

# BELLEVUE SENIOR

*Community Center*



*Golden opportunities await a new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm



## BOARD OF DIRECTORS

Lauren Kesteloot  
President

Lisa Summers  
Vice President

Shirley Tingley  
Treasurer

Paula Deitering  
Voting Member

Ralph Gladbach  
Voting Member

Mary Jo Hopfensperger  
Voting Member

Dorene Narofsky  
Voting Member

Jamie Moore  
Secretary

## Hello People!

November is a great time to reflect on all that we have to be thankful for and to celebrate with family and friends. As we get older, we realize its not about having tons of friends, but more important to have a few best friends you can always count on.

We are so thankful for each of everyone of you who make our center so special. We enjoy sharing our day with you. We are also so blessed for the support from you and from our community.

Cheers!  
Kathy and Dawn

### IN THIS ISSUE:

**Page 2:**

Mark your  
Calendar

**Page 3:**

Fundraiser!

**Page 4:**

November  
Birthdays

**Pages 5:**

Activity  
Calendar

**Page 6:**

Deli Lunches

**Page 7:**

Hot Lunches

## CENTER STAFF

Kathy Van Den Top,  
ENOA, Manager

Dawn Jaixen  
ENOA, Assistant  
Manager

*In this election month, please keep in mind we do not all share the same political opinions, but we live in the same country and share the same space at the center. Let's not let politics get in the way of friendships.*

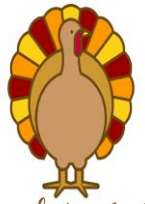


# MARK YOUR CALENDAR!



**You'll FLIP for our pancakes!** They are light, fluffy and smothered in butter and syrup. Add a side of fruit, coffee and juice for only \$4.00. You'll need to call in and reserve your meal. Make a day of it and stay for lunch and activities. Breakfast will be served at **9:00 am on Thursday, November 14<sup>th</sup>**.

**Friends are Family you pick for yourself!** Everyday you come to the center you are surrounded by friends. You visit over coffee, share stories over lunch and laugh while playing games. So why not celebrate Friendsgiving? We will have treats you can GOBBLE up and enjoy the music of Rocking Woody. Sign up for the party and lunch and join us on **Tuesday, November 19<sup>th</sup> at 10:30 am.**



happy friendsgiving

**Butterball Bingo** Grab your friends and do the TURKEY TROT to the center for an afternoon STUFFED with fun and GOBBLE up some prizes! Everyone is always a winner – and no prizes are LEFTOVER! Lunch starts at noon, and Butterball Bingo is at **1:00 on Monday, November 25<sup>th</sup>.**



**It's Tree Time!** Come spend your Monday mornings in the art room! We are making Christmas trees! It's a fun, quick little project to start off the holiday season. The price is \$4.00 and class is from 9:30 -11:30 am



**Thank You Veterans!** Join us in thanking our veterans for their service. They kept our country protected so we can enjoy the freedom we have. We will be celebrating them at **11:30 am on Friday, November 8<sup>th</sup>.** Make plans to stay for lunch.

**NEW ! Fitness Friday!** Care Tech Health will be leading an exercise class on the **Nov. 1<sup>st</sup> and Nov. 15<sup>th</sup> at 10:30!** Come check it out!!



September Cal-Cutta winner – Sharon Allen! Sharon and the center each received \$159.00 Thank you to everyone who played.

