| Tage 0 | | e Senior Community Cer | iter ivienu | March 2020 |
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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 2 HOT MEAL: Pork Fritter, Mashed Potatoes & Gravy, Brussels Sprouts, Marble Bread DELI: Chicken Pasta Salad over Romaine Blend Salad, Tomato Wedges, Croutons DESSERT: Classic Fruit Salad | 3 HOT MEAL: Beef & Bean Chili, Baked Potato w/ Sour Cream, Romaine Salad, Cornbread DELI: Turkey & Cheddar on ½ Ciabatta w/ Lettuce & Tomato, Coleslaw DESSERT: Tropical Fruit | HOT MEAL: Cheese Omelet, Cheese Sauce, Baby Red Potatoes, Vegetable Juice, Raspberry Muffin Square DELI: Greek Chicken Salad w/ Cucumber & Tomato, over Romaine Blend Salad, Greek Feta Dressing, Crackers, Fruit Punch DESSERT: Glazed Pineapple | 5 HOT MEAL: Ham & Scalloped Potatoes, Winter Blend Vegetable, Dinner Roll DELI: Creamy Crab & Baby Shrimp, Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Cinnamon Apple Slices | 6 HOT MEAL: Breaded Fish Sandwich on a Hamburger Bun w/ Lettuce, Tomato, Tartar Sauce, Creamed Corn, Carrot Coins DELI: Roast Beef Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Apple Juice DESSERT: Fruited Gelatin |
| 9 HOT MEAL: California Cheesy Chicken & Brown Rice Casserole, Zucchini & Tomatoes, Dinner Roll DELI: Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato, Marinated Vegetable Salad DESSERT: Diced Pears | 10 HOT MEAL: Soft Shell Beef Taco, Shredded Cheese, Lettuce, Tomato, Fiesta Corn DELI: Turkey Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Fruit Punch DESSERT: Cinnamon Applesauce | 11 HOT MEAL: Turkey Breast & Gravy, Potato Medley, Green Beans, Dinner Roll DELI: Ham & American Cheese on WG Bread w/ Lettuce & Tomato, Coleslaw DESSERT: Birthday Cake | 12 HOT MEAL: Breaded Chicken Sandwich on a Hamburger Bun w/ Lettuce & Tomato, Twice Baked Whipped Potatoes, Mixed Vegetables DELI: BLT Salad w/ Chopped Bacon, Diced Tomato, over Romaine Lettuce Blend, Croutons, Grape Juice DESSERT: Cherry Vanilla Yogurt | 13 HOT MEAL: Potato Crunch Fish Filet, Baked Sweet Potato, Oregon Blend Vegetables, Petite Roll DELI: Chicken Salad on Rye Bread w/ Lettuce & Tomato, Tomato Cucumber & Onion Salad DESSERT: Pineapple Tidbits |
| 16 HOT MEAL: Chicken Tenders w/ BBQ Sauce, Potato Medley, Spinach Casserole, Breadstick DELI: Deli Roast Beef & Cheddar on WG Bread w/ Lettuce & Tomato, Potato Salad DESSERT: Diced Peaches | 17 HOT MEAL: Corn Beef, Cabbage & Carrots, Roasted Whole Baby Reds, Rye Bread DELI: Deli Chicken & American Cheese on Marble Bread w/ Lettuce & Tomato, Carrot Raisin Salad DESSERT: Emerald Pudding | 18 HOT MEAL: Cheeseburger on a Hamburger Bun, Lettuce, Tomato, Red Onion, Pickle Slices, Baked Beans DELI: Ham Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Grape Juice DESSERT: Chocolate Chip Muffin | 19 HOT MEAL: Beefy Mac Casserole with Cavatappi Noodles, Romaine Blend Salad, Capri Blend Vegetables, Whole Grain Bread DELI: Pecan Cranberry Chicken Salad with Grapes on Cinnamon Raisin Bread, Marinated Vegetable Salad DESSERT: Mandarin Oranges | HOT MEAL: 10 Grain Fish. Cheesy Mashed Potatoes, Oven Roasted Vegetables, Italian Roll DELI: Creamy Cheese Tortellini over Romaine Blend Salad with Grape Tomatoes & Black Olives, Crackers DESSERT: Fruit Cocktail |
| 23 HOT MEAL: Ham & Northern Beans, Baby Roasted Carrots, Cornbread DELI: Roast Beef Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Apple Juice DESSERT: Cherry Cobbler | 24 HOT MEAL: Chicken with Supreme Sauce, Garlic Whip Potatoes, Broccoli, Marble Rye DELI: Three Meat Hoagie, Turkey, Ham, Roast Beef, American Cheese on a Hoagie Bun w/ Lettuce & Tomato, Coleslaw DESSERT: Oatmeal Raisin Cookie | 25 HOT MEAL: Teriyaki Meatballs, Oriental Blend Vegetables, Carrot Coins, Fortune Cookie, Cinnamon Raisin Bread DELI: Chicken Caesar Salad w/ Caesar Dressing, House Made Croutons, Romaine Blend Salad, Grape Juice DESSERT: Diced Pears | 26 HOT MEAL: Pizza Joe Sandwich on a Hamburger Bun. Shredded Mozzarella Cheese, Seasoned Potato Wedges, Italian Blend Vegetables DELI: Teriyaki Chicken Strips, Shredded Carrots & Chow Mein Noodles over Salad Mix with Asian Dressing, Crackers, Apple Juice DESSERT: Pineapple Tidbits | 27 HOT MEAL: Cheese Ravioli in Marinara with Shredded Mozzarella, Green Beans, Romaine Blend Salad, Breadstick DELI: Italian Sandwich, Turkey, Ham, Pepperoni, Cheese, Peppers & Red Onion on Vienna Bread, Potato Salad DESSERT: Plum Halves |
| HOT MEAL: Hawaiian BBQ Chicken, Brown Rice Pilaf, Winter Blend, Vienna Bread DELI: Ham & American Cheese on WG Bread w/ Lettuce & Tomato, Potato Salad DESSERT: Fruit Mix | 31 HOT MEAL: Sliced Roast Beef & Gravy, Mashed Potatoes, Glazed Diced Beets, Hearth Roll DELI: Deli Chicken & American Cheese on Marble Bread w/ Lettuce & Tomato, Carrot Raisin Salad DESSERT: Frosted Brownie | | | Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$3.50 for seniors |