



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Top O'the Mornin'!

We've had a mild winter overall and spring is just around the corner! We start thinking of spring cleaning the house, planting flowers, putting in the garden and getting outside more.

It's also a good time to spring clean ourselves – maybe start a new project you've put off, watch less TV and read or even better call a friend. Plant the idea do more for others: smile at strangers, open doors or let someone go ahead of you in line. Think and act a bit more outside of your box. You can challenge yourself to get a few more steps in each day. You'll be glad you did!

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant
Manager

Cheers!
Kathy and Dawn



GH



SAVE THE DATES !



Early Ballot Voting – Michelle will be back with information on how to get your vote in early. If you have moved since you last voted you will also need to complete some paperwork. She will be here to walk you through the steps. Be here at **11:30 am on Friday March 8th**. You can make plans to stay for lunch too.

AARP Safety Driving Refresher Course AARP will be returning for another refresher course. The cost is \$30.00 The class is **Monday, March 11th from 9:00 am – 11:00 am**. Some insurance companies will even give you a discount on your rates for passing the course. Call ahead and reserve your spot.



Top O' the Mornin' to Ya! Follow the rainbow to the senior center for another fun filled party. The Dancing Grannies will be tapping their way here to make you smile and sing along! Be Irish for the day – wear your green or you might get pinched! We might even have some green beer ! The shenanigans start **Friday, March 15th at 10:30** and our **corned beef and cabbage lunch is served at noon**.

Feeling lucky? Let's see just how lucky you are! SpringGO BinGO is back with fun prizes, snacks and always a good time! We will start at **1:00 pm on Monday, March 25th**. You won't want to be late, so sign up for lunch and make it an afternoon!



PANCAKES & PAJAMAS



You'll FLIP over our Pancakes - You BATTER believe it! Our pancakes are so light and fluffy that it would be **un-waffle** for your miss it! Time goes by fast, sign up now so the date doesn't **crepe** up on you! Sign up by the 26th, we will serve Pancakes and Sausage on **Wed. March 27th at 9:00 am**. Wear your PJ's for added fun.



Every hand is a winner! We have some new people coming to the center and we are getting some interest in more card games. Please let us know if you'd like to be part of a Pitch, Pinnacle, Hearts, Spades or Chess group at the center. The more the merrier.

Calling all Quilters! Our walls look so much happier when we have your beautiful quilts hanging on them! If you are a quilter, I'm sure you have more than one. We'd love for you to share them with us. We can hang them up for a month at a time. We also have this gorgeous queen size quilt that was donated to the center to be used as raffle. The tickets are only \$1.00 each or 6 for \$5.00.



Bingo – In the last few months our Mon/Wed/Fri Bingo attendance has dropped down to 2-4 players. We would like to have more participation, or we may need to cut back on the days we have Bingo. ENOA will be hosting Bingo-cize on Wednesday and Fridays, Hillcrest Hosts BingoBucks once a month, and the center does our Bingo Themes once a month.

Do you have a unique or interesting collection? Our glass display case is the perfect place to share it! We have had quite a variety and it's fun to learn a little bit more about our seniors. Stop by the office and select a month you'd like to bring in your collection for display.



Donate!



Spring Cleaning? Keep the Nifty Nook in mind when sorting through your home and downsizing. We will take your gently used items and jewelry. All proceeds from the Nook stay at the center! If you're cleaning out your craft room, we will gladly accept those items as well. We are especially in need of yarn.

Need your will, living will, or POA paperwork done? NE University of Law can help. Call them to register for a FREE appointment at 402-472-3271, press 0 when you hear the recording. Act now – **the DEADLINE to register is MARCH 5!**

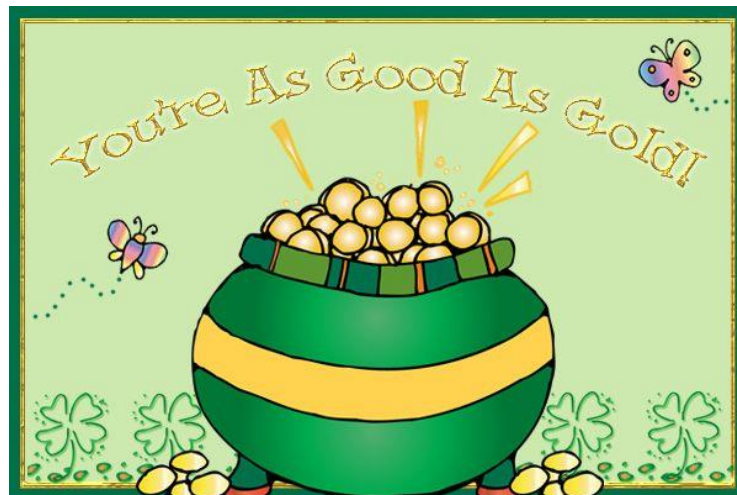




MARCH BIRTHDAYS



- 1- Barb Branco
- 2- Irene Wolfe
- 3- Jack Simmons
- 6- Mary Johnson
- 7- Jean Coburn
- 7- Lesa McCubbin & Kathy Kaiser
- 8- Jocelyn Boyd
- 12 – Jerry Burrow
- 13- Wyatt Ramsey
- 16- Astrid Feronny & Darlene Skinner
- 18- Lynne Lee
- 22- Ken and Nancy Madison
- 23- Betty Schlapia & Harlan Wolterman
- 26- Ruth Rolle & Bernie Newhouse
- 26- Lewis Harlan
- 29-Diane Adams
- 30- Joan Heffner





Our January **50/50** winner was..... **Lore Perl!** She won **\$163.00** and so did the center! Thank you to everyone who played .

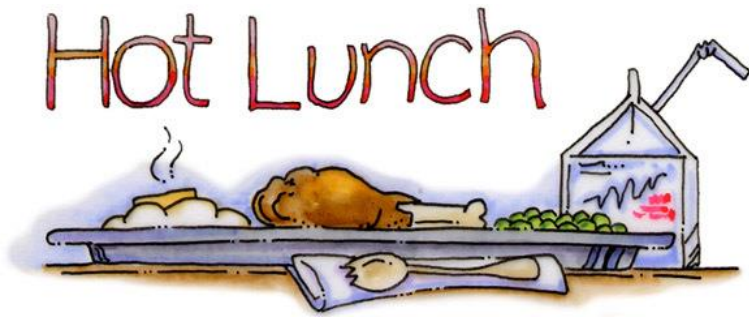


Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong 1:00 - Bingo	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot 1:00 – Bingo-Cize 2:00- Bingo	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Shanghai Rummy	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 1:00– Bingo-CIZE 2:00 Blngo

Activities for the Month of **MARCH**

Monday	Tuesday	Wednesday	Thursday	Friday
Dunkin Donuts		Panera Bread		Panera Bread
				1 
4	Bring a friend to Lunch  You'll always be my best friend... You know to much...	6 National Oreo Day 	7	10:00 Book Club  11:30 –Early Ballot Presentation
11 9:00–11:00 am 	12	13	14 10:30 – Bingo Bucks 	15 St. Patty's Party 
18 7:00 Alzheimer's Support Group 	19 FIRST DAY OF SPRING 	20 International Day of Happiness 20th March 	21 1030 – Senior Advisory Meeting 	22
25 1:00 Springo – Bingo 	26	27 9:00 Pancake Breakfast 	28	29 

MARCH HOT MENU

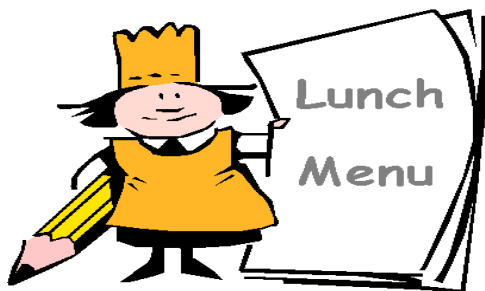


3/1/2024

Breaded Fish Sandwich
on WG Hamburger Bun
w/Lettuce, Tomato, Tartar
Sauce
Creamed Corn
Carrot Coins
Chocolate Brownie

Monday 3/4/2024	Tuesday 3/5/2024	Wednesday 3/6/2024	Thursday 3/7/2024	Friday 3/8/2024
California Cheesy Chicken & Brown Rice Casserole Zucchini & Tomatoes WG Dinner Roll/Marg Diced Pears	Cheeseburger on a Wheat Hamburger Bun w/ Leaf Lettuce, Tomato, Red Onions & Pickle Slices Potato Medley Blueberry Muffin	Turkey Breast & Gravy Baked Potato/Sour Cream PC Green Beans WG Dinner Roll/Marg Tropical Fruit Mix	Meatloaf & Gravy Twice Baked Whipped Potatoes Mixed Vegetables WG Bread Slice/Marg Cherry Vanilla Yogurt PC	Potato Crunch Fish Filet Diced Sweet Potatoes Broccoli Cuts WG Petite Roll/Marg Applesauce Tartar Sauce PC
Monday 3/11/2024	Tuesday 3/12/2024	Wednesday 3/13/2024	Thursday 3/14/2024	Friday 3/15/2024
National Noodle Day Three Meat Pizza Pasta Green Beans Cauliflower WG Breadstick/Marg Diced Peaches	Soft Shell Beef Taco Taco Meat, Shred Cheese Shred Lettuce, Diced Tomato Fiesta Corn 8" Flour Tortilla Sour Cream & Taco Sauce PCs Mandarin Oranges	Pork Fritter Mashed Potatoes & Country Gravy Brussels Sprouts WG Dinner Roll/Marg Decorated Birthday Cake	Chicken Picatta Brown Rice Pilaf Mixed Vegetables Italian Roll/Marg Fruit Cocktail	Corned Beef Cabbage & Carrots Roasted Whole Baby Reds Rye Bread/Marg Emerald Pudding <u>St. Patrick's Day</u>
Monday 3/18/2024	Tuesday 3/19/2024	Wednesday 3/20/2024	Thursday 3/21/2024	Friday 3/22/2024
National Sloppy Joe Day Sloppy Joe Sandwich Scalloped Potatoes Roasted Baby Carrots WG Hamburger Bun Cinnamon Applesauce	Oatmeal Cookie Day Chicken Breast in Gravy Garlic Whip Potatoes Broccoli Cuts Marble Rye Bread/Marg Oatmeal Raisin Cookie	BBQ Meatballs Cauliflower Diced Sweet Potatoes Cinn. Raisin Bread/Marg Pineapple Tidbits	Ham & Northern Beans Brussel Sprouts Cornbread/Marg Diced Pears	Cheese Ravioli in Marinara with Shredded Mozzarella Green Beans Mixed Greens Side Salad Dressing PC WG Breadstick/Marg Peaches & Strawberries
Monday 3/25/2024	Tuesday 3/26/2024	Wednesday 3/27/2024	Thursday 3/28/2024	Friday 3/29/2024
Sweet Chili Chicken Breast Brown Rice Pilaf Winter Blend Heavy Hearth Roll/Marg Fruit Mix	Sliced Roast Beef & Gravy Mashed Potatoes Glazed Diced Beets Vienna Bread/Margarine Chocolate Chip Cookie	Roasted Pork Chop with Pork Gravy Baked Potato/Sour Cream PC Stewed Tomatoes WG Dinner Roll/Marg Oatmeal Cream Pie	Beefy Mac Casserole with Elbow Noodles Mixed Greens Salad/DressPC Capri Blend Vegetables 100% Whole Grain Bread/Marg Mandarin Oranges	Seafood Chowder Diced Sweet Potatoes Green Peas Pumpnickel Bread/Marg Fruit Cocktail

MARCH DELI MENU



Friday
3/1/2024

Roast Beef Chef Salad
Roast Beef & Diced Egg
Amer. Cheese & Grape
Tomatoes
Mixed Greens Entrée
Salad
Crackers (2pk)
100% Apple Juice
Choc. Brownie

