



BELLEVUE SENIOR Community Center



*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Mon. Tues. Wed. Thurs. Fri. 8:00 am - 4:00pm

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Smells like turkey!!!!

Ah, the smell of turkey, pumpkin pies, and cranberry sauce! This is the time to gather together with family and friends and to be thankful for the blessings in our lives.

We are blessed to have each and everyone one of you participating in the Bellevue Senior Center events and activities.

We are also so grateful and thankful to the Bellevue community and sponsors for supporting their Bellevue Senior Center and making our fundraiser such a success.

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant
Manager

Blessings,
Kathy and Dawn



Look What's Happening at the Center

Sarpy/Cass County Health Department

Will be giving COVID-19 booster shots and vaccines for the following Pfizer and Moderna vaccine recipients who have completed their initial series at least 6 months ago and are:

- **65 years and older**
- **Age 18+ who live in long-term care settings**
- **Age 18+ who have underlying medical conditions like chronic lung disease, diabetes, heart conditions, including high blood pressure, overweight or obesity, current or former smoker, and others**
- **Age 18+ who work or live in high-risk settings like education, daycare, food and grocery stores, manufacturing, and others**



Veterans Day

In honor of Veterans Day, the Center will be closed on Thursday, November 11th, so Bingo Bucks will be on Thursday, November 4th at 10:30.

Eggs and Bacon Hot Breakfast




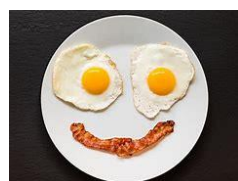


Tuesday, November 16th at 9:00. Please sign up by Friday, November 12th. Cost is \$3.00. Hope to see you at the center !!

Happy Thanksgiving !!!

Back by popular demand, Johnny Ray Gomez will be performing on Wednesday, November 24th. Come and listen to Johnny Ray and receive a Thanksgiving treat!!! Please sign up no later than Friday, November 19th

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – Billiards 8:30 – Chair Volleyball 9:00 - Needle Crafters 9:30-3:00 – Ceramics 10:15 – Tai Chi 9 & 12:45–Hand &Foot 12:30 - Poker 1:00 - Bingo 1:00 – Mahjong	8:00 – Billiards 9:30 - Painting 12:15 - Bridge Groups 12:45 - Dominoes 1:00 - Arts and Crafts	8:00 – Billiards 8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 9 & 12:45 – Hand & Foot 1:00 – Bingo	8:00 - Billiards 8:00 - Woodcarvers 10:00 - Bridge Groups 12:45 - Dominoes 1:00 – Euchre	8:00 – Billiards 9:30 – Painting & Drawing 11:00–Bridge Class 12:30 – Skip Bo 1:00 – Bingo 1:00 - Arts and Crafts

Activities for the Month of November

Monday	Tuesday	Wednesday	Thursday	Friday
1 Art Class – 9:00-3:00	2	3	4 9:00 – Nursing Students 10:30 – Bingo Bucks 	5 Vaccine and/or Booster –10:00-12:00 Football Friday 
8 Art Class – 9:00-3:00	9	10	11 Veteran's Day – SENIOR CENTER CLOSED	12 Football Friday 10:00–Book Club 
15 Art Class – 9:00-3:00 7:00 p.m. - Alzheimer's Support	16 Hot Breakfast – 9:00 	17	18 9:00 - Nursing Students 10:30 – Senior Advisory Committee	19 Football Friday 
22 Art Class – 9:00-3:00	23	24 Thanksgiving Party – 10:30 	25 HAPPY THANKSGIVING! SENIOR CENTER CLOSED	26 SENIOR CENTER CLOSED
29 Art Class – 9:00-3:00	30 50/50 Raffle			

NOVEMBER BIRTHDAYS

1. Ed Conrath
5. Bill Goodfellow, Lynda Tiller
6. Debbie Burchard
8. Carole Lainof
9. Clella Williams, Diana Micek
11. James Miller
13. Bob Mefford, Johnnie Carter
14. Don Muhs
15. Martin Cvetas, Mary Jo Hopfensperger, Virginia Eidenmiller
19. Song Shelton
20. Deb Power
21. Larry Putnam, Mary Stalker
22. James Willis
29. Gary Stover, Pam Jensen
30. Fred Claycamp



Senior Advisory Forum

Come join us on the third Thursday of every month at 10:30. This is your opportunity to come up with ideas and recommendations for your Center and meet your board members.

