Believue Senior Community Ce				August 2019
Monday	Tuesday	Wednesday	Thursday	Friday
Please call before noon to tell us if you would like to have lunch here the next day. Suggested contribution for lunch is \$4.00 for seniors	AU	GUST	1 HOT MEAL: Meatloaf, Baked Potato/Sour Cream, Mixed Vegetables, Wheat Bread DELI: Turkey and Cheddar on Vienna Bread w/ Lettuce and Tomato, Potato Salad DESSERT: Fruit Cocktail	POT MEAL: WG Beef and Bean Burrito, Chef Mike's Cheese Sauce, Chuckwagon Corn, Mexican Bean Salad, WG Tortilla Chips DELI: Creamy Cheese Tortellini over Romaine Blend Salad, Grape Tomatoes & Black Olives, Housemade Croutons DESSERT: Sliced Pears
5 HOT MEAL: WG Spaghetti & Meatballs, Romaine Blend Salad, Italian Blend Vegetables, WG Breadstick DELI: BLT Supreme Salad, Diced Turkey, Chopped Bacon, Diced Tomato & Shred Cheese over Romaine Blend, Crackers, Vegetable Juice DESSERT: Cinnamon Applesauce	6 HOT MEAL: Classic Cheeseburger on WG Hamburger Bun w/ Leaf Lettuce, Pickles, Sliced Tomatoes & Onion, Coleslaw DELI: Classic Chef Salad, Ham, Turkey, Diced Egg, American & Grape Tomatoes, Apple Juice, WG Breadstick DESSERT: Sugar Cookie	7 HOT MEAL: Chicken Fried Rice, Oriental Blend Vegetables, WG Eggroll, Fortune Cookie, Cinnamon Raisin Bread DELI: Roast Beef & Cheddar on Vienna Bread w/ Lettuce & Tomato, Pea Salad DESSERT: Orange	8 HOT MEAL: Oven Fried Chicken Breast, Mashed Potatoes & Gravy, Broccoli, WG Dinner Roll DELI: Turkey Chef Salad, Diced Turkey, Diced Egg, American & Grape Tomatoes over Romaine Blend Salad, Fruit Punch, Crackers DESSERT: Butterscotch Pudding	9 HOT MEAL: Salisbury Steak & Mushroom Gravy, Potato Medley, Carrot Coins, WG Dinner Roll DELI: Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato, Pea Salad DESSERT: Strawberries and Pineapple
12 HOT MEAL: Chicken Piccata, Brown Rice Pilaf, Winter Blend, Marble Bread Slice DELI: Ham & American Cheese on WG Bread w/ Lettuce & Tomato, Carrot Raisin Salad DESSERT: Diced Peaches	HOT MEAL: WG Mini Turkey Corn Dogs. Cheesy Whipped Potatoes, Peas, Bread DELI: Black and Bleu Salad, Roast Beef. Blue Cheese, Caramelized Red Onion, Romaine Lettuce Blend, Crackers & Apple Juice DESSERT: Cherry Vanilla Yogurt	14 HOT MEAL: Sliced Roast Beef & Gravy, Garlic Parmesan Mashed Potatoes, Diced Beets, Heavy Hearth Roll DELI: Egg Salad on Vienna Bread w/ Lettuce & Tomato, Marinated Vegetable Salad DESSERT: Cake Square	15 HOT MEAL: Cod Loin in Manhattan Red Sauce, Garlic Roasted Baby Reds, Brussels Sprouts, Rye Bread DELI: Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato, Three Bean Salad DESSERT: Frosted Brownie	16 HOT MEAL: Grilled Chicken Sandwich on WG Hamburger Bun w/ Leaf Lettuce, Pickles & Sliced Tomatoes, BBQ Baked Beans, Potato Salad DELI: Classic Chef Salad, Ham, Turkey, Diced Egg, American & Grape Tomatoes, Fruit Punch, WG Breadstick DESSERT: Sliced Peaches
19 HOT MEAL: Pork Fritter with Gravy, Baked Potato/Sour Cream, Corn, WG Dinner Roll DELI: Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato, Broccoli Salad DESSERT: Strawberry Delight	HOT MEAL: Cheesy Broccoli Chicken Breast, Brown Rice Pilaf, Honey Roasted Baby Carrots, WG Dinner Roll DELI: Italian Sandwich, Turkey, Ham, Pepperoni, Swiss American Cheese, Red Onions, Peperoncinis on Vienna Bread, Sweet Potato Salad DESSERT: Tropical Fruit Mix	21 HOT MEAL: All Beef Chicago Dog Jumbo Frank, Sliced Tomato, Pickle Spear, Diced Onion on a WG Hotdog Bun, Tater Tots DELI: Tuna Salad on WG Bread w/ Lettuce & Tomato, Marinated Vegetable Salad DESSERT: Strawberry Applesauce	22 HOT MEAL: Liver w/ Onion Gravy, Mashed Potatoes, Zucchini & Tomatoes, Honey Wheat Bread DELI: Turkey Chef Salad, Diced Turkey, Diced Egg, American Cheese & Grape Tomatoes, Romaine Lettuce Blend, Crackers, Grape Juice DESSERT: Chocolate Chip Cookie	23 HOT MEAL: Spicy Italian Casserole w/ Ground Sausage, Peppers, Alfredo & Cavatapi Pasta, Romaine Blend Salad, Cauliflower, Italian Dinner Roll DELI: Ham Salad on Marble Bread w/ Lettuce & Tomato, Cowboy Caviar DESSERT: Ambrosia Salad
26 HOT MEAL: 10 Grin Fish, Tartar Sauce, Corn O'Brien, Green Beans, WG Dinner Roll DELI: Philly Cheesesteak Salad, Roast Beef, Peppers, Onions, Shred Cheese over Romaine Blend Salad, Grape Juice, Crackers DESSERT: Mandarin Oranges	Potato Salad DESSERT: Soft Shell Beef Taco, Taco Meat, Shred Lettuce, Diced Tomato, Shred Cheese, Seasoned Potato Rounds, 8" Flour Tortilla Shell, Sour Cream/Taco Sauce DELI: Crab Salad on Croissant w/ Lettuce & Tomato, Sweet Potato Salad DESSERT: Strawberry Shortcake	28 HOT MEAL: BBQ Pork Sandwich on Kaiser Bun, Scalloped Potatoes, Broccoli Salad DELI: Chicken Caesar salad w/ Caesar Dressing & Housemade Croutons over Romaine Blend Salad, Grape Juice DESSERT: Vanilla Pudding	29 HOT MEAL: Diced Turkey & Gravy over Mashed Potatoes, Green Beans, Sourdough Dinner Roll DELI: Ham Chef Salad, Diced Ham, Diced Egg, American & Grape Tomatoes over Romaine Blend Salad, Fruit Punch, Crackers DESSERT: Cinnamon Apple Slices	30 HOT MEAL: oven Roasted Pork Loin with Pineapple salsa, Baked Sweet Potato, California Blend Vegetables, WG Petite Roll DELI: Roast Beef & Swiss on Kaiser Bun w/ Lettuce & Tomato, 3 Bean Salad DESSERT: Pineapple Tidbits