



BELLEVUE SENIOR Community Center



*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Mon. Tues. Wed. Thurs. Fri. 8:00 am - 4:00pm

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Hello People!

We are finally turning a corner! Our center will be open our regular hours and we will be serving pre-plated lunches in our dining room. The lunch program is a very important part of our ENOA funded center and your participation with lunch is much needed and greatly appreciated.

The mask mandate is lifted as long as you have been fully vaccinated. We can't wait to see everyone's beautiful smile once again!

Our goal is to be able to gather as we once did, so until then, let's work together to enjoy and respect each other while having some long overdue fun!

Cheers!
Kathy and Dawn

CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
*ENOA, Assistant
Manager*

If anyone is interested in working in our front flower bed please let us know! It needs a green thumb and a little love!



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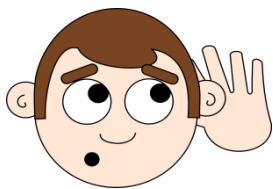


Booster Club Information

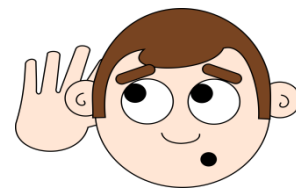


First and foremost, thank you to everyone who supported the center this last year!

By participating in our Grab and Go lunches and being a Booster Club member, we were able to still provide lunches to our seniors and keep ourselves operational. Like so many non-profit organizations, we lost money by not being able to have our annual Lasagna Dinner fundraiser in October or have our monthly 50/50 drawings. Your **\$24.00 a year** is a great way to help us fund the coming year. As we are able to enjoy lunches in the center, decorate, have food and entertainment for parties your booster membership will be a huge help. Thank you in advance for renewing your membership and supporting the center. Tell a friend to join too!



**Have you heard the word?
We can do more in June!**



We are excited to announce more changes at the center!! It has been a long year and everyone is ready to get closer to being back to normal. Starting in June we will go back to our normal hours of Monday – Friday, 8:00 am -4:00 pm. We will no longer be serving our lunches in the alley as the Grab and Go program. You and your friends will be able to sit down and enjoy the pre-plated lunch in our dining room. We ask for a contribution of \$4.00. Please call by noon the day before you would like to join us.



Alzheimer's Caregiver's Support Group

The group will resume meeting on Monday, June 21st from 7:00 pm -8:00 pm. Group size is limited so call Kathie Bickerstaff to reserve a spot or get more information. 402-292-0515



Breakfast is the most *important* meal of the day. And because you are so *important* to us, we'd love for you to join us for breakfast. For only \$3.00, you will enjoy a delicious meal and juice served with a smile 😊 Breakfast will be served at 9:00 am on Wed. June 23rd . Please reserve your meal by Monday, June 21st.

TAI CHI CLASSES.

Our classes are growing! We always welcome new people to join our groups. Brenda leads the classes on Mondays and Wednesdays from 10:15 -11:00 am. We ask for .50 per class or \$1.00 a week. Come early and enjoy a cup of coffee, a pastry and conversation. That way you will be ready when class starts. We appreciate your punctuality so class is not disturbed.



Farmer's Market – Vegetables Vouchers



It's that time of the year again! We will be distributing the vouchers for vegetables on **Tuesday, June 8th, 9:00 am** As in the past, this will be on a first come, first serve basis. We are not allowed to "hold" coupons before that time and you must be present to sign for the vouchers or have your proxy do this for you.

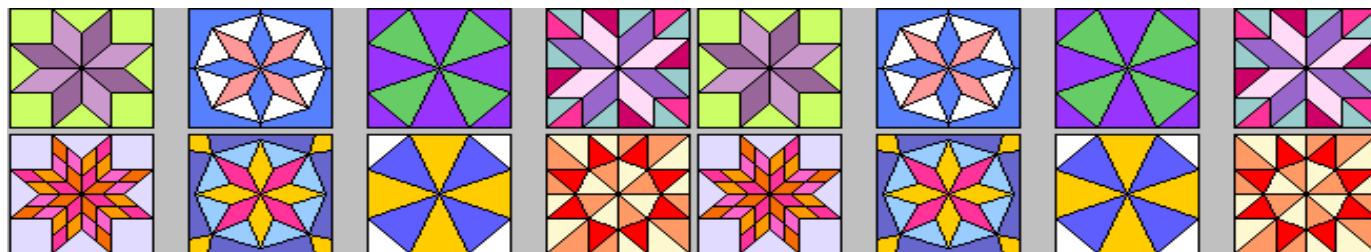
Our center will have 30 vouchers, each containing \$48 worth of "coupons" to shop with at local farmer market vendors.

