

MARCH HOT MENU

		3/1/2023	3/2/2023	3/3/2023
All meals served with a smile and 1% or skim milk	Please call by noon on the day before you'd like a meal Suggested contribution \$4.25	Liver w/ Onion Gravy Whipped Potatoes Country Blend Vegetables* Honey Wheat Bread/Marg Apricot Halves	Ham & Scalloped Potatoes Winter Blend Vegetables* WG Dinner Roll/Marg Cinnamon Apple Slices	Breaded Fish* Sandwich on WG Hamburger Bun w/Lettuce, Tomato, Tartar Sauce Potato Medley Carrot Coins* Diet Fruited Gelatin
		Monday 3/6/2023	Tuesday 3/7/2023	Wednesday 3/8/2023
California Cheesy Chicken & Brown Rice Casserole Zucchini & Tomatoes* WG Dinner Roll/Marg Diced Pears	Cheeseburger* on a Wheat Hamburger Bun w/ Leaf Lettuce, Tomato, Red Onions & Pickle Slices Potato Wedges* Chocolate Chip Muffin	Turkey Breast & Gravy Potato Medley Green Beans* WG Dinner Roll/Marg Decorated Birthday Cake	Meatloaf & Gravy Twice Baked Whipped Potatoes Mixed Vegetables* WG Bread Slice/Marg Cherry Vanilla Yogurt PC	Potato Crunch Fish Filet* Baked Sweet Potato Spring Blend Vegetables* Heavy Hearth Roll/Marg Applesauce
Monday 3/13/2023	Tuesday 3/14/2023	Wednesday 3/15/2023	Thursday 3/16/2023	Friday 3/17/2023
Swedish Meatballs Potato Medley Oven Roasted Vegetables* WG Breadstick/Marg Diced Peaches 1% or Skim Milk	Soft Shell Beef Taco Taco Meat Cheese Lettuce, Diced Tomato Fiesta Corn* 8" Flour Tortilla Sour Cream Pineapple Tidbits	Pork Fritter* Mashed Potatoes & Gravy Brussels Sprouts* WG Dinner Roll/Marg Classic Fruit Salad	Chicken Breast/Gravy Rice Pilaf California Mix* Italian Roll/Marg Fruit Cocktail	Corned Beef* Cabbage & Carrots Roasted Whole Baby Reds Rye Bread/Marg Emerald Pudding
Monday 3/20/2023	Tuesday 3/21/2023	Wednesday 3/22/2023	Thursday 3/23/2023	Friday 3/24/2023
Ham & Northern Beans Roasted Baby Carrots Cornbread/Marg Cinnamon Applesauce 1% or Skim Milk	Chicken with Supreme Sauce Garlic Whip Potatoes Green Beans* Marble Rye Bread/Marg Oatmeal Raisin Cookie	BBQ Meatballs Cauliflower* Diced Sweet Potatoes Cinn. Raisin Bread/Marg Diced Pears	Pizza Joe* Sandwich on WG Hamburger Bun Shredded Mozzarella Cheese Seasoned Potato Wedges* Italian Blend Vegetables* Pineapple Tidbits	Cheese Ravioli in Marinara with Shredded Mozzarella Broccoli* Mixed Greens Side Salad Peach slices WG Breadstick/Marg
Monday 3/27/2023	Tuesday 3/28/2023	Wednesday 3/29/2023	Thursday 3/30/2023	Friday 3/31/2023
Hawaiian BBQ Chicken Brown Rice Pilaf Winter Blend* WG Bread /Marg Fruit Mix	Sliced Roast Beef & Gravy Mashed Potatoes Glazed Diced Beets Vienna Bread/Margarine Chocolate Brownie	Roasted Pork Chop with Apple Chutney Baked Potato Green Beans* WG Dinner Roll/Marg Strawberry Shortcake	Beefy Mac Casserole with Cavatappi Noodles Mixed Greens Salad/DressPC Capri Blend Vegetables* 100% Whole Grain Bread/Marg Mandarin Oranges	Baked Cod Loin in Citrus Cream Sauce Baked Sweet Potato Green Peas* Pumpnickel Bread/Marg Fruit Cocktail

MARCH DELI MENU

Suggested Contribution \$4.25		Wednesday 3/1/2023	Thursday 3/2/2023	Friday 3/3/2023
All lunches are served with a smile and 1% or skim milk.	Call by noon the day before you'd like a meal.	Greek Chicken Salad Diced Chicken, Cucumber & Tomato over Romaine Blend w/ Greek Feta Dressing 100% Fruit Punch Juice Apricot Halves	Creamy Crab & Baby Shrimp Macaroni Salad on Mixed Greens Salad Tomato Wedges Cinnamon Apple Slices	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad 100% Apple Juice Diet Fruited Gelatin
Monday 3/6/2023	Tuesday 3/7/2023	Wednesday 3/8/2023	Thursday 3/9/2023	Friday 3/10/2023
Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato Marinated Vegetable Salad Diced Pears	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Fruit Punch Juice Chocolate Chip Muffin	Sliced Ham & American on Wheat Bread w/ Lettuce & Tomato Coleslaw Decorated Birthday Cake	BLT Salad Chopped Bacon, Dice Tomato & Mixed Greens Salad Croutons 100% Grape Juice Cherry Vanilla Yogurt PC	Chicken Salad on Rye Bread w/ Lettuce & Tomato Tomato Cucumber & Onion Salad Applesauce
Monday 3/13/2023	Tuesday 3/14/2023	Wednesday 3/15/2023	Thursday 3/16/2023	Friday 3/17/2023
Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Potato Salad Diced Peaches	Cranberry Chicken Salad on Raisin Bread w/ Lettuce & Tomato Carrot Raisin Salad Pineapple Tidbits	Chicken Pasta Salad over Mixed Greens Salad Tomato Wedges Croutons Classic Fruit Salad	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Grape Juice Fruit Cocktail	Hot Only!!! Corned Beef* Cabbage & Carrots Roasted Whole Baby Reds Rye Bread/Marg Emerald Pudding
Monday 3/20/2023	Tuesday 3/21/2023	Wednesday 3/22/2023	Thursday 3/23/2023	Friday 3/24/2023
Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers (2pk) 100% Apple Juice Cinnamon Apple Slices	Three Meat Hoagie Turkey, Ham, Roast Beef & American Cheese on Wheat Hoagie Bun w/ Leaf Lettuce & Tomato Coleslaw Oatmeal Raisin	Ham Salad on Croissant w/ Lettuce & Tomato Carrot Raisin Salad Diced Pears	Chicken Caesar Salad w/ Caesar Dressing Croutons Mixed Greens Entrée Salad 100% Grape Juice Pineapple Tidbits	Italian Sandwich Turkey, Ham, Pepperoni, Cheese, Peppers & Red Onion on Vienna Bread Potato Salad Peach Slices
Monday 3/27/2023	Tuesday 3/28/2023	Wednesday 3/29/2023	Thursday 3/30/2023	Friday 3/31/2023
Ham & American Cheese on WG Bread w/ Lettuce & Tomato Potato Salad Fruit Mix	Deli Turkey & American Cheese on Marble Bread w/ Lettuce & Tomato Carrot Raisin Salad Chocolate Brownie	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk)	Cranberry Chicken Salad with Grapes on Cinnamon Raisin Bread Marinated Vegetable Salad Mandarin Oranges	Classic Chef Salad Turkey, Ham, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Grape Juice