Page 6

Bellevue Senior Community Center Menu

December 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
HOT MEAL: Meatloaf & Gravy, Roasted Whole Baby Reds, Broccoli, Cornbread Muffin DELL: Sliced Turkey & American Cheese on Ciabatta Bun w/ Lettuce & Tomato, Potato Salad DESSERT: Pear Slices 10	HOT MEAL: Fried Chicken Breast, Whipped Potatoes w/ Chicken Gravy, Green Beans, Italian Roll DELI: Creamy Crab & Baby Shrimp Macaroni Salad on Romaine Blend Salad, Tomato Wedges, Crackers DESSERT: Banana Muffin Square	HOT MEAL: All Beef Chili Dog w/ Cheese on a Wheat Bun, Steak Fries, Corn DELI: Turkey Chef Salad, Diced Egg, American Cheese, Tomatoes, Fruit Punch, Cinnamon Raisin Bread DESSERT: Pineapple & Strawberries 12	HOT MEAL: Sweet & Sour Chicken Breast, Oriental Blend Vegetables, Vegetable Egg Roll, Fortune Cookie, Cinnamon Raisin Bread DELI: Roast Beef & Swiss w/ Lettuce & Tomato, on Marble Bread, Broccoli Salad DESSERT: Butterscotch Pudding	HOT MEAL: Taco Joe Sandwich on a Wheat Hamburger Bun, Potato Ole's, Peas & Carrots DELI: Classic Chef Salad w/ Ham, Turkey, American Cheese, Diced Egg, Tomatoes over Tossed Salad, Wheat Breadstick, Grape Juice DESSERT: Sliced Apricots 14
HOT MEAL: Chicken Cordon Bleu w/ Swiss Mornay Sauce, Rosemary Country Diced Potato, California Blend Vegetables, Wheat Berry Roll DELI: Creamy Cheese Tortellini over Tossed Salad Mix w/ Grape Tomatoes, Black Olives & Cracker DESSERT: Peanut Butter Cookie	HOT MEAL: Italian Goulash with WG Elbow Noodles, Italian Blend Vegetables, Romaine Blend Salad, Vienna Bread DELI: Chicken Salad on a Croissant w/ Lettuce & Tomato, Coleslaw DESSERT: Diced Peaches	HOT MEAL: Oven Roasted Pork Loin w/ Gravy, Baked Potato, Brussel Sprouts, Dinner Roll DELI: Roast Beef Chef Salad, Diced Egg, Swiss Cheese, Grape Tomatoes, Romaine Blend Salad, Crackers DESSERT: Birthday Cake	HOT MEAL: Baked Cod Loin in a Sweet Basil Sauce, Mashed Sweet Potatoes, Zucchini & Tomatoes, Wheat Dinner Roll DELI: Grilled Chicken Ranch Salad, Grilled Chicken, American Cheese, Grape Tomatoes & Black Olives over Tossed Salad, Apple Juice DESSERT: Tropical Fruit Mix	HOT MEAL: Orange Chicken Stir Fry with Lo Mein Noodles, Japanese Blend Vegetables, Vegetable Egg Roll. Fortune Cookie DELI: Roast Beef & Swiss w/ Lettuce & Tomato, on Vienna Bread, Marinated Vegetable Salad DESSERT: Strawberry Applesauce
17 <u>HOT MEAL:</u> Italian Meatballs, Potato Medley, Mixed Vegetables, Wheat Dinner Roll <u>DELL:</u> Tuna Salad On a Croissant w/ Lettuce & Tomato, Cowboy Caviar <u>DESSERT</u> : Orange	18 <u>HOT MEAL</u> : Country Fried Steak & Gravy. Garlic Whipped Potatoes. Country Blend Vegetables. Vienna Bread <u>DELI</u> : BLT Supreme Salad. Diced Turkey. Chopped Bacon. Diced Tomato Shredded Cheese over Tossed Salad, Crackers. Fruit Punch <u>DESSERT</u> : Chocolate Pudding	19 <u>HOT MEAL</u> : Baked Ham, Twice Baked Whipped Potato. Cheesy Broccoli, Wheat Roll <u>DELI</u> : Reuben Salad, Sliced Corn Beef, Sauerkraut & 1000 Island over Romaine Blend Salad and House Made Rye Croutons <u>DESSERT</u> : Cheesecake with Cherry Topping	20 <u>HOT MEAL</u> : BBQ Chicken Breast on a Wheat Bun, BBQ Baked Beans, Potato Salad <u>DELL</u> : Classic Chef Salad w/ Ham, Turkey, American Cheese, Diced Egg, Tomatoes over Tossed Salad, Crackers, Fruit Punch Juice <u>DESSERT</u> : Pear Slices	21 <u>HOT MEAL</u> : Salisbury Steak w/ Brown Gravy, Cheesy Hash Brown Potatoes, Parslied Carrots, Wheat Roll <u>DELI</u> : Sliced Ham & American Cheese on Wheat w/ Lettuce & Tomato, Potato Salad <u>DESSERT</u> : Fruit Cocktail
San	Center Closed	26 <u>HOT MEAL</u> : Seafood Chowder. Garlic & Butter Diced Reds, California Blend Vegetable, Marble Rye Bread <u>DELI</u> : Italian Sandwich, Turkey, Ham, Pepperoni, Cheese, Peppers & Red Onion on Vienna Bread, Herb Roasted Potato Salad <u>DESSERT</u> : Fruit Crisp	27 <u>HOT MEAL</u> : Swedish Meatballs, Baked Potato, Stewed Tomatoes, Wheat Berry Roll <u>DEL</u> I: Turkey & Cheddar w/ Lettuce & Tomato on Wheat Hamburger Bun, Coleslaw <u>DESSERT</u> : Strawberry Yogurt Cup	28 <u>HOT MEAL</u> : Chicken Breast w/ Chicken Gravy, Whipped Potatoes, Green Beans, Hearth Roll <u>DELL</u> : Denver Omelet Salad, Diced Ham, Bacon, Green Pepper, Onion, Diced Egg, Cheddar Cheese, Tossed Salad, Orange Juice <u>DESSERT</u> : Frosted Brownie
31 <u>HOT MEAL</u> : Italian Casserole w/ Penne, Roasted Baby Carrots, Corn, Italian Roll <u>DELI</u> : Cobb Salad, Bacon, Diced Egg, Diced Chicken, Diced Ham & Blue Cheese over Tossed Salad, Apple Juice <u>DESSERT</u> : Applesauce	Flap	py New	Year	Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors