


Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30- Singers 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:15 Tai Chi 1:00 Bingo 1:00 Poker 1:00 Mahjong	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting and Drawing 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts 1:00 Parkinson's Class

Special Activities for November

Monday	Tuesday	Wednesday	Thursday	Friday
This month is our anniversary at the center! Dawn and I have been here 4 years!!		Reminder: Suggested contribution is now \$4.00 for lunch	1	2 Football Friday 
5 12:00 Bridge Group	6 11:00 Android Training	7 10:00-12:00 Methodist Students 11:15 Presentation on Prescriptions	8 10:30 Bingo Bucks 12:30-Durham Museum Trip 	9 Football Friday 10:00 – Veteran's Day – Bellevue West Presentation 10:00 Book Club
12 Center Closed 	13 11:00 iPhone Training	14 9:30 – Trip to Nishna Museum and Lunch 	15 10:30- Senior Advisory Forum	16 Football Friday 
19 7:00 Alzheimer's' Support Group	20 10:00 Thanksgiving Party 	21 Wear your stretchy pants! Thanksgiving dinner served at lunch!	22 Center Closed 	23 Center Closed 
26	27 11:00 Veteran and Spouse Benefits Program	28 9:00 –Breakfast Pizza 10:00 -12:00 Methodist Students - Presentation	29 12:30 –Senior Care Clinic	30 