

FEBRUARY HOT MENU

All lunches served with 1% or skim milk.				Thursday	Friday
Lunch is a suggested contribution of \$4.25				2/1/2024	2/2/2024
				Roasted Pork Chop with Pineapple Mango Salsa	Beef Stew with Potatoes, Carrots & Peas
				Mashed Potatoes	Mixed Greens Salad/Dress PC
				Green Beans	Mini Buttermilk Biscuit/Marg
				Wheatberry Roll/Marg	Strawberries & Pears
				Oatmeal Cream Pie	
Monday 2/5/2024	Tuesday 2/6/2024	Wednesday 2/7/2024	Thursday 2/8/2024	Friday 2/9/2024	
Oven Fried Chicken	National Chopsticks Day	Sliced Roast Beef & Gravy	Meatloaf & Gravy	National Pizza Day	
Breast & Country Gravy	Chicken Lo Mein with	Baked Potato/Sour Cream	Twice Baked Mashed Potatoes	Three Meat Pizza Pasta	
Mashed Potatoes	WG Spaghetti Noodles	Brussels Sprouts	Carrot Coins	Mixed Greens Salad/Dress	
Green Peas	Vegetable Egg Roll	Vienna Bread/Marg	WG Dinner Roll/Marg	Cauliflower	
Honey Wheat Bread/Marg	Broccoli Cuts	Sliced Pears	Fruit Mix	WG Breadstick/Marg	
Diced Peaches	Fortune Cookie			Peach Crisp	
	Sugar Cookies				
Monday 2/12/2024	Tuesday 2/13/2024	Wednesday 2/14/2024	Thursday 2/15/2024	Friday 2/16/2024	
Cheeseburger on a	Fat Tuesday	Valentine/Bday/Ash Wed.	Sweet & Sour Meatballs	Cheese Ravioli in Marinara	
WG Hamburger Bun	Cajun Chicken Breast	Baked Cod Loin in	Brown Rice Pilaf	with Shredded Mozzarella	
w/ Leaf Lettuce, Tomato,	in Alfredo Sauce	Lemon Garlic Sauce	Broccoli Cuts	Cauliflower	
Red Onions & Pickle Slices	Potatoes O'Brien	Diced Sweet Potatoes	Cinn. Raisin Bread/Marg	Mixed Greens Side Salad	
Baked Beans	Peas & Carrots	Stewed Tomatoes	Mandarin Oranges	Dressing PC	
Fresh Orange	Vienna Bread Slice/Marg	WG Petite Roll/Marg		WG Breadstick/Marg	
	Beignet Cookie	Decorated Cake		Cinnamon Diced Pears	
Monday 2/19/2024	Tuesday 2/20/2024	Wednesday 2/21/2024	Thursday 2/22/2024	Friday 2/23/2024	
	National Muffin Day	National Chili Day	Walking Taco!!	10 Grain Fish Filet	
Presidents' Day	Turkey Breast & Gravy	White Bean & Chicken Chili	Taco Meat, Shred Cheese	Oven Roasted Baby Reds	
	Mashed Potatoes	Potato Medley	Shred Lettuce, Diced Tomato	Oven Roasted Vegetables	
Senior Center Closed	Zucchini & Tomatoes	Green & Gold Beans	Fiesta Corn	Italian Roll/Marg	
	WG Dinner Roll/Marg	Pumpnickel Bread/Marg	WG Nacho Doritos PC	Chocolate Chip Cookie	
	WG Blueberry Muffin	Fruit Cocktail	Sour Cream & Taco Sauce	Tatar Sauce	
			Applesauce		
Monday 2/26/2024	Tuesday 2/27/2024	Wednesday 2/28/2024	Thursday 2/29/2024		
Country Fried Steak	Western Omelet	Liver w/ Onion Gravy	Ham & Scalloped Potatoes		
Mashed Potatoes & Gravy	in Cheese Sauce	Whipped Potatoes	Winter Blend Vegetables		
Brussels Sprouts	Breakfast Potatoes	Green Beans	WG Dinner Roll/Marg		
Marble Bread/Marg	Peppers & Onions	Honey Wheat Bread/Marg	Cinnamon Apple Slices		
Tropical Fruit Mix	WG Bread Slice/Marg	Apricot Halves			
	Strawberry Yogurt Parfait				

FEBRUARY DELI MENU

All lunches are served with 1% or skim milk. Suggested contribution is \$4.25. Meals are served at noon.

