














Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – Billiards 8:30 Chair Volleyball 9:00 Needle Crafters 9:30- 3:00 –Ceramics 10:15 – Tai Chi 12:45 – Hand & Foot 12:30- Poker 1:00–Bingo & Mahjong	8:00 – Billiards 9:30- Painting 10:00 - Exercise 12:15 -Bridge Groups 12:45- Dominoes 1:00- Arts and Crafts	8:00 – Billiards 8:30 – Chair Volleyball 9:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:45 – Hand & Foot 1:00 – Bingo	8:00 - Billiards 8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups	8:00 – Billiards 8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 - Exercise 1:00 – Bingo 1:00- Pitch (new) 1:00 Arts and Crafts

### Activities for the Month of **NOVEMBER**

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2. 9:00 UNMC Health Fair 	3 National Men Make Dinner day !! Ladies- you have the night off	4 Wear your team colors 
7 10:30 Write cards 	8 10:30 Write Cards 	9 Birthday cake with lunch 	10 10:30 Bingo Bucks  11:30 – Veterans Remembrance	11 Center Closed 
14 National PJ and Pickle Day! 	15 National Clean out your fridge day! How fun is that??	16 9:00 Hot Breakfast  10:00 ENOA Program	17	18 Wear your team colors 
21 Have you signed up for the Thanksgiving party and lunch??	22 Join us for Dominoes 	23 10:30 Party 	24 Center Closed 	25 Center closed 
28 National French Toast Day 	29 National Day of Giving 	30 Cal – Cutta Drawing 