



BELLEVUE SENIOR Community Center



*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am – 7:30 pm

BOARD OF DIRECTORS

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Hello People!

Summer is upon us and it's a great time to get out and about! There is always new things going on at the center and we encourage you to try something new. It might be coming to lunch or a Thursday evening dinner, trying a new game or going on a trip with us.

You might want to encourage a friend to come with for lunch or one of our parties. We love meeting new people and opening our doors to them.

If you have any ideas for a party theme or a day trip, please let us know. We want to do what you like, and value your suggestions and thoughts. Happy Summer!

Cheers!
Kathy and Dawn



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CENTER STAFF

- Kathy Van Den Top,
ENOA, Manager
- Dawn Jaixen
ENOA, Assistant Manager
- Al McGinness
Program Aide



Green Eggs and Ham? Eggs will definitely be on the breakfast menu, but not green ham. Sign up and come to find out what you will have for the EGG-tra special breakfast! We will be serving you up with a smile on **Wednesday, July 24th at 9:00 am.**

America's Birthday Party Join us in celebrating America's 238th birthday with an Ice Cream Social! The Red Raven Polka band will fire up at 1:00 pm. Wear your red, white and blue and bring your dancing shoes! Be sure to sign up separately for lunch, and then stay for the fun! Be ready to celebrate on **Tuesday, July 2nd at 1:00 pm.**

Looking for that lost jigger of salt?

I think you'll find it at our Parrot Head Party! It's flip flops and Hawaiian shirt time! Tan lines are optional. Our Parrot Head Party is always a fun time! We will munch on tropical treats and maybe a Margarita or two! Start the weekend early, the party is on **Friday, July 19th at 10:30.**

Farmer's Market Vouchers If you received coupons this year and find a farmer's booth you like, tell others!

Know your Rights On **Wednesday, July 24th at 11:00 am.** Attorney Catherine Swiniarski with Elder Law of Omaha will be here to discuss your legal questions on elder law – such as wills and estate planning. She will be sharing a lot of valuable information so be sure to come early to get a seat and so she can have a full hour to provide you with information.

Show off your Stuff Do you have a fun or unusual collection? We have a locked display cabinet in the dining room and we'd love to have you show off your collectables! Just let the office know and we put you on the calendar to set a date for your display!

Hey Good Lookin' What Ya Got Cookin'?

Have you joined us for a Thursday night meal? We serve a delicious dinner – plus dessert – for only \$5.00 ! It's no wonder our evening dinner is growing in attendance. Please put your reservation in one week in advance! We call the order in every Friday at noon for the following Thursday. You won't walk away hungry!

Senior Care Clinic This valuable service is offered monthly, on the 4th Thursday of each month. For only \$5.00 Nurse Arlene will trim your toe nails. However the appointment times fill up fast! Please call the office to schedule.








Thank you for supporting the Bellevue Senior Center by being a Booster Member! Your contribution is greatly appreciated. If you enjoy coming to the center whether it's for meals, parties, games, trips, Panera or just to socialize, then tell your friends about us. In order to keep the center going, we also need to keep It growing. Spread the word!



Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:15 Tai Chi 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting and Drawing 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts 12:30 Parkinson's Class

Special Activities for July

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 1:00 Party 	3		5
8	9	10	11 10:30 Bingo Bucks	12 10:00 Book Club 
15 7:00 Alzheimer's' Support Group	16 10:15 -Storm Chasers Bingo and Ball Game 	17	18 10:30 – Senior Advisory Forum	19 10:30 Party 
22	23 9:00 – Putt Putt and Safari Trip 	24 9:00 – Hot Breakfast 11:00 – Attorney Presentation	25 10:00 – Pokeno 12:30- Senior Care Clinic	26
29	30	31 		

