



# BELLEVUE SENIOR

## Community Center

*Golden opportunities await a new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm



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## Hello People!

Another year is coming to an end! How fast time really does fly?! When you are a child, the days and weeks seem like an eternity. As an adult, the months and years pass quicker than you ever imagined they could.

Time is precious. How do you spend yours? Are you being positive? Helpful? Or do you find the negativity in the world bring you down? Remember, there is always someone out there who would love the life you have, so cherish it.

This holiday season, spend a little extra time with family and friends. Call the neighbor who lost a spouse or child and this is their first holiday missing them. Write a letter or call someone you haven't spoken to in years. You could be the light in their holiday season.

Merry Christmas !  
Kathy and Dawn

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**FA LA LA LA LA** Bellevue West will be performing a free concert for seniors on **Monday, December 8<sup>th</sup> at 1:30 at the high school.** Invite a friend to go with you – car pool with others who come to the center. They do an amazing show!

**OH CHRISTMAS TREE... OH CHRISTMAS TREE !** This month the Monday art class will be doing 2 types of tree projects! **Monday, Dec. 1<sup>st</sup>** you can stitch and add festive beadwork to a plastic canvas for your tree. The cost is only \$1.00. On **Monday, Dec. 8<sup>th</sup>**, you'll be turning wire hangers, garland and lights into a beautiful tabletop Christmas tree. This tree cost is \$10.00. Both classes start at **9:30 am.**



**FROSTY AND FRIENDS** will be hanging around your house this winter! You can make this adorable door hanger with Jean on **Tuesday, Dec. 16<sup>th</sup> at 9:30 am.** This is a project you can finish in one morning! Sign up and reserve your spot today!

**HO HO HO BINGO!** Are you ready for a *Holly Jolly* good time? Sign up for lunch at noon and stay for Bingo at **1:00 pm on Monday, Dec. 22<sup>nd</sup>.** Prizes, jokes, and snacks will have you *Laughing All The Way !*



**Naughty or Nice?** Santa's Elves have been *SLEIGHING* away so you can have a *TREE*-mendous time at our Christmas Party! Treat yours*ELF* and be *PRESENT* on **Friday, Dec. 19<sup>th</sup> at 10:30 am .** It would be *RUDE*-olph if you did not RSVP by Tues. Dec. 16<sup>th</sup>. *YULE* be glad you did! We will have *SNOW* much fun with Joyce Torchia performing

# HERE'S WHAT'S HAPPENING

**It's The Most Wonderful Time of the Year!** The Christmas season is here so spread some holiday cheer! Wear your festive, colorful, funny and sometimes ugly holiday sweaters, shirts, hats, socks, earring – you name it – any day of the week. We highlighted a few days as a reminder!



**UNMC Presentation** – The nursing students will be doing a presentation for us as part of their rotation for class. Come see what it's all about. It starts at **11:00 am on Friday, Dec. 5<sup>th</sup>**.

**Warm a Heart** – and hands and head! It's our annual Hat, Scarf, and Mitten drive! Drop off new or handmade items at the center by December 30<sup>th</sup>.



**Is it REAL or AI???** Olivia, along with students from Cornerstone Christian School will be here to help you navigate apps and tools on your cell phone and phone scams with AI. You won't want to miss out! Sign up for this presentation on **Tuesday, Dec. 9<sup>th</sup> at 10:30**. Be sure and stay for lunch !

**Bad Weather Reminder!** If the Bellevue schools close due to weather, we will close. However, anytime it is too cold, too snowy or too icy for you, then stay in & stay safe



**Grab and Go Lunch** – Winter might be the time to order lunch, stay in your warm car and we will bring it out to you in the alley! Call the office for details!





# December Birthdays



- 1- Nancy Curitti
- 2- Mary Jo Husten
- 4- Fred Skinner & Janie Bleach
- 5- Rosalie Eklund
- 8- Lynn Muller
- 10 – Mary Holoun
- 11- Kathy White
- 12- Carol Broderick
- 13- Kate Scopac
- 13- Dave Keister
- 16- Sue VanDoren
- 18- Gene Clark & Buddy Isgrigg
- 18-Sandra Robare & William Sidzyik
- 20- Brenda Kenney
- 21- Tom Hiross
- 22- Bev Engelkamp
- 24- Sue Howell
- 26- Rachel Kiley
- 27 – Tony Marchese
- 28- Leon Tuite
- 29- Sue Cole
- 31- Carol Gailloux & Elizbeth Lacy



## Sparkle and Shine - It's Breakfast Time ! New Year's

**Eve Style!** Join us for a traditional breakfast - eggs and fixin's, coffee and mock mimosas! Say goodbye to 2025 and celebrate 2026!! Get a little fancy with us. We will serve your bubbly breakfast at **9:00 am on Wednesday, Dec. 31<sup>st</sup>.**

Reserve your spot by Monday, Dec. 29<sup>th</sup>.




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Larry Stiverson was our October winner! He won \$144.00 & gave \$20 back so the center took in \$164.00! Thank you so much!

