



BELLEVUE SENIOR Community Center

*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041

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Manager



Hello People!

The big day has finally arrived! We are having a soft re-open, 3 days a week with limited hours starting May 3! It makes our hearts happy to know we will be seeing everyone soon! We want the best and safest place for you to come enjoy, so please follow the guidelines listed on page 2.

We are starting off slowly and our goal is to be open and serving lunch (like we did pre-Covid) in the near future. We are just as excited as you to see everyone but we still must social distance, sanitize and wear masks. Thank you in advance for your cooperation!

Cheers!
Kathy and
Dawn

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Our New “Normal” for the Month of May

This last year, we all had to learn to change and adapt – too many times to count. As we are preparing for a soft re-open of the center, please be aware that we may also be operating “subject to change” status. As it is now, we will be opening with limited activities and limited times. Our Grab and Go lunch program will still continue throughout the month of May. You may order a Grab and Go lunch and take it home with you at 11:00 am.

Starting off, we will offer morning sessions from 9:00 am – 11:00 am. Upon arrival, we ask that keep socially distanced while you are checked in. There will be a few quick health related questions and a temperature check. There will be hand sanitizer available throughout the center. We will serve you coffee or tea and a morning snack, not self serve as in the past. Please bring your own water bottle if you'd like. You may continue your activities as long as you wear your masks.

The center will close at 11:00 am. The staff will serve Grab and Go lunches then sanitize and clean so we can re-open at 1:00 pm for the afternoon activities. We are excited to see a bit of normalcy return to the center!



Please wear your mask correctly! Let's all work together to keep our center safe. Masks are only to be removed while eating or drinking. We thank you in advance for your support and cooperation.



You know it will be delicious, you know you won't be disappointed, you know to drive up to the alley to get it, you know it's the best deal for only \$3.00..... You just don't know what it will be! Our hot breakfast will be served on **Tuesday, May 25th at 9:00 am.** Please call your order in *by noon on Friday, May 21st.*

TAI CHI CLASSES.

Brenda is Back! She will be leading the classes on Mondays and Wednesdays from 10:15 -11:00 am. We will be asking for .50 per class, or \$1.00 a week. Tai Chi is an exceptional exercise for all ages, but has proven the most benefit for adults over the age of 60. It helps build core muscles and leads to better balance. Drop in a class and check it out !



Help us Celebrate the Opening of the Center!



While we are not able to have our "Normal" parties, we would love for you to stop by the center for an ice cream treat! You can have a little fun with your party attire – wear a festive shirt and even more festive mask!

May 19th from 1:00 pm – 3:00 pm

Masks are required, except while eating and we will be following social distancing guidelines.



MAY BIRTHDAYS



1. Roger Schlapia & Trudy Puszewski
2. Boni Carper & Bob Knutson
3. Linda Stewart, Ruth Tussey, Mary Lou Baglio & Nancy Knutson
4. Larry Sellers
5. Lana Lorence & Beverly McDowell
8. David Rodriguez
10. Mary Douglas, Darlene & Bill Barron
12. Susan Duff, Alice Weimer & Lulu Williams
13. Pauline Hightower, Arlene Kiepert, Kay Mefford
13. Shirley McCarthy, Sally Baker and Dean Culbertson
15. Jeanne Mahr, Dot Winther & Sharene Waltermire
16. Shirley Clauson
17. Dawn Jaixen
18. Sharon Zych
19. John Bowersox, Bernice Stubbs & Sandi Moses
22. Mike Sedden & Jan Gaines
26. Betty Soash
27. Anne Phillips & Merle Kenny
28. Doug Burkholder
30. Kay Kaiser









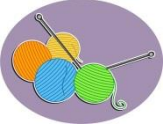

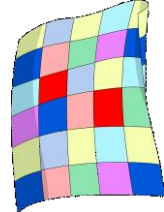


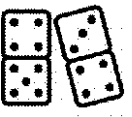


*Nifty Nook Sale !
Everything is half price*



Keep sending in your Family Fare receipts! We have approximately 90,000 points. When we reach 150,000 we will get a check for another \$1000.00!



Daily Activities for May ! Yes they are backlimited time frames

Monday	Tuesday	Wednesday	Thursday	Friday
Mornings 9:00 – 11:00 Billiards Needle Crafters Ceramics Afternoon 1:00 -3:00 Poker Bingo Mahjong Ceramics Hand and Foot	No Activities in the Center	Mornings 9:00 – 11:00 Billiards Painting Group Dominoes Afternoon 1:00 -3:00 Poker Bingo Painting Hand and Foot	Mornings 9:00 – 11:00 Billiards Woodcarvers Bridge Groups Panera Bread Afternoon 1:00 -3:00 Bridge Groups Quilters Dominoes Euchre	9:00 am Panera Bread pick up in the alley No Activities in the Center
Monday 10:15 – Tai Chi	Tuesday	Wednesday 10:15 Tai Chi	Thursday	Friday
3 	4	5 Come try Tai Chi! 	6 Check out our Woodcarvers 	7
10 Let's play 	11	12 The Pool Table is Open! 	13 	14
17 What you can make with our Needle Crafters Group? 	18	19 Painting Group  1:00 – 3:00 Ice Cream	20 Let's Quilt 	21
24 Ceramic class today 	25 9:00 am - Breakfast to Go 	26 Everyone can play Dominoes! 	27 Have you played... 	28
31 CLOSED 				



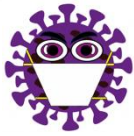
GRAB AND GO LUNCHES!