1-Phyllis Timm, Hilarie Price, Allan Schur & Dawn Matthews
 2-Denise Adams
 3-Judy James
 4-Mary Peterson
 5-Linda Strominger & Elaine Dutton
 6-Lois Tobias
 8-Dottie Francis
 9-Marian Cheney & Mary Parks
 12-Mert Lebreton, Bev Eckel & Shirley Benash
 13-Charles Altic & Lora Heath
 15- Betty Shaw, Grace Felthousen & Anne Nabors
 16-Margaret Novak
 17-Minnie Sasser
 18-Kenneth Gore, Joan Senter, Dawn Wetherell & Victor Jones
 19- Gary White
 20-Marti Berry, Mary Marchisello & JoEllen Hoefker
 21-Margy Dietz
 22-Jim Bell & Wiley Jung
 23-Alan Leinen, Ardean Claycamp, Andrea Kuhn & Marlys Dively
 24- Marlene Head & Kathleen Sweeney
 25- Minnie Chiavacci
 26-Karen Anderson, Pete Ogaard & Dorothy Hill
 27-Dorothy Shonka
 31-Sheila Bell & Sharon Burton



Winner Winner! Ken Madison was our lucky cal-cutta winner! He split the pot with the center taking home \$412.00 and the center took in \$412.00 too. Thank you everyone who played!

Bingo and a Ball game! It's back again! Werner Park and the Storm Chasers are hosting bingo. We will leave the center on **Tuesday, July 16th at 10:15 am** for an afternoon of fun. They will provide Bingo and prizes before the noon game. Tickets for the game are \$16.00 to sit in a shaded section, and the bus is \$5.00. **The total price is \$21.00.** You may purchase lunch if you'd like.

Take A Walk on the Wild Side or at least take a drive with us through the Safari Park in Ashland. First we will stop at Mahoney State Park to play Putt Putt golf in the morning, and then find a shady spot for an ENOA deli sandwich lunch. We will load up into the bus and drive over to the Safari Park. You will have the opportunity to see lots of wild animals from the comfort of our air conditioned bus. **The trip cost is \$15.00 for Putt Putt, the Safari ride and bus fare.** You may leave a contribution for your lunch at the center. All this fun is on **Tuesday, July 23rd at 9:00 am.**



WOOHOO WE DID IT
THANK YOU
EVERYONE!

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Thanks to everyone who brought in their Family Fare receipts! It took a bit over 2 years and we finally reached our goal of 150,000 points! We are completing the paperwork and will be submitting it. Once it is confirmed, the center will be receiving a check for \$1000.00 ! We are still collecting receipts, so keep bringing them in. We have been updating the center – our new sofa set, carpet, new convection oven, pots, pans, dining room chairs, new pool table etc. Any money we receive, such as donations, booster club memberships and our annual fundraiser, all stay directly at the center to support everything we do for you!

Fundraiser Sponsors Wanted

It's not too early to think about our annual fundraiser. It will be held on Friday, October 11th. Table sponsors will get recognition at the dinner and our website will have their name and a link to their business on our website. We have different levels of sponsorship, ranging from \$150.00 to \$1000.00.