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting  10:30 Bridge Class on the 5 <sup>th</sup> and the 19 <sup>th</sup> this month.,  <b>12:45 .25 BINGO</b>

## Activities for the Month of December

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
<b>1 9:30 – Christmas Tree Art Class</b> 	<b>2</b> 	<b>3</b> 	<b>4</b>	<b>5 11:00 UNMC Nursing Students Presentation</b> 
<b>8 9:30 – Christmas Tree Art Class</b>  <b>11:30 – Bellevue West Concert at the school</b>	<b>9 10:20 AI Scams and Cell Presentation</b> 	<b>10 Celebrate Dec. Birthdays at Lunch</b> 	<b>11 9:30 Bingo</b> 	<b>12 10:30 Club</b> 
<b>15 7:00 Alzheimer Support Group</b> 	<b>16 9:30 – Snowman Door Hanger Class</b> 	<b>17</b> 	<b>18 10:30 Advisory Meeting</b> 	<b>19 10:30 Christmas Party</b> 
<b>22 1:00 HO HO HO Bingo</b> 	<b>23</b> 	<b>24</b> 	<b>25 Closed</b> 	<b>26 Closed</b> 
<b>29</b>	<b>30</b>	<b>31 9:00 -New Year's Eve Breakfast</b>  Happy New Year!		

# DECEMBER HOT MENU

Monday 12/1/2025A5:E26A5:EA5:E43	Tuesday 12/2/2025	Wednesday 12/3/2025	Thursday 12/4/2025	Friday 12/5/2025
Chicken Breast with Cordon Bleu Sauce Diced Potatoes Broccoli WG Dinner Roll/Marg Fresh Apple 1% or Skim Milk	Meatloaf in Tomato Gravy Scalloped Potatoes Brussels Sprouts WG Breadstick/Marg M&M Cookie or Diet Cookies 1% or Skim Milk	Nat. Green Bean Cass. Day Pork Chop in Pork Gravy Garlic Mashed Potatoes Green Bean Casserole WG Bread Slice/Marg Peach Yogurt PC or Diet Pudding 1% or Skim Milk	Sweet & Sour Chicken Breast Peas & Carrots Brown Rice Pilaf Cinnamon Raisin Bread/Marg Fruit Mix 1% or Skim Milk	Italian Goulash with WG Elbow Noodles Stewed Tomatoes Mixed Greens Salad/Dress Italian Roll/Marg Pineapple Tidbits 1% or Skim Milk
Monday 12/8/2025	Tuesday 12/9/2025	Wednesday 12/10/2025	Thursday 12/11/2025	Friday 12/12/2025
Oven Fried Chicken Breast with Country Gravy Diced Sweet Potatoes Zucchini & Tomatoes WG Dinner Roll/Marg Fresh Apple 1% or Skim Milk	Western Omelet in Cheese Sauce Potatoes O'Brien Blueberry Muffin/Marg Cinnamon Applesauce 1% or Skim Milk	Baked Ham Baked Potato/Sour Cream PC Cheesy Broccoli WG Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Salisbury Steak in Mushroom Gravy Garlic Whipped Potatoes Country Blend Vegetables Vienna Bread Slice/Marg Apricot Halves 1% or Skim Milk	National Ambrosia Day BBQ Chicken Breast on WG Hamburger Bun Winter Blend Vegetables Potato Salad Ambrosia Salad 1% or Skim Milk
Monday 12/15/2025	Tuesday 12/16/2025	Wednesday 12/17/2025	Thursday 12/18/2025	Friday 12/19/2025
Cheeseburger Mac with WG Elbow Pasta Carrot Coins Cauliflower Italian Roll/Marg Applesauce 1% or Skim Milk	Potato Crunch Fish Filet w/ Tartar Sauce PC Broccoli Corn Casserole WG Bread Slice/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Sliced Roast Beef & Gravy Whipped Potatoes Honey Glazed Carrot Medley Vienna Bread Slice/Marg Egg Nog Pudding or Diet Pudding 1% or Skim Milk	Cheeseburger on WG Hamburger Bun w/ Lettuce, Pickles, Sliced Onion & Tomato Diced Potatoes Diced Pears 1% or Skim Milk	To Be Determined!
Monday 12/22/2025	Tuesday 12/23/2025	Wednesday 12/24/2025	Thursday 12/25/2025	Friday 12/26/2025
Swedish Meatballs Diced Sweet Potatoes Stewed Tomatoes WG Dinner Roll/Marg Fresh Blood Orange 1% or Skim Milk	Italian Sausage in Marinara on WG Hoagie Peppers & Onions Winter Blend Vegetables Nuttu Buddy Stick or Diet Cookies 1% or Skim Milk	Beef & Bean Chili Diced Carrots Green Beans Cornbread Square/Marg Fruit Cocktail 1% or Skim Milk	Christmas Day Observance No Meals 	Box Lunch Option Only Crab Salad on Croissant Cowboy Caviar Diced Pears Animal Cracker PC 1% Milk
		BOX LUNCH PICK UP	PICK UP WEDNESDAY	
The ENOA Lunch Program will be closed on Thursday, December 24, and Friday, December 25. A box lunch for Friday, December 26, will be available by RSVP only. Please RSVP no later than Thursday, December 19. Box lunches must be picked up on Tuesday, December 24.				
Monday 12/29/2025	Tuesday 12/30/2025	Wednesday 12/31/2025	December Trivia ~ Historical Events: Significant historical events include the signing of the North American Free Trade Agreement (NAFTA) on December 8, 1993, and the Boston Tea Party on December 16, 1773.	
Chicken Marsala	Ham & Beans	Pot Roast in Gravy		
Cheesy Mashed Potatoes	Potato Medley	Mashed Potatoes		
Peas	California Blend Veggies	Roasted Baby Carrots		
WG Dinner Roll/Marg	Mini Buttermilk Biscuit	Sour Dough Roll/Marg		
Apricot Halves	Honey PC	Cheesecake Slice		
1% or Skim Milk	Sliced Peaches	with Fruit Topping		
	1% or Skim Milk	1% or Skim Milk		