Ornament Decorating Class

Come join Mert, Pauline, and the gang on Mondays from 9:00 to 3:00. They will be teaching how to decorate Christmas ornaments to hang on the Center's tree.



Fundraiser News!

Thank you to our very generous sponsors !!!

Gold Sponsors \$1000.00

Prairie Wealth Advisor with Paula Deitering

Hillcrest Health Services

Bellevue Memorial Chapel

Silver Sponsor \$500.00

Bellevue University

Bronze Sponsors \$250.00

Honda Cars of Bellevue

General Sponsors \$150

Hike Real Estate

Hoogeveen Chiropractic

Support the local businesses that support us!!

Marathon Adventures

Bellevue Little Theater

Bellevue Berry Farm

Culvers

First Watch

Fire House

Bath and Body Works

Volunteer Power! We could not do all that we do without the help of so many volunteers? Here's a special shout out to those who went above and beyond, spending man hours to make this so successful. It may have been with baskets, selling tickets, or assisting in other ways. Priscilla, Sue C., Sue K., Michelle T., Jean C., Lynne T., Barb B., Diane L., Barb B., Bonnie B., Lore P., and Jean H.

**Eastern Nebraska Office on Aging
Congregate Meals
November 2021**

Monday	Tuesday	Wednesday	Thursday	Friday
11/1/2021	11/2/2021	11/3/2021	11/4/2021	11/5/2021
BBQ Meatballs	Baked Cod Loin in	Beef Ravioli	Meatloaf & Gravy	Sweet & Sour Chicken Breast
Potato Medley	Sweet Basil Sauce	in Marinara Sauce	Roasted Whole Baby Reds	Oriental Blend Vegetables*
Mixed Vegetables*	Baked Sweet Potato	Romaine Blend Salad/Dress	Peas*	Carrot Coins
WG Dinner Roll/Marg	Zucchini & Tomatoes*	Italian Blend Vegetables*	Cornbread Muffin/Marg	Fortune Cookie
Fresh Orange	WG Petite Roll/Marg	WG Breadstick/Marg	Honey PC	Cinnamon Raisin Bread/Marg
1% or Skim Milk	Tropical Fruit Mix	Banana Muffin Square	Pear Slices	Pineapple Tidbits
	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/8/2021	11/9/2021	11/10/2021	11/11/2021	11/12/2021
All Beef Chili Dog w/ Cheese	Baked Ham*	Oven Fried Chicken Breast*		BBQ Ribbette Patty
on WG Hot Dog Bun	Broccoli Rice Casserole	Whipped Potatoes		on WG Hamburger Bun
Seasoned Potato Wedges*	Honey Glazed Carrots	with Chicken Gravy		BBQ Baked Beans
Corn*	WG Dinner Roll/Marg	Green Beans*		Cauliflower*
Mandarin Oranges	Fruit Cocktail	Italian Dinner Roll/Marg		Diced Peaches
1% or Skim Milk	1% or Skim Milk	Decorated Birthday Cake		1% or Skim Milk
		or Plain Cake Square	Senior Centers Closed	
		1% or Skim Milk		
Monday	Tuesday	Wednesday	Thursday	Friday
11/15/2021	11/16/2021	11/17/2021	11/18/2021	11/19/2021
Hamburger Patty with	Sliced Roast Beef & Gravy	Seafood Chowder	Chicken Breast &	Beef & Three Bean Chili
Garlic Mushroom Gravy	Whipped Potatoes	Garlic & Butter Diced Reds	Chicken Gravy	Carrot Coins*
Scalloped Potatoes	Green Peas *	California Blend Vegetables*	Potato Medley	Cornbread/Marg
Brussels Sprouts*	Rye Bread/Marg	WG Dinner Roll/Marg	Green Beans*	Honey PC
100% Whole Wheat Bread/Marg	Butterscotch Pudding	Ambrosia Salad	Heavy Hearth Roll/Marg	Fruit Crisp
Sugar Cookie or	or Diet Pudding	1% or Skim Milk	Diced Pears	or Fruit Mix
Diet Cookies	1% or Skim Milk		1% or Skim Milk	1% or Skim Milk
1% or Skim Milk				
Monday	Tuesday	Wednesday	Thursday	Friday
11/22/2021	11/23/2021	11/24/2021	11/25/2021	11/26/2021
Taco Joe* Sandwich	Swedish Meatballs	Turkey Breast with Gravy		
with Shredded Lettuce	Baked Potato/Sour Cream	Cornbread Dressing		
& Shredded Cheese	Stewed Tomatoes	Whipped Potatoes		
on WG Hamburger Bun	Sour Dough Roll/Marg	Green Bean Casserole		
Augratin Potatoes	Strawberry Yogurt Cup	Cranberry Sauce Garnish		
Broccoli*	or Diet Pudding	WG Petite Roll/Marg		
Pear Slices	1% or Skim Milk	Pumpkin Pie & Whip Topping		
1% or Skim Milk		or Diet Pudding	Senior Centers Closed	Senior Centers Closed
		1% or Skim Milk		
Monday	Tuesday			
11/29/2021	11/30/2021			
10 Grain Fish Filet*	Oven Fried Chicken Breast*			
Corn O'Brien	with Chicken Gravy			
Broccoli*	Mashed Potatoes			
Wheatberry Roll/Marg	Green Peas*			
Sliced Peaches	WG Breadstick/Marg			
Tartar Sauce PC	Banana Muffin Square			
1% or Skim Milk	1% or Skim Milk			* Items to be heated
				or microwaved at
				the centers

