



*Golden opportunities await a new day!*

# BELLEVUE SENIOR

## Community Center

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm



**With Honor & Gratitude**  
**We Remember**

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**Hello People!**

May is a month for remembering. We honor our mothers, the ones who loved us first, held our hands for a while, and our hearts forever. They taught us our basic life lessons. A mother's love never ends.

We also take time to remember our veterans. Those who gave the ultimate sacrifice of their lives for their country and for us. We put flowers on graves, and wave our flags proudly in honor of them. May they never be forgotten.

**Cheers!**  
**Kathy and Dawn**

### CENTER STAFF

Kathy Van Den Top,  
ENOA, Manager

Dawn Jaixen  
ENOA, Assistant  
Manager

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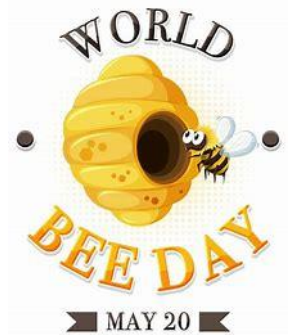
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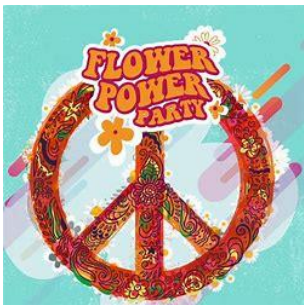
# **MARK YOUR CALENDAR!**

**What's the Buzz?** Local Bee Keeper Barb Wachner will BEE here to talk about her hives. There are so many interesting facts about bees and how important they are to our community! Sign up for her presentation on **Tuesday, May 20<sup>th</sup> at 11:00** and stay for lunch!



**Mother's Day Tea** Join us in celebrating Motherhood on **Friday, May 9<sup>th</sup> at 11:00 am**! We all know mother knows best so we play a few little games and share a light snack in honor of our moms and the joys of being a mom. Bring a picture of your mom to share.

**It's Flower Friday!** Calling all green thumbs..... Let's get this party planted! If you're ready to get a little dirty, here's your chance. We will be planting little starter flowers after lunch. We serve the meal at noon and will plant around the flowers **1:00 pm on May 23<sup>rd</sup>**. Sign up by Wednesday, May 21<sup>st</sup>.



**Feeling Kinda Groovy?** It's Flower Power Party time! If you are feeling "far out" then let your inner flower child bloom! It's a Tye Dye shirt, peace signs and flowers in your hair kinda party. There will be lots of good music by Hal Cottrell and tasty treats on **Tuesday, May 13<sup>th</sup> at 10:30 am**. Peace Out.

**PJ's and Pancakes** You won't want to be late for breakfast so just come in your PJ's and enjoy our light fluffy pancakes, dripping with butter and syrup, sausage, a side of fruit, fresh brewed coffee and juice! Join us **Thursday, May 29<sup>th</sup> at 9:00 am**.



**PS** —We will not be serving morning Panera snacks on party days and when we have our breakfast.

# Here's What's Happening !



**Show us your best hand!** Calling all poker players: Try your luck at playing poker on Mondays and Wednesdays at 12:45. There is a \$3.00 buy in. Order lunch and come at noon.

Feeling Crafty? Monday morning Art Class is making Scratch Pictures! Come see what this is all about! Class times are Mondays from 9:30 – 11:30.



**Senior Olympics – May 7th!** A group of 20 Bellevue Seniors will be competing in the Senior Olympics at Papillion's Landing for 55 plus. They will spend an action packed day of games, prizes, lunch and entertainment! Hopefully they will bring home some gold!  
**GO TEAM BELLEVUE !!!**

Do you enjoy a bagel for breakfast? A slice of Panera bread for your sandwich? We are so blessed to have this donation from Panara each week. We are low on gallon and quart size freezer bags .



**Get you light saber ready!** We will be playing STAR WARS BINGO this month! That's right, all your favorite characters, terms and sayings will be on this bingo card. If you are WOOKing for a fun afternoon, join the force on **Wednesday, May 28th at 1:00pm.**



Rita Painter was our March Winner! She won \$195.00 and the center took in \$195.00 ! Thank you to everyone who bought a raffle.



