



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Manager

Hello People!

2026 is moving right along! February is a short month but we are filling it in with lots of activities. Be sure to get signed up.

This month will be extra special because we are going to be celebrating something brand new! We are going into the new year with a new look, new name and attitude!

Join our Big Reveal Party on Tuesday, February 10th! We will have a social gathering at 9:30 am and the reveal will be at 10:00 am. We hope to see everyone there. You won't want to miss out!

Kathy and Dawn

IN THIS ISSUE:

Page 2:
Around the Center!

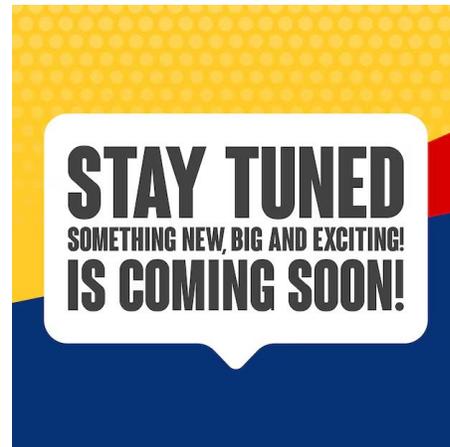
Page 3:
Here's What's Happening

Page 4:
February Birthdays

Pages 5:
Activity Calendar

Page 6:
Hot Lunches

Page 7:
Deli Lunches



AROUND THE CENTER



It's a New Name – Faces are Still the Same! Our senior center has been changing for the better over the years and now we are going to explore our future! Join us on **Tuesday, Feb. 10th at 10:00 am** for a ribbon cutting to see what the excitement is all about! Come in for coffee and treats to hear what will be happening at the center in 2026! **There will be a meet and greet at 9:30, the ceremony is at 10:00** You won't want to miss out !

Volunteer Needed! We need a volunteer to pick up Panera Bread on Tuesday nights at 8:45 pm and deliver it to the center on Wednesday morning between 8:00 am – 8:30 a.m. You would only do every other month starting in March, and then pick up in May, July, Sept. and November. Please let us know if you can help !



The Cold and Flu Season has arrived! That sniffly, sneezy, coughing, achy stuff is going around. Please don't share with others! Take the time to get better at home. We will still be here when you are well!

Bad Weather Reminder! If the Bellevue schools close due to weather, we will close. However, anytime it is too cold, too snowy or too icy for you, then please stay in and stay safe. We don't want you to fall. You can call in to cancel your meal.



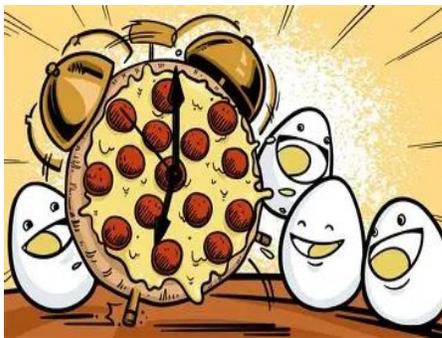
Winner Winner! Doug Lorence was our December 50/50 winner. He won \$166.00 and gave back \$66.00. The center received \$232.00. Thank you everyone who played!

HERE'S WHAT'S HAPPENING



Sweetheart of a Deal! Sign up for our Valentine's Day Party. It's on Friday the 13th at 10:30 am, but don't let the date scare you! You can have sweet snacks, drink some love potion #9, and Hal Cotteral will be our entertainer. Dress up in red and pinks and make it a festive day! Let us know by Wed. the 11th if your having lunch and the party with us.

BEAD-O BINGO! It's beads and bling – a Mardi Gras thing! Let the good times roll! Are you **KREWE-zy** excited for Mardi Gras? Don't hide behind a **MASK**, show us your greens and golds! Sign up for lunch and stay for Bingo on **Tues. Feb 17th at 1:00 pm**. Reserve your spot by Friday, the 13th.



Set Your Alarm – and Don't Be Late! Our Breakfast Pizza is Really Great! Sausage gravy, eggs, mushrooms, onions and extra cheese – this pizza is sure to please! It's worth getting up for! Sign up by Wed. Feb. 4th and join us **Friday Feb. 6th at 9:00 am**.

We Are Not Horsing Around Last month was cancelled due to the extreme cold – so let's give it another go! The Bellevue Chinese Exchange Students will be celebrating the Chinese New Year with us on **Friday, Feb. 27th at 10:00 am**. They always have fun, hands on activities for us and love talking to everyone.



TAX TIME – We get a lot of calls about taxes – please **call AARP at 411** to set up a time and date before they fill up!



