

DECEMBER HOT MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	All meals are served with skim or 1% milk and a smile Call your order in by noon on the day before. Lunch is a suggested contribution of \$4.25		12/1/2022 Italian Meatballs in Marinara Sauce Potato Medley Green Beans* WG Dinner Roll/Marg Chocolate Pudding	12/2/2022 Meatloaf & Gravy Roasted Whole Baby Reds Carrot Coins* Sourdough Roll/Marg Applesauce
12/5/2022 Chicken Cordon Bleu with Swiss Mornay Sauce Mashed Potatoes California Blend Vegetables* WG Dinner Roll/Marg Peanut Butter Cookie	12/6/2022 Italian Goulash with WG Elbow Noodles Italian Blend Vegetables* Mixed Greens Salad/Dress Italian Roll/Marg Diced Pears	12/7/2022 Open Faced Rst Beef Sandwich on WG Bread Slice with Gravy Garlic Mashed Potatoes Brussels Sprouts* Peach Yogurt PC	12/8/2022 Sweet & Sour Chicken Breast Oriental Blend Vegetables* Baked Potato/Sour Cream PC Fortune Cookie Cinnamon Raisin Bread/Marg Tropical Fruit Mix	12/9/2022 Seafood Chowder Garlic & Butter Diced Reds Cauliflower* WG Bread Stick/Marg Mandarin Oranges
Monday 12/12/2022 Potato Crunch Fish Filet* Baked Sweet Potato Zucchini & Tomatoes* WG Dinner Roll/Marg Fresh Orange	Tuesday 12/13/2022 Country Fried Steak* & Gravy Garlic Whipped Potatoes Country Blend Vegetables* Vienna Bread Slice/Marg Pear Slices	Wednesday 12/14/2022 Baked Ham* Twice Baked Whipped Potato Cheesy Broccoli WG Dinner Roll/Marg Decorated Birthday Cake	Thursday 12/15/2022 Salisbury Steak & Brown Gravy Diced Baby Red Potatoes Parslied Carrots* Sour Dough Roll/Marg Peaches & Strawberries	Friday 12/16/2022 BBQ Chicken Breast on WG Hamburger Bun BBQ Baked Beans Coleslaw Fruit Mix
Monday 12/19/2022 Breakfast for Lunch! Hearty Country Gravy with Sausage over WG Jumbo Biscuit Breakfast Potatoes Sliced Peaches Orange Juice	Tuesday 12/20/2022 10 Grain Fish Filet* w/ Tartar Sauce PC California Blend* Corn Casserole WG Bread Slice/Marg Oatmeal Cream Pie	Wednesday 12/21/2022 Sliced Roast Beef & Gravy Whipped Potatoes Green Beans Almondine* Petite Dinner Roll/Marg Cheesecake with Cherry Topping	Thursday 12/22/2022 Roast Pork Chop w/ Garlic Mushroom Gravy Scalloped Potatoes Peas & Pearl Onions* 100% Whole Wheat Bread/Marg Mandarin Oranges & Pineapple	Friday 12/23/2022 Chicken Parmesan Cass. w/ WG Penne Pasta Roasted Baby Carrots Cauliflower* Italian Roll/Marg Applesauce
Monday 12/26/2022 	Tuesday 12/27/2022 BBQ Pork Rib Patty on WG Hamburger Bun Baby Red Potatoes Brussel Sprouts* Fudge Round or Diet Cookies	Holiday Dinner Wednesday 12/28/2022 Beef & Three Bean Chili Chuckwagon Corn* WG Bread Stick/Margarine Honey PC Pineapple Tidbits	Thursday 12/29/2022 Swedish Meatballs Baked Potato/Sour Cream Stewed Tomatoes Wheatberry Roll/Marg Butterscotch Pudding	Friday 12/30/2022 Ham & Beans Carrot Coins* Mixed Greens Salad/Dress Cornbread/Marg Honey PC Fruit Cocktail
Senior Centers closed				