What is a sponsor? It can be a business, individual or small group that supports the center. For a business, it is a great way to get exposure and support the community. For an individual, getting that “feel good” feeling from supporting your center. Sponsors will also receive dinner tickets so they can join us in the fun. Contact anyone you do business with such as your mechanic, hairdresser, or a restaurant you frequent.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>HOT MEAL: Chicken Fried Rice, Oriental Blend Vegetables, Egg Roll, Fortune Cookie, Cinnamon Raisin Bread</p> <p>DELI: Roast Beef Chef Salad, Diced Egg, American Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers, Grape Juice</p> <p>DESSERT: Fresh Orange</p>	<p>2</p> <p>HOT MEAL: Diced Turkey & Gravy over Mashed Potatoes, Green Peas, Sourdough Dinner Roll</p> <p>DELI: Ham Chef Salad, Diced Egg, American Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers, Fruit Punch</p> <p>DESSERT: Cinnamon Apple Slices</p>	<p>3</p> <p>HOT MEAL: Cheeseburger on a Hamburger Bun w/ Lettuce, Tomato, Pickles & Onion, Coleslaw</p> <p>DELI: Classic Chef Salad, Turkey, Ham, Diced Egg, American Cheese, Tomatoes, Apple Juice, Breadstick</p> <p>DESSERT: Sugar Cookie</p>		<p>5</p> <p>HOT MEAL: BBQ Meatballs, Macaroni & Cheese, Mixed Vegetables, Wheat Bread</p> <p>DELI: Cranberry Chicken Salad On Croissant w/ Lettuce & Tomato, Potato Salad</p> <p>DESSERT: Fruit Cocktail</p>
<p>8</p> <p>HOT MEAL: Salisbury Steak & Mushroom Gravy, Mashed Potatoes, Carrot Coins, Dinner Roll</p> <p>DELI: Turkey & Cheddar on Vienna Bread w/ Lettuce & Tomato, Pea Salad</p> <p>DESSERT: Cherry Vanilla Yogurt</p>	<p>9</p> <p>HOT MEAL: 10 Grain Fish w/ Tartar Sauce, Brown Rice Pilaf, Capri Bland Vegetables, Marble Bread Slice</p> <p>DELI: Ham & American Cheese on WG Bread w/ Lettuce & Tomato, Carrot Raisin Salad</p> <p>DESSERT: Mandarin Oranges</p>	<p>10</p> <p>HOT MEAL: Oven Roasted Pork Loin w/ Pineapple Slices, Baked Sweet Potato, Broccoli Salad, Petite Roll</p> <p>DELI: Roast Beef & Swiss w/ Lettuce & Tomato, on a Kaiser Bun, 3 Bean Salad</p> <p>DESSERT: Birthday Cake</p>	<p>11</p> <p>HOT MEAL: WG Beef & Bean Burrito, Cheese Sauce, Chuckwagon Corn, Mexican Bean Salad, Tortilla Chips</p> <p>DELI: Creamy Cheese Tortellini over Romaine Blend Salad, Grape Tomatoes & Black Olives, House Made Croutons</p> <p>DESSERT: Sliced Pears</p>	<p>12</p> <p>HOT MEAL: Oven Fried Chicken Breast, Mashed Potatoes & Gravy, Broccoli, Dinner Roll</p> <p>DELI: Roast Beef Chef Salad, Diced Egg, American Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers, Fruit Punch</p> <p>DESSERT: Butterscotch Pudding</p>
<p>15</p> <p>HOT MEAL: Grilled Chicken Sandwich on a Hamburger Bun w/ Lettuce, Pickles, Tomatoes, BBQ Baked Beans, Potato Salad</p> <p>DELI: Classic Chef Salad, Turkey, Ham, Diced Egg, American Cheese, Tomatoes, Fruit Punch, Breadstick</p> <p>DESSERT: Sliced Peaches</p>	<p>16</p> <p>HOT MEAL: Spaghetti & Meatballs, Romaine Blend Salad, Italian Blend Vegetables, Breadstick</p> <p>DELI: Ranch Chicken Salad On a Kaiser Bun w/ Lettuce & Tomato, Broccoli Salad</p> <p>DESSERT: Cinnamon Applesauce</p>	<p>17</p> <p>HOT MEAL: Cheesy Broccoli Chicken Breast, Brown Rice Pilaf, Honey Roasted Baby Carrots, Dinner Roll</p> <p>DELI: Italian Sandwich, Turkey, Ham, Pepperoni, Swiss American Cheese, Red Onions, Pepperoncini's, on Vienna Bread, Sweet Potato Salad</p> <p>DESSERT: Tropical Fruit Mix</p>	<p>18</p> <p>HOT MEAL: Pork Fritter w/ Gravy, Baked Potato w/ Sour Cream, Oregon Blend Vegetable, Dinner Roll</p> <p>DELI: Black & Bleu Salad, Roast Beef, Blue Cheese, Caramelized Red Onion, Romaine Lettuce Blend, Crackers, Apple Juice</p> <p>DESSERT: Strawberry Delight</p>	<p>19</p> <p>HOT MEAL: Mini Turkey Corn Dogs, Cheesy Hash Browns, Peas, Bread</p> <p>DELI: Ham Salad on Marble Bread w/ Lettuce & Tomato, Cowboy Caviar</p> <p>DESSERT: Strawberries & Pineapple</p>