Call by noon the day before you would like lunch.
Pick-up in the alley between 11:45 am and 12:15 pm

If you are here for a morning activity – call ahead and take one home.

Monday 5/3/2021	Tuesday 5/4/2021	Wednesday 5/5/2021	Thursday 5/6/2021	Friday 5/7/2021
BBQ Pork Rib Patty BBQ Baked Beans Creamed Corn WG Coney Bun Peaches & Strawberries 1% Milk	Cheesy Chicken Breast Mexican Rice Mexican Bean Trio WG Breadstick/Marg Chocolate Pudding 1% Milk	Baked Cod Loin in Pesto Cream Sauce Diced Sweet Potato Green Peas Marble Bread/Marg Cinnamon Applesauce 1% Milk	Swedish Meatballs Scalloped Potatoes Diced Glazed Beets Petite Roll/Marg Mandarin Oranges 1% Milk	Beef & Noodle Cass. Stewed Tomatoes Green Beans WG Bread Slice/Marg Pineapple Tidbits 1% Milk
Monday 5/10/2021	Tuesday 5/11/2021	Wednesday 5/12/2021	Thursday 5/13/2021	Friday 5/14/2021
Hamburger Patty Cheesy Hashbrowns Mixed Vegetables WG Hamuburger Bun Fruit Mix Lettuce & Tomato slice 1% Milk	Oven Fried Chicken Breast w/ Country Gravy Mashed Potatoes Corn Vienna Bread Slice/Marg Tropical Fruit Mix 1% Milk	Baked Ham with Citrus Glaze 1/2 Baked Potato Carrot Coins Honey Wheat Bread/Marg Plain Cake Square Sour Cream PC 1% Milk	Lemon Pepper Chicken Breast Brown Rice Zucchini & Tomatoes WG Breadstick/Marg Ambrosia Fruit Salad 1% Milk	Beef Ravioli & Marinara Capri Blend Vegetables Brussels Sprouts WG Breadstick/Marg Chocolate Chip Muffin 1% Milk
Monday 5/17/2021	Tuesday 5/18/2021	Wednesday 5/19/2021	Thursday 5/20/2021	Friday 5/21/2021
10 Grain Fish Filet Au gratin Potatoes Broccoli WG Dinner Roll/Marg Peach Yogurt PC Tartar Sauce PC 1% Milk	Turkey Tetrazini with WG Pasta Green Peas Chuckwagon Corn WG Dinner Roll/Marg Diced Peaches 1% Milk	Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Peanut Butter Cookie 1% Milk	Roast Beef & Gravy Mashed Potatoes Roasted Baby Carrots Heavy Hearth Roll/Marg Fruit Cobbler 1% Milk	Sweet & Sour Chicken Brown Rice Pilaf Oriental Blend Veggies Cinnamon Raisin Bread Pineapple 1% Milk
Monday 5/24/2021	Tuesday 5/25/2021	Wednesday 5/26/2021	Thursday 5/27/2021	Friday 5/28/2021
Creamed Chicken Gravy Cheesy Hashbrowns Brussels Sprouts Biscuit Tropical Fruit 1% Milk	Ball Park Bratwurst Shredded Sauerkraut Heasoned Potato Wedges WG Mini Hoagie Bun Fresh Orange 1% Milk	Taco Meat Refried Beans Cinnamon Apples Lettuce, Tomato, Cheese 8" Flour Tortilla Taco Sauce PC 1% Milk	Ground Beef Stew with Vegetables Chuckwagon Corn WG Mini Biscuit Diet Jell-O Cake 1% Milk	Pork Chop in Gravy Twice Baked Whip Potato Green Beans WG Dinner Roll/Marg Lemon Pudding 1% Milk
Monday 5/31/2021	Tuesday	Wednesday	Thursday	Friday
Center is closed – No Meal 				



The last of the Covid Jokes!



Day 121 at home and the dog is looking at me like, "See? This is why I chew the furniture!"

After years of wanting to thoroughly clean my house but lacking the time, this week I discovered that wasn't the reason.



Perks Of Working At Home



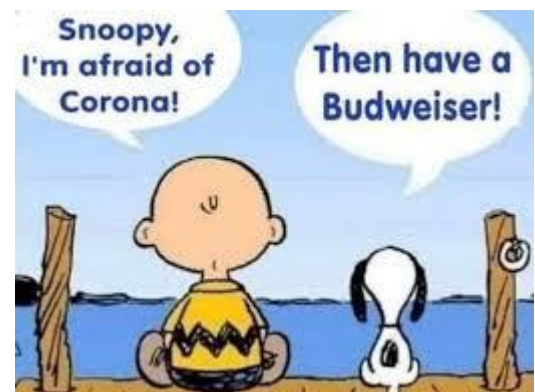
Since we're all in quarantine I guess we'll be making only inside jokes from now on.



How did the health experts lie? They said a mask and gloves was enough to go to the grocery store. When I got there, everyone else had clothes on.



I'll tell you a coronavirus joke now, but you'll have to wait two weeks to see if you got it.



Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2021.