# May Birthdays



- 1-Trudy Puszewski, Roger Schlapia & Peg Lorkovic
- 2- Bonnie Carper & Bob Knutson
- 3- Mary Lou Baglio & Karen Battreall
- 3- Joan Justice
- 4- Larry Sellers
- 5- Beverly McDowell
- 9- Linda Jackson
- 10 – Darlene Perra & LaVonne Tripp
- 12- Susan Duff & Alice Weier
- 13- Pauline Hightower & Barb Stanek
- 15- Dottie Winter & Sharene Waltemire
- 17- Dawn Jaixen
- 18- Sharon Zych & Lucy Jaixen
- 19- Bernice Stubbs & Larry Younkens
- 19- Sandie Moses
- 22- Jan Gaines, Norma McGinnis & Nancy Janzton
- 25 – Sharlene Pekny & Gerald Divoky
- 26 – Betty Soash
- 29 – Mary Wingett
- 30 – Darlene Joyce



**Groundhogs, Possums and Skunks, Oh My!** Fontenelle Forest will be doing a presentation on the critters that share the city with us. You will learn about their behaviors and babies on **Monday, May 19<sup>th</sup> at 11:00 am.**



**FONTENELLE  
FOREST**


















**Lunch Time!** We have an awesome lunch program through ENOA! Games and parties are fun, but our meals are the most important part of keeping our doors open! Please join us for a delicious hot or deli lunch. The price is a suggested contribution of only \$5.00! Call us by noon the day before.



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class <b>12:45 .25 BINGO</b>

## Activities for the Month of MAY

Monday Dunkin Donuts7:00	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
			1 	2 Are you ready for Derby Day??
5 	6	7 Senior Olympics 	8 9:30 Lisa's Bingo 	10:00 Book Club 11:00 Tea 
12	13 10:30 Party 	14	15 10:30 Senior Forum 	16
19 11:00 Fontenelle Forest Presentation  7:00 Alzheimer Support	20 11:00 Presentation 	21	22 10:30 – Hillcrest BINGO 	23 Flower Friday 
	27	28 1:00 Star Wars Bingo 	29 9:00 Breakfast 	30 

# MAY HOT MENU



A dry May and a leaking June  
Make the farmer whistle a merry tune.

A snowstorm in May  
Is worth a wagonload of hay.

Among the changing months, May stands confessed  
The sweetest, and in fairest colors dressed!  
—James Thomson, Scottish poet (1700–48)

Mild Italian Sausage  
in Marinara Sauce  
Pepper & Onion Mix  
Mixed Greens Salad/Dress PC  
Hoagie Bun  
Cinnamon Applesauce  
1% or Skim Milk

Chicken Marsala  
Sweet Potato Wedges  
Zucchini & Tomatoes  
WG Dinner Roll/Marg  
Moon Pie or  
Diet Cookies  
1% or Skim Milk

**Monday**  
**5/5/2025**

**Tuesday**  
**5/6/2025**

**Wednesday**  
**5/7/2025**

**Thursday**  
**5/8/2025**

**Friday**  
**5/9/2025**

**Cinco de Mayo!!**  
Beef & Cheese Nachos  
Cheese Sauce  
Fiesta Pinto Beans  
WG Tostitos Scoops PC  
Rice Pudding or  
Diet Pudding  
1% or Skim Milk

Oven Fried Chicken Breast  
w/ Country Gravy  
Mashed Potatoes  
Corn  
Vienna Bread Slice/Marg  
Apricot Halves  
1% or Skim Milk

Cheeseburger on  
WG Hamburger Bun  
w/ Leaf Lettuce, Sliced Tomato  
Onion & Pickle Slices  
Coleslaw  
Pineapple Tidbits  
1% or Skim Milk

Meatloaf in Tomato Gravy  
Diced Baby Reds  
California Vegetables  
Heavy Hearth Roll/Marg  
Fresh Pear  
1% or Skim Milk

**Mother's Day Brunch**  
Western Omelet w/ Ham  
Cheese, Peppers & Onion  
with Cheese Sauce  
Cheesy Hashbrowns  
Strawberry Topping over  
a Sweet Biscuit  
1% or Skim Milk

