



# BELLEVUE SENIOR

## Community Center



*Golden opportunities await a new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm

### BOARD OF DIRECTORS

Lisa Summers  
President

Jim Janicki  
Treasurer

Jamie Moore  
Secretary

Paula Deitering  
Voting Member

Ralph Gladbach  
Voting Member

Mary Jo Hopfensperger  
Voting Member

Dorene Narofsky  
Voting Member

Shirley Tingley  
Voting Member

Hello People!

Summer will officially be here soon. The days are getting longer and warmer, the grass is greener, and the flowers are in full bloom! Take the time to get outside and soak up some sunshine – you'll feel so much better.

You can also spend more time at the center – having lunch with friends, trying a new game or just taking the time to exercise or try Tai Chi. Come to our monthly parties and Bingo.

Take advantage of the Farmer's Market in Bellevue. Fresh fruit, vegetables, and walking around to meet new people and local vendors is a great way to spend a Saturday morning.

HAPPY SUMMER !!

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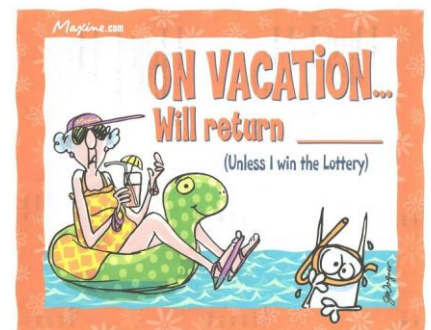
Deli Lunches

### CENTER STAFF

Kathy Van Den Top,  
ENOA, Manager

Dawn Jaixen  
ENOA, Assistant  
Manager

Cheers!  
Kathy and Dawn



# Mark Your Calander!

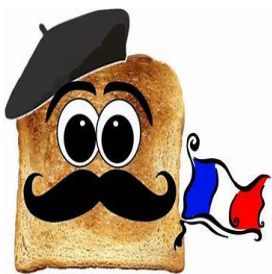
## Farmer's Market Vouchers

It's that time of the year. There is always an abundance of fresh fruits and veggies at the markets. Due to federal funding, the vouchers will be here once again. We will be handing out vouchers on a first come, first serve basis. We can not "save" voucher packets. At the time of printing the newsletter, we do not have a date so contact the office in June.



**Buy me some peanuts and Cracker Jacks.....**It's College World Series time! Show your support for your favorite team by wearing their colors. We will have a fun time singing along with Joyce Torchia on **Friday, June 13 at 10:30 am**. Call ahead and have lunch with us too.

**Hey Batter Batter!** It's time for Baseball Bingo. America's favorite past times – baseball and bingo! It is sure to be a GRAND SLAM. Don't be a SWING AND A MISS – you'll want to step up and be in the BATTER'S BOX for this. You'll have DOUBLE the fun, if you come for lunch too. Step up to the PLATE for HOME RUN fun. And the date? **Friday, June 27<sup>th</sup> at 1:00 pm – National Bingo Day!**



Bonjour! It's French Toast Breakfast Pizza time! Treat your tastebuds to something new. Join us for this delicious breakfast on Wednesday, June 18<sup>th</sup> at 9:00 am. Here's a hint: it's a culinary delight – the crust is made of cinnamon rolls! This super yummy breakfast served with coffee and juice is only \$4.00!

Our April 50/50 winner was.....Doug Lorence !! She won \$154.00 and donated \$100 back to the center! So the center took \$254.00! Thank you to everyone who played



## JOIN THE BOOSTER CLUB

It's that time again! Our booster membership drive is this month. If you are reading this newsletter, you are a booster and supporting the center – thank you so much! We appreciate you renewing your membership.

Your support of \$24.00 a year – goes so far! Where else can you come in for a cup of coffee and a pastry every morning..... have entertainment and snacks at parties.....the little extra's at lunch like butter, garlic, cherries on your dessert.....free bingo with prizes..... monthly hot breakfast for only \$4.00 ....exercise and tai chi classes.... afternoon snacks....and take home Panera Bread and bagels, and have Dunkin Donuts for just .10 cents a day?

