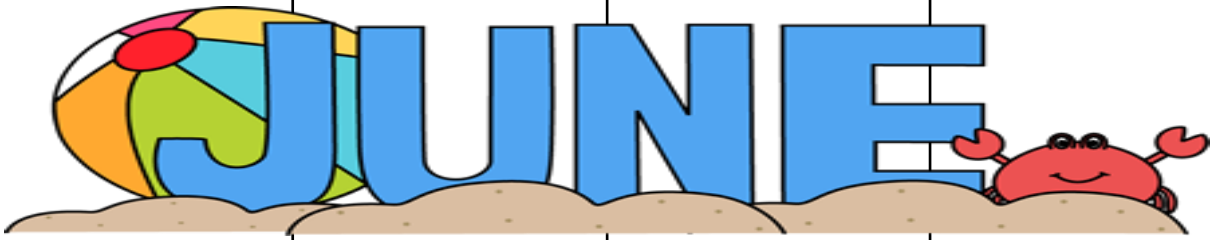


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch here the next day.</p> <p>Suggested contribution for lunch is \$4.00 for seniors</p>				
<p>3</p> <p><b>HOT MEAL:</b> Creamed Chicken Gravy over Biscuit, Cheesy Hash Browns, Brussel Sprouts</p> <p><b>DELI:</b> Ham &amp; American Cheese on WG Bread w/ Lettuce &amp; Tomato, Carrot Raisin salad</p> <p><b>DESSERT:</b> Raspberry Muffin Square</p>	<p>4</p> <p><b>HOT MEAL:</b> Cheese Omelet, Cheese Sauce, Breakfast Potatoes, Orange Juice, Cinnamon Roll</p> <p><b>DELI:</b> Roast Beef Chef Salad, Diced Egg, American Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers, Apple Juice</p> <p><b>DESSERT:</b> Banana</p>	<p>5</p> <p><b>HOT MEAL:</b> Cheesy Chicken Breast, Mexican Rice, Mexican Bean Trio, Tortilla Chips</p> <p><b>DELI:</b> Turkey &amp; Swiss on ½ Ciabatta Bun w/ Lettuce &amp; Tomato, Bleu Cheese Coleslaw</p> <p><b>DESSERT:</b> Fruit Cocktail</p>	<p>6</p> <p><b>HOT MEAL:</b> BBQ Pork Rib Patty, BBQ Baked Beans, Creamed Corn, Coney Bun</p> <p><b>DELI:</b> Roast Beef &amp; Swiss w/ Lettuce &amp; Tomato, on WG Bread, Pea Salad</p> <p><b>DESSERT:</b> Pineapple &amp; Strawberries</p>	<p>7</p> <p><b>HOT MEAL:</b> Meatloaf in Gravy, Mashed Potatoes, Zucchini &amp; Tomatoes, Dinner Roll</p> <p><b>DELI:</b> BLT Salad, Chopped Bacon, Diced Tomatoes, Romaine Lettuce Blend, House made Croutons, Fruit Punch</p> <p><b>DESSERT:</b> Oatmeal Cream Pie</p>
<p>10</p> <p><b>HOT MEAL:</b> Country Fried Steak w/ Country Gravy, Mashed Potatoes, Oregon Blend Vegetables, Vienna Bread Slice</p> <p><b>DELI:</b> Deli Chicken &amp; American Cheese on Vienna Bread w/ Lettuce &amp; Tomato, Buffalo Potato Salad</p> <p><b>DESSERT:</b> Diced Peaches</p>	<p>11</p> <p><b>HOT MEAL:</b> Baked Cod Loin In Pesto Cream Sauce, Baked Sweet Potato, Green Peas, Marble Bread</p> <p><b>DELI:</b> Three Meat Hoagie, Turkey, Ham, Roast Beef, American Cheese w/ Lettuce &amp; Tomato, Potato Salad</p> <p><b>DESSERT:</b> Chocolate Pudding</p>	<p>12</p> <p><b>HOT MEAL:</b> Fire Braised Chicken Breast, Garlic Mashed Potatoes, Mixed Vegetables, Dinner Roll</p> <p><b>DELI:</b> Egg Salad on a Croissant w/ Lettuce &amp; Tomato, Coleslaw</p> <p><b>DESSERT:</b> Birthday Cake</p>	<p>13</p> <p><b>HOT MEAL:</b> All Beef Chili Dog w/ Shredded Cheese, Diced Baby Red Potatoes, Cauliflower &amp; Carrots, Hot Dog Bun</p> <p><b>DELI:</b> Greek Chicken Salad, Diced Chicken, Cucumber &amp; Tomato over Romaine Blend w/ Greek Feta Dressing, Crackers, Fruit Punch Juice</p> <p><b>DESSERT:</b> Tropical Fruit</p>	<p>14</p> <p><b>HOT MEAL:</b> Ham &amp; Au gratin Potatoes, Broccoli, Dinner Roll</p> <p><b>DELI:</b> Roast Beef &amp; Cheddar Cheese w/ Lettuce &amp; Tomato, on a Kaiser Bun, Marinated Vegetable Salad</p> <p><b>DESSERT:</b> Cinnamon Pear Slices</p>