<p>22</p> <p>HOT MEAL: Cod Loin in a Manhattan Red Sauce, Garlic Roasted Baby Reds, Bussels Sprouts, Rye Bread</p> <p>DELI: Sliced Turkey & American Cheese on a Hamburger Bun w/ Lettuce & Tomato, Three Bean Salad</p> <p>DESSERT: Frosted Brownie</p>	<p>23</p> <p>HOT MEAL: Breaded Chicken Tenders w/ BBQ Sauce, Twice Baked Whipped Potatoes, Green Beans, Dinner Roll</p> <p>DELI: Crab Salad on a Croissant w/ Lettuce & Tomato, Sweet Potato Salad</p> <p>DESSERT: Plum Halves</p>	<p>24</p> <p>HOT MEAL: Spicy Italian Casserole w/ Ground Sausage, Peppers, Alfredo & Cavatapi Pasta, Romaine Blend Salad, Cauliflower, Italian Dinner Roll</p> <p>DELI: BLT Salad, Diced Turkey, Chopped Bacon, Diced Tomatoes, Shredded Cheese, Romaine Lettuce Blend, Crackers, Vegetable Juice</p> <p>DESSERT: Ambrosia Salad</p>	<p>25</p> <p>HOT MEAL: All Beef Chicago Dog, Jumbo Frank, Sliced Tomato, Pickle Spear, Diced Onion on a Hotdog Bun, tater Tots</p> <p>DELI: Tuna Salad on WG Bread w/ Lettuce & Tomato, Marinated Vegetable Salad</p> <p>DESSERT: Strawberry Applesauce</p>	<p>26</p> <p>HOT MEAL: Chicken Marsala, Potato Medley, Italian Vegetables, Honey Wheat Bread</p> <p>DELI: Roast Beef & Cheddar Cheese w/ Lettuce & Tomato, on Vienna Bread, Pea Salad</p> <p>DESSERT: Chocolate Chip Cookie</p>
<p>29</p> <p>HOT MEAL: Soft Shell Beef Taco, Lettuce, Tomato, Cheese, Seasoned Potato Rounds, Sour Cream, Taco Sauce</p> <p>DELI: Chicken Caesar Salad w/ Caesar Dressing, House Made Croutons, Romaine Lettuce Blend, Grape Juice</p> <p>DESSERT: Strawberry Shortcake</p>	<p>30</p> <p>HOT MEAL: BBQ Pork Sandwich on a Kaiser Bun, Scalloped Potatoes, Broccoli Salad</p> <p>DELI: Philly Cheesesteak Salad, Roast Beef, Peppers, Onions, Shredded Cheese, Romaine Lettuce Blend, Crackers, Grape Juice</p> <p>DESSERT: Vanilla Pudding</p>	<p>31</p> <p>HOT MEAL: Sliced Roast Beef & Gravy, Garlic Parmesan Mashed Potatoes, Diced Beets, Hearth Roll</p> <p>DELI: Egg Salad on Vienna Bread w/ Lettuce & Tomato, Marinated Vegetable Salad</p> <p>DESSERT: Pineapple Tidbits</p>		<p>Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors</p>

Dinner Meal Every Thursday at 5:30 pm

Come join us for good food and great conversation every Thursday night at 5:30 pm. Skim or 1% milk, tea, water, and coffee are available for every meal. For those over 60 there is a suggested contribution of \$5.00.



July 4, 2019

HAPPY 4TH OF JULY !!



July 11, 2019

Soft Shell Taco with Lettuce, Tomato, Sour Cream, Hot Sauce, Refried Beans and a Marble Cake



July 18, 2019

Philly Cheese Steak Sandwich with Onions, Peppers, Mushrooms, Potato Wedges, Carrot Raisin Salad and Strawberry Shortcake



July 25, 2019

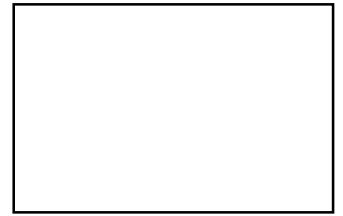
Fried Chicken, Potato Salad, Coleslaw, Biscuit and a Surprise Dessert



Thursday Night Dinner

Please be sure to make your reservations a week in advance as our dinners have been growing in size. We need to place our orders the Friday before. Thank you for all your support and loyalty

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2020.