

Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 – 11:30 Art Class 10:15 – Tai Chi 12:45 – Hand & Foot 12:30- Poker <b>12:45 Bingo</b> 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:45 – Hand & Foot <b>12:45 – Bingo</b>  Panera Bread Day	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise <b>12:45 – Bingo</b>  Panera Bread Day

## Activities for the Month of **AUGUST**

Monday- Dunkin Donuts!	Tuesday	Wednesday	Thursday	Friday
Mondays and Fridays at 1:00 pm will be BINGO-CIZE! Check with us for start dates!	1 When was the last time you played dominoes? 	2 <b>Hosting Chair Volleyball</b> 	August 3rd is National Grab Some Nuts Day 	4 9:00 Nail Painting 
7 9:30 – Art class  Happy National Beach Day!	8	9 <b>Birthday cake with Lunch</b> 	10 10:30 Bingo Bucks 	11 10:00 Book Club 
14 9:30 Art Class 	15 9:00 Hot Breakfast 	16	17 10:30 Advisory Meeting 	18 9:00 Nail Painting 
21 9:30 –Art Class  Senior Day – All Day	22	23	24 <b>10:30 ELVIS PARTY</b> 	25 Pop into our exercise class! 
28 9:30 art class 	29	30 <b>Tai Chi – build your balance</b> 	31 	