



BELLEVUE SENIOR Community Center

*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am – 7:30 pm



BOARD OF DIRECTORS

Ralph Gladbach
President

Lauren Kesteloot
Vice President

Shirley Tingley
Secretary

Joe Gamerl
Treasurer

Paula Deitering
Voting Member

Jan Tilley
Voting Member

Lisa Summer
Voting Member

Mary Jo Hopfensperger
Voting Member

Larry Gold
Voting Member

CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
*ENOA, Assistant
Manager*

Al McGinness
Program Aide

Hello People!

We did it! We wanted to raise \$14,000.00 and we surpassed it! **Our total profit was \$15,093.50!** We had a tremendous amount of support from many local businesses. Please keep them in mind and support their business when you can.

Of course, it's our seniors that make this possible! Our center is filled with people who care – who care about others, care about making a difference, and care about the success of our senior center. It is amazing the amount of generosity, hard work and dedication so many of you have shown!

November is a month to reflect on what you are thankful for. We are so thankful for each and everyone of you! We are truly blessed to be a part of your day and part of this wonderful community! Thank you for opening your hearts to us!

Cheers!
Kathy and Dawn



IN THIS ISSUE:

Page 2:
BSCC Activity
Descriptions

Page 3:
BSCC Activity
Calendar

Page 4:
November
Birthdays

Page 5:
Community
News

Page 6:
BSCC Lunch
Menu

Page 7:
BSCC Thursday
Evening Menu

Pizza for Breakfast? You bet! Dawn's breakfast pizza is always a hit! Where else can you get a delicious breakfast, coffee and juice for only \$3.00? Sign up today! Breakfast will be served at **9:00 am on Wednesday, November 28th** .

Freedom is not Free We will be honoring our veterans on **Friday, November 9th at 10:00 am**. The Bellevue West Saber Team will be doing a presentation for us at 11:00 am. Please join us to honor those who served our country.

Impress your kids and grandkids!

Representatives from US Cellular in Bellevue have set up 2 dates to teach you all the ins and outs of your cell phone. No more asking the kids, you'll have all the answers. **Tuesday, November 6th is for Android phones and Tuesday, November 13th is for iPhones**. Both classes start at 11:00 am.

Gobble till you Wobble! Treat your tummy with delicious snacks at our Thanksgiving party on **Tuesday, November 20th at 10:00 am!** Then sit back and enjoy Pam Kragt as she sings popular country music and hits from the 20's till today.

Laughter is the Best Medicine! But sometimes you need a prescription. Nurse Theresa will discuss different medicines and the possible reactions. Join her on **Wednesday, November 7th at 11:15 am**. Sign up and stay for lunch.

They're back! The Methodist nursing students will be returning **Wednesday, November 7th and Wednesday, November 28th from 10:00 am – 12:00 pm**. During this time they will check blood pressures. On November 28th, **they will also have a presentation at 11:00 am**.

Veterans and Spouses Kayla Porter with Interim Health will discuss a program to reduce the stress associated with applying for benefits and home care services. Join her on **Tuesday, November 27th at 11:00 am**.

Family Fare Receipts We still are collecting the receipts for the Direct your Dollar program. We need the entire receipt. Our current total is approximately 107,000, and we need 150,000 in order to receive a \$1000.00 check. Do your holiday shopping at Family Fare and bring us the receipts!

Anonymous Donations We are very blessed! We received a check for \$2000.00 by one of our seniors to go towards the purchase of our chairs! We also received an outside anonymous donation of \$5158.09! Thank you so much to these very generous and special people!



Christmas Light Tour!







