



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Hello People!

After a rocky start with weather in May, let's hope that June is filled with sunny days! We have lots of activities planned for the month and we hope you will come join us.

Summer gets busy and the lure of taking a day away from the center happens. Please be mindful of our lunch program. If you have a meal ordered, try to at least stop in for your lunch. If you can not make it due to an appointment or illness, please call us to cancel. That will give us time to see if someone else would like to join us.

We look forward to a fun filled summer with you!

Cheers!
Kathy and Dawn

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant
Manager



LOOK WHAT'S HAPPENING!



SWING INTO SUMMER! Johnny Ray Gomez will be helping us take a SWING at the start of the College World Series! We will have some of your favorite ball park food and guaranteed fun. You BATTER sign up to reserve your spot. You won't want to STRIKE OUT and miss out on the fun! The FIRST PITCH starts at **10:30 on Friday, June 14th**.

PIE FOR BREAKFAST ?? How about Breakfast Pizza Pie? Our pizza is made with country sausage gravy, scrambled eggs, mushrooms and loaded with cheese. Served with fruit, coffee and juice for only \$4.00, it's an offer you can't refuse! We will be serving it up hot on **Wednesday, June 19th at 9:00 am**. Let us know if you will be joining us by Monday the 17th.



Farmer's Market Vouchers It's that time of the year for fresh veggies and fruits! If your single household income is under \$27,861 or under \$37,814 for a double household, you would qualify for Farmer's Market Vouchers on a first come, first serve basis. The voucher value is \$48.00. We will be handing out vouchers starting at **9:00 am on Monday, June 10th** until they are out. We can not save any for you.

Home Exemption – Tired of paying taxes? You might qualify for some property tax exemptions. **Call the Volunteers Assisting Seniors (402-444-6617) to set up an appointment between 1:00 – 3:00 pm** to find out. They will be here on Wednesday, June 12 to meet with those who have called and scheduled a time slot.



Baseball Bingo – sure to be a HIT! The bases will be loaded – with prizes. We have a lot of FANS in the crowd – so reserve your seat on the bench for your home field advantage! Sign up for our noon lunch and stay the extra inning for **BASEBALL BINGO on Monday, June 24th at 1:00**.

Check this Out



Sweat or Sweater ? It's that time of the year when the weather changes – quickly. Humidity and outside temperature make a difference in this older building. Some rooms are warmer than others. Bring a water bottle to keep hydrated. A personal fan goes a long to keep you cool. If you tend to be cold, please consider bringing a sweater to the center.

Zip-a-dee-do-da ! We are running low on the one gallon freezer zip lock bags for Panera bread. Next time you are shopping, please keep us in mind. Everyone loves to take home some Panera bread!



Rescheduled !! Juniata from the Red Cross will be here on **Tuesday, June 4th at 11:00 am**. The presentation will be on **Tornado and Fire Safety**. As a bonus, you can also sign up that day to make an appointment for the Red Cross to come to your house and install a **FREE** smoke detector!

Staying Alive... Staying Alive We all have heard it – now learn how to put it to use. You never know when you will be in a situation that you could save a life. Learn how in this 20 minute presentation from the Red Cross. Sign up for the class and stay for lunch. The presentation is at **11:00am on Tuesday, June 25th**.

Hands-Only CPR



Welcome Corrigan Seniors!

We are so happy to have you come to Bellevue ! Many of you have heard that Corrigan Senior Center is closing their doors. We are welcoming all seniors from there with open arms. This would be a great time to introduce some new games and activities!





June Birthdays





- 2- Marie Stella
- 3- Diane Leiker
- 6- Barb Muller
- 9- Kathy Neitfeld & Carol Fennessy
- 10- Cindy Ruffner & JoAnne Baron
- 11- Jan Johns
- 11- Barry Branson & Sherry Castro
- 14- Elaine Hoemann
- 17- Mary Abboud & Tsuruko Nelson
- 19- Betty Allen
- 22- Betty West
- 23- Wilma Henri
- 26- Gerri Duda & Judy Woods
- 26 – Rita Painter & Bill Janousek
- 30- BC Stenger & Lori Cervantes

Happy Birthday
To Everyone
Born in June!