Monday
3/4/2024

Roast Beef & Swiss on
Marble Bread
w/ Lettuce & Tomato
Marinated Vegetable Salad
Diced Pears

Tuesday
3/5/2024

Turkey Chef Salad
Diced Turkey, Diced Egg
Amer. Cheese & Grape Tomatoes
Blueberry Muffin
100% Fruit Punch Juice

Wednesday
3/6/2024

Sliced Ham & American
on Wheat Bread
w/ Lettuce & Tomato
Coleslaw
Tropical Fruit Mix

Thursday
3/7/2024

BLT Salad
Chopped Bacon, Dice
Tomato
& Mixed Greens Salad
Cherry Vanilla Yogurt
100% Grape Juice

Friday
3/8/2024

Chicken Salad on
Croissant
w/ Lettuce & Tomato
Tomato Cucumber &
Onion Salad
Applesauce

Monday
3/11/2024

Turkey & Cheddar
on WG Bread
w/ Lettuce & Tomato
Potato Salad
Diced Peaches

Tuesday
3/12/2024

Cranberry Chicken
Salad on Raisin Bread
w/ Lettuce & Tomato
Carrot Raisin Salad
Mandarin Oranges

Wednesday
3/13/2024

Chicken Pasta Salad
over Mixed Greens Salad
Tomato Wedges
CROUTONS
Decorated Birthday Cake

Thursday
3/14/2024

Classic Chef Salad
Turkey, Ham, Diced Egg
Amer. Cheese & Grape
Tomatoes
Crackers (2pk)
100% Grape Juice
Fruit Cocktail

Friday
3/15/2024

Corned Beef
Cabbage & Carrots
Roasted Whole Baby Reds
Rye Bread/Marg
Emerald Pudding
St. Patrick's Day

Monday
3/18/2024

Roast Beef Chef Salad
Roast Beef & Diced Egg
Amer. Cheese & Grape
Tomatoes
Mixed Greens Salad
Crackers (2pk)
100% Apple Juice
Cinnamon Applesauce

Tuesday
3/19/2024

Three Meat Hoagie
Turkey, Ham, Roast Beef &
American Cheese on
Wheat Hoagie Bun
w/ Leaf Lettuce & Tomato
Coleslaw
Oatmeal Raisin

Wednesday
3/20/2024

Ham Salad on
Croissant
w/ Lettuce & Tomato
Carrot Raisin Salad
Pineapple Tidbits

Thursday
3/21/2024

Chicken Caesar Salad
w/ Caesar Dressing
Croutons
Mixed Greens Entrée Salad
100% Grape Juice
Diced Pears

Friday
3/22/2024

Italian Sandwich
Turkey, Ham, Pepperoni,
Cheese, Peppers & Red
Onion
on Vienna Bread
Potato Salad
Peaches & Strawberries

Monday
3/25/2024

Ham & American Cheese
on WG Bread
w/ Lettuce & Tomato
Potato Salad
Fruit Mix

Tuesday
3/26/2024

Deli Turkey & American
Cheese on Marble Bread
w/ Lettuce & Tomato
Carrot Raisin Salad
Chocolate Chip Cookie

Wednesday
3/27/2024

Roast Beef Chef Salad
Roast Beef & Diced Egg
Amer. Cheese & Grape
Tomatoes
Mixed Greens Entrée Salad
Crackers (2pk)
100% Fruit Punch Juice
Oatmeal Cream Pie

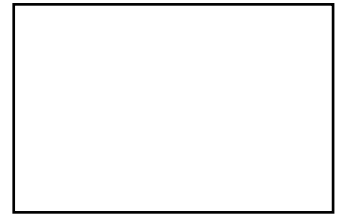
Thursday
3/28/2024

Cranberry Chicken
Salad with Grapes on
Cinnamon Raisin Bread
Marinated Vegetable
Salad
Mandarin Oranges

Friday
3/29/2024

Classic Chef Salad
Turkey, Ham, Diced Egg
Amer. Cheese & Grape
Tomatoes
Crackers (2pk)
100% Grape Juice
Fruit Cocktail

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2024.