We are very blessed to have the support of ENOA, our board of directors, our Bellevue Community, our fundraiser sponsors and YOU! Thank you in advance for your continued support of your center.



## Board of Directors Annual Meeting



You are invited to the annual board of director's meeting which will be **Thursday, June 19<sup>th</sup> at 11:00 am** – following the Senior Advisory Meeting at 10:30 am. The board meets once a month to discuss the growth and opportunities for the center. The annual meeting invites YOU to sit in and give them your feedback and to hear them discuss new ideas and plans for the coming year. We also have 2 new board members so this is your chance to meet them. Your opinion matters, so make plans to attend!

**WACKY WEDNESDAY ! BE WILD, BE WEIRD, BE WACKY !**

Every Wednesday in June!



# JUNE BIRTHDAYS



- 2- Marie Stella
- 3- Diane Leiker
- 6- Barb Muller & Judy Weber
- 9 – Kathy Nietfeld & Carol Fennessy
- 10 – Cindy Ruffner & Jeannine Barton
- 10 – Phil Weber
- 11- Jan Johns & Barry Branson
- 14- Elaine Hoemann
- 17- Tsuruko Nelson
- 19 – Betty Allen
- 22 – Betty West
- 23- Carole Thrasher & Wilma Henry
- 25- Leslie Fox
- 26- Gerri Duda & Judy Woods
- 26- Bill Janousek & Rita Painter
- 30 – BC Stenger & Lori Cervantes




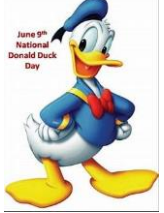









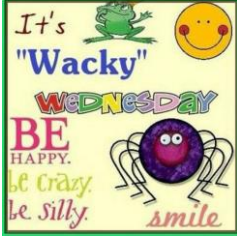





Happy Birthday  
To Everyone  
Born in June!




Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 -11:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – 11:30 Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class <b>12:45 .25 Bingo</b>

## Activities for the Month of JUNE

Monday- Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
2	3 National Macaroon Day 	4 	5	
9 	10 	11 	12 9:30 Lucky Lisa Bingo 	13 10:30 Book Club 10:30 CWS Party 
16 	17 National Root Beer Day 	18 9:00 Hot breakfast  Wacky Wednesday	19 10:30 Senior Advisory Forum 20 11:00 - 	20
23 	24	25 	26 10:30 – Hillcrest Bingo Bucks 	27 National Bingo Day –1:00 Baseball Bingo 
30 Have you bought your raffle tickets? 				

