



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Hello People!

It's summer! The days are longer, the nights are shorter and sun is hotter. You can keep cool by doing all your favorite activities and games at the center. We have a lot to offer and we are always open to new ideas. Are you busy with friends? Ask them to tag along and check out the center. Even better, ask them to join you for lunch here.

If you are traveling this summer – stay safe and have fun. Enjoy the time visiting family and friends and making memories. We can't wait to see you when you come home.

Cheers!
Kathy and Dawn

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant Manager



LOOK WHAT'S HAPPENING!



We will be closed
July 4th and July 5th

It's a 4 day weekend! The center will be closed Thursday 4th and Friday 5th. ENOA will be offering a frozen meal to enjoy on the 5th. It will be Salisbury Steak & mushroom gravy, mashed potatoes, green beans, bread slice and butterscotch pudding. Please ***RSVP by Monday, July 1st at noon***. Your frozen meal will be available to pick up at the center on Wed. July 3rd

Patriotic Pride! Wear your red, white, blue and all the bells and whistles on **July 3rd**. Shirts, hats, necklaces, earrings, socks – you name it, you can wear it! We will let everyone know we are proud to be Americans!

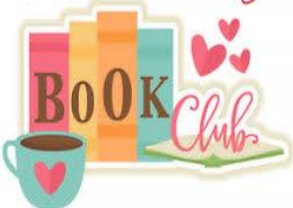


It's **WACKY WEDNESDAY** TIME! Get a little goofy, have a little fun! Mix up your wardrobe and wear your bright and wild colors, silly sayings, and goofy designs every Wed. in July. You can even mismatch your socks and still fit right in. Let's brighten up the center with color and fun!

Splash Into Summer Party! You'll be having WAVES of fun at this party! Don't be shy – just JUMP RIGHT IN! Call your reservation in by July 12. John Worsham will be our singer and of course we will have tantalizing treats for your tastebuds! The party is **July 16th at 10:30**. Make plans to stay for lunch.



The Morning



Did you know..... We have a book club that meets at the center the **2nd Friday of the month at 10:00 am**. The group is led by our local Bellevue Liberian, Julie. They have a fun group and are always welcoming to fellow readers joining the group. Come have coffee, a pastry and a good book.

PS – On the monthly party day we will not be serving pastries since you will have a snack at 10:30 at the party.

Check this Out

Beach Day BINGO



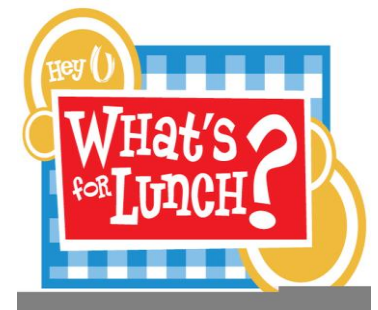
Beach Bingo! You SHORE will have a fun time at Beach Bingo! SEAS the opportunity to enjoy a tasty lunch and a fun afternoon! Get on your SHELL phone and call in to reserve your spot! Lunch is at noon and Bingo starts at **1:00 pm on Monday, July 22nd.**

Christmas in July! Erin’s Easels will be here with a step by step painting class. We will be painting a Christmas Gnome . *You must reserve your spot by July 19th.* The cost is only \$10.00 for the 2 hour class. We will sign up 10 for the first class and if we need to set up a second session with her we will for a later date. The class is on **Friday, July 26th at 9:30 am.**



Flap Jack, Short Stack, Hot Cakes It doesn’t matter what you call them, just come get them. A steamy stack of yummy pancakes with butter and syrup and a side of sausage, fruit, coffee and juice for only \$4.00. Reserve you breakfast by July 9th and come hungry on **Thursday July 11th at 9:00 am.**

Lunch Time! We are federally funded for our lunch program. Having a good turnout for lunch is important as well as good attendance for the meal. If you haven’t joined us yet, please check out our menu and sign up for some meals. Call your meal in by noon the day before.



50/50 Winners! Our April winner Phyllis Valentine - \$156.00 and so did the center. Our May winner was Belinda Haden and she won \$140.00 and the center did too. Thank you to all who contributed!



