December 2020



## BELLEVUE SENIOR Community Center

Golden opportunities await a \_\_\_\_\_ new day!

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041 Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am - 7:30 pm

#### BOARD OF DIRECTORS

#### Ralph Gladbach President

Lauren Kesteloot Vice President

Shirley Tingley Secretary

Joe Gamerl Treasurer

Paula Deitering Voting Member

Lisa Summer Voting Member

Mary Jo Hopfensperger Voting Member

Dorene Narofsky Voting Member

#### **CENTER STAFF**

Kathy Van Den Top, ENOA, Manager

Dawn Jaixen ENOA, Assistant Manager

# YOU'RE THE

## BEST !

We all know that this year has been difficult for so many. Covid 19 brought a lot of hardship to families – isolation, illness and loss of income. But it also brought out the best in many people as well.

We have had seniors reach out and bring dinner to those who could not get out of their house. They have gathered outside at each other's homes to carve wood, play cards and talk. They learned how to Facetime with family and friends. Our seniors have learned how to email and how to download pictures to stay in touch with the grandkids. They have hand sewn hundreds of masks that they freely shared with others to keep them safe.

At a time when the world was rocked by this pandemic, our seniors stood tall. You have been through war, famine, the Great Depression, measles, mumps and polio outbreaks. Thank you for overcoming obstacles and hanging in there! And when we can open our doors again we will be there to welcome you with open arms (and masks and sanitizer <sup>(3)</sup>)

Stay home Stay safe Stay positive

Take Care ! Kathy and Dawn IN THIS ISSUE:

Page 2: Center News

Page 3: Santa !

Page 4: December Birthdays

Pages 5: Activity Calendar

Page 6: Grab and Go Menu

Page 7: Holiday Fun



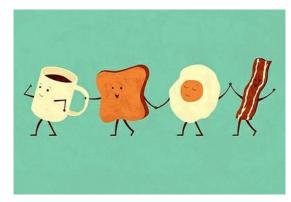


BRRRRR ! We are collecting your handmade or brand new hats, scarves and mittens for those in need. This year there are more families in need of help. Please bring your donations to the alley Door before December 18<sup>th</sup>. Thank you in advance for your donations!



Enclosed is a fun worksheet designed by a small group of University of Nebraska Medical Center College of Nursing Students. Many of you know that the students spend a few mornings at the center as part of their geriatrics rotation. Since they could not meet with you individually, they wanted our seniors to know they care. Have fun with the worksheet they came up for you to keep your brains busy!

Are you missing our monthly hot breakfast? We are too! So starting this month, we will be bringing back our once a month hot breakfast – drive thru style ! We are still working out the specifics, but you know it will be delicious! Please reserve your meal by Friday, December 11<sup>th</sup>. The cost is still the



Best deal in town – Only \$3.00 !! Pick up will be at the side alley door. Breakfast will be available 9:00 am – 9:30 am, TUESDAY, DECEMBER 15<sup>TH</sup> !

## SANTA CLAUS IS COMING TO TOWN!

Old Towne Bellevue that is! Even though our doors are closed, Santa will find a way to deliver presents to our seniors! However, you MUST call in and let us know if you are coming by to get a present. Then we will check *Santa's Naughty and Nice List* and see if we can find your name. Since the list is very long , **you must call us before Wednesday , December 16**<sup>th</sup>. Santa has assured us that he will have the gifts ready (for those of you on the nice list) to be picked up on

> Tuesday, December 22<sup>nd</sup> from 1:00 pm – 2:00 pm.



Thanks to a joy ride, Christmas was nearly canceled.



THE FOUR STAGES OF LIFE
1. You believe in Santa Claus
2. You don't believe in Santa Claus
3. You are Santa Claus
4. You look like Santa Claus

- 1. Judy Pierson & Nancy Curitti
- 2. Mary Jo Husten
- 3. Joyce Ritchey, Eugene Hague & Judy English
- 6. Betty Anderson
- 8. Kathye Smith
- 10. May Holoun
- 11. Kathy White
- 12. Carol Broderick & Sandy Shire
- 13. Kate Spopac
- 16. Sue VanDoren & Dennis Hurd
- 18. Gene Clark, Buddy Isgrigg & Sandra Robare
- 20. Arlene Nesbitt
- 21 Tom Hiross
- 22. Bev Engelkamp & Lou Ferony
- 23. J Berry, John Lytle & Jackie Wilson
- 24. Sue Howell
- 23. MaryAnn Moseke & Jenny Pedersen
- 26. Rachel Kiley & Linda Bowersox
- 27. Judy Glover, Joyce Hellbusch & Tom Laufer
- 29. Sue Cole
- 30. Donald Spetzman
- 31. Linda Moore, Carol Gailoux & Elizabeth Lacy

Thanks for being born during the holidays. It's great to have one more reason to get jolly! Happy Holiday Birthday!



