.m.! Please call by Wednesday, October 27th, to reserve your treat bag. If you would like to wear a costume, please do so.

> Take Care! Kathy and Dawn



Supported by the Eastern Nebraska Office on Aging **ENOA** Partnerships with City of Bellevue and Bellevue Public Schools

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Look What's Happening at the Center

Sip and See! Are you ready to check out all the beautiful baskets for our fundraiser? Priscilla W., Jean C., Sue K. and Sue C. have been working very hard to make all the wonderful donations you brought us into beautifully decorated baskets for our raffle! You may purchase your tickets at the front desk for \$1.00 each or 6 for \$5.00. The baskets will be displayed from Oct. 4 – Oct 21. On Thursday, October 21st, we will be open until 6:00 pm to allow your friends and family to come purchase tickets that **night**. On Friday, October 22nd, we invite you to sign up for lunch and we will be pulling the winning raffle tickets right after lunch, approximately 12:45 pm.







We will also be having a 50/50 Calcutta on Thursday, October 21st. Tickets are \$1.00/each or six tickets for \$5.00. We will pull the winner by 5:45 p.m.





TRICK OR TREAT



That's right, we will be handing out Halloween treats to all of our seniors on **Friday, October 29 from 12:30 pm - 1:00 pm!**

Please call by Wednesday, October 27th to reserve your little treat bag from the center! We want you to have a Fab-BOO-lous day! So call ahead and then ride your broom over to get a snack you can really sink your FANGS in !

TUESDAY BRIDGE

<u>Is Back</u>

Tuesday afternoon at 12:15, Come Join The Fun !!

BRIDGE CLASS

Fridays at 11:00am, Come and learn the ins and outs of your favorite game. Stay for lunch and discuss what you have learned.

<u>Biscuits & Gravy</u>

<u>Hot Breakfast</u>

Wednesday, October 27th at 9:00am Please sign up by Monday, October 25th Cost is \$3.00, Hope to see you at the center !!



OCTOBER BIRTHD&YS

- 1. Rosemary Stiverson
- 2. Steve Janousek
- 3. Georgia Cook & Barb Bair
- 4. Mary Ann Hagen, Thane Baker, Jonathon Jones, & Joanne Mixan
- 5. Maggi Hall
- 6. Dean Paulsen & Anna Katherine Swanson
- 9. Jimmy Nabors
- 10. Jane Dreyfus & Irene Simpson
- 11. Susie Davern, James Reardon, Teresa Jones, & Carolyn Sikula
- 13. Kevin Crowe
- 14. Jan Austin
- 15. Wayne Lainof
- 16. Harold Holoun & John Dominski
- 18. Maureen Elahanty, Bonnie Kral, Pat Dolezal, & Sue Kangery
- 19. Linda Marco
- 20. Jerry Woods, Dorothy Rasmusen, & Carolyn Conrath
- 23. Hugo Curitti, Jr. & Janice Bazar
- 24. Sheila Orr
- 25. Richard Lloyd
- 26. Eleanor Sutej
- 27. Howard Mattix & Janet Crowe
- 28. Richard Kral & Kathy Siebenborn
- 31. Bonnie Younk & Kathie Bickerstaff



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Bellevue Senior Community Center Activities

October 2021

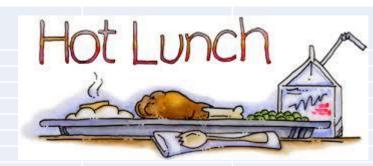
Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - Billiards	8:00 – Billiards	8:00 – Billiards	8:00 - Billiards	8:00 – Billiards
9:00 Needle Crafters	9:30- Painting	9:00 – 3:00 Painting	8:00 - Woodcarvers	9:30 – Painting &
9:30- 3:00 –Ceramics	12:15 -Bridge	Group	10:00 -Bridge Groups	Drawing
10:15 – Tai Chi	Groups	10:15 – Tai Chi	12:30 – Quilters	11:00–Bridge Class
	12:45- Dominoes	12:30 – Poker	12:45 - Dominoes	12:30 – Skip Bo
9 & 12:45–Hand &Foot	1:00- Arts and	9 & 12:45 – Hand &	1:00 – Euchre	1:00 – Bingo
12:30- Poker	Crafts	Foot		1:00 Arts and
1:00 -Bingo		1:00 – Bingo		Crafts
1:00 –Mahjong				

