



BELLEVUE SENIOR *Community Center*



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Hello People!

It's a Party! The Bellevue Senior Center has been around for 50 Years! So we are going to celebrate with a fun filled day of activities that you won't want to miss!

As we look back on the last 50 years we will also be looking forward to the future. Seniors are downsizing and moving into communities that offer activities similar to ours. Help us continue to grow during these changing times and keep our center flourishing!

Cheers!
Kathy and Dawn

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant Manager



LOOKS WHAT'S HAPPENING!



Guess who is turning 50 ??? The Bellevue Senior Center! Join us in a fun filled day on Friday, January 10th. It starts at 8:30 with the Pancake Man, a delicious lunch, and an open house reception from 1:00pm -3:00pm with cake and punch. We will also be doing raffle drawings throughout the day. Sign up!

The Pancake Man FREE Breakfast ! That's right –a FREE breakfast to celebrate our anniversary! The pancake man will be flipping pancakes from **8:30 – 10:30 on Friday, January 10th**. There will be juice, coffee and sausage to start your day off right. Sign up by Tuesday, January 7th.



WINTER WINGO BINGO! Don't get the winter blues, get **WINNING!** Come play bingo with us for prizes, fun and snacks! Everyone is a **WINNER!** Enjoy a delicious lunch and stay for bingo! Lunch is served at noon, and bingo starts at **1:00 on Wednesday, January 22nd**. Sign up by Friday the 17th.

Hot Start to a Cold Day! Warm up with an EGG-cellent breakfast. Eggs, bacon, English muffin, fruit, coffee and juice for only \$4.00. Come hungry and leave happy! We will be serving breakfast at **9:00 am on Tuesday, January 28th**. Sign up by Friday, January 24th.



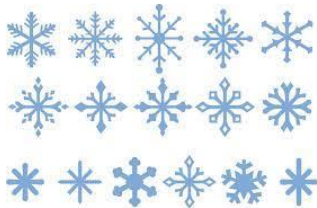
Lucky Lady Lisa's Bingo! Our dear friend Lisa Summers is back – and she's bringing Bingo with her! Lisa and Clare Senior Advisors will be sponsoring Bingo on **Thursday, January 9th at 9:30 am**. And she's bringing prizes! Let's give her a big welcome back!

CHECK THIS OUT !



Celebrate the Chinese New Year with the Bellevue University students! They will be back once again and as always will have a fantastic presentation for you. They will be here at **10:30 on Friday, January 17th**. It's the year of the snake- so let's see what they have in store for us this year! Let us know by Wed. the 15th if you can come.

Get Cozy with a Good Book! Winter is a perfect time to catch up on your reading list you never got around to in the summer. Keep your brain sharp with word finds, crossword puzzles and sudoku. Did you know that our Bellevue Public library holds a book club meeting here on the 2nd Friday of each month at 10:30 am? Check it out!



It Snowing! This month the art room will be making snowflakes. Guaranteed not to melt, cause you to slip or you have to shovel! Come check out the class on Monday mornings at 9:30 am.

Warm a Heart – and hands and head! We are extending our Hat and Hands Drive for the Sarpy County Assistance program. Those in need will be given your donated new or hand made hats, scarves, gloves or mittens. Please bring them to the center!



Fitness Fridays! Care Tech Health will be leading an exercise class on the **January 3rd at 10:30!** Burn off those extra holiday calories while having fun. Join Kathy's Class on January 24th and 31st at 10:30 am for an exercise class.

Rita Painter was our November 50/50 winner ! Both Rita and the center won \$201.00! Thanks to everyone who played.





January Birthdays



1- Jose Badillo

5- Su Knope

8- Sally Earley

9-Bill Vanhaaften & Rilla Toella

13- Martha Adair

14- Daisy Covey

15- Kathy Van Den Top & Michael Knope

20- Jean Hill & Tottie Davis

23- Bonnie Brown

24- Patty Taylor

26- Jim Hopfensperger

28- Loren Terpenning

30 – Kathy Bauman



New Year Notes! Here is just a few reminders for the coming year:

- 1- Sign Ups: Please be sure to sign up for lunches, breakfast and parties. If something comes up that you can't make it, please let us know as soon as possible.
- 2- Panera Bread: we are very fortunate to have this donation twice a week. When we ask you only take on bag please respect it. We want to make sure there is enough for everyone.
- 3- Parties and Entertainment: Please be respectful of the entertainer and refrain from talking or walking around while they are performing. We encourage you to sign up for the parties and stay for lunch. Don't be a Dine and Ditcher –someone who comes for the free snacks and then leaves. The meal program at the center is what keeps the door open. Enjoy a delicious meal with us!

Weather Closings - It's that time of the year! If the Bellevue schools close due to bad weather conditions the center will close as well. We want you to stay safe and warm. And even if we are open and the weather is not favorable, use your own judgement about coming in. If you're not sure if we are open or not, just call.