**PS –We will not be serving morning Panera snacks on party days and when we have our breakfast.**

# 2024 Ice Cream Social Fundraiser

The results are in! Our goal was \$17,000 and we raised \$15,800.00 from the fundraiser! Thank you to everyone who helped make this a huge success! Our community support was amazing! We will keep the fundraiser "open" until the end of October to accept donations. Currently we are at \$16,220.00!! Here are our top sponsors:

**\$1000.00** – Prairie Wealth Advisor – Paula Deitering, Hillcrest Health Services and Bellevue Memorial Chapel

**\$500.00** – Bellevue University

**\$250.00** – Roth Self Storage, Honda Cars of Bellevue and Erwins Jewelers

**\$150.00** – Athletico Physical Therapy – Stacy Kersten, Eye Specialists, Heritage Ridge, Hoogeveen Chiropractic, Hike Real Estate – Rusty Hike and Matt McKinney and GP Architecture – Ralph Gladbach

## Please support the businesses that contributed with baskets and gift cards:

Jade Palace	Jersey	Shooters	Golden Corral
China Buffet	Hy-Vee	Texas Roadhouse	Runza
Cracker Barrel	Swine Dining	Texas BBQ	Sickies
Pizza Ranch	Skate City	Papa Chuck's	Great Clips
Indian Creek Golf	Family Fare	Xenon	Triple A
Take Five Massage	Massage Envy	Jensen's Auto	O'Reilly Auto
Auto Zone	Red Robin	Freddy's	Ollie & Hobbs
Culvers	Divine Truth	Buffalo Wild Wing	Spezia
Tregaron Golf	Lighthouse Café	Fazoli's	Golden Corral
Burger King	Jerzes	Durham Museum	Jade Palace
Bellevue Vacuum	Bakers	Family Fare	Famous Dave's
Bellevue Little Theater		Bellevue Berry Farm	

Once again – a huge thank you to our seniors who went above and beyond for the event - Priscilla, Kay, Jean, Lynne and Lore! Your hard work is greatly appreciated!



thank you  
for supporting our  
fundraiser!

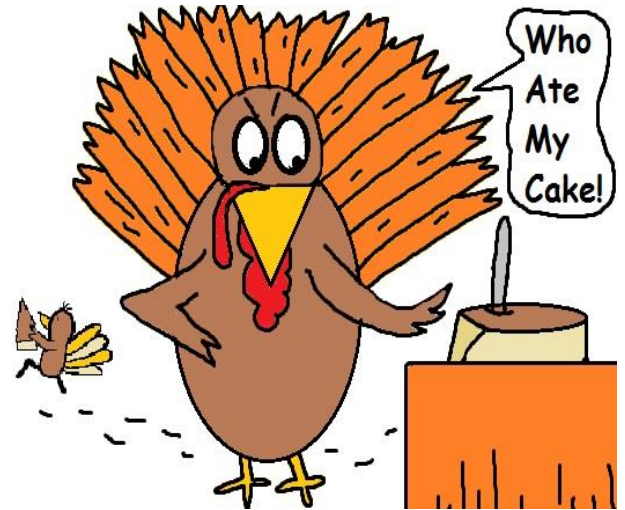




# November Birthdays



- 1- Ed Conrath
- 6- Debbie Burchard
- 8- Carole Lainof
- 9- Diana Micek
- 11 – James Miller & Dolly Divoky
- 13- Bob Mefford & Barb Shank
- 15- Mary Jo Hopfensperger
- 15- Virginia Eidenmiller & Karen Berkland
- 18- Gwen Petersen & Laura Farmer
- 20- Deb Power
- 21 Renate Leaird
- 22- Jane Nordaker
- 26- Allen Sailer
- 27- Clara Faulkner
- 29 – Gary Stover & Pam Jensen



**It's the sniffly, sneezy, coughing time of the year!** Just a reminder that if you are feeling under the weather please take the day off from the center. We'd rather you get better than share it with the rest of us! If you had lunch plans, please let us know you won't be joining us.

**Weather Closings** It's hard to think of snow, ice and freezing temps...BRRRR! However, if the Bellevue schools close due to bad weather conditions the center will close as well. We want you to stay safe and warm. And even if we are open and the weather is not favorable, use your own judgement about coming in.



**Lunch Time!** We have an awesome lunch program through ENOA! Games and parties are fun, but our meals are the most important part of keeping our doors open! Please join us for a delicious hot or deli lunch. The price is a suggested contribution of only \$5.00! Call us by noon the day before you would like to join us. You'll be glad you did.