To be eligible you must be 60 years of age or older, AND at or below a single income home of \$23,828 or double income household of \$32,277.

2. Marie Stella
3. Diane Leiker
4. Betty Chamberlin
5. June Sponaugle
6. Rosa Sada
7. Al Phillippon
8. Artie Doyle
9. Kathy Neitfeld & Don Trentman
9. Carol Fennessy & Jane Moppin
10. Cindy Ruffner & JoAnne Baron
10. Donald Roubinek & Jeannine Barton
11. Jan Johns & Barry Branson
14. Elaine Hoemann
16. Kathryn Titzpatrick
17. Margaret Zelazny
18. Jim Treece
19. Ron Hudson, Betty Allen & Liz Stawycznj
20. Charles Gurganus
21. Ada Newman, Peg Grote & Jim DeVoll
22. Farol Lofgren
23. Carole Thrasher & Wilma Henry
24. Shirley Armstrong & Sheila Hill
25. Leslie Fox, Shirley Dominski & Connie Rachwalik
26. Gerri Duda, Bill Janousek, & Stuart Johnson
26. Judy Woods & Rita painter
27. Jeff Iron
29. Jan Ortner
30. Bernice Stenger, Darrell Malmberg & Shirley Heyen






Attention all quilters!! Bring your quilting projects in and work on them with fellow quilters. They meet on Thursday afternoons from 12:30 pm -3:30 pm.



Daily Activities for June

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - Billiards 9:00 Needle Crafters 9:00- Chair volleyball 9:30- 3:00 –Ceramics 10:15 – Tai Chi 12:45 – Hand & Foot 1:00- Poker 1:00 -Bingo 1:00 –Mahjong	8:00 – Billiards 9:30 – Painting 12:15 -Bridge Groups 1:00- Dominoes 1:00- Arts and Crafts	8:00 – Billiards 9:00- Chair Volleyball 9:00 – 3:00 Painting Group 9:00 – Hand & Foot 10:15 – Tai Chi 1:00 - Poker 1:00 - Bingo	8:00 - Billiards 8:00 - Woodcarvers 10:00 -Bridge Groups 12:30 - Quilters 1:00 – Euchre 1:00 - Bunco	8:00 – Billiards 9:00-Chair Volleyball 9:30 – Painting & Drawing 12:30 – Pinochle 1:00 – Bingo 1:00 Arts and Crafts

The month at a Glance

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 9:00 – Panera Bread	4 9:00 – Panera Bread
7 9:00 - Dunkin Donuts	8 9:00 - Farmer's Market 	9	10 9:00 – Panera Bread	11 9:00 – Panera Bread
14 9:00 - Dunkin Donuts	15	16	17 9:00 – Panera Bread	18 9:00 – Panera Bread
21 9:00 - Dunkin Donuts 7:00 pm – Alzheimer's Caregiver Support Group	22	23 9:00 Hot Breakfast	24 9:00 – Panera Bread	25 9:00 – Panera Bread
28 9:00 - Dunkin Donuts	29	30		

June Pre-Plated Lunches – call by noon the day before to reserve yours ! You can now enjoy your lunch in the building!