February Birthdays



- 3- Hannelore Perl & Ruth Pokorny
- 4- Emily Harris
- 5- Richard Lee
- 8- Jan Newhouse & Robin Bayless
- 11 – Mark Scobey
- 18- Deb Hornbacher
- 19- Kaye Giller
- 20- Phyllis Grice & Becky Hepfner
- 21 – Bev Noble
- 22-Georgianne Meyer & Wilma Vinski
- 24- Mike Renner, John Mason & Richard Benak
- 28 – Bob Muse, Nydra Karlen & Jaye Welch

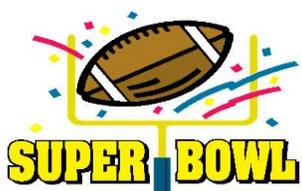


Love is in the Air! February is usually associated as being the month of “Love” and thinking of those who have touched our lives. Bring in a picture of you and your spouse or a wedding picture for us to display ! To make it more fun, we can try to guess who the couples are!



Heart Healthy Month – Treat your Ticker right! This month, instead of sitting inside complaining about the cold – get out of the house and get moving! Join in our exercise class every Tuesday at 10:00 am or Tai Chi on Monday and Wednesdays at 10:15. You’ll feel better getting your blood pumping!

Lenten Lunches– During Lent, there will be an option for a non-meat lunch, either on the Hot or Deli menu. As always, please call by noon on the business day before .



Super Bowl Sunday is Feb. 8th. Who’s your pick for the game? Wear their team colors on Friday 6th.

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 Hand Foot Knee 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand, Foot & Knee	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting 9:30 – Skip Bo 10:30 Bridge Class on the 6th and the 20th this month. 12:45 .25 BINGO

Activities for the Month of February

Monday	Tuesday	Wednesday	Thursday	Friday
Dunkin Donuts 2 	3	Panera Bread 4	5	Panera Bread 6 9:00 Breakfast Pizza 
9	10 9:30 am 	11 Birthday cake served with Lunch 	12 9:30 Lisa's Bingo 	13 10:00 –Book Club 
16 7:00 Alzheimer's Support Group 	17 1:00 Mardi Grass Bingo 	18	19 10:30 – Senior Advisory Meeting 	20
23	24 	25	26 10:30 Hillcrest Bingo 	27 10:00 Chinese New Year Party 
		Be sure and get your winning 50/50 raffle tickets!		

FEBRUARY HOT MENU

Monday 2/2/2026	Tuesday 2/3/2026	Wednesday 2/4/2026	Thursday 2/5/2026	Friday 2/6/2026	
Polish Sausage Kraut & Cabbage Country Blend Vegetables WG Hoagie Bun Sliced Pears 1% or Skim Milk	Beef Ravioli in Pink Sauce Cauliflower Green Beans WB Breadstick/Marg Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Homemade Soup Day Beef & Bean Chili Diced Potatoes Broccoli WG Breadstick/Marg Pineapple Tidbits 1% or Skim Milk	BBQ Chicken Sandwich on WG Hamburger Bun Twice Baked Mashed Carrot Coins Fruit Mix 1% or Skim Milk	Chicken Fettuccine Alfredo Casserole Mixed Greens Salad/DressPC Stewed Tomatoes WG Dinner Roll/Marg Strawberries & Peaches 1% or Skim Milk	
Monday 2/9/2026	Tuesday 2/10/2026	Wednesday 2/11/2026	Thursday 2/12/2026	Friday 2/13/2026	
Cheeseburger on a WG Hamburger Bun w/ Leaf Lettuce, Tomato, & Pickle Slices Baked Beans Fresh Orange 1% or Skim Milk	Western Omelet in Cheese Sauce Diced Potatoes Peppers & Onions Iced Donut or Diet Cookies 1% or Skim Milk	Turkey Roast in Gravy Mashed Potatoes Green Beans WG Dinner Roll/Marg Decorated or Plain Cake 1% or Skim Milk	Sweet & Sour Meatballs Brown Rice Pilaf Broccoli Cinn. Raisin Bread/Marg Mandarins & Pineapple 1% or Skim Milk	Happy Valentine's Day Sliced Roast Beef & Gravy Baked Potato/Sour Cream California Blend Veggies WG Dinner Roll/Marg Red Velvet Pudding or Diet Pudding 1% or Skim Milk	
Monday 2/16/2026	Tuesday 2/17/2026	Wednesday 2/18/2026	Thursday 2/19/2026	Friday 2/20/2026	
 <p>Presidents' Day</p> <p>Senior Center Closed</p>	Oven Fried Chicken Breast in Country Gravy Mashed Potatoes Corn WG Dinner Roll/Marg Oatmeal Cream Pie or Diet Cookie 1% or Skim Milk	Ash Wednesday Potato Crunch Fish Filet Potato Medley Carrot Coins Pumpernickel Bread/Marg Fruit Cocktail 1% or Skim Milk	Walking Taco!! Taco Meat, Shred Cheese Shred Lettuce, Diced Tomato Fiesta Bean Trio WG Nacho Doritos PC Sour Cream & Taco Sauce PCs Applesauce 1% or Skim Milk	WG Mac & Cheese Mixed Vegetables Broccoli WG Breadstick M&M Cookie or Diet Cookies 1% or Skim Milk	
	Monday 2/23/2026	Tuesday 2/24/2026	Wednesday 2/25/2026	Thursday 2/26/2026	Friday 2/27/2026
	Banana Bread Day Country Fried Steak Mashed Potatoes & Gravy Brussels Sprouts Marble Bread/Marg WG Banana Bread Loaf 1% or Skim Milk	All Beef Chili Dog w/ Shredded Cheese Diced Potatoes Broccoli WG Hot Dog Bun Strawberries & Pineapple 1% or Skim Milk	Liver w/ Onion Gravy Whipped Potatoes Green Beans Honey Wheat Bread/Marg Apricot Halves 1% or Skim Milk	Ham & Scalloped Potatoes Green Peas Diced Carrots WG Breadstick/Marg Ambrosia Salad 1% or Skim Milk	Tuna & Noodle Casserole Winter Blend Vegetables Stewed Tomatoes WG Dinner Roll/Marg Tropical Fruit Mix 1% or Skim Milk