December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards/ Donut 9:30 Ceramics all day 9:30 Needle Crafters 11:00 Exercise Class 12:45 Hand & Foot 1:00 Mahjong 1:00 Bingo/Poker	9:00 Billiards 9:30 Painting 12:30 Duplicate Bridge 12:15 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 11:00 Tai Chi 12:00 Skip Bo 1:00 Bingo 1:00 Poker	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco/Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Painting / Drawing 11:00 Tai Chi 12:00 Skip Bo 12:30 Pinochle 1:00 Bingo 1:00 Art and Crafts

## Things to wish for .....

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Peace	2 Love	3 Forgiveness	4 Family Time
7 Hope	8 Cures	9 Sunshine	10 Friends	11 Laughter
14 Health	15 Security	16 Time	17 Vision	18 Future
21 Education	22 Happiness	23 Faith	24 Patience	25
28 Humility	29 Grace Grace	30 Joy	31 Happy New Year	Join our Grab and Go Lunch Program! Call us before noon to order for the next day! 402-293-3041

### GRAB AND GO LUNCHES!

### Call by noon the day before you would like lunch. Pick-up in the alley between 11:45 am and 12:15 pm

Monday	Tuesday	Wednesday	Thursday	Friday
	12/1/2020	12/2/2020	12/3/2020	12/4/2020
<b>DRIVE - THRU</b>	Oven Fried Chicken Brest	All Beef Hot Dog with	Italian Meatballs	Meatloaf & Gravy
	with Chicken Gravy	Chili Topping	in Marinara Sauce	Roast Diced Baby Reds
	Mashed Potatoes	Seasoned Potato Wedges	Potato Medley	Carrot Coins
<b>OPEN</b>	Green Peas	Corn	Green Beans	Sourdough Roll/Margarine
	WG Breadstick/Marg	WG Hot Dog Bun	WG Dinner Roll/Marg	Sliced Apricots
V	Banana Muffin Square 1% Milk	Pineapple & Strawberries 1% Milk	Chocolate Pudding 1% Milk	1% Milk
	I 70 IVIIIK	I 70 IVIIIK	I 70 IVIIIK	
Monday	Tuesday	Wednesday	Thursday	Friday
12/7/2020	12/8/2020	12/9/2020	12/10/2020	12/11/2020
Chicken Cordon Bleu	Italian Goulah with	Oven Roast Pork Loin	Sweet & Sour Chicken	Seafood Chowder
w/ Swiss Mornay Sauce	WG Elbow Noodles	with Pork Gravy	Breast	Garlic & Butter Diced Reds
Mashed Potatoes	Italian Blend Veggies	1/2 Baked Potato	Oriental Blend Veggies	Mixed Vegetables
California Blend Veggies	Corn	Brussels Sprouts	Cabbage & Carrots	Marble Bread/Marg
WG Dinner Roll/Marg	Italian Roll/Marg	WG Petite Roll/Marg	Cinn. Raisin Bread/Marg	Fruit Crisp
Peanut Butter Cookie	Diced Peaches	Plain Cake Square	Tropical Fruit Mix	1% Milk
1% Milk	1% Milk	C Sour Cream PC	1% Milk	
		1% Milk		
Monday 12/14/2020	Tuesday 12/15/2020	Wednesday	Thursday 12/17/2020	Friday 12/18/2020
Baked Cod Loin in	Country Fried Steak &	12/16/2020 Baked Ham	Salisbury Steak &	BBQ Chicken Breast
Sweet Basil Sauce	Gravy	Twice Baked Whip Potato	Brown Gravy	BBQ Baked Beans
Baked Diced Sweet Potatoes	Carlia Whinned	Cheesy Broccoli	Diced Baby Red Potatoes	Diced Carrots
Zucchini & Tomatoes	Country Blend Veggies	WG Dinner Roll/Marg	Parslied Carrots	WG Hamburger Bun
WG Dinner Roll/Marg	Vienna Bread	Cherry Cheesecake	Sour Dough Roll/Marg	Pear Slices
_	Slice/Marg	Pudding		
Fresh Orange 1% Milk	Plum Halves 1% Milk	1% Milk	Fruit Cocktail 1% Milk	1% Milk
Monday	Tuesday	Wednesday	Thursday	Friday
12/21/2020	12/22/2020 10 Grain Fish Filet	12/23/2020 Swedish Meatballs	12/24/2020 Pork Chop with	12/25/2020
Hamburger Patty Seasoned Potato Wedges	Diced Carrots	1/2 Baked Potato	Garlic Mushroom Gravy	*
Broccoli	Corn Casserole	Stewed Tomatoes	Scalloped Potatoes	1
Kaiser Bun	WG Bread Slice/Marg	WG Dinner Roll/Marg	Peas & Pearl Onions	
Fresh Banana	Strawberry Applesauce	Strawberry Yogurt Cup	100% Whole Wheat	
			Bread/Marg	
1% Milk	Tartar Sauce PC	Sour Cream PC	Mandarin Oranges & Pineapple	
	1% Milk	1% Milk	1% or Skim Milk	
				No Grab & Go Meals
Monday	Tuesday	Wednesday	Thursday	
12/28/2020 Chicken Parm Cass.	12/29/2020 BBQ Pork Rib Patty	12/30/2020 Beef & 3 Bean Chili	12/31/2020 Sliced Roast Beef &	
	Diced Baby Red			
with WG Penne Pasta	Potatoes	Corn	Brown Gravy	
Roasted Baby Carrots	Oregon Blend Vegetables	Pineapple Tidbits	Whipped Potatoes	Hanny
Corn	WG Hamburger Bun	Cornbread/Marg	Green Peas	
Italian Roll/Marg	Frosted Brownie	1% Milk	Rye Bread/Marg	avening the second second
Applesauce	1% Milk		Butterscotch Pudding	training a
1% Milk			1% Milk	
1				

## Holiday fun !







Dear Santa, When you arrive on Ohristmas Eve, could you please throw a quick load in the washer, vacuum a couple carpets and wash your cookie dishes? Thanks!

### HAPPY CHRISTMAS







CHRISTMAS IS NOW GONNA BE MID-JANUARY, Due to Santa Having to Quarantine for 14 days before he Arrives in the country.





WHOSE IDEA WAS



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to ONLY \$2.00 a month!

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2021.*