<p>17</p> <p><b>HOT MEAL:</b> Sweet &amp; Sour Chicken Breast, Brown Rice Pilaf, Cauliflower, Egg Roll, Cinnamon Raisin Bread</p> <p><b>DELI:</b> Classic Chef Salad, Turkey, Ham, Diced Egg, American Cheese, Tomatoes, Apple Juice, Crackers</p> <p><b>DESSERT:</b> Mandarin Oranges</p>	<p>18</p> <p><b>HOT MEAL:</b> Meatball Stroganoff w/ Egg Noodles, Diced Beets, Romaine Salad, Roll</p> <p><b>DELI:</b> Chicken Salad On Croissant w/ Lettuce &amp; Tomato, Broccoli Salad</p> <p><b>DESSERT:</b> Cinnamon Applesauce</p>	<p>19</p> <p><b>HOT MEAL:</b> Cheeseburger Meatloaf Sandwich on a Bun w/ Lettuce, Tomato, Red Onion, Pickle Slices, Potato Medley</p> <p><b>DELI:</b> Ham &amp; Cheddar Cheese on Wheat Bread w/ Lettuce &amp; Tomato, Cowboy Caviar</p> <p><b>DESSERT:</b> Peanut Butter Cookie</p>	<p>20</p> <p><b>HOT MEAL:</b> : Roast Pork Loin &amp; Gravy, Twice Baked Whipped Potatoes, Carrots, Dinner Roll</p> <p><b>DELI:</b> Chicken Caesar Salad w/ Caesar Dressing, House made Croutons, Romaine Lettuce Blend, Grape Juice</p> <p><b>DESSERT:</b> Bread Pudding</p>	<p>21</p> <p><b>HOT MEAL:</b> Taco Salad, Taco Meat, Shredded Cheese, Diced Tomato, Diced Onion over Lettuce, Refried Beans, Cornbread</p> <p><b>DELI:</b> Teriyaki Chicken Strips, Shredded Carrots &amp; Chow Mein Noodles over Salad Mix w/ Asian Dressing, Crackers, Orange Juice</p> <p><b>DESSERT:</b> Pineapple Tidbits</p>
<p>24</p> <p><b>HOT MEAL:</b> Ball Park Bratwurst, Shredded Sauerkraut, Cheesy Hash Browns, on a Hoagie Bun</p> <p><b>DELI:</b> Lemon Pepper Tuna Salad on Honey Wheat Bread w/ Lettuce &amp; Tomato, Potato Salad</p> <p><b>DESSERT:</b> Fresh Orange</p>	<p>25</p> <p><b>HOT MEAL:</b> Lemon Pepper Chicken Breast over White Citrus Rice, California Blend Vegetables, Breadstick</p> <p><b>DELI:</b> Black &amp; Bleu Salad, Roast Beef, Blue Cheese, Caramelized Red Onion, Tomato Wedges, Romaine Lettuce Blend, Crackers, Grape Juice</p> <p><b>DESSERT:</b> Ambrosia Fruit Salad</p>	<p>26</p> <p><b>HOT MEAL:</b> Beef Ravioli w/ Marinara Sauce, Capri Blend Vegetables, Romaine Blend Salad, Garlic Bread</p> <p><b>DELI:</b> Turkey Chef Salad, Diced Egg, American Cheese, Tomatoes, Fruit Punch, Crackers</p> <p><b>DESSERT:</b> Fruit Mix</p>	<p>27</p> <p><b>HOT MEAL:</b> Turkey Tetrizzini w/ Pasta, Green Peas, Corn, Breadstick</p> <p><b>DELI:</b> Crab Salad on Marble Bread w/ Lettuce &amp; Tomato, Cowboy Caviar</p> <p><b>DESSERT:</b> Chocolate Chip Muffin</p>	<p>28</p> <p><b>HOT MEAL:</b> Sloppy Joe Sandwich on a Hamburger Bun, Tater Tots, Mixed Vegetable</p> <p><b>DELI:</b> Creamy Cheese Tortellini over Romaine Blend Salad w/ Grape Tomatoes, Black Olives, Crackers</p> <p><b>DESSERT:</b> Tropical Fruit Mix</p>