Activities for the Month of October

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Football Friday
4	5	6	7 9:00 Nursing Students Bingo Bucks	8 Football Friday 10:00–Book Club
11 We will be CLOSED Columbus Day	12	13	14 9:00 Nursing Students	15 Football Friday
18 7:00 p.m. Alzheimer's Support	19	20	21 9:00 Nursing Students 10:30 – Senior Advisory Committee Sip & See - 2:00-6:00	22 Football Friday Name Draw for Baskets – 12:30
25	26	27 Breakfast – 9:00	28 9:00 Nursing Students	29 Football Friday Trick or Treat Bags – 12:30-1:00
31				

October Hot Meal Options

Lunch is served at noon. Please call the 24 hours in advance to reserve your meal



10/1/2021

Chicken Cordon Bleu with Swiss Mornay Sauce Mashed Potatoes Broccoli* Wheatberry Roll/Marg Oatmeal Raisin Cookie

Monday	Tuesday	Wednesday	Thursday	Friday
10/4/2021	10/5/2021	10/6/2021	10/7/2021	10/8/2021
Baked Cod Loin in	BBQ Meatballs	Breakfast for Lunch!	Sweet & Sour Chicken Breast	All Beef Chili Dog w/ Cheese
Sweet Basil Sauce	Potato Medley	Cheese Omelet*	Oriental Blend Vegetables*	on WG Hot Dog Bun
Baked Sweet Potato	Mixed Vegetables*	w/ Cheese Sauce	Carrot Coins	Steak Fries*
Zucchini & Tomatoes*	WG Petite Roll/Marg	Cinnamon Roll	Fortune Cookie	Corn*
WG Dinner Roll/Marg	Fresh Orange	Breakfast Potatoes	Cinnamon Raisin Breas/Marg	Pineapple & Strawberries
Tropical Fruit Mix		Fresh Banana	Tapioca Pudding	
		100% Orange Juice Cup		
Monday	Tuesday	Wednesday	Thursday	Friday
10/11/2021	10/12/2021	10/13/2021	10/14/2021	10/15/2021
	Oven Roasted Pork Chop	Sliced Roast Beef & Gravy	Seafood Chowder	Hamburger Patty with
COLUMBUS	w/ Pork Gravy	Mashed Potatoes	Garlic & Butter Diced Reds	Garlic Mushroom Gravy
DAY	Baked Sweet Potato	Honey Glazed Carrots	Winter Blend Veggies*	Scalloped Potatoes
****	Brussels Sprouts*	Rye Bread/Marg	Marble Rye Bread/Marg	Peas & Pearl Onions*
•••••	WG Dinner Roll/Marg	Decorated Birthday Cake	Fruit Crisp	100% Whole Wheat Bread/Marg
Senior Center Closed	Peanut Butter Cookie			Mandarin Oranges
				0
Monday	Tuesday	Wednesday	Thursday	Friday
10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021
Orange Chicken Stir Fry	Beef Ravioli	10-Grain Fish Filet*	Taco Joe* Sandwich	Chicken Breast &
with WG Spaghetti Pasta	in Marinara Sauce	Au gratin Potatoes	with Shredded Lettuce &	Chicken Gravy
Peas & Carrots	Romaine Blend Salad/Dress	Green Beans*	Shredded Cheese	Whipped Potatoes
Broccoli*	Italian Blend Vegetables*	WG Dinner Roll/Marg	on a WG Hamburger Bun	California Blend Veggies*
Fortune Cookie	WG Breadstick/Marg	Fruited Gelatin	Potato Ole's*	Honey Wheat Bread/Marg
Strawberry Yogurt Cup	Cinnamon Applesauce	or Fruited Diet Gelatin	Chuckwagon Corn*	Frosted Brownie
		Tartar Sauce PC	Sliced Apricots	
.	-	M/ . J J .	T I I.	F ulders
Monday	Tuesday	Wednesday	Thursday	Friday
10/25/2021 Chicken Fried Steak* &	10/26/2021	10/27/2021	10/28/2021	10/29/2021
Gravy	Swedish Meatballs	BBQ Chicken Breast	Italian Goulash with	Salisbury Steak
Garlic Mashed Potatoes	Baked Potato/Sour Cream	on WG Hamburger Bun	WG Elbow Noodles	with Brown Gravy
Country Blend Vegetables*	Stewed Tomatoes	BBQ Baked Beans	Italian Blend Vegetables*	Loaded Mashed Potatoes
Vienna Bread Slice/Marg	WG Dinner Roll/Marg	Diced Carrots*	Romaine Blend Salad/Dress	Green Bean*s
Mandarin Oranges	Pear Slices	Applesauce	Vienna Bread Slice/Marg	WG Dinner Roll/Marg
			Diced Peaches	Pumpkin Muffin Square

October Deli Options

Lunch is served at noon. Please call the 24 hours in advance to reserve your meal.