It's back! We are happy to announce that Emerald Tours will be taking us on a holiday light tour once again! This year we have booked a 29 passenger shuttle bus (with cloth seats) for 2 hours. The cost is \$11.00 per person, including tip. We will serve light appetizers from 4:00 pm - 4:30 pm, and will start loading the bus at 4:45 pm so we can be on the road from 5:00 pm- 7:00 pm. **Join us at 4:00 pm on Tuesday, December 4th for a holly jolly good time! We are encouraging sign ups ASAP!**



Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30- Singers 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:15 Tai Chi 1:00 Bingo 1:00 Poker 1:00 Mahjong	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting and Drawing 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts 1:00 Parkinson's Class

Special Activities for November

Monday	Tuesday	Wednesday	Thursday	Friday
This month is our anniversary at the center! Dawn and I have been here 4 years!!		Reminder: Suggested contribution is now \$4.00 for lunch	1	2 Football Friday 
5 12:00 Bridge Group	6 11:00 Android Training	7 10:00-12:00 Methodist Students 11:15 Presentation on Prescriptions	8 10:30 Bingo Bucks 12:30-Durham Museum Trip 	9 Football Friday 10:00 – Veteran's Day – Bellevue West Presentation 10:00 Book Club
12 Center Closed 	13 11:00 iPhone Training	14 9:30 – Trip to Nishna Museum and Lunch 	15 10:30- Senior Advisory Forum	16 Football Friday 
19 7:00 Alzheimer's' Support Group	20 10:00 Thanksgiving Party 	21 Wear your stretchy pants! Thanksgiving dinner served at lunch!	22 Center Closed 	23 Center Closed 
26	27 11:00 Veteran and Spouse Benefits Program	28 9:00 –Breakfast Pizza 10:00 -12:00 Methodist Students - Presentation	29 12:30 –Senior Care Clinic	30 

1 Mary Cole
 3-Carol Brazier & Donna Kelly
 4-Patricia Palmer & Stephen Horn
 6-Margaret Jackson
 7-Linda Lomeli
 8-Ann Hobbs
 9-Clella Williams, Diana Micek & Alice Gewecke
 10-Vivian Adams
 12- Connie LaSure & Rick Watson
 13- Bob Mefford & Johnnie Carter
 15-Mary Jo Hopfensperger & Virginia Eidenmiller
 17- Charles Nelson & Walter Kujawa
 20- Deb Power
 21-Eric Riley & Cheri Cunningham
 21- Mary Stalker, Chris Adams & Larry Putnam
 23- Charlene Wirth
 25-David Anthony
 29- Gary Stover, Bob Hague & Pam Jensen
 30-Fred Claycamp Sr.



Winner Winner! Mary Ann Moseke was our lucky cal-cutta winner! She won a whopping \$396.50 and graciously gave \$50 back to the center! So the center took in a total of \$446.50 !!

Nishna Heritage Museum Join us for a trip back in time! You can see an example of a kitchen of 1900, barber shop, cobbler shop, items from a blacksmith shop, farm machinery, 19th century clothing and a switchboard of 1902. The bus is \$5.00, the museum is free, and we will stop at lunch at The Buck Snort. We will leave the center at **9:30 am on Wednesday, November 14th**.

Durham Museum Come explore the world through the camera lens of Thomas Mangelson. He has traveled all over the world capturing rare moments of animals and earning him numerous awards of distinction for his work. We will also see the exhibit of *Nebraskans Memories of WWI*. Tickets and bus is \$13.00. We will leave the center at **12:30 pm on Thursday, November 8th**.

Bellevue Community Foundation Grant We are so excited to announce that **we received a grant of \$5000.00 !!!**

This will go towards the purchase of our new dining room chairs! Each year the foundation selects non-profit organizations and we were fortunate to have been one of their choices!

The money we received was earmarked specifically for our chairs.

Thank you to the foundation, and also to everyone who helped unbox and unwrap our beautiful new chairs!





Over the Top!!

We raised \$15,093.50



Thank you to our sponsors!

\$1000.00 – *Prairie Wealth Advisor – Paula Deitering*

Hillcrest Health Systems

Bellevue Memorial Chapel

\$300.00 *Commercial Solutions Ins.*

\$250.00 - *Caring Senior Service, Heritage Ridge and Peerless Energy*

\$150.00 - *Bellevue University, Excel Physical Therapy*

Bellevue Physical Therapy, Erwin's Jewelers

Hoogeveen Chiropractic, VFW Auxiliary 10727

Dean Jungers, Attorney

**The Bellevue Volunteer Firefighter Hall donated the use
of the hall - a value of \$800.00!**

Please Support the following companies who donated to the center:

Bellevue Little Theater

Corkscrew

Top Nails

Bellevue Berry Farm

SG Roi Tobacconis

Hometown Sears

Vala's Pumpkin Patch

Fontenelle Forest

Stella's

Honda Cars of Bellevue

Don & Millie's

Chick Fil – A

Henry Doorly Zoo

Beacon Hills

Rotella's Bakery

Blaaha Service

Family Fare

Black Stone Social




Terry's Auto Service

Omaha Performing Arts

Panera Bread

Host Coffee

We could not do this without the countless hours many volunteers have put towards our event. Thank you to those who shopped for baskets, bought food items for the dinner, sold tickets, or bought tickets. **A special shout out to Priscilla, Jean, Liz, and Carol B who spent hours wrapping and tagging all the baskets and Beth sold thousands of raffle tickets. And of course, our kitchen crew – Dawn, Jean, Jenny, Barb, Lori, Doug and Steve!** Our board members, Susie from ENOA, Bellevue University baseball and basketball players, and Bellevue East JROTC are all instrumental to our success!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors</p>			<p>1 HOT MEAL: Chicken Cordon Bleu w/ Swiss Mornay Sauce, Rosemary Country Diced Potato, California Blend Vegetables, Wheat Berry Roll DELI: Creamy Cheese Tortellini over Tossed Salad Mix w/ Grape Tomatoes, Black Olives & Cracker DESSERT: Peanut Butter Cookie</p>	<p>2 HOT MEAL: Italian Goulash with WG Elbow Noodles, Italian Blend Vegetables, Romaine Blend Salad, Vienna Bread DELI: Chicken Salad on a Croissant w/ Lettuce & Tomato, Coleslaw DESSERT: Diced Peaches</p>
<p>5 HOT MEAL: BBQ Meatballs, Potato Medley, Mixed Vegetables, Wheat Dinner Roll DELI: Turkey & Cheddar w/ Lettuce & Tomato on a Wheat Hamburger Bun, Coleslaw DESSERT: Orange</p>	<p>6 HOT MEAL: Baked Cod Loin in a Sweet Basil Sauce, Mashed Sweet Potatoes, Zucchini & Tomatoes, Wheat Dinner Roll DELI: Reuben Salad, Sliced Corn Beef, Sauerkraut & 1000 Island over Romaine Blend Salad and House made Rye Croutons DESSERT: Tropical Fruit Mix</p>	<p>7 HOT MEAL: Fried Chicken Breast, Whipped Potatoes w/ Chicken Gravy, Green Beans, Italian Roll DELI: Creamy Crab & Baby Shrimp Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Banana Muffin Square</p>	<p>8 HOT MEAL: Meatloaf & Gravy, Roasted Whole Baby Reds, Broccoli, Cornbread Muffin DELI: Sliced Turkey & American Cheese on Ciabatta Bun w/ Lettuce & Tomato, Potato Salad DESSERT: Pear Slices</p>	<p>9 HOT MEAL: Sweet & Sour Chicken Breast, Oriental Blend Vegetables, Vegetable Egg Roll, Fortune Cookie, Cinnamon Raisin Bread DELI: Roast Beef & Swiss w/ Lettuce & Tomato, on Marble Bread, Broccoli Salad DESSERT: Pineapple Tidbits</p>
<p>12 Center Closed </p>	<p>13 HOT MEAL: All Beef Chili Dog w/ Cheese on a Wheat Bun, Steak Fries, Corn DELI: Turkey Chef Salad, Diced Egg, American Cheese, Tomatoes, Fruit Punch, Cinnamon Raisin Bread DESSERT: Orange</p>	<p>14 HOT MEAL: Baked Ham, Baked Sweet Potatoes, Cauliflower, Cinnamon Raisin Bread DELI: Fresh Italian Herb Chicken Salad on Pita Bread w/ Lettuce and Tomato, Carrot Raisin Salad DESSERT: Birthday Cake</p>	<p>15 HOT MEAL: Sliced Roast Beef & Gravy, Mashed Potatoes, Honey Glazed Carrots, Rye Bread DELI: Classic Chef Salad w/ Ham, Turkey, American & Swiss Cheese, Diced Egg, Tomatoes over Tossed Salad, Crackers, Grape Juice DESSERT: Butterscotch Pudding</p>	<p>16 HOT MEAL: BBQ Chicken Breast on a Wheat Bun, BBQ Baked Beans, Potato Salad DELI: Sliced Ham & American Cheese on Wheat w/ Lettuce & Tomato, Potato Salad DESSERT: Fruit Cocktail</p>