DECEMBER DELI MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			12/1/2022	12/2/2022
	All lunches are served with skim or 1% milk and a smile		WG Bread	Ham, Turkey, Diced Egg
	Call your lunch in by noon the day before		w/ Lettuce & Tomato	American & Grape Tomatoes
	Suggested contribution is \$4.25		Potato Salad	over Mixed Greens Salad
				WG Breadstick/Marg
				Applesauce
Monday	Tuesday	Wednesday	Thursday	Friday
12/5/2022	12/6/2022	12/7/2022	12/8/2022	12/9/2022
Ham Chef Salad	Egg Salad	Turkey Chef Salad	Black & Bleu Salad	Roast Beef & Cheddar
Diced Ham, Diced Egg	on Vienna Bread	Diced Turkey, Diced Egg	Roast Beef, Blue Cheese	on WG Bun
American & Grape Tomatoes	w/ Lettuce & Tomato	American & Grape Tomatoes	Caramelized Red Onion	w/ Lettuce & Tomato
over Mixed Greens Salad	Three Bean Salad	over Mixed Green Salad	Mixed Greens Salad	Cowboy Caviar
100% Fruit Punch	Diced Pears	100% Fruit Punch	Crackers & 100% Apple Juice	Mandarin Oranges
Peanut butter cookie		Peach Yogurt	Tropical Fruit Mix	
Monday	Tuesday	Wednesday	Thursday	Friday
12/12/2022	12/13/2022	12/14/2022	12/15/2022	12/16/2022
Chicken Salad	BLT Supreme Salad	Roast Beef & American	Italian Sandwich	Classic Chef Salad
on WG Bread	Diced Turkey, Chopped Bacon	on Vienna Bread	Turkey, Ham, Pepperoni	Ham, Turkey, Diced Egg
w/ Lettuce & Tomato	Diced Tomato & Shred Cheese	w/ Lettuce & Tomato	Swiss American Cheese,	American & Grape Tomatoes
Cowboy Caviar	over Mixed Greens Salad	Pea Salad	Red Onions, Peperoncinis	over Mixed Greens Salad
Fresh Orange	Crackers(2pks)	Decorated Birthday Cake	on Vienna Bread	Crackers(2pkg)
	100% Grape Juice	or Plain Cake Square	Broccoli Salad	100% Fruit Punch
	Pear Slices		Peaches & Strawberries	Fruit Mix
Monday	Tuesday	Wednesday	Thursday	Friday
12/19/2022	12/20/2022	12/21/2022	12/22/2022	12/23/2022
Deli Chicken & American	Roast Beef & Swiss	Sliced Roast Beef & Gravy	Chicken Caesar Salad	Three Meat Sandwich
on Vienna Bread	on Marble Bread	Whipped Potatoes	w/ Caesar Dressing &	Turkey, Ham, Roast Beef
w/ Lettuce & Tomato	w/ Lettuce & Tomato	Green Beans Almondine*	Housemade Croutons	Amer. & Swiss Cheese
Marinated Vegetable Salad	Coleslaw	Petite Dinner Roll/Marg	over Mixed Greens Salad	on WG Hoagie Bun
Sliced Peaches	Oatmeal Cream Pie	Cheesecake with	100% Grape Juice	w/ Lettuce & Tomato
		Cherry Topping	Mandarin Oranges & Pineapple	Carrot Raisin Salad
				Applesauce
Monday	Tuesday	Wednesday	Thursday	Friday
12/26/2022	12/27/2022	12/28/2022	12/29/2022	12/30/2022
	Turkey Chef Salad	Ham Salad on	BLT Supreme Salad	Chicken Salad on
	Diced Turkey, Diced Egg	Marble Bread	Diced Turkey, Chopped Bacon	Croissant
	Amer. Cheese & Grape Tomato	w/ Lettuce & Tomato	Diced Tomato & Shred Cheese	w/ Lettuce & Tomato
	over Mixed Greens Salad	Pea Salad	over Mixed Greens Salad	Coleslaw
	Crackers(2pks)	Pineapple Tidbits	Crackers(2pks)	Fruit Cocktail
	100% Fruit Punch Juice		100% Grape Juice	
Center is closed!	Fudge Round or Diet Cookie		Butterscotch Pudding	