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 10:30 –King’s Corner 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 1:00 Euchre	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class <b>12:45 .25 BINGO</b> <b>1:00 Art Class</b>  <b>Football Fridays!</b>

Activities for the Month of NOVEMBER

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
	<b>Turkey Tuesdays!</b>  Wear your Fall colors and Thanksgiving Shirts			1 <b>Football Friday</b> 10:30 – Fit Friday 
4 <b>National Candy Day</b>  	5 <b>Turkey Tuesday</b>  	6	7	8 <b>10:00 Book Club</b> <b>11:30 Thank you Veterans</b>   <b>Football Friday</b>
11	12 <b>Turkey Tuesday</b>  	13  	14 <b>9:00 Pancakes</b> <b>10:30 Bingo Bucks</b>  	15 <b>10:30 – Fit Friday</b>    <b>Football Friday</b>
18 <b>7:00 pm - Alzheimer's Support Group Meeting</b>   <b>Mickey Mouse Day</b>	19 <b>10:30 – Friendsgiving Party</b>  	20	21 <b>10:30 – Senior Advisory Meeting</b>  	22    <b>Football Friday</b>
25 <b>1:00 Butterball Bingo</b>  	26 <b>Turkey Tuesday</b>  	27  	28 <b>Closed</b>  	29 <b>Closed</b>  

# NOVEMBER HOT MENU



				Friday 11/1/2024
				Pulled Pork Taco
				Shredded Cheese
				Shredded Lettuce
				Diced Tomato & Onion
				Pinto Beans
				8" Flour Tortilla Shell
				Fruit Mix
Monday 11/4/2024	Tuesday 11/5/2024	Wednesday 11/6/2024	Thursday 11/7/2024	Friday 11/8/2024
Oven Fried Chicken Breast	Baked Ham	<b>National Nachos Day</b>	BBQ Chicken Breast on WG Hamburger Bun	<b>Nat. Peanut Butter Month</b>
Whipped Potatoes with Country Gravy	Diced Sweet Potatoes Honey Glazed Carrots	Beef Taco Meat Fiesta Cheese Sauce	BBQ Baked Beans	Meatloaf in Tomato Gravy
Green Beans	WG Dinner Roll/Marg	Pico De Gallo	Winter Blend Vegetables	Scalloped Potatoes
Italian Dinner Roll/Marg	Mandarin Oranges	Chuckwagon Corn	Diced Peaches	Brussels Sprouts
Fudge Round or Diet Cookies		Tostitos Scoops PC/Sour Cream PC Pineapple & Strawberries		WG Breadstick/Marg
				Peanut Butter Cookie or Diet Cookie
Monday 11/11/2024	Tuesday 11/12/2024	Wednesday 11/13/2024	Thursday 11/14/2024	Friday 11/15/2024
<b>Veteran's Day</b>	WG Cheeseburger Mac	Roast Beef & Gravy	Italian Sausage in Marinara Sauce	White Chicken Chili
<b>No Meals</b>	Green Peas	Mashed Potatoes	Peppers & Onions	Winter Blend Vegetables
<b>Senior Center Closed</b>	Diced Carrots	Zucchini & Tomatoes	Diced Potatoes	Mixed Greens Side Salad
	WG Breadstick	WG Dinner Roll/Marg	WG Hot Dog Bun	Dressing PC
	Fresh Orange	Decorated Birthday Cake or Plain Cake Square	Sliced Pears	WG Breadstick/Marg
				Ooey Goey Cake or Applesauce
Monday 11/18/2024	Tuesday 11/19/2024	Wednesday 11/20/2024	Thursday 11/21/2024	Friday 11/22/2024
Swedish Meatballs	Cheeseburger on	<b>National Raisin Bread Month</b>	Ham & Beans	Beef Ravioli and Pesto
Baked Potato/Sour Cream	WG Hamburger Bun with	Sweet & Sour Chicken	Country Blend Vegetables	Cream Sauce
Stewed Tomatoes	Lettuce, Sliced Tomato &	Breast	Brussels Sprouts	Brussels Sprouts
Sour Dough Roll/Marg	Sliced Pickles	Brown Rice Pilaf	Sweet Biscuit with	California Blend Veggies
Strawberry Yogurt Cup or Diet Pudding	Potato Wedges	Broccoli Cuts	Strawberry Topping	WG Breadstick/Marg
	Pineapple Tidbits	Cinnamon Raisin Bread/Marg		Fresh Apple
		Ambrosia Salad		
Monday 11/25/2024	Tuesday 11/26/2024	Wednesday 11/27/2024	Thursday 11/28/2024	Friday 11/29/2024
10 Grain Fish Filet	BBQ Pulled Chicken	Turkey Breast with Gravy	<b>Thanksgiving Day</b>	<b>Thanksgiving Observance</b>
Diced Sweet Potatoes	on WG Hamburger Bun	Cornbread Dressing	<b>No Meals</b>	<b>No Meals</b>
Chuckwagon Corn	Diced Baby Red Potatoes	Whipped Potatoes	<b>Senior Center Closed</b>	<b>Senior Center Closed</b>
Wheatberry Roll/Marg	Green Peas	Green Bean Casserole		
Sliced Peaches	Fresh Orange	Cranberry Sauce Garnish		
Tartar Sauce PC		WG Dinner Roll/Marg		
1% or Skim Milk		Pumpkin Pie & Whip Topping or Diet Pudding		

