




Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors</p>			<p>1 <b>HOT MEAL:</b> Chicken Cordon Bleu w/ Swiss Mornay Sauce, Rosemary Country Diced Potato, California Blend Vegetables, Wheat Berry Roll <b>DELI:</b> Creamy Cheese Tortellini over Tossed Salad Mix w/ Grape Tomatoes, Black Olives &amp; Cracker <b>DESSERT:</b> Peanut Butter Cookie</p>	<p>2 <b>HOT MEAL:</b> Italian Goulash with WG Elbow Noodles, Italian Blend Vegetables, Romaine Blend Salad, Vienna Bread <b>DELI:</b> Chicken Salad on a Croissant w/ Lettuce &amp; Tomato, Coleslaw <b>DESSERT:</b> Diced Peaches</p>
<p>5 <b>HOT MEAL:</b> BBQ Meatballs, Potato Medley, Mixed Vegetables, Wheat Dinner Roll <b>DELI:</b> Turkey &amp; Cheddar w/ Lettuce &amp; Tomato on a Wheat Hamburger Bun, Coleslaw <b>DESSERT:</b> Orange</p>	<p>6 <b>HOT MEAL:</b> Baked Cod Loin in a Sweet Basil Sauce, Mashed Sweet Potatoes, Zucchini &amp; Tomatoes, Wheat Dinner Roll <b>DELI:</b> Reuben Salad, Sliced Corn Beef, Sauerkraut &amp; 1000 Island over Romaine Blend Salad and House made Rye Croutons <b>DESSERT:</b> Tropical Fruit Mix</p>	<p>7 <b>HOT MEAL:</b> Fried Chicken Breast, Whipped Potatoes w/ Chicken Gravy, Green Beans, Italian Roll <b>DELI:</b> Creamy Crab &amp; Baby Shrimp Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers <b>DESSERT:</b> Banana Muffin Square</p>	<p>8 <b>HOT MEAL:</b> Meatloaf &amp; Gravy, Roasted Whole Baby Reds, Broccoli, Cornbread Muffin <b>DELI:</b> Sliced Turkey &amp; American Cheese on Ciabatta Bun w/ Lettuce &amp; Tomato, Potato Salad <b>DESSERT:</b> Pear Slices</p>	<p>9 <b>HOT MEAL:</b> Sweet &amp; Sour Chicken Breast, Oriental Blend Vegetables, Vegetable Egg Roll, Fortune Cookie, Cinnamon Raisin Bread <b>DELI:</b> Roast Beef &amp; Swiss w/ Lettuce &amp; Tomato, on Marble Bread, Broccoli Salad <b>DESSERT:</b> Pineapple Tidbits</p>
<p>12 Center Closed </p>	<p>13 <b>HOT MEAL:</b> All Beef Chili Dog w/ Cheese on a Wheat Bun, Steak Fries, Corn <b>DELI:</b> Turkey Chef Salad, Diced Egg, American Cheese, Tomatoes, Fruit Punch, Cinnamon Raisin Bread <b>DESSERT:</b> Orange</p>	<p>14 <b>HOT MEAL:</b> Baked Ham, Baked Sweet Potatoes, Cauliflower, Cinnamon Raisin Bread <b>DELI:</b> Fresh Italian Herb Chicken Salad on Pita Bread w/ Lettuce and Tomato, Carrot Raisin Salad <b>DESSERT:</b> Birthday Cake</p>	<p>15 <b>HOT MEAL:</b> Sliced Roast Beef &amp; Gravy, Mashed Potatoes, Honey Glazed Carrots, Rye Bread <b>DELI:</b> Classic Chef Salad w/ Ham, Turkey, American &amp; Swiss Cheese, Diced Egg, Tomatoes over Tossed Salad, Crackers, Grape Juice <b>DESSERT:</b> Butterscotch Pudding</p>	<p>16 <b>HOT MEAL:</b> BBQ Chicken Breast on a Wheat Bun, BBQ Baked Beans, Potato Salad <b>DELI:</b> Sliced Ham &amp; American Cheese on Wheat w/ Lettuce &amp; Tomato, Potato Salad <b>DESSERT:</b> Fruit Cocktail</p>
<p>19 <b>HOT MEAL:</b> Hamburger Patty with Garlic Mushroom Gravy, Scalloped Potatoes, Brussels Sprouts, Whole Wheat Bread <b>DELI:</b> Grilled Chicken Ranch Salad, Grilled Chicken, American Cheese, Grape Tomatoes &amp; Black Olives over Tossed Salad, Apple Juice <b>DESSERT:</b> Mandarin Oranges</p>	<p>20 <b>HOT MEAL:</b> Seafood Chowder, Garlic &amp; Butter Diced Reds, California Blend Vegetables, Marble Rye Bread <b>DELI:</b> Italian Sandwich, Turkey, Ham, Pepperoni, Cheese, Peppers &amp; Red Onions on Vienna Bread, Herb Roasted Potato Salad <b>DESSERT:</b> Fruit Crisp</p>	<p>21 <b>HOT MEAL:</b> Turkey Breast w/ Gravy, Cornbread Dressing, Whipped Potatoes, Green Peas w/ Onions, Cranberry Sauce Garnish, Dinner Roll <b>DELI:</b> Roast Beef Chef Salad, Diced Egg, Swiss Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers <b>DESSERT:</b> Pumpkin Pie</p>	<p>Center Closed</p> 	
<p>26 <b>HOT MEAL:</b> 10 Grain Fish Filet, Au Gratin Potatoes, Glazed Diced Beets, Wheat Dinner Roll <b>DELI:</b> Roast Beef &amp; Swiss on Vienna Bread w/ Lettuce &amp; Tomato, Marinated Vegetable Salad <b>DESSERT:</b> Fruited Lime Gelatin</p>	<p>27 <b>HOT MEAL:</b> Swedish Meatballs, Baked Potato, Stewed Tomatoes, Wheat Berry Roll <b>DELI:</b> Turkey &amp; Cheddar w/ Lettuce &amp; Tomato on a Wheat Hamburger Bun, Coleslaw <b>DESSERT:</b> Strawberry Yogurt Cup</p>	<p>28 <b>HOT MEAL:</b> Beef Ravioli in Marinara Sauce, Tossed Salad, Italian Blend Vegetables, Breadstick <b>DELI:</b> Chicken Caesar Salad w/ Caesar Dressing &amp; House Made Croutons Over Salad Mix, Crackers, Orange Juice <b>DESSERT:</b> Cinnamon Apples</p>	<p>29 <b>HOT MEAL:</b> Chicken Breast, Whipped Potatoes w/ Chicken Gravy, Green Beans, Hearth Roll <b>DELI:</b> BLT Supreme Salad w/ Bacon, Turkey, Shredded Cheese, Diced Tomato over Tossed Salad, Crackers, Fruit Punch Juice <b>DESSERT:</b> Frosted Brownie</p>	<p>30 <b>HOT MEAL:</b> Beef &amp; Three Bean Chili, Roasted Baby Carrots, Baby Potato Cakes, Cornbread, Muffin <b>DELI:</b> Teriyaki Chicken Strips, Shredded Carrots &amp; Chow Mein Noodles over Tossed Salad w/ Asian Dressing, Orange Juice, Crackers <b>DESSERT:</b> Carifruit Salad</p>