

October Hot Meal Options

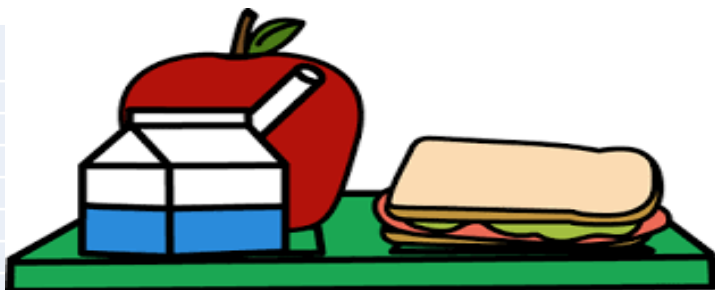
Lunch is served at noon. Please call the 24 hours in advance to reserve your meal



Hot Lunch				
Monday 10/4/2021	Tuesday 10/5/2021	Wednesday 10/6/2021	Thursday 10/7/2021	Friday 10/8/2021
Baked Cod Loin in Sweet Basil Sauce Baked Sweet Potato Zucchini & Tomatoes* WG Dinner Roll/Marg Tropical Fruit Mix	BBQ Meatballs Potato Medley Mixed Vegetables* WG Petite Roll/Marg Fresh Orange	Breakfast for Lunch! Cheese Omelet* w/ Cheese Sauce Cinnamon Roll Breakfast Potatoes Fresh Banana 100% Orange Juice Cup	Sweet & Sour Chicken Breast Oriental Blend Vegetables* Carrot Coins Fortune Cookie Cinnamon Raisin Breas/Marg Tapioca Pudding	10/1/2021 Chicken Cordon Bleu with Swiss Mornay Sauce Mashed Potatoes Broccoli* Wheatberry Roll/Marg Oatmeal Raisin Cookie
Monday 10/11/2021	Tuesday 10/12/2021	Wednesday 10/13/2021	Thursday 10/14/2021	Friday 10/15/2021
 Senior Center Closed	Oven Roasted Pork Chop w/ Pork Gravy Baked Sweet Potato Brussels Sprouts* WG Dinner Roll/Marg Peanut Butter Cookie	Sliced Roast Beef & Gravy Mashed Potatoes Honey Glazed Carrots Rye Bread/Marg Decorated Birthday Cake	Seafood Chowder Garlic & Butter Diced Reds Winter Blend Veggies* Marble Rye Bread/Marg Fruit Crisp	All Beef Chili Dog w/ Cheese on WG Hot Dog Bun Steak Fries* Corn* Pineapple & Strawberries
Monday 10/18/2021	Tuesday 10/19/2021	Wednesday 10/20/2021	Thursday 10/21/2021	Friday 10/22/2021
Orange Chicken Stir Fry with WG Spaghetti Pasta Peas & Carrots Broccoli* Fortune Cookie Strawberry Yogurt Cup	Beef Ravioli in Marinara Sauce Romaine Blend Salad/Dress Italian Blend Vegetables* WG Breadstick/Marg Cinnamon Applesauce	10-Grain Fish Filet* Au gratin Potatoes Green Beans* WG Dinner Roll/Marg Fruited Gelatin or Fruited Diet Gelatin Tartar Sauce PC	Taco Joe* Sandwich with Shredded Lettuce & Shredded Cheese on a WG Hamburger Bun Potato Ole's* Chuckwagon Corn* Sliced Apricots	Hamburger Patty with Garlic Mushroom Gravy Scalloped Potatoes Peas & Pearl Onions* 100% Whole Wheat Bread/Marg Mandarin Oranges
Monday 10/25/2021	Tuesday 10/26/2021	Wednesday 10/27/2021	Thursday 10/28/2021	Friday 10/29/2021
Chicken Fried Steak* & Gravy Garlic Mashed Potatoes Country Blend Vegetables* Vienna Bread Slice/Marg Mandarin Oranges	Swedish Meatballs Baked Potato/Sour Cream Stewed Tomatoes WG Dinner Roll/Marg Pear Slices	BBQ Chicken Breast on WG Hamburger Bun BBQ Baked Beans Diced Carrots* Applesauce	Italian Goulash with WG Elbow Noodles Italian Blend Vegetables* Romaine Blend Salad/Dress Vienna Bread Slice/Marg Diced Peaches	Salisbury Steak with Brown Gravy Loaded Mashed Potatoes Green Bean*s WG Dinner Roll/Marg Pumpkin Muffin Square

October Deli Options

Lunch is served at noon. Please call the 24 hours in advance to reserve your meal.



				
Monday 10/4/2021	Tuesday 10/5/2021	Wednesday 10/6/2021	Thursday 10/7/2021	Friday 10/8/2021
Roast Beef & Swiss on Kaiser Bun w/ Lettuce & Tomato Pea Salad Tropical Fruit Mix	Creamy Cheese Tortellini over Romaine Blend Salad Grape Tomatoes & Black Olives Croutons Fresh Orange	Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Fresh Banana	Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Tapioca Pudding	Reuben Salad Sliced Corned Beef Sauerkraut & 1000 Island over Romaine Blend Croutons Oatmeal Raisin Cookie
Monday 10/11/2021	Tuesday 10/12/2021	Wednesday 10/13/2021	Thursday 10/14/2021	Friday 10/15/2021
 Senior Center Closed	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Romaine Blend Salad 100% Fruit Punch WG Breadstick Peanut Butter	Italian Herb Chicken Salad on Croissant w/ Lettuce & Tomato Broccoli Salad Decorated Birthday Cake	Three Meat Sandwich Turkey, Ham, Roast Beef & American Cheese on Vienna Bread Herb Roasted Potato Salad Fruit Crisp	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch Crackers(2pk) Pineapple & Strawberries
Monday 10/18/2021	Tuesday 10/19/2021	Wednesday 10/20/2021	Thursday 10/21/2021	Friday 10/22/2021
Italian Sandwich Turkey, Ham, Pepperoni Cheese, Peppers & Red Onions on Vienna Bread Coleslaw Strawberry Yogurt Cup	Chicken Caesar Salad w/ Caesar Dressing Parm. Cheese & Croutons over Romaine Blend Salad Crackers(2pk) 100% Orange Juice Cinnamon Applesauce	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Fruited Gelatin	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch Crackers(2pk) Sliced Apricots	Ham Salad on Rye Bread w/ Lettuce & Tomato Cowboy Caviar Mandarin Oranges
Monday 10/25/2021	Tuesday 10/26/2021	Wednesday 10/27/2021	Thursday 10/28/2021	Friday 10/29/2021
Chicken Pasta Salad Three Bean Salad Tomato Wedges WG Breadstick Mandarin Oranges	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Potato Salad Pear Slices	Classic Chef Salad Ham & Swiss Cheese Egg & Grape Tomatoes over Romaine Blend Salad 100% Orange Juice Crackers(2pks) Applesauce	Cobb Salad with Bacon Diced Egg, Chicken & Ham with Bleu Cheese Crumbles over Romaine Blend Salad 100% Apple Juice Crackers(2pkg) Diced Peaches	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Romaine Lettuce Blend Crackers(2pk) 100% Grape Juice Pumpkin Muffin Square