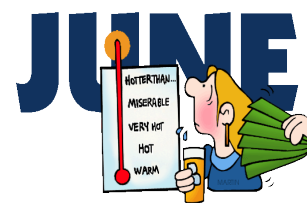




# BELLEVUE SENIOR Community Center



*Golden opportunities await a new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am – 7:30 pm

## BOARD OF DIRECTORS

Ralph Gladbach  
President

Hello People!

Lauren Kesteloot  
Vice President

We know that this is a hard time for everyone during the Covid 19 Quarantine. We miss all of you and would love to open the doors and welcome you with big hugs and smiles right now. But unfortunately, we have to wait until it is safe. At the time this newsletter went to print, we still do not have any information on a possible date to reopen.

Shirley Tingley  
Secretary

Joe Gamerl  
Treasurer

Paula Deitering  
Voting Member

Until then, you have to be there for each other! Call your card partners, your Bingo neighbor, your lunch table friends, your volleyball group – and talk to them. I know some have gathered in a driveway, 6 feet apart and talked and laughed in the sunshine. Don't let this situation get the best of you. Reach out to friends and family! You can call Dawn and I at the center as well.

Lisa Summer  
Voting Member

Mary Jo Hopfensperger  
Voting Member

Dorene Narofsky  
Voting Member

When we get the OK to reopen, rest assured that the center will be sanitized and we will be following all the rules and regulations to keep you safe!

## CENTER STAFF

Kathy Van Den Top,  
*ENOA, Manager*

We miss you and hope to see everyone soon!

Kathy and Dawn

Dawn Jaixen  
*ENOA, Assistant  
Manager*

Al McGinness  
*Program Aide*

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## Outside Fun For Everyone!

The weather is finally getting nicer and yet we still are quarantined. Don't let that stop you from pursuing outside activities. Even if you don't have a garden you can plant herbs or vegetables in a pot. You can start with seeds or seedlings. You'll love the flavor of fresh herbs when you cook.

Pots of colorful flowers are always cheery and even on a gloomy day will lift your spirits.

There are certain flowers that attract butterflies – do a little research, or involve a grandchild to help you find out what you can plant and watch the butterflies gather.

Have you ever watched a hummingbird? There are containers and food designed to keep them buzzing around. They are very entertaining and fun to watch!



Lace up your tennis shoes and set a goal to walk each day. Maybe you'll just start with going to the edge of the driveway and back, but in time you can work your way around the block or two. Take your cell phone with you. As it gets warmer you may want to carry a water bottle as well.

Start up the grill! Grilling isn't just about the burgers, dogs and steak, most of your favorite veggies can be grilled too. You can use skewers for mushrooms, peppers and onions or put them in foil on the top rack of the grill. Be sure to lightly toss them with olive oil and your favorite seasoning.









Corn on the cob is delicious on the grill too! Just remove the silk, add some butter, salt and pepper and wrap back in the husk. In 20-25 minutes you'll have delicious corn on the cob.



**Daily Activities - maybe**

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards/ Donut 9:30 Ceramics all day 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:00 Tai Chi 12:00 Skip Bo 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting / Drawing 11:00 Tai Chi 12:00 Skip Bo 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts

**Special Ways to Celebrate in June**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Flip a Coin Day 	<b>2</b> Rocky Road Day 	<b>3</b> Repeat Day..... Repeat Day..... Repeat Day..... Repeat Day .....	<b>4</b> National Cheese Day 	<b>5</b> National Donut Day 
<b>8</b> Best Friend Day 	<b>9</b> Donald Duck Day 	<b>10</b> Ice Tea Day 	<b>11</b> National Corn on the Cobb Day 	<b>12</b> National Peanut Butter Cookie Day 
<b>15</b> Smile Power Day 	<b>16</b> Fresh Veggie Day 	<b>17</b> Eat Your Veggies 	<b>18</b> Nursing Assistant Day 	<b>19</b> Take a Road Trip 
<b>22</b> National Onion Ring Day 	<b>23</b> National Pink Day 	<b>24</b> Swim A Lap Day 	<b>25</b> National Catfish Day 	<b>26</b> Beauticians Day 
<b>29</b> Hug Holiday 	<b>30</b> Meteor Day 			Place your Grab and Go lunch orders with us! 402-293-3041

