



BELLEVUE SENIOR

Community Center



Golden opportunities await a new day!

109 W. 22nd Ave. Bellevue, NE 68005 (402) 293-3041
Monday-Friday 8:00 am - 4:00pm

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Hello People!

Summer activities are still in full swing at the center. Don't let the hot temps keep you from checking out the fun here! Come try a new card game or activity!

National Senior Citizen Day is August 21st. We will have a few fun things up our sleeve to celebrate you that day!

Even though it is still summer, it's not too early to start preparing for our annual fundraiser on October 5th. A lot of planning goes into making it a successful day and we need all of YOU to make it work! Stop in or call the office to see what you can do!

Cheers!
Kathy and Dawn

CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
*ENOA, Assistant
Manager*

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MARK YOUR CALENDAR!

ELVIS is in the house! Don't get ALL SHOOK UP, even though we know YOU CAN'T HELP FALLING IN LOVE with Elvis. There's no need to be LONESOME TONIGHT, dust off your BLUE SUADE SHOES and sing and dance with us on **Wednesday, August. 6th at 10:30 am.** Elvis won't be at HEARTBREAK HOTEL, IN THE GHETTO or at the JAILHOUSE ROCK – he will be right here at our center! Craig Florian puts on a fantastic performance! It's NOW OR NEVER to *sign up by August 4th* for the show and lunch.



Butter my Biscuits and call me Gravy! Or just sign up and come for breakfast here! Fresh baked biscuits smothered in country sausage gravy and served with fruit, coffee and juice can be yours for only \$4.00 ! And as always, served with a smile! Breakfast will be served at **9:00 am on Thursday, August 28th** at 9:00 am. Please reserve your meal by Tuesday, August 26th.



ALOHA BINGO! Grab your grass skirt, coconut bra, Hawaiian shirt and leis! You'll feel like you took a trip to Hawaii for this fun filled afternoon of Bingo! Be sure and sign up by Monday the 18th so we have lots of prizes for everyone. Make it an afternoon and order lunch! Bingo will be on **Wednesday, August 20th at 1:00 pm.** Order lunch in advance!



Kiwanis Bellevue Offutt Lunch! It's that time of the year to kick off the Arrows to Aerospace celebration! This year the lunch will be held on **Friday, August 15th at noon.** You need to sign up by Monday August 11th.

Our June winner was Jean Hill ! She won \$235.00 and so the center had \$235.00. You can't win if you don't play!



PS –We will not be serving morning Panera snacks on party days and when we have our breakfast.

CHECK THIS OUT



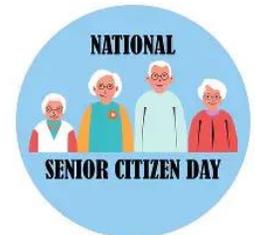
LaVista volleyball players will be joining our players on **Monday, August 11th at 1:00 pm**. Everyone is welcome to come watch or to play. You can sign up for lunch and stay to play or watch. We are just playing for fun – we will not be keeping score. Come check it out!

Sarpy County Health will be doing a free 6 week class for those dealing with chronic health issues or caring for someone who does. The program will start in September and limited to the first 12 people who sign up. More information in next months newsletter.



Panera Pick Up Person – We are in need of someone to pick up Panera Bread at 9:00 pm on Thursday nights and deliver to the center between 7:30 am – 8:30 am Friday morning. We have 2 other volunteers for this time so you would be on a rotating schedule- every third month! Talk to us for more details!

National Senior Citizen's Day – August 21st Let's celebrate YOU !! We will have some fun activities and tasty treats throughout the day to make your day special!



GO BIG RED! Husker football kicks off on Thursday, August 28th! Wear your favorite team's colors on game day!

Bow Making Class – Just in time to help make bows for our fundraiser baskets! We have all the ribbon you'll need. Join us Tuesday, August 12th at 1:00 pm.



SAVE THE DATE!! OCTOBER 5, 2025. Now is the time to start thinking of items for the baskets and getting sponsorships. Gift cards to restaurants and businesses for food, merchandise and services is always a hit. Ask your hairdresser, mechanic, pet groomer etc for a gift card. Better yet, ask them if they would like to be a sponsor. Ask us for how they can become one.



August Birthdays



- 1- Ron Hagen
- 3- Shirley Dorman
- 5- Mary Miller
- 6- Stanley Peterson & Dale Culver
- 7- Belinda Haden
- 10- JoElla Woolery
- 12- Carroll Holz**
- 14- Jeff Roach
- 16- Carol Bucholz
- 17- Simon Lobo & Sharon Kirk
- 22- Kay Culver & Karen Jensen
- 23- Jean Hankins & Barb Hankins
- 25-Rich Chess
- 26- Clara Janousek**
- 26- Pat Cox
- 27- Priscilla Wells & Mary Miller
- 28- Anna Gleason
- 29 –Dolores Holubar



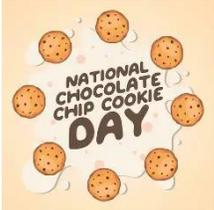
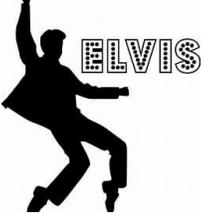
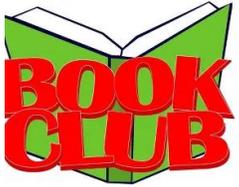
Carroll Holz will be celebrating his 100th Birthday on Tuesday, August 12th ! Be sure and wish him an extra special HAPPY BIRTHDAY when you see him. What a milestone!

