



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Hello People!

Is safe to say Spring has arrived! The trees are green, the flowers are blooming, sunny skies and the days are getting longer! We hope to see more of you at the center since it is easier to get out and about.

We offer delicious meals. If you haven't joined us for lunch, please check out our menu and have a meal with us. There is the option for a hot meal or a deli – and both are delicious! Our meals are just a suggested contribution of \$4.25.

We serve lunch at noon, Monday thru Friday. Can't make lunch at noon? No problem – just ask us about our Grab and Go program for the details. Be sure to call us by noon the day before to order your lunch. You'll be glad you did!

Cheers!
Kathy and Dawn

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant Manager



LOOK WHAT'S HAPPENING!



TIE DYE PARTY ! Let's add a splash of color to our next party! We will be making tie dye T shirts and then you are encouraged to wear it to our party this month. Bring your own white shirt and let's get funky! We will be tie dyeing the shirts on **Tuesday, May 7th at 1:00 pm.** Show some color!

GET YOUR GROOVE ON ! Want to have a real Far Out time? Find your inner Flower Child? Put on your tie dye shirt, head band, bell bottoms and whatever else you have in your closet from the 60's-70's and 80's ! Join this step back in a time machine party with Billy Troy on **Wed. May 29th at 10:30 am,** and stay for lunch.



Mother's Day Tea – Join us as we celebrate Motherhood on **Monday, May 13th at 11:00 am.** We will have a light snack and tea as we have a special time to reflect on the women in our lives who made us who we are today.

Biscuits and Gravy – Now Ain't that Grand! It's a classic breakfast – a flaky hot grand biscuit smothered in country sausage gravy! We serve it with a side of fruit, coffee and juice for only \$4.00. Your tummy will thank you. Join us on **Friday, May 24th at 9:00 am.** Reserve your spot by Wed. 23rd.



April Showers Bring..... May Flower Bingo! Do you know your flowers? Do you have a favorite in your garden? We will probably be calling it out during our Bingo on **Wednesday, May 15th at 1:00 pm.** If you haven't planted your garden or shopped for flowers, this will get you in the mood. Order lunch and stay "planted" for more fun!



CHECK THIS OUT !

PAYING TOO
MUCH PROPERTY



HOMESTEAD EXEMPTION SESSION. Volunteers Assisting Seniors will be here to answer your questions and give you information. Did you know even if you don't qualify for 100%, you may still qualify for some exemptions. They will be here from **9:00 – 11:00 am on Thursday, May 9th**. Be sure to reserve your spot and lunch.

Empowering Voices with Expressive Art Workshop We are excited to announce we are part of a unique art program for seniors! We will have 10 free sessions, starting in June, open to the first 15 people who sign up. The class will be taught by a local artist. More info to come. Sign ups will start on May 1st



Memorial Day - Each year millions of Americans gather for picnics, a long weekend get away, or a day at the lake. They grill out, play games, and have the "official" start of summer. But Memorial Day is much more. We need to take time to remember those who gave their lives for our freedom. Those who never made it back to their families. They should be remembered and honored every day.

Tornado and Fire Safety Class - It's tornado season again! Sign up for this free class taught by the Red Cross. You will also be able to sign up to make an appointment for a FREE smoke alarm that will be installed by a Red Cross rep. The class is at **11:00 am on Tuesday, May 21**. Make plans to stay for lunch.



Friendly Reminder: When you are doing your banking, please ask the bank teller to make change for you. We do not always have smaller bills for you.

Our 50/50 winner was..... **KEN MADISON** ! He won \$162 and so did the center! Thank you to everyone who played .





May Birthdays














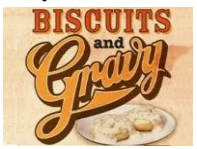



1. Trudy Puszewski & Roger Schlapia
2. Bonnie Carper & Bob Knutson
3. Mary Lou Baglio, Karen Battreall
3. Nancy Knutson
5. Lana Lorence & Beverly McDowell
10. Darlene Perra & LaVonne Tripp
12. Susan Duff
13. Pauline Hightower & Barbara Stanek
13. Shirley McCarthy & Barb Simmons
15. Dottie Winther & Sharene Waltermire
16. Shirley Clauson
17. Dawn Jaixen
18. Sharon Zych & Lucy Jaixen
19. Bernice Stubbs & Sandie Moses
22. Jan Gaines & Nancy Jantzson
23. Brenda Batterman
25. Gerald Divoky
- 26 . Betty Soash
27. Merle Kenny
30. Lois Roberts & Darlene Joyce



MAY

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Shanghai Rummy	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 1:00 Bingo We are having .25 Bingo just on Fridays.