				Reuben Salad
				Sliced Corned Beef
人				Sauerkraut & 1000 Island
				over Romaine Blend
				Croutons
				Oatmeal Raisin Cookie
Monday	Tuesday	Wednesday	Thursday	Friday
10/4/2021	10/5/2021	10/6/2021	10/7/2021	10/8/2021
Roast Beef & Swiss on	Creamy Cheese Tortellini	Turkey & Cheddar on	Ham & American Cheese	Classic Chef Salad
Kaiser Bun	over Romaine Blend Salad	Vienna Bread	on WG Bread	Ham, Turkey, Diced Egg
w/ Lettuce & Tomato	Grape Tomatoes & Black Olives	w/ Lettuce & Tomato	w/ Lettuce & Tomato	American & Grape Tomatoes
Pea Salad	Croutons	Three Bean Salad	Carrot Raisin Salad	100% Fruit Punch
Tropical Fruit Mix	Fresh Orange	Fresh Banana	Tapioca Pudding	Crackers(2pk)
				Pineapple & Strawberries
Monday	Tuesday	Wednesday	Thursday	Friday
10/11/2021	10/12/2021	10/13/2021	10/14/2021	10/15/2021
	Roast Beef Chef Salad	Italian Herb Chicken Salad	Three Meat Sandwich	Ham Salad on
Christopher	Roast Beef, Diced Egg	on Croissant	Turkey, Ham, Roast Beef	Rye Bread
Columbus	American & Grape Tomatoes	w/ Lettuce & Tomato	& American Cheese	w/ Lettuce & Tomato
CONCERC	over Romaine Blend Salad	Broccoli Salad	on Vienna Bread	Cowboy Caviar
Senior Center Closed	100% Fruit Punch	Decorated Birthday Cake	Herb Roasted Potato Salad	Mandarin Oranges
	WG Breadstick		Fruit Crisp	
	Peanut Butter			
Monday	Tuesday	Wednesday	Thursday	Friday
10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021
Italian Sandwich	Chicken Caesar Salad	Roast Beef & Cheddar	Classic Chef Salad	BLT Supreme Salad
Turkey, Ham, Pepperoni	w/ Caesar Dressing	on Vienna Bread	Ham, Turkey, Diced Egg	Diced Turkey, Chopped Bacon
Cheese, Peppers & Red Onions	Parm. Cheese & Croutons	w/ Lettuce & Tomato	American & Grape Tomatoes	Diced Tomato & Shred Cheese
on Vienna Bread	over Romaine Blend Salad	Pea Salad	100% Fruit Punch	over Romaine Blend
Coleslaw	Crackers(2pk)	Fruited Gelatin	Crackers(2pk)	Crackers(2pks)
Strawberry Yogurt Cup	100% Orange Juice		Sliced Apricots	Vegetable Juice
,	Cinnamon Applesauce			Frosted Brownie
Monday	Tuesday	Wednesday	Thursday	Friday
10/25/2021	10/26/2021	10/27/2021	10/28/2021	10/29/2021
Chicken Pasta Salad	Sliced Turkey & American	Classic Chef Salad	Cobb Salad with Bacon	Turkey Chef Salad
Three Bean Salad	Cheese on Hamburger Bun	Ham & Swiss Cheese	Diced Egg, Chicken & Ham	Diced Turkey, Diced Egg
Tomato Wedges	w/ Lettuce & Tomato	Egg & Grape Tomatoes	with Bleu Cheese Crumbles	Amer. Cheese & Grape Tomatoes
WG Breadstick	Potato Salad	over Romaine Blend Salad	over Romaine Blend Salad	Romaine Lettuce Blend
Mandarin Oranges	Pear Slices	100% Orange Juice	100% Apple Juice	Crackers(2pk)
-		Crackers(2pks)	Crackers(2pkg)	100% Grape Juice
		Applesauce	Diced Peaches	Pumpkin Muffin Square



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to ONLY \$2.00 a month!

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2022.