	Tuesday 6/1/2021	Wednesday 6/2/2021	Thursday 6/3/2021	Friday 6/4/2021
	Tuna & Noodle Cass. Peas Glazed Diced Beets WG Bread Slice/Marg Applesauce 1% Milk	Cheesy Chicken Breast Mexican Rice Mexican Bean Trio WG Breadstick/Marg Fruit Cocktail 1% Milk	BBQ Pork Rib Patty BBQ Baked Beans Diced Carrots WG Coney Bun Peaches & Strawberries 1% Milk	Meatloaf in Gravy Mashed Potatoes Zucchini & Tomatoes WG Dinner Roll/Marg Oatmeal Cream Pie 1% Milk
Monday 6/7/2021	Tuesday 6/8/2021	Wednesday 6/9/2021	Thursday 6/10/2021	Friday 6/11/2021
Baked Cod Loin in Pesto Cream Sauce Diced Sweet Potatoes Green Peas Marble Bread/Marg Chocolate Pudding 1% Milk	Country Fried Steak w/ Country Gravy Mashed Potatoes Monaco Blend Veggies Vienna Bread Slice/Marg Diced Peaches 1% Milk	Sliced Roast Beef in Brown Gravy Garlic Mashed Potatoes Mixed Vegetables WG Dinner Roll/Marg Plain Cake Square 1% Milk	All Beef Chili Dog Diced Baby Red Potatoes Cauliflower WG Hot Dog Bun Tropical Fruit 1% Milk	Ham & Au gratin Potatoes Broccoli Cinnamon Pear Slices WG Dinner Roll/Marg 1% Milk
Monday 6/14/2021	Tuesday 6/15/2021	Wednesday 6/16/2021	Thursday 6/17/2021	Friday 6/18/2021
Sweet & Sour Chicken Brown Rice Pilaf Cauliflower Cinnamon Raisin Bread Mandarin Oranges 1% Milk	Meatball Stroganoff w/ Egg Noodles Diced Glazed Beets Cinnamon Applesauce Romaine Blend Salad Petite Roll/Marg Ranch Dressing PC 1% Milk	Taco Meat Refried Beans Glazed Pineapple Lettuce, Tomato, Cheese 8" Flour Tortilla Taco Sauce PC 1% Milk	Pork Chop in Gravy Twice Baked Whip Potato Chuckwagon Corn WG Dinner Roll/Marg Banana Pudding 1% Milk	Hamburger Patty Potato Medley Green Beans WG Hamburger Bun Frosted Brownie Lettuce & Tomato Slice 1% Milk
Monday 6/21/2021	Tuesday 6/22/2021	Wednesday 6/23/2021	Thursday 6/24/2021	Friday 6/25/2021
10 Grain Fish Filet Stewed Tomatoes Cheesy Hashbrowns Marble Rye/Marg Fresh Orange Tartar Sauce PC 1% Milk	Lemon Pepper Chicken Breast White Citrus Rice California Blend Veggies WG Breadstick/Marg Ambrosia Fruit Salad 1% Milk	Beef Ravioli & Marinara Green Beans Fruit Mix Hearth Roll/Marg Romaine Blend Salad Dressing PC 1% Milk	Sloppy Joe Sandwich Seasoned Potato Wedges Mixed Vegetables WG Hamburger Bun Tropical Fruit Mix 1% Milk	Turkey Tetrazini with WG Pasta Green Peas Crinkle Cut Carrots WG Breadstick/Marg Chocolate Chip Muffin 1% Milk
Monday 6/28/2021	Tuesday 6/29/2021	Wednesday 6/30/2021	Thursday	Friday
Ground Beef Stew with Vegetables Chuckwagon Corn WG Mini Biscuit Diet Jell-O Cake 1% Milk	Italian Seafood Pasta w/ Creamy White Sauce Spring Blend Veggies Diced Pears WG Breadstick/Marg Romaine Blend Salad Dressing PC 1% Milk	Baked Ham Augratin Potatoes Broccoli WG Dinner Roll/Marg Cinnamon Apples 1% Milk	<p>We ask for a \$4.00 contribution for lunch. Call your lunch order in by noon on the day before.</p>	

Here's a few laughs for you!



Fun in the sun jokes

- What did the pig say on a hot summer day? – I'm bacon!
- Why do bananas use sunscreen? – Because they peel.
- What do you call a snowman in June? – A puddle.
- What do sheep do on sunny days? – Have a baa-baa-cue.
- What race is never run? – A swimming race.
- What is the best day to go to the beach? – SUNday.
- What does the sun drink out of? – Sun glasses.



"Don't worry about burning the calories — that's already been done!"

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2021.