Activities for the Month of MAY

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
		1 	2	3
6	7 1:00 Tie Dye Shirts 	8 Birthday Cake and Ice Cream with LUNCH 	9 9:00 -11:00  10:30 – Bingo Bucks	10 10:30 Book Club 
13. 11:00 – Mother’s Day Tea  7:00 – Alzheimer’s Support Group	14 	15 1:00 Flower Bingo 	16 10:30 Senior Advisory Meeting 	17
20 	21 11:00 Tornado & Fire Safety 	22	23	24 9:00 Biscuits and Gravy 
27 CLOSED FOR MEMORIAL DAY 	28	29 10:30 Flower Power 	30	31 50/50 Drawing 

MAY HOT MENU

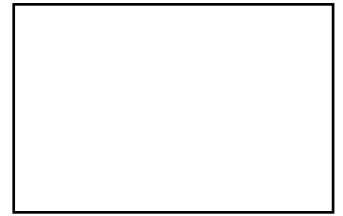


Please call your order in by NOON the day before. Meals are served with 1% milk or skim milk and a smile 😊		Wednesday	Thursday	Friday
		5/1/2024	5/2/2024	5/3/2024
		Swedish Meatballs	Mild Italian Sausage	Cinco de Mayo!!
		Mashed Potatoes	in Marinara Sauce	Taco Joe Sandwich
		Diced Glazed Beets	Pepper & Onion Mix	Corn Elote
		Petite Roll/Marg	Mixed Greens Salad/Dress PC	Fiesta Diced Potatoes
		Mandarin Oranges	Hoagie Bun	WG Hamburger Bun
	Cinnamon Applesauce	Pineapple Tidbits w/ Tajin PC		
Monday	Tuesday	Wednesday	Thursday	Friday
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Baked Ham with Citrus Glaze	Oven Fried Chicken Breast w/ Country Gravy	Pot Roast	Chicken Panzanella	Mother's Day Brunch
Baked Potato/Sour Cream PC	Mashed Potatoes	Garlic Tri-Cut Baby Reds	Brown Rice Pilaf	Western Omelet w/ Ham
Green Peas	Corn	California Blend Vegetables	California Vegetables	Cheese, Peppers & Onion
Honey Wheat Bread/Marg	Vienna Bread Slice/Marg	Heavy Hearth Roll/Marg	Heavy Hearth Roll/Marg	with Cheese Sauce
Fruit Mix	Apricot Halves	Decorated Birthday Cake	Fresh Pear	Cheesy Hashbrowns
				Strawberry Topping over a Sweet Biscuit
Monday	Tuesday	Wednesday	Thursday	Friday
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Nat. Fruit Cocktail Day	Turkey Tetrazzini	National Choc. Chip Day	Sweet & Sour Chicken Breast	Pork Chop in Gravy
Potato Crunch Fish Filet	with WG Pasta	Cheeseburger on	Brown Rice Pilaf	Twice Baked Whipped Potato
Tartar Sauce PC	Green Peas	WG Hamburger Bun	Winter Blend Vegetables	Green Beans
Augratin Potatoes	Chuckwagon Corn	w/ Leaf Lettuce, Sliced Tomato	Cinnamon Raisin Bread/Marg	WG Dinner Roll/Marg
Broccoli	WG Dinner Roll/Marg	Red Onion & Pickle Slices	Pineapple Tidbits	Lemon Pudding
WG Dinner Roll/Marg	Diced Peaches	Coleslaw		
Fruit Cocktail		Chocolate Cookie		
Monday	Tuesday	Wednesday	Thursday	Friday
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Nat. Strawberries Day	Ball Park Bratwurst	Nat. Vanilla Pudding Day	Ground Beef Stew	Sloppy Joe Sandwich
Chicken Pot Pie	Shredded Kraut & Cabbage	Taco Meat, Shred Cheese,	with Vegetables	on WG Hamburger Bun
over Mashed Potatoes	Potato Wedges	Diced Tomato, Shred Lettuce	Chuckwagon Corn	Diced Baby Red Potatoes
Brussels Sprouts	WG Mini Hoagie Bun	Fiesta Corn	Buttermilk Biscuit/Marg	Mixed Vegetables
WG Bread Slice/Marg	Oatmeal Cream Pie	WG Nacho Doritos PC	Cinnamon Applesauce	Sliced Pears
Strawberries & Peaches		Vanilla Pudding		
Monday	Tuesday	Wednesday	Thursday	Friday
5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
Memorial Day	Meatloaf in Gravy	Creamy Tuna &	BBQ Pork Rib Patty	Cheese Chicken Breast
Senior Center	Mashed Potatoes	WG Macaroni Casserole	BBQ Baked Beans	Fiesta Rice
Closed	Zucchini & Tomatoes	Peas	Diced Carrots	Fiesta Corn
	WG Dinner Roll/Marg	Glazed Diced Beets	WG Coney Bun	WG Breadstick/Marg
	Fruit Cocktail	WG Dinner Roll/Marg	Peaches & Strawberries	Macadamia Cookie
		Applesauce		

