



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Hello People!

Tis the Season once again! Where has the time gone? The holidays can be filled with family, fun, delicious food, parties, gifts and laughter. But for some, it is different. It may be the first holiday without a loved on, or money might be too tight for extra festive food or gifts.

What can you do? You can show someone they are loved with a smile and a hug. Send a card or share home baked goodies with them. A present doesn't have to be store bought – the gift of friendship is priceless.

We hope your holiday season brings you health, happiness, love and laughter !

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CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
ENOA, Assistant Manager

Cheers!
Kathy and Dawn



HOLIDAY HAPPENINGS!



Let's spread Christmas Cheer! ! We will be signing Christmas cards for our veterans this year. We will supply the cards and pens, and you supply the kinds words and wishes. Join us on Dec. 2nd, 5th, 10th and 18th. Of course you may ask for cards to sign anytime you are here. Let's reach a goal of 100 cards!

Bellevue West High School is inviting you to a free Christmas concert! You can carpool from here if you would like. They ask that you park and enter through the back west lot. The show is from is **Mon. Dec 9th from 1:30 – 2:30 pm**



There's no such thing as an ugly sweater! It's that time of the year to wear your holiday attire – all month! Socks, earrings, sweater, shirt – you name it! Festive, funny and sometimes ugly, let's show some holiday spirit!

HO HO HO BINGO! Every card is a winner! If you are ready for a fun afternoon, sign up for lunch and stay for our special bingo on **Monday, Dec. 23rd at 1:00 pm**. Santa has loaded his sleigh with prizes and treats!



Did you make the Naughty or the Nice List? Santa's elves have been **SLEIGHING** away all month so you can have a **TREE**-mendous good time at our Christmas Party! Treat yourself and be **PRESENT** on **Thurs. Dec. 19th at 10:30 am**. It would be **RUDE**-olph if you do not RSVP by Friday, Dec. 13th. **YULE** be glad you did. We will have **SNOW** much fun with Joyce Torchia.

CHECK THIS OUT !

We did it – You did it – We ALL did it!

We reached our goal of \$17,000 for our annual fundraiser! A lot of work and planning goes into this event and we are so thankful to all of you who worked hard to make it a success. Thank you to everyone who supported the fundraiser in any way! We really appreciate you!



Mock-Mimosas NYE Breakfast! Let's get our bubbly started early on New Year's Eve! One of our favorite breakfasts will be served with a sparkling drink, flaky croissant filled with egg, cheese and bacon! Add a side of fruit and coffee and your New Year will be ready to get started!



Warm a Heart It's time for our annual Hat – Mitten- Glove and Scarf Drive for the Sarpy County Assistance Program. If you knit or crochet, please consider making these items for those in need. Not a knitter? No problem! Any new items will be gladly accepted.

A new meaning for Fast Food! Does the holiday season have you running a lot of errands? Don't spend \$10 on a little burger and greasy fries. Order a Grab and Go from us and pick it up around noon! Just pull in the alley, call and let us know you're here. We will deliver your hot meal to your warm car without you even getting out in the cold! Reserve you meal 24 hours before.

Grab and Go!
LUNCH
for
SENIORS



NEW ! Fitness Friday! Care Tech Health will be leading an exercise class on the **Dec. 6^h at 10:30!** Burn off those extra holiday calories while having fun.

Ken Madison was our October 50/50 winner ! Both Ken and the center won \$210.00. Thanks to everyone who played.





December Birthdays



- 1- Nancy Curitti
- 2- Mary Jo Husten
- 4- Fred Skinner
- 8- Lynn Muller
- 10- Mary Holoun
- 110 Kathy White
- 12- Carol Broderick & Sandy Shire
- 13- Kate Scopac, Katie Kopac & Dave Keister
- 16- Helen McKeighan
- 18- Gene Clark & Sandra Robare
- 18- Buddy Isgrigg
- 21-Tom Hiross
- 22- Lou Feron
- 23- Jackie Wilson
- 26- Rachel Kiley
- 27- Tom Laufer & Tony Marchese
- 28-Leon Tuite
- 29- Sue Cole & Debbie Woolsey
- 31- Carol Gailoux & Elizabeth Lacy



Crafty Christmas Cards – Want to give a unique holiday card? Come to the art room on Mondays and Tuesdays in December from 9:30 -11:30. You'll learn how to make personalized cards that your friends and family will love to receive!

Weather Closings It's hard to think of snow, ice and freezing temps...BRRRR! However, if the Bellevue schools close due to bad weather conditions the center will close as well. We want you to stay safe and warm. And even if we are open and the weather is not favorable, use your own judgement about coming in.



