


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch here the next day.</p> <p>Suggested contribution for lunch is \$3.50 for seniors</p>			<p>1</p> <p>HOT MEAL: Cheesy Beefy Joe on a Kaiser Bun, Au Gratin Potatoes, Mixed Vegetables</p> <p>DELI: Ham & Cheese on Vienna Bread w/ Lettuce & Tomato, Sweet Potato Salad</p> <p>DESSERT: Sugar Cookie</p>	<p>2</p> <p>HOT MEAL: Tuna & Noodle Casserole, Green Peas, Carrots, Wheat Dinner Roll</p> <p>DELI: Pecan Cranberry Chicken Salad w/ Grapes on Cinnamon Raisin Bread, Celery Sticks w/ Ranch</p> <p>DESSERT: Pineapple</p>
<p>5</p> <p>HOT MEAL: Meatballs in a Marinara Sauce, Creamed Spinach, Corn, Breadstick</p> <p>DELI: Classic Chicken Salad on Wheat Bread w/ Lettuce & Tomato, Carrot Raisin Salad</p> <p>DESSERT: Fresh Fruit</p>	<p>6</p> <p>HOT MEAL: Pork Fritter, Scalloped Potatoes, Broccoli, Multi Grain Bread</p> <p>DELI: Turkey Chef Salad w/ Turkey & Diced Egg, Swiss & American Cheese over Tossed Salad Mix, Crackers, Fruit Punch</p> <p>DESSERT: Brownie</p>	<p>7</p> <p>HOT MEAL: Teriyaki Chicken Breast, Brown Rice Pilaf, Oriental Blend Vegetables, Hearth Roll</p> <p>DELI: Creamy Cheese Tortellini over Tossed Salad Mix w/ Grape Tomatoes & Black Olives & House Made Croutons</p> <p>DESSERT: Apricots</p>	<p>8</p> <p>HOT MEAL: Salisbury Steak w/ Gravy, Oven Roasted Baby Reds, Green Beans, Honey Wheat Bread</p> <p>DELI: Tuna Salad on a Croissant w/ Lettuce & Tomato, Three Bean Salad</p> <p>DESSERT: Chocolate Chip Muffin</p>	<p>9</p> <p>HOT MEAL: Cheese Ravioli w/ Marinara Sauce, Tossed Salad, Brussel Sprouts, Italian Roll</p> <p>DELI: Classic Chef Salad w/ Ham, Turkey, American & Swiss Cheese, Diced Egg over Tossed Salad, Crackers, Grape Juice</p> <p>DESSERT: Hot Cinnamon Apples</p>
<p>12</p> <p>HOT MEAL: Ham & Northern Beans, Glazed Beets, Cornbread</p> <p>DELI: Sliced Turkey & Cheddar Cheese on Ciabatta Bun w/ Lettuce & Tomato, Three Bean Salad</p> <p>DESSERT: Peaches</p>	<p>13</p> <p>HOT MEAL: Grilled Turkey Burger on a Wheat Bun, Leaf Lettuce, Sliced Tomato, BBQ Baked Beans, Coleslaw</p> <p>DELI: Chef Salad w/ Roast Beef, American & Swiss Cheese, Diced Egg over Tossed Salad, Crackers, Orange Juice</p> <p>DESSERT: Pineapple Rings</p>	<p>14</p> <p>HOT MEAL: Turkey Roast & Gravy, Whipped Potatoes, Country Vegetables, Vienna Bread</p> <p>DELI: Ham Salad on Pita Bread w/ Shredded Lettuce & Tomato, California Pasta Salad</p> <p>DESSERT: Birthday Cake</p>	<p>15</p> <p>HOT MEAL: BBQ Meatballs, Potato Wedges, Lima Beans, Sourdough Dinner Roll</p> <p>DELI: Cobb Salad w/ Lettuce, Bacon, Eggs, Diced Chicken, Diced Ham and & Crumbled Bleu Cheese, over Tossed Salad Mix, Crackers,</p> <p>DESSERT: Oatmeal Raisin Cookie</p>	<p>16</p> <p>HOT MEAL: Corned Beef, Cabbage & Carrots, Red Skin Potatoes, Rye Bread</p> <p>DELI: Tuna Salad Sandwich on Rye Bread w/ Lettuce & Tomato, Carrot Raisin Salad</p> <p>DESSERT: Emerald Pudding</p>
