



# BELLEVUE SENIOR Community Center



*Golden opportunities await a  
new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm

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## Ho Ho Ho - Merry Christmas!

Another holiday season is upon us. Let's take a moment to remember why we celebrate and to spend the time with those we love.

It isn't all about the material gifts. Your gift of time – taking someone who can't drive to their appointments, reading to someone who doesn't see as well anymore, or just sitting and visiting with them.

Your gift of thoughtfulness – making an extra plate when you cook and take it to someone who can no longer cook, baking a few extra cookies and sharing them with friends, or shoveling your neighbor's driveway or sidewalks.

We hope that you and your family have a holiday season filled with family, friends, love, laughter, health and happiness!

Cheers!  
Kathy and Dawn

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## CENTER STAFF

Kathy Van Den Top,  
*ENOA, Manager*

Dawn Jaixen  
*ENOA, Assistant  
Manager*



# HOLIDAY HAPPENINGS



**Christmas Card Trees** Join our art class and learn how to make your very own Christmas tree! It is truly a unique way to display all the colors of Christmas. The class will be every **Monday morning from 9:30 -11:30 in December and only \$2.00 !** Make your Mondays fun! There is always hot coffee and donuts! Please let us know if you will be at the class so all the supplies will be ready. They will also be doing other crafty things with cards so come check it out !

**Christmas Spirit!** Get in the holiday spirit by coming to the Durham Museum with us. This year's display includes the 40 ft. decorated tree, Brandis window display and many other decorated trees. You can even visit Santa if you want! **\$15.00** includes your bus trip and admission to a fun filled afternoon on **Tuesday, Dec. 6<sup>th</sup> at 12:30 pm.** Sign ups start on Dec. 1 and you must come in and pay to reserve your spot.



**Did you make the Naughty or the Nice list?** Find out at our Christmas Party on **Wed. December 21<sup>st</sup> at 10:30.** Santa's elves have been **SLEIGHING** away so you can treat **yourSELF** to a **TREEMENDOUS** good time! If your plan on being **PRESENT** at the party, please let us know by December 16<sup>th</sup>. It would be **RUDE-olph** you to not RSVP. **FIR** sure, **YULE** won't want to miss it. Sweet treats and **SNOW** much fun, but wait....there's **MYRRH**....Christine Coulson will be here to **LIGHT** up the center with her singing!

**Ugly Sweater Days.** They may not be ugly, but some Christmas sweaters have a lot going on! It's the holidays, so wear your fun, festive and sometimes over the top- Christmas shirts and sweaters. You can wear them all month if you want. We just picked a day each week to have some fun with it. Check the dates on the calendar or whatever day works for you.



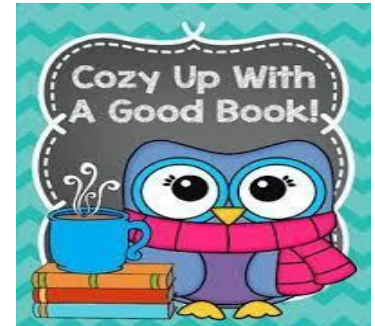
**Do the "Write" thing.** You supported our veterans by writing thank you cards, so let's do it again. We will be signing Christmas cards to be delivered to Bellevue's Veteran Home. We have all the cards, we just need a little bit of your time. Please spread a little Christmas joy and help someone's holiday be a little more merry and bright! Come early for lunch and sign cards on Dec. 12<sup>th</sup> or Dec. 20<sup>th</sup> at 11:30 am. Call ahead to reserve a lunch.

# CHECK THIS OUT !



**Warm Hearts** Every year we participate in the Sarpy County Assistance Drive to provide those in need with handmade or brand new hats, mittens and scarves. Please help us keep others warm. We will have a drop box at the center during the month of December. Thank you in advance!

**Cuddle Up** —When it's too cold to go out, let your mind take you on an adventure! Reading books can do just that. We have a large selections of books for you to take home. Get your cup of tea or coffee , a good book and settle in your comfy clothes and start reading. We also have a book club that meets here on the 2<sup>nd</sup> Tuesday of each month at 10:00 am



**How do you do...it !** Does the longer days of winter make you stir crazy? The art room has plenty of books for you to take home and learn how to do your favorite crafts or even take up a new hobby. Stop by and see what they have.

