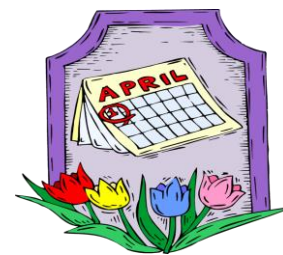




# BELLEVUE SENIOR

*Community Center*



*Golden opportunities await a new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm

## BOARD OF DIRECTORS

Lauren Kesteloot  
President

Lisa Summers  
Vice President

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Treasurer

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Voting Member

Ralph Gladbach  
Voting Member

Mary Jo Hopfensperger  
Voting Member

Dorene Narofsky  
Voting Member

Jamie Moore  
Secretary

**Hello People!**

Every April we celebrate our Volunteers! Our center is so fortunate to have so many seniors who volunteer their time and talent with the center. We could not do all that we do without them.

We have volunteers at the front desk, kitchen, art room, Nifty Nook and cards, library, calling Bingo, wrapping silverware, helping at parties, hot breakfast, picking up Panera Bread and Dunkin Donuts.

Many of our volunteers have been here for many years and have countless hours of serving others. We have volunteers in their 60's and even a couple in their 90's! You're never too young or too old to volunteer!

Next time you see a volunteer, give them a big THANK YOU! They certainly deserve it.

Cheers!  
Kathy and Dawn

## CENTER STAFF

Kathy Van Den Top,  
ENOA, Manager

Dawn Jaixen  
ENOA, Assistant  
Manager

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# LOOK WHAT'S HAPPENING!



**Don't be Fooled!** That's right, what you see may not be what you get! If you thought Mondays can be rough but when it's a new month AND April's Fool's day you better be on your toes!

**It's Time to ROCK ON!** Join in on a fun time painting rocks! Enjoy a morning with friends while painting rocks for your walk way, garden, potted plants or a paper weight. The class will meet **every Monday in April from 9:30 am – 11:30 am.** Plan ahead and stay for lunch.



**Want to play in the Mud?** Milkweed Matters returns to the center on **Friday, April 12<sup>th</sup> at 10:00 am.** Come be a part of this fun project to better our environment. We will be rolling milkweed seeds into mud balls which will be scattered along bike trails. Monarch butterflies need the milkweed as a source of food. Come get a little dirty !

**PJ all Day ! April 16<sup>th</sup>.** Stay cozy in your favorite comfy clothes while playing cards, games and having lunch. As always, we have coffee and breakfast snacks so just come in and start your day with us – in your pajamas.



**JELLY BEAN BINGO-** What's your favorite Jelly Bean Flavor? I'm sure we will be calling it for our Bingo! That's right- It's National Jelly Bean Day on Monday, April 21<sup>st</sup>! Join us at 1:00 pm for prizes and snacks and a fun afternoon. Call to reserve your spot and your lunch order.

# Check This Out!



**Give Mother Nature a Hand** Are you getting spring fever? Ready to start your garden, plant flowers and spend some time outdoors? Maybe the weather hasn't been warm enough, sunny enough or rainy enough. That won't bother us. We will be planting little pots of flowers so you can get a spring on Spring! Bring a BUDdy with you, have lunch and then create your own little "garden" – on **Tuesday, April, 30<sup>th</sup> at 1:00 pm.**

**Lunch Time** – Did you know that we are part of a Federally funded programs for our lunch program? As much as we love having you here for your games, cards, classes and parties – it's also very important to support our lunch program. Monday – Friday at noon we serve a delicious meal, either a hot or a deli. Reserve your meal by noon the day before. We would love to see you at lunch!



**Until Further Notice – .25 Bingo is postponed.** Attendance has been extremely low. We will still have Bingo Bucks, Bingo-Cize and our monthly themed Bingo. If you have any ideas on increasing the number of attendees please let us know.