<p>19 HOT MEAL: Hamburger Patty with Garlic Mushroom Gravy, Scalloped Potatoes, Brussels Sprouts, Whole Wheat Bread DELI: Grilled Chicken Ranch Salad, Grilled Chicken, American Cheese, Grape Tomatoes & Black Olives over Tossed Salad, Apple Juice DESSERT: Mandarin Oranges</p>	<p>20 HOT MEAL: Seafood Chowder, Garlic & Butter Diced Reds, California Blend Vegetables, Marble Rye Bread DELI: Italian Sandwich, Turkey, Ham, Pepperoni, Cheese, Peppers & Red Onions on Vienna Bread, Herb Roasted Potato Salad DESSERT: Fruit Crisp</p>	<p>21 HOT MEAL: Turkey Breast w/ Gravy, Cornbread Dressing, Whipped Potatoes, Green Peas w/ Onions, Cranberry Sauce Garnish, Dinner Roll DELI: Roast Beef Chef Salad, Diced Egg, Swiss Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers DESSERT: Pumpkin Pie</p>	<p>Center Closed</p> 	
<p>26 HOT MEAL: 10 Grain Fish Filet, Au Gratin Potatoes, Glazed Diced Beets, Wheat Dinner Roll DELI: Roast Beef & Swiss on Vienna Bread w/ Lettuce & Tomato, Marinated Vegetable Salad DESSERT: Fruited Lime Gelatin</p>	<p>27 HOT MEAL: Swedish Meatballs, Baked Potato, Stewed Tomatoes, Wheat Berry Roll DELI: Turkey & Cheddar w/ Lettuce & Tomato on a Wheat Hamburger Bun, Coleslaw DESSERT: Strawberry Yogurt Cup</p>	<p>28 HOT MEAL: Beef Ravioli in Marinara Sauce, Tossed Salad, Italian Blend Vegetables, Breadstick DELI: Chicken Caesar Salad w/ Caesar Dressing & House Made Croutons Over Salad Mix, Crackers, Orange Juice DESSERT: Cinnamon Apples</p>	<p>29 HOT MEAL: Chicken Breast, Whipped Potatoes w/ Chicken Gravy, Green Beans, Hearth Roll DELI: BLT Supreme Salad w/ Bacon, Turkey, Shredded Cheese, Diced Tomato over Tossed Salad, Crackers, Fruit Punch Juice DESSERT: Frosted Brownie</p>	<p>30 HOT MEAL: Beef & Three Bean Chili, Roasted Baby Carrots, Baby Potato Cakes, Cornbread, Muffin DELI: Teriyaki Chicken Strips, Shredded Carrots & Chow Mein Noodles over Tossed Salad w/ Asian Dressing, Orange Juice, Crackers DESSERT: Carifruit Salad</p>

Dinner Meal Every Thursday at 5:30 pm

Come join us for good food and great conversation every Thursday night at 5:30 pm. Skim or 1% milk, tea, water, and coffee are available for every meal. For those over 60 there is a suggested contribution of \$5.00.



November 1, 2018

Soft Shell Taco with Lettuce, Tomato, Sour Cream, Hot Sauce, Refried Beans and Marble Cake



November 8, 2018

Beef Chili, Romaine Tossed Salad, Baked Potato with Sour Cream, Cornbread Muffin with Honey, Pecan Pie



November 15, 2018

Fried Chicken, Mashed Potatoes and gravy, Corn, Biscuit and a Surprise Dessert



November 22, 2018

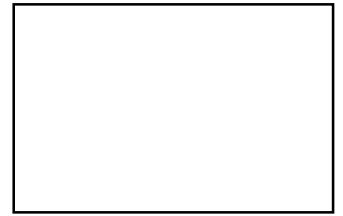
No Evening Meal – HAPPY THANKSGIVING



November 29, 2018

Beef Lasagna, Romaine Tossed Salad, Italian Blend Vegetables, Garlic Bread and Ambrosia

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2018.