**Cold Start? We can warm your heart!** Need a little comfort food on a cold morning? Our biscuits and gravy will hit the spot! Warm, flaky biscuits, smothered in country gravy and sausage – YUMMY ! Always served with fruit, coffee and juice – it's a great way to start your day. And still only \$3.00. Join us on **Tuesday, December 13<sup>th</sup> at 9:00 am**. Be sure to call and save your spot by noon on Monday, December 12<sup>th</sup>.



**Zip it Up!** Once again, we are in need of the one gallon zip lock bags for Panera Bread. We are so blessed to receive this donation to share with you every Wed. and Friday morning. Thanks in advance for your support!

**Bad Weather Reminder:** If the Bellevue public schools close due to bad weather, so will the Senior Center. However, if it's too cold or slick for you, don't take a chance. Stay safe and stay warm. If you ordered a meal, please call to let us know you won't be in.

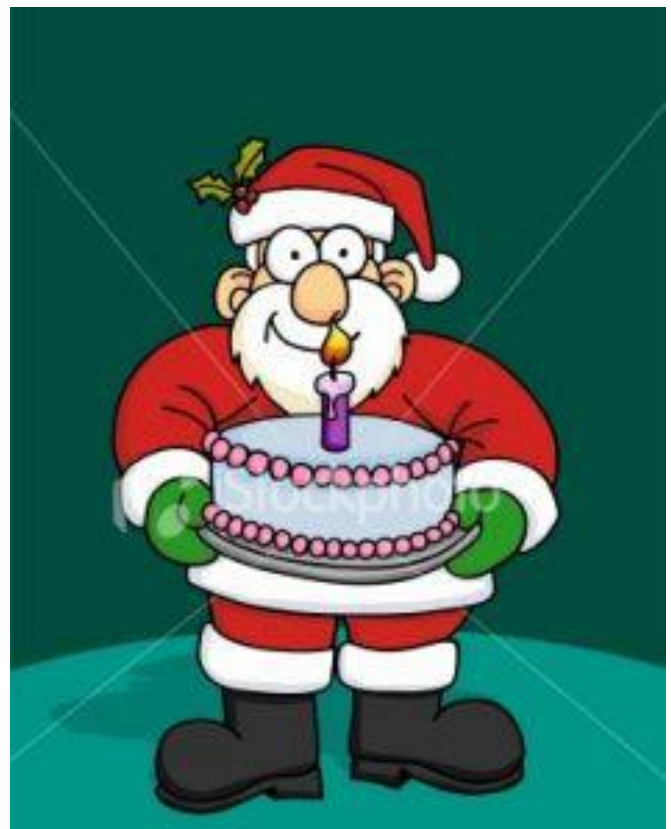




# DECEMBER BIRTHDAYS



- 1- Nancy Curitti
- 2- Mary Jo Husten & Sandra Chantry
- 8- Rosalind Muller & Kathye Smith
- 10- Mary Holoun
- 11 – John Holzapfel & Kathy White
- 12- Carol Broderick & Sandy Shire
- 13- Kate Scopac
- 16- Helen McKeighan
- 18- Gene Clark & Buddy Isgrigg
- 18- Sandra Robare
- 21- Tom Hiross
- 22- Bev Engelkamp & Lou Feron
- 23 – Jackie Wilson
- 24- Sue Howell
- 25- Mary Ann Moseke
- 26- Rachel Kiley & Linda Bowersox
- 27- Tom Laufer & Tony Marchese
- 27- Judy Glover
- 28- Carol Allman
- 29- Sue Cole & Greg Rucoba
- 30- Donald Spetzman
- 31- Carol Gailoux & Elizabeth Lacy
- 31- James Pape



Monday	Tuesday	Wednesday	Thursday	Friday
8:00 – Billiards 8:30 Chair Volleyball 9:00 Needle Crafters 9:30- 3:00 –Ceramics 10:15 – Tai Chi 12:45 – Hand & Foot 12:30- Poker 1:00–Bingo & Mahjong	8:00 – Billiards 9:30- Painting 10:00 - Exercise 12:15 -Bridge Groups 12:45- Dominoes 1:00- Arts and Crafts	8:00 – Billiards 8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:45 – Hand & Foot 1:00 – Bingo	8:00 - Billiards 8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Euchre	8:00 – Billiards 8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 - Exercise 1:00 – Bingo 1:00- Pitch (new) 1:00 Arts and Crafts  <b>No Exercise on 12/30</b>

## Activities for the Month of DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
			1 	2
5 	6 12:30 – Bus Trip 	7	10:30 Bingo Bucks 	9 10:00 Book Club 
12 11:30 – Christmas cards for Vets 	13 9:00 Biscuits & Gravy & National Hot Coco Day 	14 December Birthdays- Cake with lunch 	15 10:30 – Senior Advisory Forum 	16 
19 7:00 Alzheimer’s Support Group	20 11:30 – Christmas Cards for Vets 	21 10:30 Christmas Party 	22	23 
26 Center Closed 	27	28 National Choc. Candy Day 	29	30 Noon Year Eve Toast ! 