<p>19</p> <p>HOT MEAL: Chicken Broccoli Supreme Casserole w/ Penne, Stewed Tomatoes, Italian Roll</p> <p>DELI: Roast Beef & Cheese on Wheat Bread w/ Lettuce & Tomato, Cheesy Macaroni Salad</p> <p>DESSERT: Spiced Pears</p>	<p>20</p> <p>HOT MEAL: Sliced Roast Beef & Gravy, Baked Potato, Cabbage, Petite Roll</p> <p>DELI: Classic Chef Salad w/ Ham, Turkey, American & Swiss Cheese, Diced Egg over Tossed Salad, Crackers, Apple Juice</p> <p>DESSERT: Fresh Fruit</p>	<p>21</p> <p>HOT MEAL: Soft Shell Beef Taco in a Flour Tortilla w/ Shredded Lettuce, Cheese & Tomato, Refried Beans</p> <p>DELI: Egg Salad Sandwich on a Croissant w/ Lettuce & Tomato, Coleslaw</p> <p>DESSERT: Cinnamon Applesauce</p>	<p>22</p> <p>HOT MEAL: Baked Ham, Baked Sweet Potato, Green Peas, Wheat Bread</p> <p>DELI: Turkey, Ham & American Cheese on a Hoagie Bun w/ Lettuce & Tomato, Potato Salad</p> <p>DESSERT: Lemon Bar</p>	<p>23</p> <p>HOT MEAL: Baked Cod in a Garlic Cream Sauce, Twice Baked Whipped Potatoes, Green Beans, Wheat Berry Roll</p> <p>DELI: Grilled Fajita Chicken Strips, Diced Red & Green Peppers over Romaine w/ Chunky Salsa & Tortilla Strips, Fruit Punch</p> <p>DESSERT: Mandarin Oranges</p>
<p>26</p> <p>HOT MEAL: Hamburger Patty w/ Onion Gravy, Whipped Potatoes, Mixed Vegetable, Biscuit</p> <p>DELI: Pecan Cranberry Chicken Salad w/ Grapes on Cinnamon Raisin Bread, Celery Sticks w/ Ranch</p> <p>DESSERT: Chocolate Chip Cookie</p>	<p>27</p> <p>HOT MEAL: Chicken Breast & Peanut Sauce, Potato Medley, Japanese Vegetable Blend, Dinner Roll, Fortune Cookie</p> <p>DELI: Chef Salad w/ Roast Beef, American & Swiss Cheese, Diced Egg over Tossed Salad, Crackers, Orange Juice</p> <p>DESSERT: Plum Halves</p>	<p>28</p> <p>HOT MEAL: Roast Pork Loin w/ Gravy, Roasted Red Potatoes, Cauliflower Au Gratin, Vienna Bread</p> <p>DELI: Chicken Caesar Salad w/ Caesar Dressing, Homemade Croutons over Tossed Salad Mix, Apple Juice</p> <p>DESSERT: Creamsicle Pudding</p>	<p>29</p> <p>HOT MEAL: Beef Enchilada & Rice Casserole, Mexican Corn, Tossed Salad, Multi Grain Bread</p> <p>DELI: Creamy Crab & Baby Shrimp Macaroni Salad on Tossed Salad Mix, Tomato Wedges, Crackers</p> <p>DESSERT: Chery Cobbler</p>	<p>30</p> <p>HOT MEAL: 10 Grain Fish w/ Tartar Sauce, Au Gratin Potatoes, Zucchini & Tomatoes, Cornbread</p> <p>DELI: Turkey Club Wrap, Sliced Turkey, Bacon, American & Swiss Cheese w/ Lettuce & Tomato in a Spinach & Herb Tortilla</p> <p>DESSERT: Tropical Fruit</p>