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Shanghai Rummy	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 BINGO

Activities for the Month of JUNE

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
3 National Egg Day 	4 National Cheese Day 11:00 Class 	5 	6 	7 
10 9:00 Farmer's Market 	11 National say HI day 	12 Homestead Exemption – 1:00-3:00 	13 10:30 Bingo Bucks 	14 10:00 Book Club 10:30 Baseball Party 
17 Root Beer Day 	18 National Wear Blue Day 	19 9:00 Breakfast Pizza 	20 10:30 –Senior Advisory Forum 11:00 –Annual Board Meeting 	21
24 1:00 Baseball Bingo 	25 11:00 Class 	26 National Coconut Day 	27 National Pineapple and Sunglasses Day 	28 50/50 Drawing 

JUNE HOT MENU

Monday	Tuesday	Wednesday	Thursday	Friday
6/3/2024	6/4/2024	6/5/2024	6/6/2024	6/7/2024
Swedish Meatballs	National Cheese Day	Chicken Bruschetta	All Beef Chili Dog	Ham & Au gratin Potatoes
Diced Baby Red Potatoes	Country Fried Steak & Gravy	Peas & Carrots	w/ Shredded Cheese	Broccoli
Carrot Coins	Green Beans	Zucchini & Tomatoes	Potato Wedges	WG Dinner Roll/Marg
WG Petite Roll/Marg	Potato Wedges	WG Breadstick/Marg	Cauliflower	Pear Slices
Cinnamon Applesauce	Vienna Bread Slice/Marg	Fudge Round	WG Hot Dog Bun	
	Strawberries & Peaches		Tropical Fruit	
Monday	Tuesday	Wednesday	Thursday	Friday
6/10/2024	6/11/2024	6/12/2024	6/13/2024	6/14/2024
Sweet & Sour Chicken Breast	Taco Salad	Sliced Roast Beef in	Pork Chop in Country Gravy	Ball Park Burger Day!!
Vegetable Fried Rice	Taco Meat, Shred Cheese,	Brown Gravy	Twice Baked Whipped Potato	Cheeseburger on
Cabbage & Carrots	Diced Tomato, Diced Onion	Garlic Mashed Potatoes	Chuckwagon Corn	WG Hamburger Bun
Cinnamon Raisin Bread/Marg	over Iceberg Lettuce	Mixed Vegetables	WG Dinner Roll/Marg	Red Onion & Pickle Slices
Mandarin Oranges	Black Beans & Tortilla Chips	WG Dinner Roll/Marg	Banana Pudding	Potato Medley
	Pineapple & Mandarins	Decorated Birthday Cake		Rice Krispie Bar
Monday	Tuesday	Wednesday	Thursday	Friday
6/17/2024	6/18/2024	6/19/2024	6/20/2024	6/21/2024
Potato Crunch Fish Filet	Oven Fried Chicken Breast	Baked Ham	Sloppy Joe Sandwich	Turkey Tetrazzini
Stewed Tomatoes	with Country Gravy	Twice Baked Mash Potatoes	on WG Hamburger Bun	with WG Pasta
Cheesy Hashbrowns	Diced Sweet Potatoes	Cheesy Broccoli	Mac & Cheese	Green Peas
Marble Rye/Marg	California Blend Vegetables	WG Dinner Roll/Marg	Mixed Vegetables	Cauliflower
Fresh Orange	WG Breadstick/Marg	Fruit Mix	Tropical Fruit Mix	WG Breadstick/Marg
Tartar Sauce PC	Ambrosia Fruit Salad			Chocolate Chip Muffin
Monday	Tuesday	Wednesday	Thursday	Friday
6/24/2024	6/25/2024	6/26/2024	6/27/2024	6/28/2024
Ground Beef Stew	Chicken Breast in Creamy	Choc. Pudding Day	Pork Fritter	BBQ Chicken Breast
with Vegetables	Spinach & Artichoke Sauce	Mild Italian Sausage	with Country Gravy	BBQ Baked Beans
Chuckwagon Corn	Wild Rice	in Marinara Sauce	Mashed Potatoes	Cheesy Mashed Potatoes
Buttermilk Biscuit/Marg	Diced Carrots	Pepper & Onion Mix	Peas & Carrots	WG Breadstick/Marg
Pineapple Tidbits	WG Breadstick/Marg	Potato Wedges	WG Dinner Roll/Marg	Sugar Cookie
	Diced Pears	Hoagie Bun	Cinnamon Apples	
		Chocolate Pudding		