# DECEMBER HOT MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	All meals are served with skim or 1% milk and a smile Call your order in by noon on the day before.  Lunch is a suggested contribution of \$4.25		12/1/2022 Italian Meatballs in Marinara Sauce Potato Medley Green Beans* WG Dinner Roll/Marg Chocolate Pudding	12/2/2022 Meatloaf & Gravy Roasted Whole Baby Reds Carrot Coins* Sourdough Roll/Marg Applesauce
12/5/2022 Chicken Cordon Bleu with Swiss Mornay Sauce Mashed Potatoes California Blend Vegetables* WG Dinner Roll/Marg Peanut Butter Cookie	12/6/2022 Italian Goulash with WG Elbow Noodles Italian Blend Vegetables* Mixed Greens Salad/Dress Italian Roll/Marg Diced Pears	12/7/2022 Open Faced Rst Beef Sandwich on WG Bread Slice with Gravy Garlic Mashed Potatoes Brussels Sprouts* Peach Yogurt PC	12/8/2022 Sweet & Sour Chicken Breast Oriental Blend Vegetables* Baked Potato/Sour Cream PC Fortune Cookie Cinnamon Raisin Bread/Marg Tropical Fruit Mix	12/9/2022 Seafood Chowder Garlic & Butter Diced Reds Cauliflower* WG Bread Stick/Marg Mandarin Oranges
Monday 12/12/2022 Potato Crunch Fish Filet* Baked Sweet Potato Zucchini & Tomatoes* WG Dinner Roll/Marg Fresh Orange	Tuesday 12/13/2022 Country Fried Steak* & Gravy Garlic Whipped Potatoes Country Blend Vegetables* Vienna Bread Slice/Marg Pear Slices	Wednesday 12/14/2022 Baked Ham* Twice Baked Whipped Potato Cheesy Broccoli WG Dinner Roll/Marg Decorated Birthday Cake	Thursday 12/15/2022 Salisbury Steak & Brown Gravy Diced Baby Red Potatoes Parslied Carrots* Sour Dough Roll/Marg Peaches & Strawberries	Friday 12/16/2022 BBQ Chicken Breast on WG Hamburger Bun BBQ Baked Beans Coleslaw Fruit Mix
Monday 12/19/2022 Breakfast for Lunch! Hearty Country Gravy with Sausage over WG Jumbo Biscuit Breakfast Potatoes Sliced Peaches Orange Juice	Tuesday 12/20/2022 10 Grain Fish Filet* w/ Tartar Sauce PC California Blend* Corn Casserole WG Bread Slice/Marg Oatmeal Cream Pie	Wednesday 12/21/2022 Sliced Roast Beef & Gravy Whipped Potatoes Green Beans Almondine* Petite Dinner Roll/Marg Cheesecake with Cherry Topping	Thursday 12/22/2022 Roast Pork Chop w/ Garlic Mushroom Gravy Scalloped Potatoes Peas & Pearl Onions* 100% Whole Wheat Bread/Marg Mandarin Oranges & Pineapple	Friday 12/23/2022 Chicken Parmesan Cass. w/ WG Penne Pasta Roasted Baby Carrots Cauliflower* Italian Roll/Marg Applesauce
Monday 12/26/2022 	Tuesday 12/27/2022 BBQ Pork Rib Patty on WG Hamburger Bun Baby Red Potatoes Brussel Sprouts* Fudge Round or Diet Cookies	Holiday Dinner Wednesday 12/28/2022 Beef & Three Bean Chili Chuckwagon Corn* WG Bread Stick/Margarine Honey PC Pineapple Tidbits	Thursday 12/29/2022 Swedish Meatballs Baked Potato/Sour Cream Stewed Tomatoes Wheatberry Roll/Marg Butterscotch Pudding	Friday 12/30/2022 Ham & Beans Carrot Coins* Mixed Greens Salad/Dress Cornbread/Marg Honey PC Fruit Cocktail
Senior Centers closed				

