DESSERT: Applesauce

Tage 0	Bellevu	e Senior Community Cer	iter Menu	December 2019
Monday	Tuesday	Wednesday	Thursday	Friday
2 HOT MEAL: Taco Joe Cheese Sandwich w/ Lettuce on a Bun, Au gratin Potatoes, Broccoli DELI: Creamy Crab & Baby Shrimp, Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Pear Slices	3 HOT MEAL: Oven Fried Chicken Breast, Mashed Potatoes & Chicken Gravy, Green Beans, Bread Stick DELI: Ham & Swiss on Vienna Bread w/ Lettuce & Tomato, Coleslaw DESSERT: Banana Muffin Square	4 HOT MEAL: All Beef Chili Dog w/ Cheese on a Hotdog Bun. Steak Fries, Corn DELI: Turkey Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Fruit Punch DESSERT: Pineapple & Strawberries	5 HOT MEAL: Baked Cod Loin in Sweet Basil Sauce, Baked Sweet Potatoes, Zucchini & Tomatoes, Dinner Roll DELI: Turkey & Cheddar on WG Bread w/ Lettuce & Tomato, Potato Salad DESSERT: Chocolate Pudding	6 HOT MEAL: Meatloaf & Gravy, Roasted Whole Baby Reds, Carrot Coins, Honey Wheat Bread DELI: Classic Chef Salad w/ Ham. Turkey, American & Grape Tomatoes, Diced Egg over Romaine Blend Salad, Breadstick, Fruit Punch DESSERT: Sliced Apricots
9 HOT MEAL: Chicken Cordon Bleu with Swiss Mornay Sauce, Rosemary Country Diced Potato, California Blend Vegetables, Dinner Roll DELI: Ham Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Fruit Punch DESSERT: Peanut Butter	10 HOT MEAL: Italian Goulash w/ Elbow Noodles, Italian Blend Vegetables, Romaine Blend Salad, Italian Roll DELI: Egg Salad on Vienna Bread w/ Lettuce & Tomato, Three Bean Salad DESSERT: Diced Peaches	11 HOT MEAL: Oven Roasted Pork Loin with Pork Gravy, Baked Potato, Brussels Sprouts, Pettie Roll DELI: Roast Beef Salad, Diced Egg, American Cheese & Grape Tomatoes, Romaine Salad, Crackers, Fruit Punch DESSERT: Birthday Cake	12 HOT MEAL: Sweet & Sour Chicken Breast, Oriental Blend Vegetables, Egg Roll, Fortune Cookie, Cinnamon Raisin Bread DELI: Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato, Cowboy Caviar DESSERT: Tropical Fruit Mix	13 HOT MEAL: Seafood Chowder Garlic & Butter Diced Reds, Mixed Vegetables, Marble Bread DELI: Black & Bleu Salad, Roast Beef, Blue Cheese, Caramelized Red Onion, Romaine Blend, Crackers, Apple Juice DESSERT: Fruit Crisp
Cookie 16 HOT MEAL: Italian Meatballs in Marinara Sauce, Potato Medley, Green Beans, Dinner Roll DELI: Tuna Salad on WG Bread w/ Lettuce & Tomato, Cowboy Caviar DESSERT: Fresh Orange	17 HOT MEAL: Country Fried Steak w/ Gravy, Garlic Whipped Potatoes, Country Blend Vegetables, Vienna Bread DELI: BLT Supreme Salad w/ Bacon, Turkey, Shredded Cheese, Diced Tomato over Romaine Blend Salad, Crackers, Grape Juice DESSERT: Plum Halves	18 HOT MEAL: Baked Ham, Cheesy Broccoli, Twice Baked Whipped Potatoes, Dinner Roll DELI: Roast Beef & American on Vienna Bread w/ Lettuce & Tomato, Pea Salad DESSERT: Cheesecake w/ Cherry Topping	19 HOT MEAL: Salisbury Steak w/ Brown Gravy, Baby Red Potatoes, Parslied Carrots, Sour Dough Roll DELI: Italian Sandwich, Turkey, Ham, Pepperoni, Cheese, Pepperoncini & Red Onions on Vienna Bread, Broccoli Salad DESSERT: Fruit Cocktail	20 HOT MEAL: BBQ Chicken Breast on a Hamburger Bun, BBQ Baked Beans, Potato Salad DELI: Classic Chef Salad w/ Ham, Turkey, American & Grape Tomatoes, Diced Egg over Romaine Blend Salad, Crackers, Fruit Punch DESSERT: Pear Slices
23 HOT MEAL: Hearty Country Gravy with Sausage over a Jumbo Biscuit, Breakfast Potatoes, Orange Juice DELI: Deli Chicken & American Cheese on Vienna Bread w/ Lettuce & Tomatoes, Marinated Vegetable Salad DESSERT: Fresh Banana	24 HOT MEAL: Pork Chop w/ Garlic Mushroom Gravy, Scalloped Potatoes, Peas & Pearl Onions, Whole Wheat Bread DEL!: Chicken Caesar Salad w/ Caesar Dressing, House Made Croutons, Romaine Blend Salad, Crackers, Grape Juice DESSERT: Mandarin Oranges & Pineapple	25 CENTER CLOSED Wernys Christmas	26 HOT MEAL: 10 Grain Fish, Diced Carrots Corn Casserole, Bread Slice DELI: Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato, Bleu Cheese Coleslaw DESSERT: Strawberry Applesauce	27 HOT MEAL: Swedish Meatballs, Baked Potato, Winter Mix Vegetable, Wheat berry Roll DELI: Chicken Salad on a Croissant w/ Lettuce & Tomato, Sweet Potato Salad DESSERT: Strawberry Yogurt Cup
HOT MEAL: Chicken Parmesan Casserole w/ Penne Pasta, Roasted Baby Carrots, Corn, Italian Roll DELI: Three Meat Sandwich, Turkey, Ham, Roast Beef, American & Swiss Cheese on a Hoagie Bun w/ Lettuce & Tomato, Carrot Raisin Salad	31 HOT MEAL: BBQ Pork Rib Patty on a Bun, Baby Red Potatoes, Oregon Blend Vegetables DELI: Turkey Chef Salad w/ Diced Egg, American Cheese, Grape Tomatoes over Romaine Lettuce Blend, Crackers, Fruit Punch DESSERT: Frosted Brownie	*********	PPY ** Pear ** ** ** ** ** ** ** ** **	Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$3.50 for seniors