# JUNE HOT MENU

Monday 6/2/2025	Tuesday 6/3/2025	Wednesday 6/4/2025	Thursday 6/5/2025	Friday 6/6/2025	
Country Fried Steak w/ Country Gravy Mashed Potatoes Green Beans Vienna Bread Slice/Marg Mandarin Oranges 1% or Skim Milk	National Egg Day Western Omelet in Cheese Sauce Breakfast Potatoes Peppers & Onions Sweet Biscuit/Marg Pineapple Tidbits 1% or Skim Milk	Chicken Breast in Creamy Pesto Sauce Potato Medley Stewed Tomatoes WG Breadstick/Marg Fudge Round or Diet Cookies 1% or Skim Milk	Cheeseburger with American Cheese Lettuce, Tomato, Onion & Pickles on an Onion Poppy Bun Diced Sweet Potatoes Sliced Pears 1% or Skim Milk	Ham & Au gratin Potatoes Broccoli Carrot Coins WG Dinner Roll/Marg Nutty Buddy Stick or Diet Cookies 1% or Skim Milk	
Monday 6/9/2025		Tuesday 6/10/2025	Wednesday 6/11/2025	Thursday 6/12/2025	Friday 6/13/2025
Sweet & Sour Chicken Breast Wild Rice Broccoli Cuts Cinnamon Raisin Bread/Marg Tropical Fruit Mix 1% or Skim Milk		WG Spaghetti with Ground Beef Brussels Sprouts Mixed Greens Side Salad Dressing PC WG Breadstick/Marg Cinnamon Apples 1% or Skim Milk	Sliced Roast Beef in Brown Gravy Garlic Mashed Potatoes Mixed Vegetables WG Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Pork Chop in Country Gravy Twice Baked Whipped Potato Chuckwagon Corn WG Dinner Roll/Marg Sliced Peaches 1% or Skim Milk	All Beef Chili Dog w/ Shredded Cheese Potato Wedges Cauliflower WG Hot Dog Bun Rice Krispie Bar or Diet Cookies 1% or Skim Milk
Monday 6/16/2025		Tuesday 6/17/2025	Wednesday 6/18/2025	Thursday 6/19/2025	Friday 6/20/2025
Potato Crunch Fish Filet Stewed Tomatoes Cheesy Hashbrowns Marble Rye/Marg Fresh Orange Tartar Sauce PC 1% or Skim Milk		Oven Fried Chicken Breast with Country Gravy Cheesy Mashed Potatoes California Blend Vegetables WG Breadstick/Marg Fruit Fluff 1% or Skim Milk	Baked Ham Diced Sweet Potatoes Cheesy Broccoli Hearth Roll/Marg Apricot Halves 1% or Skim Milk	Sloppy Joe Sandwich on WG Hamburger Bun Potato Wedges Mixed Vegetables Tropical Fruit Mix 1% or Skim Milk	Turkey Tetrazzini with WG Pasta Brussels Sprouts Carrot Coins WG Breadstick/Marg Choc. Choc. Chip Muffin 1% or Skim Milk
Monday 6/23/2025		Tuesday 6/24/2025	Wednesday 6/25/2025	Thursday 6/26/2025	Friday 6/27/2025
Chicken Breast in Creamy Spinach & Artichoke Sauce Wild Rice Cauliflower WG Breadstick/Marg Diced Pears 1% or Skim Milk		Cheesy Fiesta Beef Burrito Bowl with Brown Rice & Pinto Beans Sour Cream PC Strawberries & Peaches 1% or Skim Milk	Pork Fritter with Country Gravy Mashed Potatoes Peas & Carrots WG Dinner Roll/Marg Cinnamon Apples 1% or Skim Milk	National Choc. Pudding Day Mild Italian Sausage in Marinara Sauce Pepper & Onion Mix Potato Wedges Hoagie Bun Chocolate or Diet Pudding 1% or Skim Milk	BBQ Chicken Breast BBQ Baked Beans Cheesy Mashed Potatoes WG Breadstick/Marg Sugar Cookie or Diet Cookies 1% or Skim Milk
Monday 6/30/2025					
Ground Beef Stew with Vegetables Chuckwagon Corn Buttermilk Biscuit/Marg Pineapple Tidbits 1% or Skim Milk	June Fun Fact: The solstice on Friday, June 20, 2025, happens at the same instant for all of us, everywhere on Earth; only our clocks are different, in the eastern United States. The summer solstice is the “longest” day of the year in the Northern Hemisphere.				