# DECEMBER DELI MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			12/1/2022	12/2/2022
	All lunches are served with skim or 1% milk and a smile		WG Bread	Ham, Turkey, Diced Egg
	Call your lunch in by noon the day before		w/ Lettuce & Tomato	American & Grape Tomatoes
	Suggested contribution is \$4.25		Potato Salad	over Mixed Greens Salad
				WG Breadstick/Marg
				Applesauce
Monday	Tuesday	Wednesday	Thursday	Friday
12/5/2022	12/6/2022	12/7/2022	12/8/2022	12/9/2022
Ham Chef Salad	Egg Salad	Turkey Chef Salad	Black & Bleu Salad	Roast Beef & Cheddar
Diced Ham, Diced Egg	on Vienna Bread	Diced Turkey, Diced Egg	Roast Beef, Blue Cheese	on WG Bun
American & Grape Tomatoes	w/ Lettuce & Tomato	American & Grape Tomatoes	Caramelized Red Onion	w/ Lettuce & Tomato
over Mixed Greens Salad	Three Bean Salad	over Mixed Green Salad	Mixed Greens Salad	Cowboy Caviar
100% Fruit Punch	Diced Pears	100% Fruit Punch	Crackers & 100% Apple Juice	Mandarin Oranges
Peanut butter cookie		Peach Yogurt	Tropical Fruit Mix	
Monday	Tuesday	Wednesday	Thursday	Friday
12/12/2022	12/13/2022	12/14/2022	12/15/2022	12/16/2022
Chicken Salad	BLT Supreme Salad	Roast Beef & American	Italian Sandwich	Classic Chef Salad
on WG Bread	Diced Turkey, Chopped Bacon	on Vienna Bread	Turkey, Ham, Pepperoni	Ham, Turkey, Diced Egg
w/ Lettuce & Tomato	Diced Tomato & Shred Cheese	w/ Lettuce & Tomato	Swiss American Cheese,	American & Grape Tomatoes
Cowboy Caviar	over Mixed Greens Salad	Pea Salad	Red Onions, Peperoncinis	over Mixed Greens Salad
Fresh Orange	Crackers(2pks)	Decorated Birthday Cake	on Vienna Bread	Crackers(2pkg)
	100% Grape Juice	or Plain Cake Square	Broccoli Salad	100% Fruit Punch
	Pear Slices		Peaches & Strawberries	Fruit Mix
Monday	Tuesday	Wednesday	Thursday	Friday
12/19/2022	12/20/2022	12/21/2022	12/22/2022	12/23/2022
Deli Chicken & American	Roast Beef & Swiss	Sliced Roast Beef & Gravy	Chicken Caesar Salad	Three Meat Sandwich
on Vienna Bread	on Marble Bread	Whipped Potatoes	w/ Caesar Dressing &	Turkey, Ham, Roast Beef
w/ Lettuce & Tomato	w/ Lettuce & Tomato	Green Beans Almondine*	Housemade Croutons	Amer. & Swiss Cheese
Marinated Vegetable Salad	Coleslaw	Petite Dinner Roll/Marg	over Mixed Greens Salad	on WG Hoagie Bun
Sliced Peaches	Oatmeal Cream Pie	Cheesecake with	100% Grape Juice	w/ Lettuce & Tomato
		Cherry Topping	Mandarin Oranges & Pineapple	Carrot Raisin Salad
				Applesauce
Monday	Tuesday	Wednesday	Thursday	Friday
12/26/2022	12/27/2022	12/28/2022	12/29/2022	12/30/2022
	Turkey Chef Salad	Ham Salad on	BLT Supreme Salad	Chicken Salad on
	Diced Turkey, Diced Egg	Marble Bread	Diced Turkey, Chopped Bacon	Croissant
	Amer. Cheese & Grape Tomato	w/ Lettuce & Tomato	Diced Tomato & Shred Cheese	w/ Lettuce & Tomato
	over Mixed Greens Salad	Pea Salad	over Mixed Greens Salad	Coleslaw
	Crackers(2pks)	Pineapple Tidbits	Crackers(2pks)	Fruit Cocktail
	100% Fruit Punch Juice		100% Grape Juice	
Center is closed!	Fudge Round or Diet Cookie		Butterscotch Pudding	

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2023.*