
















Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong 1:00 BINGO-Cize 1:45 Bingo	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot 12:45 – Bingo Panera Bread Day	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:30 Shanghai Rummy 12:45 Euchre	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 1:00– BingoCize 1:45 Bingo Panera Bread Day

Activities for the Month of FEBRUARY

Monday- Dunkin Donuts	Tuesday	Wednesday	Thursday	Friday
				
5 Hand and Foot  Card Game	6 10:30 Chinese New Year Party 	7 Try Tai Chi ! 	8 10:30 Bingo Bucks 	9 10:30 Book Club 
12	13 	14 Wear Red or Pink 	15 10::30 Senior Advisory 	16 Breakfast Pizza 
19 Center is Closed Meeting is at 7:00pm 	20 Exercise with us! 	21	22 	23
26	27 Come join us for Dominoes! 	28	29 