# DECEMBER DELI MENU

Monday+A4:E27A4:EA4:E55 12/1/2025	Tuesday 12/2/2025	Wednesday 12/3/2025	Thursday 12/4/2025	Friday 12/5/2025
Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Cowboy Caviar Fresh Apple 1% or Skim Milk	Egg Salad on Vienna Bread w/ Lettuce & Tomato Three Bean Salad M&M Cookie or Diet Cookies 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Green Salad 100% Fruit Punch Crackers(2pk) Peach Yogurt PC or Diet Pudding 1% or Skim Milk	Black & Bleu Salad Roast Beef, Bleu Cheese Sliced Red Onion over Mixed Greens Salad Crackers(2pk) 100% Apple Juice Fruit Mix 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Pineapple Tidbits 1% or Skim Milk
				
Monday 12/8/2025	Tuesday 12/9/2025	Wednesday 12/10/2025	Thursday 12/11/2025	Friday 12/12/2025
Roast Beef & Amer. Cheese on Vienna Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Apple 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Broccoli Salad Cinnamon Applesauce 1% or Skim Milk	Chicken Salad on WG Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Apricot Halves 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Crackers(2pkg) 100% Fruit Punch Ambrosia Salad 1% or Skim Milk
				
Monday 12/15/2025	Tuesday 12/16/2025	Wednesday 12/17/2025	Thursday 12/18/2025	Friday 12/19/2025
Three Meat Sandwich Turkey, Ham, Roast Beef Amer. & Swiss Cheese on WG Hoagie Bun w/ Lettuce & Tomato Carrot Raisin Salad Applesauce 1% or Skim Milk	Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato Coleslaw Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Ham Salad on Croissant w/ Lettuce & Tomato Potato Salad Egg Nog Pudding or Diet Pudding 1% or Skim Milk	Chicken Caesar Salad w/ Caesar Dressing & Housemade Croutons over Mixed Greens Salad 100% Grape Juice Diced Pears 1% or Skim Milk	To Be Determined
Monday 12/22/2025	Tuesday 12/23/2025	Wednesday 12/24/2025	Thursday 12/25/2025	Friday 12/26/2025
Swedish Meatballs Diced Sweet Potatoes Stewed Tomatoes WG Dinner Roll/Marg Fresh Blood Orange 1% or Skim Milk	Turkey Pesto Club Sandwich on Vienna w/ Lettuce & Tomato Coleslaw Nutty Buddy Stick or Diet Cookies 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice & Fruit Cocktail 1% or Skim Milk	<b>Christmas Day Observance No Meals</b> 	<b>Box Lunch Option Only</b> Crab Salad on Croissant Cowboy Caviar Diced Pears Animal Cracker PC 1% Milk
		<b>BOX LUNCH PICK UP</b>		<b>PICK UP WEDNESDAY</b>
<b>The ENOA Lunch Program will be closed on Thursday, December 24, and Friday, December 25.</b> <b>A box lunch for Friday, December 26, will be available by RSVP only. Please RSVP no later than Thursday, December 19. Box lunches must be picked up on Tuesday, December 24.</b>				
Monday 12/29/2025	Tuesday 12/30/2025	Wednesday 12/31/2025	There are many other holidays spread throughout December, some of them are religious holidays, and some are a little less serious. December 6th is <b>St. Nicholas' day</b> , which some may know as the original Santa Claus. December 8th celebrates <b>National Brownie Day (US)</b> , while December 15th is <b>National Cupcake Day (US)</b> . December 21st is the <b>Winter Solstice</b> , which marks the longest night of the year and is astronomically the beginning of winter.	
Roast Beef & Amer. Cheese on Vienna Bread w/ Lettuce & Tomato Marinated Veg Salad Apricot Halves 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomato over Mixed Greens Salad Crackers(2pks) 100% Fruit Punch Juice Sliced Peaches 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg Amer Cheese & Grape Tomatoes over Mixed Greens Salad Crackers(2pkg) 100% Fruit Punch Cheesecake Slice/Fruit Topping 1% or Skim Milk		



Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2026*