			Thursday	Friday
			2/1/2024	2/2/2024
			Roast Beef Chef Salad	Egg Salad on
			Roast Beef & Diced Egg	Croissant
			Amer. Cheese & Grape Tomatoes	w/ Lettuce & Tomato
			Mixed Greens Entrée Salad	Three Bean Salad
			Crackers (2pk)	Strawberries & Pears
			100% Fruit Punch Juice	
			Oatmeal Cream Pie	
			Cookie	
Monday	Tuesday	Wednesday	Thursday	Friday
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Deli Roast Beef & Cheddar Cheese on WG Bread	National Chopsticks Day	Deli Ham & American Cheese on Marble Bread w/ Lettuce & Tomato	Turkey & Swiss on Marble Bread w/ Lettuce & Tomato	Chicken Pasta Salad over Mixed Greens Salad
w/ Lettuce & Tomato	Chicken Lo Mein with WG Spaghetti Noodles	Carrot Raisin Salad	Marinated Vegetable Salad	Tomato Wedges
Potato Salad	Vegetable Egg Roll	Sliced Pears	Fruit Mix	Croutons
Diced Peaches	Broccoli Cuts			Peach Crisp
	Fortune Cookie			
	Sugar Cookies			
Monday	Tuesday	Wednesday	Thursday	Friday
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Turkey Chef Salad	Egg Salad on Croissant	Roast Beef Chef Salad	Chicken Caesar Salad	Cranberry Chicken Salad with Grapes on
Diced Turkey, Diced Egg	w/ Lettuce & Tomato	Roast Beef & Diced Egg	w/ Caesar Dressing	Salad with Grapes on
Amer. Cheese & Grape Tomatoes		Cheese & Grape Tomatoes	Croutons	Cinnamon Raisin Bread
Crackers (2pk)	Pea Salad	Mixed Greens Entrée Salad	Mixed Greens Entrée Salad	Cowboy Caviar
100% Fruit Punch Juice	Beignet	Crackers (2pk)	100% Grape Juice	Diced Cinnamon Pears
Fresh Orange		100% Apple Juice	Mandarin Oranges	
		Decorated Cake		
Monday	Tuesday	Wednesday	Thursday	Friday
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
	Sliced Ham & American	Roast Beef & Cheddar	Greek Chicken Salad	Ham Chef Salad
Presidents' Day	on Wheat Bread	with Leaf Lettuce & Tomato	Diced Chicken, Cucumber	Diced Ham, Diced Egg
	w/ Lettuce & Tomato	on 1/2 Ciabatta	& Tomato over Mixed Greens	Amer. Cheese & Grape Tomatoes
	Carrot Raisin Salad	Coleslaw	w/ Greek Feta Dressing	Crackers (2pk)
Senior Center Closed	WG Blueberry Muffin	Fruit Cocktail	Crackers (2pk)	100% Grape Juice
			100% Fruit Punch Juice	Chocolate Chip Cookie
			Applesauce	
Monday	Tuesday	Wednesday	Thursday	
2/26/2024	2/27/2024	2/28/2024	2/29/2024	
Chicken Pasta Salad	Turkey & Cheddar	Greek Chicken Salad	Crab Salad on	
over Romaine Blend Salad	with Leaf Lettuce & Tomato	Diced Chicken, Cucumber	Croissant	
Tomato Wedges	on 1/2 Ciabatta	& Tomato over Mixed Greens	w/ Leaf Lettuce & Tomato	
Croutons	Coleslaw	w/ Greek Feta Dressing	Three Bean Salad	
Tropical Fruit Mix	Strawberry Yogurt Parfait	Crackers (2pk)	Cinnamon Apple Slices	
		100% Fruit Punch Juice		
		Apricot Halves		