

# NOVEMBER HOT MENU

Monday	Tuesday 11/1/2022	Wednesday 11/2/2022	Thursday 11/3/2022	Friday 11/4/2022
	<b>Potato Crunch Fish Filet*</b>  Baked Sweet Potato Zucchini & Tomatoes* WG Petite Roll/Marg  Tropical Fruit Mix	<b>Beef Ravioli</b>  in Marinara Sauce Mixed Greens Salad/Dress Brussel Sprouts*  WG Breadstick/Marg  Blueberry Muffin	<b>Meatloaf &amp; Gravy</b>  Roasted Whole Baby Reds Peas* Cornbread Muffin/Marg  Honey PC  Pear Slices	<b>Sweet &amp; Sour Chicken Breast</b> <b>Oriental Blend Vegetables*</b>  Rice Pilaf Fortune Cookie Cinnamon Raisin Bread/Marg Pineapple Tidbits
<b>Monday</b> 11/7/2022	<b>Tuesday</b> 11/8/2022	<b>Wednesday</b> 11/9/2022	<b>Thursday</b> 11/10/2022	<b>Friday</b> 11/11/2022
<b>All Beef Chili Dog w/ Cheese</b> <b>on WG Hot Dog Bun</b> <b>Seasoned Potato Wedges*</b> <b>Corn*</b> <b>Pineapple &amp; Strawberries</b>	<b>Baked Ham*</b>  <b>Broccoli Rice Casserole</b>  <b>Honey Glazed Carrots</b>  <b>WG Dinner Roll/Marg</b> <b>Fruit Cocktail</b>	<b>Oven Fried Chicken Breast*</b>  <b>Whipped Potatoes</b> <b>with Chicken Gravy</b>  <b>Green Beans*</b> <b>Italian Dinner Roll/Marg</b> <b>Decorated Birthday Cake</b>	<b>BBQ Ribbette Patty</b> <b>on WG Hamburger Bun</b>  <b>BBQ Baked Beans</b>  <b>Cauliflower*</b> <b>Diced Peaches</b>	  <i>Senior Centers Closed</i>
<b>Monday</b> 11/14/2022	<b>Tuesday</b> 11/15/2022	<b>Wednesday</b> 11/16/2022	<b>Thursday</b> 11/17/2022	<b>Friday</b> 11/18/2022
<b>Hamburger Patty with Garlic Mushroom Gravy</b> <b>Scalloped Potatoes</b> <b>Brussels Sprouts*</b> <b>Wheatberry Roll/Marg</b> <b>Mandarin Oranges</b>	<b>Sliced Roast Beef &amp; Gravy</b> <b>Whipped Potatoes</b> <b>Green Peas *</b> <b>Rye Bread/Marg</b> <b>Butterscotch Pudding</b>	<b>Seafood Chowder</b> <b>Garlic &amp; Butter Diced Reds</b> <b>California Blend Vegetables*</b> <b>WG Dinner Roll/Marg</b> <b>Ambrosia Salad</b>	<b>Chicken Breast &amp; Chicken Gravy</b> <b>Potato Medley</b> <b>Green Beans*</b> <b>Heavy Hearth Roll/Marg</b> <b>Diced Pears</b>	<b>Beef &amp; Three Bean Chili</b> <b>Carrot Coins*</b> <b>Cornbread/Marg</b> <b>Honey PC</b> <b>Fruit Mix</b>
<b>Monday</b> 11/21/2022	<b>Tuesday</b> 11/22/2022	<b>Wednesday</b> 11/23/2022	<b>Thursday</b> 11/24/2022	<b>Friday</b> 11/25/2022
<b>Taco Joe* Sandwich</b> <b>with Shredded Lettuce &amp; Shredded Cheese</b> <b>on WG Hamburger Bun</b> <b>Augratin Potatoes</b> <b>Winter Blend*</b> <b>Pear Slices</b>	<b>Swedish Meatballs</b> <b>Baked Potato/Sour Cream</b> <b>Stewed Tomatoes</b> <b>Sour Dough Roll/Marg</b> <b>Strawberry Yogurt Cup</b>	<b>Turkey Breast with Gravy</b> <b>Cornbread Dressing</b> <b>Whipped Potatoes</b> <b>Green Bean Casserole</b> <b>Cranberry Sauce Garnish</b> <b>WG Petite Roll/Marg</b> <b>Pumpkin Pie &amp; Whip Topping</b>	  <i>Senior Centers Closed</i>	  <i>Senior Centers Closed</i>
<b>Monday</b> 11/28/2022	<b>Tuesday</b> 11/29/2022	<b>Wednesday</b> 11/30/2022		
<b>10 Grain Fish Filet*</b>  <b>Diced Sweet Potatoes</b>  <b>Cauliflower*</b> <b>Wheatberry Roll/Marg</b> <b>Sliced Peaches</b> <b>Tartar Sauce PC</b>	<b>BBQ Chicken Breast</b>  <b>on a Bun</b>  <b>Seasoned Potato Wedges*</b> <b>Green Peas*</b> <b>Orange</b>	<b>Ham &amp; Beans</b>  <b>Broccoli*</b>  <b>Mixed Greens/Dressing</b> <b>Cornbread/Margarine</b> <b>Honey PC</b> <b>Pineapple</b>	<b>All meals served with fat free or 1% milk and a smile!</b>	<b>Call in your lunch order by noon the day before</b>