1. Mary Benak
2. Marie Stella
3. Diane Leiker
4. Betty Chamberlin
5. June Sponaugle
6. Rosa Sada
7. Al Philiippon
8. Artie Doyle
9. Merlin Hale, Kathy Nietfeld & Don Trentman
9. Carol Fennessy & Jane Moppin
10. Cindy Ruffner & JoAnne Baron
10. Jeannie Barton & Don Roubinek
11. Jan Johns & Barry Branson
14. Elaine Joemann
15. Marilyn Carroll
16. Kathryn Fitzpatrick
17. Rich Wagner
19. Ron Hudon & Liz Stawycznyj
20. Charles Gurganus
21. Ada Newman & Jim DeVoll
22. Farol Lofgren
23. Carole Thrasher & Wilma Henri
24. Sheila Hill
25. Shirley Dominski & Connie Rachwalik
26. Gerri Duda , Judy Woods, Rita Painter & Bill Janousek
29. Jan Ornter
30. Shirley Heyen & Bernice Stenger





# BOOSTER CLUB DRIVE



1. Do you enjoy reading the monthly newsletter and being the first to see all the fun activities planned for the upcoming month?
2. Do you love all the delicious snacks at parties and daily treats at the center?
3. Do you enjoy the monthly entertainers – singers, dancers, bands and magicians?
4. Does a hot cup of coffee or tea and pastries start your day at the center?
5. Does your card group come here to play and have snacks so you don't have to clean your house or bake for your group?
6. Do you feel better after an exercise or Tai Chi class?
7. Do you smile when you see the center decorated for holidays and parties?
8. Does the smell of freshly made popcorn make your tummy rumble?
9. Do you look forward to going on trips with your friends from the center each month?
10. Do you like to have a place to come socialize and have fun?

For only \$24.00 you can support all we do at the center! That's only .50 a week! If you are reading this, you are already a Booster member and we appreciate your continued support. Please encourage your friends to become a member. The center has many activities and we need YOU to help us thrive. **Please renew your membership this month so you don't miss out on July's newsletter! Just complete and return the enclosed form by June 20<sup>th</sup> so you get your July newsletter.**





***Farmer's Market:  
Tuesday, June 16<sup>th</sup>  
9:00am – 11:00am***



This year our Farmer's Market will be done differently. We will be following CDC recommendations to keep you safe. There will be NO distribution inside of the center. All distribution will be done curbside in cars in the front of the building. If you meet the guidelines, you will need to call the center to request an application to be mailed to you. **Receiving an application does not mean you are guaranteed vouchers!** You will bring the application to the center on Tuesday June 16 at 9:00 am and vouchers are handed out on first come, first serve basis.

You must be 60 years of age or older, and have an income at or below 185% of the poverty guidelines – Single person \$23,606 or Multi Family \$31,894.

## Family Fare Receipts !

Please keep saving your receipts! We are still collecting them and hoping to be able to collect another 150,000 points so we can cash them in for \$1500.00. Our center does very well with our monthly cal-cutta and nifty nook to raise money, and since we have been closed, we have missed out on that income. Now more than ever, please encourage your family and friends to save their receipts for the Bellevue Senior Center!



# Good Clean Fun!

Two boys were walking home from Sunday school after hearing a strong preaching on the devil. One said to the other, 'What do you think about all this Satan stuff?' The other boy replied, 'Well, you know how Santa Claus turned out, It's probably just your Dad..'

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Attending a wedding for the first time, a little girl whispered to her mother, 'Why is the bride dressed in white?' The mother replied, 'Because white is the color of happiness, and today is the happiest day of her life. The child thought about this for a moment then said, 'So why is the groom wearing black?'

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An elderly woman died last month. Having never married, she requested no male pallbearers. In her handwritten instructions for her memorial service, she wrote, 'They wouldn't take me out while I was alive, I don't want them to take me out when I'm dead.'

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A police recruit was asked during the exam, 'What would you do if you had to arrest your own mother?' He answered, 'Call for backup.'

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A Sunday School teacher asked her class why Joseph and Mary took Jesus with them to Jerusalem. A small child replied, 'They couldn't get a babysitter.'

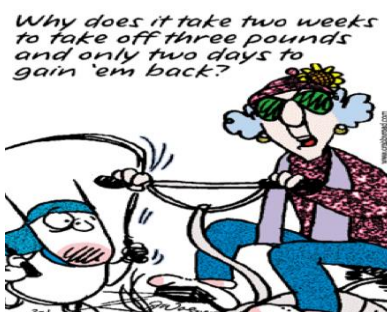
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A Sunday school teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to 'Honor thy father and thy mother,' she asked, 'Is there a commandment that teaches us how to treat our brothers and sisters?' Without missing a beat, one little boy answered, 'Thou shall not kill.'

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At Sunday School they were teaching how God created everything, including human beings. Little Johnny seemed especially intent when they told him how Eve was created out of one of Adam's ribs. Later in the week his mother noticed him lying down as though he were ill, and she said, 'Johnny, what is the matter?' Little Johnny responded, 'I have pain in my side. I think I'm going to have a wife.'

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Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2021.*