Clara Janousek will be celebrating her 103rd Birthday this month on August 26th! Wow! Think of all the changes she has seen in her lifetime! Happy Birthday !



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Dominoes	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 12:45 .25 BINGO

Activities for the Month of AUGUST

Monday	Tuesday	Wednesday	Thursday	Friday
Dunkin Donuts		Panera Bread		Panera Bread
SKIP-BO played daily !				1
4 	5	6 10:30 Elvis Party 	7	8 10:00 Book Club 
11 1:00 LaVista Volleyball Game 	12 1:00 Bow Making Class 	13	14 9:30 Bingo 	15 Kiwanis Lunch 
18 7:00 Meeting 	19	20 Aloha Bingo 	21 10:30 Advisory Meeting 	22
25	26	27	28 9:00 Breakfast 10:30 Hillcrest Bingo 	29 

AUGUST HOT MENU



				Friday 8/1/2025
				Salisbury Steak & Mushroom Gravy
				Cheesy Mashed Potatoes
				Green Beans
				WG Breadstick/Marg
				Rice Krispy Treat or Diet Cookies
				1% or Skim Milk
Monday 8/4/2025	Tuesday 8/5/2025	Wednesday 8/6/2025	Thursday 8/7/2025	Friday 8/8/2025
Choc. Chip Cookie Day	Meatloaf in Onion Gravy	Cheesy Broccoli Chicken	Potato Crunch Fish Wedge	Grilled Chicken Sandwich
Chicken Bacon Ranch	Ranch Whip Potatoes	Breast	Garlic Roasted Diced Reds	on WG Hamburger Bun
Pasta with WG Rotini	Brussels Sprouts	Wild Rice	Zucchini & Tomatoes	w/ Leaf Lettuce, Pickles
Winter Blend Veggies	WG Dinner Roll/Marg	Mixed Vegetables	Rye Bread Slice/Marg	& Sliced Tomatoes
Peas & Carrots	Cherry Vanilla Yogurt	WG Dinner Roll/Marg	Tartar Sauce PC	BBQ Baked Beans
WG Bread Slice/Marg	or Diet Pudding	Apricot Halves	Sliced Peaches	Mandarin Oranges
Chocolate Chip Cookie	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
or Diet Cookies				
1% or Skim Milk				
Monday 8/11/2025	Tuesday 8/12/2025	Wednesday 8/13/2025	Thursday 8/14/2025	Friday 8/15/2025
Pork Fritter with Country Gravy	Chicken Marsala	Pot Roast	National Creamsicle Day	KIWANIS LUNCH
Baked Potato/Sour Cream PC	Mashed Potatoes	Diced Baby Red Potatoes	Liver with Onion Gravy	
Broccoli Florets	Green Beans	California Blend Vegetables	Mashed Potatoes	
Vienna Bread Slice/Marg	WG Breadstick/Marg	WG Dinner Roll/Marg	Brussels Sprouts	
Oreo Cookies	Strawberries & Peaches	Decorated Birthday Cake	Honey Wheat Bread/Marg	
or Diet Cookies	1% or Skim Milk	or Plain Cake Square	Orange Creamsicle Pudding	
1% or Skim Milk		1% or Skim Milk	or Diet Pudding	
			1% or Skim Milk	
Monday 8/18/2025	Tuesday 8/19/2025	Wednesday 8/20/2025	Thursday 8/21/2025	Friday 8/22/2025
Sloppy Joe Sandwich	National Potato Day	10 Grain Fish	All Beef Chicago Dog	Chicken Breast w/ Creamy
Scalloped Potatoes	Sliced Turkey & Gravy	Brown Rice Pilaf	Jumbo Frank, Sliced Tomato	Spinach & Artichoke Sauce
Mixed Vegetables	Potato Medley	Diced Carrots	Pickle Spear, Diced Onion	Wild Rice
WG Hamburger Bun	Corn	WG Dinner Roll/Marg	on a WG Hot Dog Bun	Stewed Tomatoes
Strawberries over	WG Breadstick/Marg	Mandarin Oranges	Coleslaw	WG Dinner Roll/Marg
a Sweet Biscuit	Apricot Halves	Tartar Sauce PC	Fresh Orange	Sugar Cookie
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	or Diet Cookies
				1% or Skim Milk
Monday 8/25/2025	Tuesday 8/26/2025	Wednesday 8/27/2025	Thursday 8/28/2025	Friday 8/29/2025
Cheeseburger on WG Hamburger Bun w/ Leaf Lettuce, Pickles & Sliced Tomatoes	Pork Chop with Country Gravy	Walking Beef Taco	National Cherry Turnover Day	Pulled Pork Sandwich
Potato Medley	Mashed Potatoes	Fiesta Cheese Sauce	BBQ Meatballs	on WG Hamburger Bun
Oatmeal Cream Pie	Brussels Sprouts	Shredded Lettuce	Diced Sweet Potatoes	Augratin Potatoes
or Diet Cookies	WG Petite Roll/Marg	Chuckwagon Corn	Mixed Vegetables	Broccoli Florets
1% or Skim Milk	Fresh Apple	Sour Cream & Taco Sauce PC	100% Wheat Bread/Marg	Sliced Pears
	1% or Skim Milk	WG Tostitos Scoops PC	Cherry Turnover or	1% or Skim Milk
		Fruit Cocktail	Diet Cookies	
		1% or Skim Milk	1% or Skim Milk	