July Birthdays



- 1- Phyllis Timm & Ira Olson
- 2- Trudy Berkey
- 3- Judy James
- 4- Mary Peterson
- 5- Kathy Parker & Phyllis Valentine
- 6- Lois Tobias
- 10- Delores Mahr & Chuck Miller
- 12- Mert LeBreton
- 13- Lora Heath
- 15- Betty Shaw & Anne Nabors
- 16- Margaret Novak
- 17 – Minnie Sasser
- 18- Joan Senter & Dawn Wetherell
- 20- Mary Marchisello & JoEllen Hoefker
- 20- Mary Kay Grout
- 21- Carol Gasko
- 22- Brenda Elson
- 23- Alan Leinen & Andrea Kuhn
- 234- Marlys Dively
- 24 Marlene Head & Larry Stiverson
- 24- Julie Sturgeon & Robert Dalia
- 25- Minnie Chiavacci & Jodie Wilson
- 26- Karen Anderson & Connie Miller



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Shanghai Rummy	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 BINGO

Activities for the Month of JULY

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
1 Have you tried chair volleyball? It's a lot of fun!!	2	3 Show your RED WHITE and BLUE 	4 	5 
8	9 	10 WACK WEDNESDAY 	11 9:00 Pancakes  10:30 Bingo Bucks	12 10:00 Book Club 
15 7:00 pm meeting 	16 10:30 Party 	17 WACKY WEDNESDAY 	18 10:30 Senior Advisory Forum 	19 
22 Beach Bingo 	23	24 WACKY WEDNESDAY 	25	26 Christmas in July Painting Class- 9:30 
29	30 	31 WACKY WEDNESDAY 		Buy your raffle ticket and support our center! 

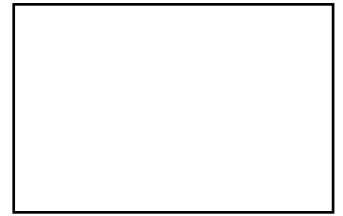
JULY DELI MENU

Monday 7/1/2024	Tuesday 7/2/2024	Wednesday 7/3/2024	Thursday 7/4/2024	Friday 7/5/2024
Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese on Vienna Bread Potato Salad Strawberries & Peaches	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Tropical Fruit Salad	Ham & American Cheese on Vienna Bread w/ Leaf Lettuce & Tomato Coleslaw Oatmeal Cream Pie	Independence Day Center will be Closed	
				
Monday 7/8/2024	Tuesday 7/9/2024	Wednesday 7/10/2024	Thursday 7/11/2024	Friday 7/12/2024
Turkey & Cheddar on WG Bread w/ Lettuce & Tomato Cowboy Caviar Cinnamon Applesauce	National Sugar Cookie Day Uncrustable Peanut Butter & Grape Jelly Sandwich Fresh Carrot & Celery Sticks Fresh Banana Sugar Cookie	Roast Beef & Swiss on on Kaiser Bun w/ Lettuce & Tomato Broccoli Salad or Plain Cake Square	Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Three Bean Salad Cinnamon Sliced Pears	Ham Salad on Rye Bread w/ Lettuce & Tomato Potato Salad Apricot Halves
Monday 7/15/2024	Tuesday 7/16/2024	Wednesday 7/17/2024	Thursday 7/18/2024	Friday 7/19/2024
Nat. Tapioca Pudding Day Sliced Ham & American Cheese on Hamburger Bun w/ Lettuce & Tomato Carrot Raisin Salad Tapioca Pudding	Tuna Salad on WG Bread w/ Lettuce & Tomato Pea Salad Pineapple Tidbits	Nat. Peach Dessert Day Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Fruit Punch WG Breadstick/Marg Peach Crisp	Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Strawberries & Pears	Chicken Fajita Salad Sliced Fajita Chicken with Peppers & Onions & Corn over Mixed Greens Salad w/ Southwest Ranch Dressing Tortilla Strips Fudge Round
Monday 7/22/2024	Tuesday 7/23/2024	Wednesday 7/24/2024	Thursday 7/25/2024	Friday 7/26/2024
Turkey & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Diced Pears	Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Strawberries & Pineapple	Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Vanilla Pudding or	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes 100% Apple Juice WG Breadstick Peanut Butter Cookie	Roast Beef Chef Salad Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Grape Juice Crackers(2pk) Fresh Apple
Monday 7/29/2024	Tuesday 7/30/2024	Wednesday 7/31/2024		
Ham & Cheddar on Vienna Bread w/ Lettuce & Tomato Pea Salad Apricot Halves	Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Fruit Punch Oatmeal Cream Pie	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch Juice WG Breadstick Fresh Orange		