FEBRUARY DELI MENU

Monday 2/2/2026	Tuesday 2/3/2026	Wednesday 2/4/2026	Thursday 2/5/2026	Friday 2/6/2026	
Deli Roast Beef & Cheddar Cheese on Kaiser Bun w/ Lettuce & Tomato Carrot Raisin Salad Sliced Pears 1% or Skim Milk	Fajita Chicken Salad Chicken Strips, Peppers & Onions over Mixed Greens w/ Southwest Ranch WG Breadstick Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Deli Ham & American Cheese on WG Bread w/ Lettuce & Tomato Potato Salad Pineapple Tidbits 1% or Skim Milk	Turkey & Swiss on Marble Bread w/ Lettuce & Tomato Marinated Vegetable Salad Fruit Mix 1% or Skim Milk	Ham Salad Sandwich on Vienna Bread w/ Lettuce & Tomato Broccoli Salad Strawberries & Peaches 1% or Skim Milk	
Monday 2/9/2026	Tuesday 2/10/2026	Wednesday 2/11/2026	Thursday 2/12/2026	Friday 2/13/2026	
Egg Salad on Croissant w/ Lettuce & Tomato Potato Salad Fresh Orange 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Fruit Punch Juice Iced Donut or Diet Cookies 1% or Skim Milk	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) 100% Apple Juice Decorated or Plain Cake 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing Croutons Mixed Greens Entrée Salad 100% Grape Juice Mandarins & Pineapple 1% Milk	Happy Valentine's Day Sliced Roast Beef & Gravy Baked Potato/Sour Cream California Blend Veggies WG Dinner Roll/Marg Red Velvet Pudding or Diet Pudding 1% or Skim Milk	
Monday 2/16/2026	Tuesday 2/17/2026	Wednesday 2/18/2026	Thursday 2/19/2026	Friday 2/20/2026	
	Oven Fried Chicken Breast in Country Gravy Mashed Potatoes Corn WG Dinner Roll/Marg Oatmeal Cream Pie or Diet Cookie 1% or Skim Milk	Roast Beef & Cheddar with Leaf Lettuce & Tomato on WG Bun Coleslaw Fruit Cocktail 1% or Skim Milk	Greek Chicken Salad Diced Chicken, Cucumber & Tomato over Mixed Greens w/ Greek Feta Dressing Crackers (2pk) 100% Fruit Punch Juice Applesauce 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes Crackers (2pk) 100% Grape Juice M&M Cookie or Diet Cookies 1% or Skim Milk	
	Monday 2/23/2026	Tuesday 2/24/2026	Wednesday 2/25/2026	Thursday 2/26/2026	Friday 2/27/2026
	Banana Bread Day Turkey Pesto Sandwich on Vienna Bread w/ Lettuce & Tomato Three Bean Salad WG Banana Bread Loaf 1% or Skim Milk	Turkey & Cheddar with Leaf Lettuce & Tomato on WG Bun Potato Salad Strawberries & Pineapple 1% or Skim Milk	Fajita Chicken Salad Diced Chicken, Peppers, Onions, Shred Cheese w/ Salsa Ranch Tortilla Strips 100% Fruit Punch Juice Apricot Halves 1% or Skim Milk	Crab Salad on Croissant w/ Leaf Lettuce & Tomato Coleslaw Ambrosia Salad 1% Milk	Roast Beef Chef Salad Roast Beef & Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Entrée Salad Crackers (2pk) 100% Apple Juice Tropical Fruit Mix 1% or Skim Milk

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2026