November

Eastern Nebraska Office on Aging
Deli Meals
November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
11/1/2021	11/2/2021	11/3/2021	11/4/2021	11/5/2021
Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Coleslaw Fresh Orange 1% or Skim Milk	Reuben Salad Sliced Corned Beef Sauerkraut & 1000 Island over Romaine Blend Salad Croutons Tropical Fruit Mix 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Cowboy Caviar Banana Muffin Square 1% or Skim Milk	Creamy Crab & Baby Shrimp Macaroni Salad on Romaine Blend Salad Tomato Wedges Crackers(2pk) Pear Slices 1% or Skim Milk	Egg Salad on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Pineapple Tidbits 1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/8/2021	11/9/2021	11/10/2021	11/11/2021	11/12/2021
Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Romaine Blend Salad Crackers(2pk) 100% Grape Juice Mandarin Oranges 1% or Skim Milk	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion Romaine Lettuce Blend Crackers & 100% Apple Juice Fruit Cocktail 1% or Skim Milk	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	 Senior Centers Closed	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Diced Peaches 1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/15/2021	11/16/2021	11/17/2021	11/18/2021	11/19/2021
Grilled Chicken Strip Salad w/ American Cheese, Grape Tomatoes & Black Olive over Romaine Blend Salad Crackers(2pk) 100% Apple Juice Sugar Cookies or Diet Cookies 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Sweet Potato Salad Butterscotch or Diet Pudding 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Romaine Blend Crackers(2pks) 100% Grape Juice Ambrosia 1% or Skim Milk	Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad Diced Pears 1% or Skim Milk	Ham Salad on Marble Bread w/ Lettuce & Tomato Pea Salad Fruit Crisp or Fruit Mix 1% or Skim Milk
Monday	Tuesday	Wednesday	Thursday	Friday
11/22/2021	11/23/2021	11/24/2021	11/25/2021	11/26/2021
Chicken Caesar Salad w/ Caesar Dressing & Croutons over Romaine Blend Salad 100% Grape Juice Pear Slices 1% or Skim Milk	Turkey & American on WG Bread w/ Lettuce & Tomato Broccoli Salad Strawberry Yogurt Cup or Diet Pudding 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg, Swiss Cheese & Grape Tomatoes over Romaine Blend Salad Crackers(2pk) 100% Fruit Punch Pumpkin Pie w/ Whip Topping or Diet Pudding 1% or Skim Milk	 Senior Centers Closed	Senior Centers Closed
Monday	Tuesday			
11/29/2021	11/30/2021			
Ham & Swiss on Vienna Bread w/ Lettuce & Tomato Coleslaw Sliced Peaches 1% or Skim Milk	Creamy Crab & Baby Shrimp Macaroni Salad over Romaine Blend Salad Tomato Wedges Crackers(2pk) Banana Muffin Square 1% or Skim Milk			

NOVEMBER

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2022.