AUGUST DELI MENU



Friday 8/1/2025
Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Coleslaw Rice Krispy Treat or Diet Cookies 1% or Skim Milk

Monday 8/4/2025	Tuesday 8/5/2025	Wednesday 8/6/2025	Thursday 8/7/2025	Friday 8/8/2025
Choc. Chip Cookie Day Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Chocolate Chip Cookie or Diet Cookies 1% or Skim Milk	Egg Salad on Vienna Bread w/ Lettuce & Tomato Marinated Vegetable Salad Cherry Vanilla Yogurt or Diet Pudding 1% or Skim Milk	Cheesy Broccoli Chicken Breast Wild Rice Mixed Vegetables WG Dinner Roll/Marg Apricot Halves 1% or Skim Milk	Sliced Turkey & American Cheese on Hamburger Bun w/ Lettuce & Tomato Three Bean Salad Sliced Peaches 1% or Skim Milk	Nicoise Salad Diced Chicken, Diced Egg, Diced Potatoes, Grape Tomatoes & Green Beans over Mixed Greens with Greek Dressing WG Breadstick Mandarin Oranges 1% or Skim Milk
Monday 8/11/2025	Tuesday 8/12/2025	Wednesday 8/13/2025	Thursday 8/14/2025	Friday 8/15/2025
Ranch Chicken Salad on Kaiser Bun w/ Lettuce & Tomato Broccoli Salad Oreo Cookies or Diet Cookies 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes Mixed Greens Salad Crackers(2pk) 100% Grape Juice Strawberries & Peaches 1% or Skim Milk	Ham Salad on Marble Bread w/ Lettuce & Tomato Three Bean Salad Decorated Birthday Cake or Plain Cake Square 1% or Skim Milk	Italian Sandwich Turkey, Ham, Pepperoni Swiss American Cheese, Red Onions, Pepperoncini on Vienna Bread Potato Salad Orange Creamsicle Pudding or Diet Pudding 1% or Skim Milk	KIWANIS LUNCH
Monday 8/18/2025	Tuesday 8/19/2025	Wednesday 8/20/2025	Thursday 8/21/2025	Friday 8/22/2025
Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Marinated Vegetable Salad Mandarin Oranges 1% or Skim Milk	Crab Salad on WG Mini Hoagie Bun w/ Lettuce & Tomato Coleslaw Apricot Halves 1% or Skim Milk	10 Grain Fish Brown Rice Pilaf Diced Carrots WG Dinner Roll/Marg Mandarin Oranges Tartar Sauce PC 1% or Skim Milk	Ham Chef Salad Diced Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Fresh Orange 1% or Skim Milk	Philly Cheesesteak Salad Roast Beef, Peppers, Onions, Shred Cheese over Mixed Greens Salad 100% Grape Crackers(2pk) Sugar Cookie or Diet Cookies 1% or Skim Milk
Monday 8/25/2025	Tuesday 8/26/2025	Wednesday 8/27/2025	Thursday 8/28/2025	Friday 8/29/2025
Cranberry Chicken Salad on Croissant w/ Lettuce & Tomato Potato Salad Sliced Pears 1% or Skim Milk	Roast Beef, Diced Egg American & Grape Tomatoes over Mixed Greens Salad 100% Fruit Punch Crackers(2pk) Fresh Apple 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg American & Grape Tomatoes over Mixed Green Salad 100% Fruit Punch/Crackers Fruit Cocktail 1% or Skim Milk	National Cherry Turnover Day Ham & American Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Cherry Turnover or Diet Cookies 1% or Skim Milk	Classic Chef Salad Ham, Turkey, Diced Egg American & Grape Tomatoes Mixed Greens Salad 100% Fruit Punch WG Breadstick/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2026