



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$3.50 for seniors</p>				<p>1 HOT MEAL: Italian Goulash w/ Elbow Noodles, Italian Blend Vegetables, Romaine Blend Salad, Vienna Bread Slice DELI: Turkey Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Grape Juice DESSERT: Diced Peaches</p>
<p>4 HOT MEAL: BBQ Meatballs, Potato Medley, Mixed Vegetable, Dinner Roll DELI: Turkey & Cheddar on WG Bread w/ Lettuce & Tomato, Coleslaw DESSERT: Fresh Orange</p>	<p>5 HOT MEAL: Baked Cod Loin in Sweet Basil Sauce, Baked Sweet Potatoes, Zucchini & Tomatoes, Petite Roll DELI: Reuben Salad, Sliced Corned Beef, Sauerkraut & 1000 Island over Romaine Blend, House Made Rye Croutons DESSERT: Tropical Fruit Mix</p>	<p>6 HOT MEAL: Oven Fried Chicken Breast, Whipped Potatoes & Chicken Gravy, Green Beans, Italian Dinner Roll DELI: Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato, Pea Salad DESSERT: Banana Muffin Square</p>	<p>7 HOT MEAL: Meatloaf & Gravy, Roasted Whole Baby Reds, Broccoli, Cornbread DELI: Creamy Crab & Baby Shrimp, Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Pear Slices</p>	<p>8 HOT MEAL: Sweet & Sour Chicken Breast, Oriental Blend Vegetables, Egg Roll, Fortune Cookie, Cinnamon Raisin Bread DELI: Egg Salad on Vienna Bread w/ Lettuce & Tomato, Three Bean Salad DESSERT: Pineapple Tidbits</p>
<p>11 Center Closed</p> 	<p>12 HOT MEAL: All Beef Chili Dog w/ Cheese on a Hotdog Bun, Steak Fries, Corn DELI: Turkey Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Grape Juice DESSERT: Fresh Orange</p>	<p>13 HOT MEAL: Baked Ham, Broccoli Rice Casserole, Honey Glazed Carrots, Dinner Roll DELI: Black & Bleu Salad, Roast Beef, Blue Cheese, Red Onion, Romaine Lettuce Blend, Apple Juice, Crackers DESSERT: Birthday Cake</p>	<p>14 HOT MEAL: Beef Ravioli in a Marinara Sauce, Romaine Blend Salad, Italian Blend Vegetables, Breadstick DELI: Chicken Salad on a Croissant w/ Lettuce & Tomato, Cowboy Caviar DESSERT: Cinnamon Applesauce</p>	<p>15 HOT MEAL: BBQ Chicken Breast on a Hamburger Bun, BBQ Baked Beans, Potato Salad DELI: Classic Chef Salad w/ Ham, Turkey, American & Grape Tomatoes, Diced Egg over Tossed Salad, Breadstick, Fruit Punch DESSERT: Peaches</p>
<p>18 HOT MEAL: Hamburger Patty w/ Garlic Mushroom Gravy, Scalloped Potatoes, Brussels Sprouts, Wheat Bread DELI: Grilled Chicken Strip Salad, American Cheese, Grape Tomatoes & Black Olives over Tossed Salad, Apple Juice, Crackers DESSERT: Mandarin Oranges</p>	<p>19 HOT MEAL: Seafood Chowder Garlic & Butter Diced Reds, California Blend Vegetables, Dinner Roll DELI: Italian Sandwich, Turkey, Ham, Pepperoni, Cheese, Pepperoncini & Red Onions on Vienna Bread, Sweet Potato Salad DESSERT: Ambrosia Salad</p>	<p>20 HOT MEAL: Sliced Roast Beef & Gravy, Whipped Potatoes, Green Peas, Rye Bread DELI: BLT Supreme Salad w/ Bacon, Turkey, Shredded Cheese, Diced Tomato over Tossed Salad, Crackers, Grape Juice DESSERT: Butterscotch Pudding</p>	<p>21 HOT MEAL: Chicken Breast & Chicken Gravy, Potato Medley, Green Beans, Hearth Roll DELI: Roast Beef & Swiss on Honey Wheat Bread w/ Lettuce & Tomato, Bleu Cheese Coleslaw DESSERT: Diced Pears</p>	<p>22 HOT MEAL: Beef & Three Bean Chili, Carrot Coins, Cornbread DELI: Ham Salad on Marble Bread w/ Lettuce & Tomato, Pea Salad DESSERT: Fruit Mix</p>
<p>25 HOT MEAL: 10 Grain Fish, Corn O'Brien, Broccoli, Wheat berry Roll DELI: Chicken Caesar Salad w/ Caesar Dressing, House Made Croutons, Tossed Salad, Crackers, Grape Juice DESSERT: Fruited Gelatin</p>	<p>26 HOT MEAL: Swedish Meatballs, Baked Potato, Stewed Tomatoes, Dinner Roll DELI: Turkey & American on WG Bread w/ Lettuce & Tomato, Broccoli Salad DESSERT: Strawberry Yogurt Cup</p>	<p>27 HOT MEAL: Turkey Breast w/ Gravy, Cornbread Dressing, Whipped Potatoes, green Bean Casserole, Cranberry Sauce, Petite Roll DELI: Roast Beef Salad, Diced Egg, Swiss Cheese & Grape Tomatoes, Tossed Salad, Crackers, Fruit Punch DESSERT: Pumpkin Pie</p>	<p>28 Center Closed 29 Center Closed</p> 