
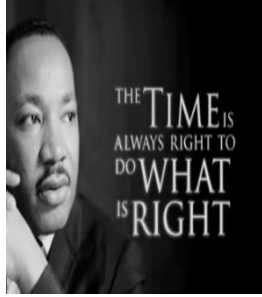


Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$3.50 for seniors</p>				<p>2 HOT MEAL: Beef & Bean Chili, Baked Potato/Sour Cream, Romaine Salad, Cornbread DELI: Creamy Crab & Baby Shrimp, Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Cinnamon Apple Slices</p>
<p>6 HOT MEAL: Hawaiian BBQ Chicken, Brown rice Pilaf, Broccoli, Rye Bread DELI: Three Meat Hoagie, Turkey, Ham, Roast Beef, American Cheese on a Hoagie Bun w/ Lettuce & Tomato, Coleslaw DESSERT: Banana Pudding</p>	<p>7 HOT MEAL: Beefy Mac Casserole with Cavatappi Noodles, Romaine Blend Salad, Capri Blend Vegetables, Whole Grain Bread DELI: Pecan Cranberry Chicken Salad with Grapes on Cinnamon Raisin Bread, Marinated Vegetable Salad DESSERT: Mandarin Oranges</p>	<p>8 HOT MEAL: Roasted Pork Loin with Apple Chutney, Mashed Potatoes, Green Beans, Dinner Roll DELI: Roast Beef Chef Salad, Diced Egg, American Cheese & Grape Tomatoes, Romaine Salad, Crackers, Fruit Punch DESSERT: Birthday Cake</p>	<p>9 HOT MEAL: 10 Grain Fish, Oven Roasted Baby Reds, Green Peas, Italian Roll DELI: Creamy Cheese Tortellini over Romaine Blend Salad with Grape Tomatoes & Black Olives, Crackers DESSERT: Fruit Cocktail</p>	<p>10 HOT MEAL: Pizza Joe Sandwich on a Hamburger Bun, Shredded Mozzarella Cheese, Seasoned Potato Wedges, Italian Blend Vegetables DELI: Teriyaki Chicken Strips, Shredded Carrots & Chow Mein Noodles over Salad Mix with Asian Dressing, Crackers, Apple Juice DESSERT: Diced Pears</p>
<p>13 HOT MEAL: Beef Stew w/ Vegetables, Chuck wagon Corn, Romaine Salad, Biscuit DELI: Egg Salad on a Croissant w/ Lettuce & Tomato, Three Bean Salad DESSERT: Pineapple Tidbits</p>	<p>14 HOT MEAL: Breaded Chicken Sandwich on a Hamburger Bun w/ Lettuce, Tomato, Twice Baked Whipped Potatoes, Mixed Vegetables DELI: BLT Supreme Salad w/ Bacon, Diced Tomato over Romaine Blend Salad, Croutons, Grape Juice DESSERT: Cherry Vanilla Yogurt</p>	<p>15 HOT MEAL: Italian Meatballs, Baked Potato/Sour Cream, Brussel Sprouts, Breadstick DELI: Classic Chef Salad w/ Ham, Turkey, American & Grape Tomatoes, Diced Egg over Romaine Blend Salad, Crackers, Apple Juice DESSERT: Sugar Cookie</p>	<p>16 HOT MEAL: Turkey Breast & Gravy, Potato Medley, Broccoli, Dinner Roll DELI: Sliced Ham & American on Wheat Bread w/ Lettuce & Tomato, Carrot Raisin Salad DESSERT: Strawberry Shortcake</p>	<p>17 HOT MEAL: Baked Cod Loin in a Citrus Cream Sauce, Baked Sweet Potatoes, Zucchini & Tomatoes, Pumpnickel Bread DELI: Greek Chicken Salad w/ Cucumber & Tomato, over Romaine Blend Salad, Greek Feta Dressing, Crackers, Fruit Punch DESSERT: Apricot Halves</p>
<p>20 CENTER CLOSED</p> 	<p>21 HOT MEAL: California Cheesy Chicken & Brown Rice Casserole, Green Beans, Dinner Roll DELI: Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato, Coleslaw DESSERT: Pear Slices</p>	<p>22 HOT MEAL: Soft Shell Beef Taco, Shredded Cheese, Lettuce, Tomato, Fiesta Corn DELI: Turkey Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Fruit Punch DESSERT: Cinnamon Applesauce</p>	<p>23 HOT MEAL: Pork Fritter, Twice Baked Mashed Potatoes, Creamed Cabbage, Marble Bread DELI: Chicken Pasta Salad over Romaine Blend Salad, Tomato Wedges, Croutons DESSERT: Blueberry Muffin Square</p>	<p>24 HOT MEAL: Salisbury Steak w/ Onion Gravy, Whipped Potatoes, Country Blend Vegetables, Wheat berry Roll DELI: Turkey & Cheddar on ½ Ciabatta w/ Lettuce & Tomato, Marinated Vegetable Salad DESSERT: Ambrosia Salad</p>
<p>27 HOT MEAL: Teriyaki Meatballs, Oriental Blend Vegetables, Cauliflower, Fortune Cookie, Cinnamon Raisin Bread DELI: Chicken Caesar Salad w/ Caesar Dressing, House Made Croutons, Romaine Blend Salad, Grape Juice DESSERT: Fresh Orange</p>	<p>28 HOT MEAL: Sliced Roast Beef & Gravy, Garlic Mashed Potatoes, Glazed Diced beets, Vienna Bread DELI: Deli Chicken & American Cheese on Marble Bread w/ Lettuce & Tomato, Carrot Raisin Salad DESSERT: Lemon Pudding</p>	<p>29 HOT MEAL: Cheese Omelet, Cheese Sauce, Baby Red Potatoes, Vegetable Juice, Raspberry Muffin Square DELI: Ham & American Cheese on WG Bread w/ Lettuce & Tomato, Potato Salad DESSERT: Glazed Pineapple</p>	<p>30 HOT MEAL: Ham & Northern Beans, Baby Roasted Carrots, Cornbread DELI: Roast Beef Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Apple Juice DESSERT: Cherry Cobbler</p>	<p>31 HOT MEAL: Cheeseburger on a Hamburger Bun, Lettuce, Tomato, Red Onion, Pickle Slices, Baked Beans DELI: Ham Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Grape Juice DESSERT: Tropical Fruit</p>