**Monday**  
**5/12/2025**

**Tuesday**  
**5/13/2025**

**Wednesday**  
**5/14/2025**

**Thursday**  
**5/15/2025**

**Friday**  
**5/16/2025**

Turkey Tetrazzini  
with WG Pasta  
Green Peas  
Chuckwagon Corn  
WG Dinner Roll/Marg  
Diced Peaches  
1% or Skim Milk

**Nat. Fruit Cocktail Day**  
Potato Crunch Fish Filet  
Tartar Sauce PC  
Augratin Potatoes  
Broccoli  
WG Dinner Roll/Marg  
Fruit Cocktail  
1% or Skim Milk

**Nat. Buttermilk Biscuit Day**  
Pot Roast  
Sweet Potato Wedges  
Honey Glazed Carrots  
Buttermilk Biscuit/Marg  
Decorated Birthday Cake  
or Plain Cake Square  
1% or Skim Milk

Sweet & Sour Chicken Breast  
Brown Rice Pilaf  
Winter Blend Vegetables  
Cinnamon Raisin Bread/Marg  
Pineapple Tidbits  
1% or Skim Milk

Pork Chop in Gravy  
Stuffing  
Brussels Sprouts  
WG Dinner Roll/Marg  
Butterscotch Pudding  
or Diet Pudding  
1% or Skim Milk

**Monday**  
**5/19/2025**

**Tuesday**  
**5/20/2025**

**Wednesday**  
**5/21/2025**

**Thursday**  
**5/22/2025**

**Friday**  
**5/23/2025**

Chunky Chicken Pot Pie  
over Mashed Potatoes  
Brussels Sprouts  
WG Bread Slice/Marg  
Oatmeal Cream Pie  
or Diet Cookies  
1% or Skim Milk

**Nat. Strawberries Day**  
Chili Cheese Dog  
Shredded Cheese  
Diced Potatoes  
Chuckwagon Corn  
WG Hot Dog Bun  
Strawberries & Peaches  
1% or Skim Milk

Ham & Beans  
Peas & Carrots  
Cornbread/Marg  
Honey PC  
Pineapple Tidbits  
1% or Skim Milk

Turkey Roast in Gravy  
Baked Potato/Sour Cream PC  
Winter Blend Vegetables  
WG Dinner Roll/Marg  
Cinnamon Applesauce  
1% or Skim Milk

Sloppy Joe Sandwich  
on WG Hamburger Bun  
Cheesy Mashed Potatoes  
Mixed Vegetables  
Sliced Pears  
1% or Skim Milk

**Monday**  
**5/26/2025**

**Tuesday**  
**5/27/2025**

**Wednesday**  
**5/28/2025**

**Thursday**  
**5/29/2025**

**Friday**  
**5/30/2025**

**Memorial Day**  
**Senior Center is Closed**

Chicken Spaghetti with  
WG Pasta Casserole  
Green Beans  
Zucchini & Tomatoes  
WG Dinner Roll/Marg  
Fruit Cocktail  
1% or Skim Milk

Meatballs in Brown Gravy  
Peas  
Diced Beets  
WG Dinner Roll/Marg  
Apricot Halves  
1% or Skim Milk

BBQ Pork Rib Patty  
BBQ Baked Beans  
Diced Carrots  
WG Coney Bun  
Strawberries & Mango  
1% or Skim Milk

Cheesy Chicken Breast  
Fiesta Rice  
California Blend Veggies  
WG Breadstick/Marg  
WG Confetti Cookie  
or Diet Cookies  
1% or Skim Milk



# MAY DELI MENU



The name “May” is believed to come from the Greek goddess Maia, who was associated with spring and growth.