JULY HOT MENU

Monday 7/1/2024	Tuesday 7/2/2024	Wednesday 7/3/2024	Thursday 7/4/2024	Friday 7/5/2024	
BBQ Pork Rib Patty BBQ Baked Beans Diced Carrots WG Hamburger Bun Strawberries & Peaches	Cheesy Broccoli Chicken Breast Brown Rice Pilaf Chuckwagon Corn WG Dinner Roll/Marg Tropical Fruit Mix	Oven Fried Chicken Breast w/ Beef Gravy Twice Baked Mash Potatoes Honey Roasted Baby Carrots WG Dinner Roll/Marg Oatmeal Cream Pie or	Independence Day Center will be Closed	TAKE HOME A FROZEN MEAL THE CENTER IS CLOSED	
Monday 7/8/2024	Tuesday 7/9/2024	Wednesday 7/10/2024		Thursday 7/11/2024	Friday 7/12/2024
Ground Beef Stew with Vegetables Chuckwagon Corn Buttermilk Biscuit/Marg Cinnamon Applesauce	National Sugar Cookie Day Potato Crusted Fish w/ Tartar Sauce Diced Sweet Potatoes Green Beans Vienna Bread/Marg	Pork Chop with Country Gravy Diced Sweet Potatoes Broccoli Salad WG Dinner Roll/Marg Decorated Birthday Cake		Nat. Blueberry Muffin Day Western Omelet w/ Ham, Cheese, Peppers & Oniion Potato O'Brien Fresh Orange Blueberry Muffin	WG Macaroni & White Cheese Cauliflower Peas & Carrots WG Breadstick/Marg Apricot Halves
Monday 7/15/2024	Tuesday 7/16/2024	Wednesday 7/17/2024		Thursday 7/18/2024	Friday 7/19/2024
Nat. Tapioca Pudding Day Swedish Meatballs Mashed Potatoes Green Beans 100% Wheat Bread/Marg Tapioca Pudding	BBQ Pulled Pork on Kaiser Bun Scalloped Potatoes Broccoli Pineapple Tidbits	Nat. Peach Dessert Day Spaghetti & Beef Sauce Mixed Greens Side Salad Dressing PC California Blend Veggies WG Breadstick/Marg Peach Crisp		Chicken Marsala Diced Sweet Potatoes Zucchini & Tomatoes Heavy Hearth Roll/Marg Strawberries & Pears	Sliced Turkey & Gravy Mashed Potatoes Cornbread Stuffing Rye Bread/Marg Fudge Round
Monday 7/22/2024	Tuesday 7/23/2024	Wednesday 7/24/2024	Thursday 7/25/2024	Friday 7/26/2024	
Chicken Breast in Spinach & Artichoke Sauce Wild Rice Diced Carrots WG Dinner Roll/Marg Diced Pears	Walking Beef Taco Beef Taco Meat Fiesta Cheese Sauce Shredded Lettuce Pinto Beans Sour Cream & Taco Sauce PC WG Doritos PC Strawberries & Pineapple	Open Faced Roast Beef Sandwich on WG Bread Mashed Potatoes & Gravy Diced Beets Vanilla Pudding or	National Chili Dog Day All Beef Hot Dog with Chili Sauce & Shred Cheese Potato Wedges Broccoli Cuts WG Hot Dog Bun Peanut Butter Cookie	Chicken Bruschetta Diced Baby Red Potatoes Brussels Sprouts WG Breadstick/Marg Fresh Apple	
Monday 7/29/2024	Tuesday 7/30/2024	Wednesday 7/31/2024			
Classic Cheeseburger on WG Hamburger Bun w/ Leaf Lettuce, Pickles, Sliced Tomatoes & Onion Coleslaw Apricot Halves	Chicken Piccata Diced Sweet Potatoes Winter Blend Vegetables Marble Bread Slice/Marg Oatmeal Cream Pie	Sloppy Joe Sandwich on WG Hamburger Bun Augratin Potatoes Green Peas Fresh Orange			

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2025.