**Set your Alarm and Don't be Late!** You won't want to miss out on our delicious Egg Croissant breakfast . A flakey croissant filled with eggs, cheese and bacon, served with a side of fruit, juice and coffee! All for only \$4.00! Reserve yours now! Breakfast will be **Thursday, April 18<sup>th</sup> at 9:00 am**



**Get Your Groove On!** Next month we will be making Tye Dye T-Shirts. Start shopping for your plain white shirt and let's get GROOVY

**Every hand is a winner!** We have some new people coming to the center and we are getting some interest in more card games. Please let us know if you'd like to be part of a Pitch, Pinnacle, Hearts, Spades or Chess group at the center. The more the merrier.







# APRIL BIRTHDAYS



- 2-Ray Pinault & Betsy Conway
- 3- Kathy Kress & Sue Ehrlich
- 7- Phyllis Sidzyik
- 10- Lois Heckmann, Renate Kenny & Bob Brown
- 11- Art Coburn
- 13- Jan Wolterman & Patsy Doughty
- 14- Dianne Jackson, Jesse Cervantes
- 14- Vicki Snogren
- 15- Mike Donovan
- 15-Brenda Behrens & Mickie Naylor
- 16-Ginette Carpenter
- 17- John Leonovicz & Marlene Mahlstedt
- 18- Doug Lorence & Nancy Evans
- 20 – Michelle Thompson
- 21- Barb Younger
- 24- Connie Minkler
- 25- Jim Gaines
- 26- Dan Nietfeld
- 27- Carolyn Hess
- 30- Allen Branco



Our February was **50/50** winner was..... **Pete Garth!** He won **\$183.50** and so did the center! Thank you to everyone who played.



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 12:30- Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 12:30 – Poker 12:30 – Hand & Foot 1:00 – Bingo-Cize	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups 12:45 Shanghai Rummy	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class 1:00– Bingo-CIZE

## Activities for the Month of APRIL

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Dunkin Donuts</b> <b>1:00</b>		<b>Panera Bread</b>		<b>Panera Bread</b>
1 	2	3	4	5
Rock Painting Class 	9	10	11 10:30 – Bingo Bucks 	10:00 Milkweeds for Monarchs 
15 Rock Painting Class  7:00 Alzheimer's Support Group		17	18 9:00 Hot Breakfast  10:30 Senior Advisory Meeting	19
21 1:00 Jelly Bean Bingo 	23	24 Closing at 3:00 <i>We ♥ our Volunteers</i>	25	
29 Rock Painting Class 	30 1:00 Flower Planting 			