# NOVEMBER DELI MENU

	Tuesday 11/1/2022	Wednesday 11/2/2022	Thursday 11/3/2022	Friday 11/4/2022
	Reuben Salad Sliced Corned Beef Sauerkraut & 1000 Island over Mixed Greens Salad Croutons Tropical Fruit Mix	Chicken Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar C Blueberry Muffin	Creamy Crab & Baby Shrimp Macaroni Salad on Mixed Greens Salad Tomato Wedges Crackers(2pk) Pear Slices	Egg Salad on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Pineapple Tidbits
Monday 11/7/2022	Tuesday 11/8/2022	Wednesday 11/9/2022	Thursday 11/10/2022	Friday 11/11/2022
Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Grape Juice Pineapple & Strawberries	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Mixed Greens Salad Crackers & 100% Apple Juice Fruit Cocktail	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Diced Peaches	 <i>Senior Center closed</i>
Monday 11/14/2022	Tuesday 11/15/2022	Wednesday 11/16/2022	Thursday 11/17/2022	Friday 11/18/2022
Grilled Chicken Strip Salad w/ American Cheese, Grape Tomatoes & Black Olive over Mixed Greens Salad Crackers(2pk) 100% Apple Juice Mandarin Oranges	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Sweet Potato Salad Butterscotch	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Ambrosia	Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad Diced Pears	Ham Salad on Marble Bread w/ Lettuce & Tomato Pea Salad Fruit Mix
Monday 11/21/2022	Tuesday 11/22/2022	Wednesday 11/23/2022	Thursday 11/24/2022	Friday 11/25/2022
Chicken Caesar Salad w/ Caesar Dressing & Croutons over Mixed Greens Salad 100% Grape Juice Pear Slices	Turkey & American on WG Bread w/ Lettuce & Tomato Broccoli Salad Strawberry Yogurt Cup	Turkey Breast with Gravy Cornbread Dressing Whipped Potatoes Green Bean Casserole Cranberry Sauce Garnish WG Petite Roll/Marg Pumpkin Pie & Whip Topping	 <i>Senior Center closed</i>	 <i>Senior Center closed</i>
Monday 11/28/2022	Tuesday 11/29/2022	Wednesday 11/30/2022		
Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Coleslaw Sliced Peaches	Creamy Crab & Baby Shrimp Macaroni Salad over Mixed Greens Salad Tomato Wedges Crackers(2pk) Orange	Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Pineapple	All lunches are served with 1% of fat free milk and a smile	Please reserve your lunch by noon on the day before