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 10:30 –King’s Corner 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:30 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 1:00 Euchre	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 .25 BINGO

Activities for the Month of DECEMBER

Monday Dunkin Donuts	Tuesday	Wednesday Panera Bread	Thursday	Friday Panera Bread
2 	3	4	5 	6 10:30 –Friday Fitness Class 
9 Bellevue West @ 1:30. Drive yourself 	10 	11 Cake with Lunch for Dec. Birthdays 	12 1030 Bingo Bucks 	13 10:00 BookClub 1:00 HO HO HO 
16 7:00 Meeting 	17 Have you worn a holiday shirt? 	18 	19 10:30-Party 	20
23 Last minute gifts in the Nifty Nook 	24 	25 	26	27
30	31 Mock-Mimosa Breakfast 	Closed on January 1 		Did you buy your raffle tickets? 

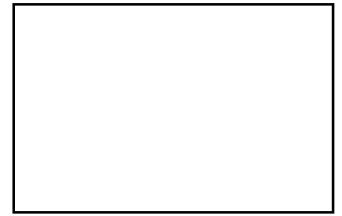
DECEMBER HOT MENU

Monday 12/2/2024	Tuesday 12/3/2024	Wednesday 12/4/2024	Thursday 12/5/2024	Friday 12/6/2024
Chicken Cordon Bleu with Swiss Mornay Sauce Diced Potatoes Broccoli WG Dinner Roll/Marg Sliced Pears 1% or Skim Milk	Nat. Green Bean Cass. Day Open Faced Roast Beef Sand. on WG Bread Slice with Brown Gravy Garlic Mashed Potatoes Green Bean Casserole Peach Yogurt PC or Diet Pudding 1% or Skim Milk	Italian Goulash with WG Elbow Noodles Stewed Tomatoes Mixed Greens Salad/Dress Italian Roll/Marg Pineapple Tidbits 1% or Skim Milk	Sweet & Sour Chicken Breast Peas & Carrots Brown Rice Pilaf Cinnamon Raisin Bread/Marg Fruit Mix 1% or Skim Milk	Nat. Brownie Day Seafood Chowder Garlic & Butter Diced Reds Mixed Vegetables Marble Bread Slice/Marg Chocolate Brownie or Diet Cookies 1% or Skim Milk
Monday 12/9/2024	Tuesday 12/10/2024	Wednesday 12/11/2024	Thursday 12/12/2024	Friday 12/13/2024
Pear & Root Veg Month Oven Fried Chicken Breast with Country Gravy Diced Sweet Potatoes Zucchini & Tomatoes WG Dinner Roll/Marg Fresh Pear 1% or Skim Milk	Western Omelet in Cheese Sauce Potatoes O'Brien Blueberry Muffin/Marg Cinnamon Applesauce 1% or Skim Milk	Baked Ham Baked Potato/Sour Cream PC Cheesy Broccoli WG Dinner Roll/Marg Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Country Fried Steak & Brown Gravy Garlic Whipped Potatoes Country Blend Vegetables Vienna Bread Slice/Marg Fruit Mix 1% or Skim Milk	BBQ Chicken Breast on WG Hamburger Bun Green & Gold Beans Potato Salad Ambrosia Salad 1% or Skim Milk HO HO HO BINGO
Monday 12/16/2024	Tuesday 12/17/2024	Wednesday 12/18/2024	Thursday 12/19/2024	Friday 12/20/2024
Sausage & Penne in Tomato Cream Sauce Roasted Baby Carrots Cauliflower Italian Roll/Marg Applesauce 1% or Skim Milk	Potato Crunch Fish Filet w/ Tartar Sauce PC Broccoli Cuts Corn Casserole WG Bread Slice/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	National Baked Cookie Day Sliced Roast Beef & Gravy Whipped Potatoes Green Beans Almondine WG Petite Roll/Marg White Choc. Cranberry Cookie or Diet Cookies 1% or Skim Milk	Cheeseburger on WG Hamburger Bun w/ Lettuce, Pickles, Sliced Onion & Tomato Potato Wedges Diced Pears 1% or Skim Milk	BBQ Pork Rib Patty on WG Mini Hoagie Bun Diced Baby Red Potatoes Chuckwagon Corn Strawberries & Peaches 1% or Skim Milk
Monday 12/23/2024	Tuesday 12/24/2024	Wednesday 12/25/2024	Thursday 12/26/2024	Friday 12/27/2024
Swedish Meatballs Sweet Potato Wedges Stewed Tomatoes WG Dinner Roll/Marg Butterscotch Pudding or Diet Pudding 1% or Skim Milk	Beef & Three Bean Chili Broccoli Cuts WG Breadstick Cinnamon Apples 1% or Skim Milk	Christmas Day Observance No Meals Senior Center Closed	Cheeseburger Mac with WG Elbow Pasta Winter Blend Vegetables Green Beans Fudge Round or Diet Cookies 1% or Skim Milk	Ham & Beans Potato Medley Chuckwagon Corn Cornbread Square/Marg Honey PC Fruit Cocktail 1% or Skim Milk
Monday 12/30/2024	Tuesday 12/31/2024	Please call your lunch order in by noon the day before, The cost is a suggested contribution of \$5.00		
Chicken Marsala Diced Sweet Potatoes Peas WG Dinner Roll/Marg Apricot Halves 1% or Skim Milk	Pot Roast in Gravy Mashed Potatoes Roasted Baby Carrots Sour Dough Roll/Marg Cheesecake Slice with Fruit Topping			