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 10:30 –King’s Corner 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 .25 BINGO

Activities for the Month of January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Dunkin Donuts		Panera Bread		Panera Bread
Bring a container and take some donuts home on Mondays	Exercise every Tuesday with Hillcrest at 10:00	1 	2	3 10:30 Fitness Class 
6 9:30 – Snowflake Class 	7 Have you played Dominoes lately? 	8 Birthday Cake with Lunch 	9 9:30 Lucky Lady Lisa’s Bingo 	10 Celebration Day!  10:30 Book Club
13 	14	15 	12 10:30 – Senior Advisory Meeting 	17 10::30 Chinese New Year Party 
20 Center Closed 7:00 Meeting 	21 	22 1:00 BINGO 	23 	24 10:30 Fitness Class
27 	28 9:00 Hot Breakfast 	29	30	31 10:30 Fitness Class 

JANUARY HOT MENU



		Wednesday 1/1/2025	Thursday 1/2/2025	Friday 1/3/2025
		<i>Senior Center Closed</i>	WG Spaghetti in Meat Sauce Green Beans Zucchini & Tomatoes Italian Roll/Marg Pineapple Tidbits 1% or Skim Milk	BBQ Shredded Chicken Sandwich Potato Wedges Cheesy Broccoli WG Mini Coney Bun Fresh Pear 1% or Skim Milk
		<i>New Year's Day</i> 		
Monday 1/6/2025	Tuesday 1/7/2025	Wednesday 1/8/2025	Thursday 1/9/2025	Friday 1/10/2025
Shortbread Day Beef & Egg Noodles over Mashed Potatoes Chuckwagon Corn Mini Buttermilk Biscuit/Marg Shortbread Cookies 1% or Skim Milk	Breaded Chicken Sandwich on WG Hamburger Bun w/ Leaf Lettuce & Sliced Tomato Potato Salad Cinnamon Applesauce 1% or Skim Milk	Sliced Roasted Beef & Gravy Baked Potato/Sour Cream Diced Beets WG Breadstick/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Apricot Day Pork Fritter with Country Gravy Mashed Potatoes Peas & Carrots WG Dinner Roll/Marg Apricot Halves 1% or Skim Milk	Oven Fried Chicken Breast & Country Gravy Mashed Potatoes Corn Biscuit/Marg Ambrosia Salad 1% or Skim Milk
Monday 1/13/2025	Tuesday 1/14/2025	Wednesday 1/15/2025	Thursday 1/16/2025	Friday 1/17/2025
Chunky Chicken Pot Pie over Mashed Potatoes Country Blend Vegetables WG Dinner Roll/Marg M&M Cookie or Diet Cookies 1% or Skim Milk	Unstuffed Peppers Seasoned Ground Beef, Rice & Diced Peppers Cheesy Hashbrowns Carrot Coins WG Dinner Roll/Marg Pear Slices 1% or Skim Milk	Walking Chicken Taco! Shred Chicken, Shred Cheese Shred Lettuce, Diced Tomato Fiesta Corn WG Nacho Doritos PC Sour Cream & Taco Sauce PCs Fresh Banana 1% or Skim Milk	Fig Newton Day Turkey Breast & Gravy Cornbread Stuffing Broccoli WG Dinner Roll/Marg Fig Newton 1% or Skim Milk	Salisbury Steak with Garlic Mushroom Gravy Whipped Potatoes Country Blend Vegetables Wheatberry Roll/Marg Strawberries & Mango 1% or Skim Milk
Monday 1/20/2025	Tuesday 1/21/2025	Wednesday 1/22/2025	Thursday 1/23/2025	Friday 1/24/2025
Senior Center Closed Martin Luther King Jr. Holiday 	Western Omelet in Cheese Sauce Potatoes O'Brien Blueberry Muffin Strawberries & Peaches 1% or Skim Milk	Southern Food Day Oven Fried Chicken Breast with Country Gravy Diced Candied Sweet Potatoes Seasoned Spinach Mini Biscuit & Honey PC Mandarin Oranges 1% or Skim Milk	Meatballs in Brown Gravy Cheesy Mashed Potatoes Green Beans WG Breadstick/Marg Pineapple Tidbits 1% or Skim Milk	Cheeseburger on a Wheat Hamburger Bun w/ Leaf Lettuce, Tomato, Red Onions & Pickle Slices Sweet Potato Wedges Fudge Round or Diet Cookies 1% or Skim Milk
Monday 1/27/2025	Tuesday 1/28/2025	Wednesday 1/29/2025	Thursday 1/30/2025	Friday 1/31/2025
Chicken Breast with Cheesy Broccoli Sauce Brown Rice Pilaf Zucchini & Tomatoes WG Dinner Roll/Marg Pineapple Tidbits 1% or Skim Milk	Sloppy Joe Sandwich on WG Hamburger Bun Potato Wedges Corn Fruit Cocktail 1% or Skim Milk	Ham & Northern Beans Winter Blend Vegetables Cornbread/Marg Cinnamon Apple Slices or Plain Apple Slices 1% or Skim Milk	Roasted Pork Chop with Pineapple Mango Salsa Mashed Potatoes Green Beans Wheatberry Roll/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Pot Roast in Brown Gravy Garlic Diced Reds Honey Glazed Carrots Mini Buttermilk Biscuit/Marg Strawberries & Pears 1% or Skim Milk