	The name “May” is believed to come from the Greek goddess Maia, who was associated with spring and growth.		Roast Beef & Swiss on	Tuna Salad on
			WG Bread	Honey Wheat Bread
			w/ Lettuce & Tomato	w/ Lettuce & Tomato
			Coleslaw	Potato Salad
			Cinnamon Applesauce	Moon Pie or Diet Cookie
			1% or Skim Milk	1% or Skim Milk
<b>Monday</b> <b>5/5/2025</b>	<b>Tuesday</b> <b>5/6/2025</b>	<b>Wednesday</b> <b>5/7/2025</b>	<b>Thursday</b> <b>5/8/2025</b>	<b>Friday</b> <b>5/9/2025</b>
Turkey & Swiss on	Tuna Salad on	Greek Chicken Salad	Crab Salad on	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers(2pk)/100% Fruit Punch Strawberry Topping over a Sweet Biscuit 1% or Skim Milk
Sweet Bun	Croissant	Diced Chicken, Cucumber	WG Mini Coney Bun	
w/ Lettuce & Tomato	w/ Lettuce & Tomato	& Tomato over Mixed Greens	w/ Lettuce & Tomato	
Three Bean Salad	Carrot Raisin Salad	w/ Greek Feta Dressing	Cowboy Caviar	
Rice Pudding or	Apricot Halves	Crackers(2pks)	Fresh Pear	
Diet Pudding	1% or Skim Milk	100% Fruit Punch Juice	1% or Skim Milk	
1% or Skim Milk		Pineapple Tidbits		
		1% or Skim Milk		
<b>Monday</b> <b>5/12/2025</b>	<b>Tuesday</b> <b>5/13/2025</b>	<b>Wednesday</b> <b>5/14/2025</b>	<b>Thursday</b> <b>5/15/2025</b>	<b>Friday</b> <b>5/16/2025</b>
Egg Salad on	Nat. Fruit Cocktail Day	Turkey Chef Salad	Three Meat Hoagie	Turkey Pesto Sandwich
Croissant	Potato Crunch Fish Filet	Diced Turkey, Diced Egg	Turkey, Ham, Roast Beef	w/ Swiss Cheese on
w/ Lettuce & Tomato	Tartar Sauce PC	Amer. Cheese & Grape Tomatoes	American Cheese	Vienna Bread
Coleslaw	Augratin Potatoes	over Mixed Greens	w/ Lettuce & Tomato	w/ Lettuce & Tomato
Fruit Cocktail	Broccoli	Crackers(2pks)	Pea Salad	Carrot Raisin Salad
1% or Skim Milk	WG Dinner Roll/Marg	100% Grape Juice	Pineapple Tidbits	Butterscotch Pudding
	Fruit Cocktail	Birthday Cake or Plain Cake	1% or Skim Milk	or Diet Pudding
	1% or Skim Milk	1% or Skim Milk		1% or Skim Milk
<b>Monday</b> <b>5/19/2025</b>	<b>Tuesday</b> <b>5/20/2025</b>	<b>Wednesday</b> <b>5/21/2025</b>	<b>Thursday</b> <b>5/22/2025</b>	<b>Friday</b> <b>5/23/2025</b>
Ham & American Cheese	Oriental Salad with Chicken,	Chicken Salad	Chicken Caesar Salad	Monte Cristo Sandwich w/
on WG Bread	Shred Carrots, Mandarin	on Croissant	w/ Caesar Dressing	Ham, Turkey, Swiss Cheese
w/ Lettuce & Tomato	Oranges, Green Peppers,	w/ Lettuce & Tomato	over Mixed Greens	& Raspberry Preserves
Carrot Raisin Salad	Chow Mein Noodles & Asian	Potato Salad	Housemade Croutons	on French Toast
Oatmeal Cream Pie	Dressing over Mixed Greens	Pineapple Tidbits	100% Grape Juice	Potato Salad
or Diet Cookies	Strawberries & Peaches	1% or Skim Milk	Cinnamon Applesauce	Sliced Pears
1% or Skim Milk	1% or Skim Milk		1% or Skim Milk	1% or Skim Milk
<b>Monday</b> <b>5/26/2025</b>	<b>Tuesday</b> <b>5/27/2025</b>	<b>Wednesday</b> <b>5/28/2025</b>	<b>Thursday</b> <b>5/29/2025</b>	<b>Friday</b> <b>5/30/2025</b>
Memorial Day	Ham & Swiss on	Meatballs in Brown Gravy	Roast Beef & Swiss on	BLT Supreme Salad
Senior Center is Closed	Poppy Seed Bun	Peas	WG Bread	Diced Chicken, Chopped Bacon
	w/ Lettuce & Tomato	Diced Beets	w/ Lettuce & Tomato	Diced Tomato & Mixed Greens
	Potato Salad	WG Dinner Roll/Marg	Pea Salad	WG Breadstick/Marg
	Fruit Cocktail	Apricot Halves	Strawberries & Mango	100% Fruit Punch
	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	WG Confetti Cookie
				or Diet Cookies
				1% or Skim Milk

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2025.*