JUNE DELI MENU

Monday	Tuesday	Wednesday	Thursday	Friday
6/3/2024	6/4/2024	6/5/2024	6/6/2024	6/7/2024
National Egg Day	Three Meat Hoagie	BLT Supreme Salad	Greek Chicken Salad	Roast Beef & Cheddar
Egg Salad on	Turkey, Ham, Roast Beef	Diced Turkey, Chopped Bacon	Diced Chicken, Cucumber	on Kaiser Bun
Croissant	American Cheese	Diced Tomato & Mixed Greens	& Tomato over Mixed Greens	w/ Lettuce & Tomato
w/ Lettuce & Tomato	w/ Lettuce & Tomato	WG Breadstick/Marg	w/ Greek Feta Dressing	Marinated Vegetable Salad
Marinated Vegetable Salad	Coleslaw	100% Fruit Punch	Tropical Fruit	Pear Slices
Cinnamon Applesauce	Strawberries & Peaches	Fudge Round	100% Fruit Punch Juice	
Monday	Tuesday	Wednesday	Thursday	Friday
6/10/2024	6/11/2024	6/12/2024	6/13/2024	6/14/2024
Ham & Cheddar on	Chicken Salad on	Classic Chef Salad	Deli Chicken & American	Ball Park Burger Day!!
Wheat Bread	Croissant	Turkey, Ham, Diced Egg	Cheese on Vienna Bread	Cheeseburger on
w/ Lettuce & Tomato	w/ Lettuce & Tomato	American & Grape Tomatoes	w/ Lettuce & Tomato	WG Hamburger Bun
Cowboy Caviar	Broccoli Salad	over Mixed Greens	Potato Salad	Red Onion & Pickle Slices
Mandarin Oranges	Pineapple Tidbits	100% Apple Juice	Banana Pudding	Potato Medley
		Birthday Cake		Rice Krispie Bar
Monday	Tuesday	Wednesday	Thursday	Friday
6/17/2024	6/18/2024	6/19/2024	6/20/2024	6/21/2024
Chicken Salad	Black & Bleu Salad	Turkey Chef Salad	Crab Salad on	Oriental Salad with Chicken,
on Honey Wheat Bread	Roast Beef, Blue Cheese	Diced Turkey, Diced Egg	Marble Bread	Shred Carrots, Mandarin
w/ Lettuce & Tomato	Caramelized Red Onion	Amer. Cheese & Grape Tomatoes	w/ Lettuce & Tomato	Oranges, Green Peppers,
Potato Salad	over Mixed Greens	over Mixed Greens	Cowboy Caviar	Chow Mein Noodles & Asian
Fresh Orange	Tomato Wedges	Crackers(2pk)	Tropical Fruit Mix	Dressing over Mixed Greens
1% or Skim Milk	Ambrosia Fruit Salad	100% Fruit Punch		Chocolate Chip Muffin
		Fruit Mix		
Monday	Tuesday	Wednesday	Thursday	Friday
6/24/2024	6/25/2024	6/26/2024	6/27/2024	6/28/2024
Turkey & American	Roast Beef Chef Salad	Greek Chicken Salad	Roast Beef & Cheddar	Classic Chef Salad
on Vienna Bread	Roast Beef, Diced Egg	Diced Chicken, Cucumber	on Kaiser Bun	Turkey, Ham, Diced Egg
w/ Lettuce & Tomato	Amer. Cheese & Grape Tomatoes	& Tomato over Mixed Greens	w/ Lettuce & Tomato	American & Grape Tomatoes
Potato Salad	Mixed Greens, Crackers (2)	w/ Greek Feta Dressing	Marinated Vegetable Salad	over Mixed Greens
Pineapple Tidbits	100% Apple Juice	Crackers (2pk)	Cinnamon Apples	Crackers (2pk)
	Diced Pears	100% Fruit Punch Juice		100% Apple Juice
		Chocolate Pudding		Sugar Cookie Cookies

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2024.