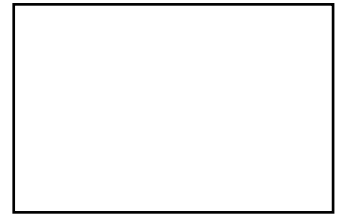
# APRIL HOT MENU

Monday 4/1/2024	Tuesday 4/2/2024	Wednesday 4/3/2024	Thursday 4/4/2024	Friday 4/5/2024
Fiesta Joe Sandwich on WG Hamburger Bun Potato Wedges California Blend Vegetables Cinnamon Pear Slices	Chicken Breast in Creamy Spinach & Artichoke Sauce Wild Rice Diced Carrots WG Breadstick/Marg Fruit Cocktail	Baked Ham Baked Potato/Sour Cream PC Brussels Sprouts WG Dinner Roll/Marg Fruited Diet Jell-O	Nat. Chicken Cordon Bleu Chicken Breast with Cordon Bleu Sauce Diced Baby Red Potatoes Broccoli Cuts WG Breadstick/Marg Peanut Butter	Breaded Fish Wedge Sandwich w/ Tartar Sauce Leaf Lettuce & Tomato Corn Casserole Green Peas WG Coney Bun Mandarin Oranges
Monday 4/8/2024	Tuesday 4/9/2024	Wednesday 4/10/2024	Thursday 4/11/2024	Friday 4/12/2024
Shredded Chicken Sandwich Diced Potatoes Fiesta Bean Salad WG Coney Bun Fudge Round	Cheeseburger on WG Hamburger Bun w/ Leaf Lettuce, Sliced Tomato Red Onion & Pickle Slices Cheesy Hashbrowns Ambrosia Fruit Salad	Sliced Roast Beef & Gravy Garlic Mashed Potatoes Roasted Baby Carrots Vienna Bread/Marg Decorated Birthday Cake	Swedish Meatballs Potato Medley Diced Beets Petite Roll/Marg Diced Pears	Unstuffed Pepper Casserole w/ Brown Rice Mixed Greens Salad/Dress Peas & Carrots Italian Roll/Marg Fresh Apple
Monday 4/15/2024	Tuesday 4/16/2024	Wednesday 4/17/2024	Thursday 4/18/2024	Friday 4/19/2024
Ball Park Bratwurst Shredded Kraut & Cabbage Potato Wedges WG Mini Hoagie Bun Tropical Fruit Mix 1% or Skim Milk	Day of the Mushroom Chicken Breast in Supreme Sauce over Brown Rice with Bell Pepper Zucchini & Tomatoes WG Breadstick/Marg Fresh Orange	Breakfast for Lunch! Western Omelet w/ Ham Cheese, Peppers & Onion in Cheese Sauce Cheesy Hashbrowns Blueberry Muffin Cinnamon Apple Sauce	Meatloaf in Gravy Twice Baked Mash Potatoes Green Beans Sourdough Roll/Marg Oatmeal Cream Pie	National Garlic Day Honey Garlic Chicken Breast Brown Rice Pilaf Cauliflower Cinnamon Raisin Bread/Marg Strawberries & Mango
Monday 4/22/2024	Tuesday 4/23/2024	Wednesday 4/24/2024	Thursday 4/25/2024	Friday 4/26/2024
Turkey Tetraxzini with WG Pasta Green Peas Chuckwagon Corn WG Dinner Roll/Marg Diced Peaches	10 Grain Fish Filet Tartar Sauce PC Diced Baby Red Potatoes Cauliflower Marble Rye/Marg Tropical Fruit Mix	Country Fried Steak with Country Gravy Mashed Potatoes Diced Carrots Honey Wheat Bread/Marg Sliced Pears	Chicken Bruschetta Green Beans Corn WG Breadstick/Marg Fruit Mix	Pork Chop in Gravy Ranch Mashed Potatoes Mixed Greens Side Salad Dressing PC WG Dinner Roll/Marg Apple Crisp or Applesauce
Monday 4/29/2024	Tuesday 4/30/2024	 <p>A colorful illustration of a hot lunch. The text 'Hot Lunch' is written in a large, red, bubbly font at the top. Below it, there's a plate with a golden-brown fried chicken drumstick, a baked potato with a wedge cut out, and a small green salad. To the right of the plate is a carton of milk with a straw. A silver fork and knife are placed in front of the plate.</p>		
Cheesy Chicken Breast Fiesta Rice Broccoli Cuts WG Breadstick/Marg Chocolate Pudding	BBQ Pork Rib Patty BBQ Baked Beans Diced Carrots WG Coney Bun Peaches & Strawberries			