JANUARY DELI MENU



Wednesday
1/1/2025

Senior Center Closed

New Year's Day

Thursday 1/2/2025
Cranberry Chicken
Salad with Grapes on
Cinnamon Raisin Bread
Coleslaw
Pineapple Tidbits
1% or Skim Milk

Friday 1/3/2025
Turkey Pesto Club
on Vienna Bread
w/ Lettuce & Tomato
Three Bean Salad
Fresh Pear
1% or Skim Milk

Monday 1/6/2025
Shortbread Day
Egg Salad on
Croissant
w/ Lettuce & Tomato
Carrot Raisin Salad
Shortbread Cookies
1% or Skim Milk

Tuesday 1/7/2025
Chicken BLT Salad
Diced Chicken, Chopped
Bacon & Diced Tomatoes
over Mixed Greens Salad
Croutons
100% Grape Juice
Cinnamon Applesauce
1% or Skim Milk

Wednesday 1/8/2025
Classic Chef Salad
Turkey, Ham, Diced Egg
Amer. Cheese & Grape Tomatoes
over Mixed Greens Salad
Crackers (2pk)
100% Apple Juice
Birthday Cake or Plain Cake
1% Milk

Thursday 1/9/2025
Apricot Day
Ham & American Cheese
on WG Bread
w/ Lettuce & Tomato
Potato Salad
Apricot Halves
1% or Skim Milk

Friday 1/10/2025
50th Anniversary !!
Oven Fried Chicken
Breast & Country Gravy
Mashed Potatoes
Corn
Biscuit/Marg
Ambrosia Salad
1% or Skim Milk

Monday 1/13/2025
Roast Beef & Swiss
on WG Bread
w/ Lettuce & Tomato
Potato Salad
M&M Cookie
or Diet Cookies
1% or Skim Milk

Tuesday 1/14/2025
Chicken BLT Salad
Diced Chicken, Chopped
Bacon & Diced Tomatoes
over Mixed Greens Salad
Croutons
100% Grape Juice
Cinnamon Applesauce
1% or Skim Milk

Wednesday 1/15/2025
Classic Chef Salad
Turkey, Ham, Diced Egg
Amer. Cheese & Grape Tomatoes
over Mixed Greens Salad
Crackers (2pk)
100% Apple Juice
Birthday Cake or Plain Cake
1% Milk

Thursday 1/16/2025
Fig Newton Day
Roast Beef & Swiss on
Marble Bread
w/ Lettuce & Tomato
Carrot Raisin Salad
Fig Newton
1% or Skim Milk

Friday 1/17/2025
Salisbury Steak
with Garlic Mushroom Gravy
Whipped Potatoes
Country Blend Vegetables
Wheatberry Roll/Marg
Strawberries & Mango
1% or Skim Milk

Monday
1/20/2025

Senior Center Closed

Martin Luther King Jr. Holiday

Tuesday 1/21/2025
Ham & American Cheese
Cheese on Vienna Bread
w/ Lettuce & Tomato
Carrot Raisin Salad
Strawberries & Peaches
1% or Skim Milk

Wednesday 1/22/2025
Southern Food Day
Oven Fried Chicken Breast
with Country Gravy
Diced Candied Sweet Potatoes
Seasoned Spinach
Mini Biscuit & Honey PC
Mandarin Oranges
1% or Skim Milk

Thursday 1/23/2025
Three Meat Hoagie
Turkey, Ham, Roast Beef &
American Cheese on
Wheat Hoagie Bun
w/ Leaf Lettuce & Tomato
Coleslaw
Pineapple Tidbits
1% or Skim Milk

Friday 1/24/2025
Ham Chef Salad
Diced Ham, Diced Egg
Amer. Cheese & Grape Tomatoes
Crackers (2pk)
100% Grape Juice
Fudge Round
or Diet Cookies
1% or Skim Milk

Monday 1/27/2025
Creamy Crab Salad on
Croissant
w/ Lettuce & Tomato
Coleslaw
Pineapple Tidbits
1% Milk

Tuesday 1/28/2025
Classic Chef Salad
Turkey, Ham, Diced Egg
Amer. Cheese & Grape Tomatoes
Mixed Greens Entrée Salad
Crackers (2pk)
100% Apple Juice
Fruit Cocktail
1% or Skim Milk

Wednesday 1/29/2025
Roast Beef Chef Salad
Roast Beef & Diced Egg
Amer. Cheese & Grape Tomatoes
Mixed Greens Entrée Salad
Crackers (2pk)
100% Apple Juice
Cinnamon or Plain Apple Slices
1% or Skim Milk

Thursday 1/30/2025
Roast Beef Chef Salad
Roast Beef & Diced Egg
Amer. Cheese & Grape Tomatoes
Mixed Greens Entrée Salad
Crackers (2pk)
100% Fruit Punch Juice
Oatmeal Cream Pie or Diet Cookie
1% or Skim Milk

Friday 1/31/2025
Egg Salad on
Croissant
w/ Lettuce & Tomato
Three Bean Salad
Strawberries & Pears
1% or Skim Milk

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2025.