MAY DELI MENU

Please call your order in by NOON the day before Meals are served with skim milk or 1% milk and a smile 😊		Wednesday	Thursday	Friday
		5/1/2024	5/2/2024	5/3/2024
		Deli Chicken & American Cheese on Vienna Bread w/ Lettuce & Tomato Potato Salad	Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Coleslaw	Lemon Pepper Tuna Salad on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad
		Mandarin Oranges	Cinnamon Applesauce	Pineapple Tidbits w/ Tajin PC
Monday	Tuesday	Wednesday	Thursday	Friday
5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
Turkey & Swiss on 1/2 Ciabatta Bun w/ Lettuce & Tomato	Tuna Salad on Croissant w/ Lettuce & Tomato	Greek Chicken Salad Diced Chicken, Cucumber & Tomato over Mixed Greens w/ Greek Feta Dressing	Crab Salad on WG Mini Coney Bun w/ Lettuce & Tomato	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens
Broccoli Salad	Cowboy Caviar	w/ Greek Feta Dressing	Cowboy Caviar	over Mixed Greens
Fruit Mix	Apricot Halves	Birthday Cake	Fresh Pear	Straw. Topping over
				A sweet Biscuit
Monday	Tuesday	Wednesday	Thursday	Friday
5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
Egg Salad on Croissant w/ Lettuce & Tomato	Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens	Three Meat Hoagie Turkey, Ham, Roast Beef American Cheese w/ Lettuce & Tomato	Turkey Pesto Sandwich w/ Swiss Cheese on Ciabatta Bread w/ Lettuce & Tomato
Coleslaw	over Mixed Greens	over Mixed Greens	w/ Lettuce & Tomato	w/ Lettuce & Tomato
Fruit Cocktail	with Grape Tomatoes Crackers & 100% Grape Diced Peaches	Crackers(2pks) Choc. Cookie	Pea Salad Pineapple Tidbits	Broccoli Salad Lemon Pudding
Monday	Tuesday	Wednesday	Thursday	Friday
5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
Ham & American Cheese on WG Bread w/ Lettuce & Tomato	Oriental Salad with Chicken, Shred Carrots, Mandarin Oranges, Green Peppers, Chow Mein Noodles & Asian	Lemon Pepper Tuna Salad on Honey Wheat Bread w/ Lettuce & Tomato	Monte Cristo Sandwich w/ Ham, Turkey, Swiss Cheese & Raspberry Preserves on French Toast	Chicken Caesar Salad w/ Caesar Dressing over Mixed Greens
Carrot Raisin Salad		Potato Salad		Homemade Croutons
Strawberries & Peaches	Mixed Greens Oatmeal Cream Pie	Vanilla Pudding	Potato Salad Cinnamon Applesauce	100% Grape Juice Sliced Pears
Monday	Tuesday	Wednesday	Thursday	Friday
5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
Memorial Day	Ham & Swiss on 1/2 Ciabatta Bun	Creamy Tuna & WG Macaroni Casserole	Roast Beef & Swiss on WG Bread	BLT Supreme Salad Diced Turkey, Chopped Bacon
Senior Center				Diced Tomato & Mixed Greens
Closed	w/ Lettuce & Tomato	Peas	w/ Lettuce & Tomato	
	Potato Salad	Glazed Diced Beets	Pea Salad	WG Breadstick/Marg
	Fruit Cocktail	WG Dinner Roll/Marg Applesauce	Peaches & Strawberries	00% Fruit Punch
				Macadamia Cookie

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2024.