# NOVEMBER DELI MENU

				Friday 11/1/2024
				Egg Salad on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Fruit Mix
Monday 11/4/2024	Tuesday 11/5/2024	Wednesday 11/6/2024	Thursday 11/7/2024	Friday 11/8/2024
Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Fudge Round or Diet Cookies	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers & 100% Apple Juice Mandarin Oranges	Turkey & Cheddar on Vienna Bread w/ Leaf Lettuce & Tomato Steakhouse Potato Salad Pineapple & Strawberries	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Diced Peaches	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Coleslaw Peanut Butter or Diet Cookie
Monday 11/11/2024	Tuesday 11/12/2024	Wednesday 11/13/2024	Thursday 11/14/2024	Friday 11/15/2024
<b>Veteran's Day</b>  <b>No Meals</b>  <b>Senior Center Closed</b>	Fajita Chicken Salad with Corn, Peppers & Onions over Mixed Greens Salad and Southwest Ranch Dressing Crackers(2pk) Fresh Orange	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Decorated or Plain Cake	Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad Sliced Pears	Ham Salad on Marble Bread w/ Lettuce & Tomato Pea Salad Ooey Goey Cake or Applesauce
Monday 11/18/2024	Tuesday 11/19/2024	Wednesday 11/20/2024	Thursday 11/21/2024	Friday 11/22/2024
Turkey & American on WG Bread w/ Lettuce & Tomato Broccoli Salad Strawberry Yogurt Cup or Diet Pudding		<b>National Raisin Bread Month</b> Chicken Salad on Cinnamon Raisin Bread w/ Leaf Lettuce & Tomato Broccoli Salad Ambrosia Salad	Egg Salad on Croissant w/ Lettuce & Tomato Coleslaw Sweet Biscuit with Strawberry Topping	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch WG Breadstick/Marg Fresh Apple
Monday 11/25/2024	Tuesday 11/26/2024	Wednesday 11/27/2024	Thursday 11/28/2024	Friday 11/29/2024
Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Coleslaw Sliced Peaches	Crab Salad on Mini Hoagie Bun w/ Lettuce & Tomato Potato Salad Fresh Orange	Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Pumpkin Pie & Whip Topping or Diet Pudding	<b>Thanksgiving Day</b>  <b>No Meals</b>  <b>Senior Center Closed</b>	<b>Thanksgiving Observance</b>  <b>No Meals</b>  <b>Senior Center Closed</b>

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2025.*