

Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30- Singers 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:15 Tai Chi 1:00 Bingo 1:00 Poker 1:00 Mahjong	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting and Drawing 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts 1:00 Parkinson's Class

Special Activities for January

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi will be held every Wednesday and Friday in January	1 Center Closed 	2 11:15- Nurse Theresa's Presentation	3	4
7 12:00 Bridge Group	8 10:00 Casino Trip 	9 10:00 – Winter Wonderland Party 	10 10:30 Bingo Bucks	11 10:00 Book Club 
14 11:30- Senior Companion Program Presentation	15 9:00 Hot Breakfast 	16	17 10:30 – Senior Advisory Forum	18
21 Center is Closed  7:00 Alzheimer's Support Group	22	23	24 10:00 - Pokeno 12:30- Senior Care Clinic	25 10:00 Luau Party 
28	29	30	31 	