

Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics all day 9:30 Needle Crafters & Singers 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:15 Tai Chi 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting and Drawing 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts 1:00 Parkinson's Class

Special Activities for February

Monday	Tuesday	Wednesday	Thursday	Friday
			NO THURSDAY NIGHT DINNERS IN FEBRUARY!!	1 10:00 Super Bowl Party 
4	5	6 11:15 RN Presentation	7 9:00 – Biscuits and Gravy 	8 10:00 Book Club 
11 National Make a Friend Day !	12	13 11:15 – iPhone class	14 10:00 Valentine Day Party 	15 10:30 Bingo Bucks – New date for this month only!
18 Center Closed  7:00 pm Alzheimer's Support Group	19	20 11:15 – Android Phone Class	21 10- Methodist Students 10:30 Senior Advisory Forum 12:30 Senior Care Clinic	22
25 11:15 – Presentation on Successfully Aging	26	27	28 10:00 – Pokeno 12:00 Cal –Cutta Drawing 	