# APRIL DELI MENU

Monday 4/1/2024	Tuesday 4/2/2024	Wednesday 4/3/2024	Thursday 4/4/2024	Friday 4/5/2024
<b>Uncrustable Peanut Butter &amp; Grape Jelly Sandwich</b> <b>String Cheese Stick</b> <b>Broccoli Salad</b> <b>Cinnamon Pear Slices</b>	<b>Three Meat Hoagie</b> <b>Turkey, Ham, Roast Beef</b> <b>American Cheese</b> <b>w/ Lettuce &amp; Tomato</b> <b>Pea Salad</b> <b>Fruit Cocktail</b>	<b>Turkey Chef Salad</b> <b>Diced Turkey, Diced Egg</b> <b>Amer. Cheese &amp; Grape Tomatoes</b> <b>over Mixed Greens</b> <b>Crackers (2pk)/Apple Juice</b> <b>Fruited Diet Jell-O</b>	<b>Ham &amp; Swiss</b> <b>Cheese on WG Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Carrot Raisin Salad</b> <b>Peanut Butter Cookie</b>	<b>Roast Beef Chef Salad</b> <b>Roast Beef, Diced Egg</b> <b>Amer. Cheese &amp; Grape Tomatoes</b> <b>over Mixed Greens</b> <b>Crackers (2pk)</b> <b>100% Apple Juice</b> <b>Mandarin Oranges</b>
Monday 4/8/2024	Tuesday 4/9/2024	Wednesday 4/10/2024	Thursday 4/11/2024	Friday 4/12/2024
<b>Crab Salad on Marble Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Cowboy Caviar</b> <b>Fudge Round</b>	<b>Monte Cristo Sandwich w/ Ham, Turkey, Swiss Cheese &amp; Raspberry Preserves</b> <b>on French Toast</b> <b>Potato Salad</b> <b>Ambrosia Salad</b>	<b>Deli Chicken &amp; American Cheese on Vienna Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Coleslaw</b> <b>Decorated Birthday Cake</b>	<b>Turkey &amp; Swiss on 1/2 Ciabatta Bun</b> <b>w/ Lettuce &amp; Tomato</b> <b>Broccoli Salad</b> <b>Diced Pears</b>	<b>Classic Chef Salad</b> <b>Turkey, Ham, Diced Egg</b> <b>American &amp; Grape Tomatoes</b> <b>over Mixed Greens</b> <b>Crackers (2pk)</b> <b>100% Grape Juice</b> <b>Fresh Apple</b>
Monday 4/15/2024	Tuesday 4/16/2024	Wednesday 4/17/2024	Thursday 4/18/2024	Friday 4/19/2024
<b>Roast Beef &amp; Cheddar on Wheat Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Carrot Raisin Salad</b> <b>Tropical Fruit Mix</b>	<b>Lemon Pepper Tuna Salad on Honey Wheat Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Potato Salad</b> <b>Fresh Orange</b>	<b>Turkey Chef Salad</b> <b>Diced Turkey, Diced Egg</b> <b>Amer. Cheese &amp; Grape Tomatoes</b> <b>over Mixed Greens</b> <b>Crackers(2pk)</b> <b>100% Fruit Punch</b> <b>Cinnamon Applesauce</b>	<b>Cranberry Chicken Salad on a Croissant</b> <b>w/ Lettuce &amp; Tomato</b> <b>Broccoli Salad</b> <b>Oatmeal Cream Pie</b>	<b>Roast Beef &amp; Swiss on WG Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Potato Salad</b> <b>Strawberries &amp; Mango</b>
Monday 4/22/2024	Tuesday 4/23/2024	Wednesday 4/24/2024	Thursday 4/25/2024	Friday 4/26/2024
<b>Black &amp; Bleu Salad</b> <b>Roast Beef, Blue Cheese</b> <b>Caramelized Red Onion</b> <b>over Mixed Greens</b> <b>Tomato Wedges</b> <b>Crackers &amp; 100% Grape Juice</b> <b>Diced Peaches</b>	<b>Egg Salad on Croissant</b> <b>w/ Lettuce &amp; Tomato</b> <b>Coleslaw</b> <b>Tropical Fruit Mix</b>	<b>Turkey &amp; Cheddar on Kaiser Bun</b> <b>w/ Lettuce &amp; Tomato</b> <b>Marinated Vegetable Salad</b> <b>Sliced Pears</b>	<b>BLT Supreme Salad</b> <b>Diced Turkey, Chopped Bacon</b> <b>Diced Tomato &amp; Mixed Greens</b> <b>WG Breadstick/Marg</b> <b>100% Fruit Punch</b> <b>Fruit Mix</b>	<b>Deli Sliced Chicken &amp; American Cheese</b> <b>on WG Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Potato Salad</b> <b>Apple Crisp or Applesauce</b>
Monday 4/29/2024	Tuesday 4/30/2024			
<b>Ham &amp; Cheddar on Wheat Bread</b> <b>w/ Lettuce &amp; Tomato</b> <b>Carrot Raisin Salad</b> <b>Chocolate Pudding</b>	<b>Roast Beef Chef Salad</b> <b>Roast Beef, Diced Egg</b> <b>Amer. Cheese &amp; Grape Tomatoes</b> <b>over Mixed Greens</b> <b>Crackers(2pk)</b> <b>100% Apple Juice</b> <b>Peaches and Strawberries</b>			

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2024.*