# JUNE DELI MENU

Monday 6/2/2025		Tuesday 6/3/2025	Wednesday 6/4/2025	Thursday 6/5/2025	Friday 6/6/2025
Egg Salad on	Three Meat Hoagie	Classic Chef Salad	Greek Chicken Salad	Roast Beef & Cheddar	
Croissant	Turkey, Ham, Roast Beef	Turkey, Ham, Diced Egg	Diced Chicken, Cucumber	on Vienna Bread	
w/ Lettuce & Tomato	American Cheese	American & Grape Tomatoes	& Tomato over Mixed Greens	w/ Lettuce & Tomato	
Marinated Vegetable Salad	w/ Lettuce & Tomato	over Mixed Greens	w/ Greek Feta Dressing	Marinated Vegetable Salad	
Mandarin Oranges	Coleslaw	Crackers (2pk)	Crackers(2pks)	Nutty Buddy Stick	
1% or Skim Milk	Pineapple Tidbits	100% Apple Juice	100% Fruit Punch Juice	or Diet Cookies	
	1% or Skim Milk	Fudge Round or Diet Cookie	Sliced Pears	1% or Skim Milk	
		1% or Skim Milk	1% or Skim Milk		
Monday 6/9/2025		Tuesday 6/10/2025	Wednesday 6/11/2025	Thursday 6/12/2025	Friday 6/13/2025
Ham & Cheddar on	Chicken Salad on	BLT Supreme Salad	Classic Chef Salad	All Beef Chili Dog	
Wheat Bread	Croissant	Diced Chicken, Chopped Bacon	Turkey, Ham, Diced Egg	w/ Shredded Cheese	
w/ Lettuce & Tomato	w/ Lettuce & Tomato	Diced Tomato & Mixed Greens	American & Grape Tomatoes	Potato Wedges	
Cowboy Caviar	Broccoli Salad	WG Breadstick/Marg	over Mixed Greens	Cauliflower	
Tropical Fruit Mix	Cinnamon Apples	100% Fruit Punch	Crackers (2pk)	WG Hot Dog Bun	
1% or Skim Milk	1% or Skim Milk	Decorated Birthday Cake	100% Apple Juice	Rice Krispie Bar	
		or Plain Cake Square	Sliced Peaches	or Diet Cookies	
		1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	
Monday 6/16/2025		Tuesday 6/17/2025	Wednesday 6/18/2025	Thursday 6/19/2025	Friday 6/20/2025
Ham Salad	Black & Bleu Salad	Turkey Chef Salad	Crab Salad on	Oriental Salad with Chicken,	
on Mini Coney Bun	Roast Beef, Blue Cheese	Diced Turkey, Diced Egg	Mini Coney Bun	Shred Carrots, Mandarin	
w/ Lettuce & Tomato	Caramelized Red Onion	Amer. Cheese & Grape Tomatoes	w/ Lettuce & Tomato	Oranges, Green Peppers,	
Potato Salad	over Mixed Greens	over Mixed Greens	Cowboy Caviar	Chow Mein Noodles & Asian	
Fresh Orange	Tomato Wedges	Crackers(2pk)	Tropical Fruit Mix	Dressing over Mixed Greens	
1% or Skim Milk	Crackers & 100% Grape Juice	100% Fruit Punch	1% or Skim Milk	Choc. Choc. Chip Muffin	
	Fruit Fluff	Apricot Halves		1% or Skim Milk	
	1% Milk or Skim Milk	1% or Skim Milk			
Monday 6/23/2025		Tuesday 6/24/2025	Wednesday 6/25/2025	Thursday 6/26/2025	Friday 6/27/2025
Turkey & American	Ham Salad on	Roast Beef & Cheddar	Greek Chicken Salad	BBQ Chicken Breast	
on Vienna Bread	Croissant	on WG Bun	Diced Chicken, Cucumber	BBQ Baked Beans	
w/ Lettuce & Tomato	w/ Lettuce & Tomato	w/ Lettuce & Tomato	& Tomato over Mixed Greens	Cheesy Mashed Potatoes	
Cottage Cheese	Potato Salad	Marinated Vegetable Salad	w/ Greek Feta Dressing	WG Breadstick/Marg	
Diced Pears	Strawberries & Peaches	Cinnamon Apples	Crackers (2pk)	Sugar Cookie	
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	100% Fruit Punch Juice	or Diet Cookies	
			Chocolate or Diet Pudding	1% or Skim Milk	
			1% or Skim Milk		
Monday 6/30/2025					
Ham & Swiss	<b>June was most likely named for the Roman goddess Juno, patroness of marriage and the well-being of women. Another interpretation says that the name came from the Latin juvenis, “young people,” who were celebrated at this time.</b>				
Cheese on WG Bread					
w/ Lettuce & Tomato					
Carrot Raisin Salad					
Pineapple Tidbits					
1% or Skim Milk					

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005

*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2026.*