DECEMBER DELI MENU

Monday 12/2/2024	Tuesday 12/3/2024	Wednesday 12/4/2024	Thursday 12/5/2024	Friday 12/6/2024
Egg Salad on Vienna Bread w/ Lettuce & Tomato Three Bean Salad Sliced Pears 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Diced Pears 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg American & Grape Tomatoes over Mixed Green Salad 100% Fruit Punch Crackers(2pk) Pineapple Tidbits 1% or Skim Milk	Black & Bleu Salad Roast Beef, Bleu Cheese Caramelized Red Onion over Mixed Greens Salad Crackers(2pk) 100% Apple Juice Fruit Mix 1% or Skim Milk	Nat. Brownie Day Roast Beef & Cheddar on WG Bun w/ Lettuce & Tomato Cowboy Caviar Chocolate Brownie or Diet Cookies 1% or Skim Milk
Monday 12/9/2024	Tuesday 12/10/2024	Wednesday 12/11/2024	Thursday 12/12/2024	Friday 12/13/2024
Chicken Salad on WG Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Pear 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread Broccoli Salad Cinnamon Applesauce 1% or Skim Milk	Roast Beef & American on Vienna Bread w/ Lettuce & Tomato Pea Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Fruit Mix 1% or Skim Milk	HO HO HO BINGO BBQ Chicken Breast on WG Hamburger Bun Green & Gold Beans Potato Salad Ambrosia Salad 1% or Skim Milk
Monday 12/16/2024	Tuesday 12/17/2024	Wednesday 12/18/2024	Thursday 12/19/2024	Friday 12/20/2024
Three Meat Sandwich Turkey, Ham, Roast Beef Amer. & Swiss Cheese on WG Hoagie Bun w/ Lettuce & Tomato Carrot Raisin Salad Applesauce 1% or Skim Milk	Roast Beef & Swiss on Marble Bread w/ Lettuce & Tomato Coleslaw Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	National Ham Salad Day Ham Salad on Croissant w/ Lettuce & Tomato Potato Salad White Choc. Cranberry Cookie or Diet Cookies 1% or Skim Milk	Christmas Party Cheeseburger on WG Hamburger Bun w/ Lettuce, Pickles, Sliced Onion & Tomato Potato Wedges Diced Pears 1% or Skim Milk	Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Strawberries & Peaches 1% or Skim Milk
Monday 12/23/2024	Tuesday 12/24/2024	Wednesday 12/25/2024	Thursday 12/26/2024	Friday 12/27/2024
Ham Salad on Marble Bread w/ Lettuce & Tom. Pea Salad Butterscotch Pudding Or Diet pudding 1% or Skim Milk	BLT Supreme Salad Diced Turkey, Chopped Bacon Diced Tomato & Shred Cheese over Mixed Greens Salad Crackers(2pks) 100% Grape Juice Cinnamon Apples 1% or Skim Milk	Christmas Day Observance No Meals Senior Center Closed	Turkey Pesto Club Sandwich on Ciabatta w/ Lettuce & Tomato Coleslaw Fudge Round or Diet Cookies 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomato over Mixed Greens Salad Crackers(2pks) 100% Fruit Punch Juice Fruit Cocktail 1% or Skim Milk
Monday 12/30/2024	Tuesday 12/31/2024	Please call your lunch in by noon the day before. Cost is a suggested contribution of \$5.00		
Roast Beef & American on Vienna Bread w/ Lettuce & Tomato Marinated Veg Salad Apricot Halves 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes over Mixed Greens Salad Crackers(2pkg) 100% Fruit Punch Cheesecake Slice/Fruit 1% or Skim Milk			

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2025.